

JANUARY

1 CIRCUMCISION OF OUR LORD AND GOD AND SAVIOUR JESUS CHRIST ST BASIL THE GREAT, ARCHBISHOP OF CAPPADOCIA

Troparion of the Feast tone 1

Thou who art by nature God didst without change take human form; O most compassionate Lord; and in fulfilling the Law, of Thine own will didst receive circumcision in the flesh, to banish shades and roll away the veil of our passions. Glory to Thy goodness; glory to Thy compassion; glory to Thy condescension, O Word.

Troparion of St Basil the Great tone 1

Thy fame has gone forth into all the earth, which has received thy word. Thereby thou hast taught the Faith; thou hast revealed the nature of created things; thou hast made a royal priesthood of the ordered life of men. Righteous Father Basil intercede with Christ our God that our souls may be saved.

Kontakion of the Feast tone 3

In undergoing circumcision; the Lord of all has circumcised the sins of mortal men. On this day He gives salvation to the world. And the Hierarch Basil, the Creator's light-bearer and Christ's mystic, rejoices in the highest.

Kontakion of St Basil the Great tone 4

Thou wast an unshaken foundation of the Church and didst give to all mortals an inviolate lordship which thou didst seal with thy doctrine, O righteous Basil, revealer of the mysteries of heaven.

2 FOREFEAST OF THE THEOPHANY ST SERAPHIM OF SAROV, WONDERWORKER ST SEIRIOL

Troparion of the Forefeast tone 4

Make ready, O Zebulon, and prepare thyself, Nephthali. River Jordan, stop flowing and leap for joy at the Lord's coming for Baptism. Rejoice, O Adam, with our first mother; hide not yourself as in Paradise of old. For seeing us naked He has appeared, to clothe us with our first garment. Christ has appeared, to renew the whole of creation.

Troparion of St Seraphim of Sarov tone 4

From thy youth up thou hast loved Christ, O blessed Saint, and aflame with the desire to work for Him alone thou hast contended in unceasing prayer and laboured in the wilderness: and gaining by compunction of heart the love of Christ, thou hast appeared as the chosen of the Mother of God. Therefore we cry to thee: Save us by thy prayers, O Father Seraphim.

Troparion of St Seiriol tone 4

We hymn thee, O Father Seiriol, for thou didst turn the Welsh wilderness into a fertile vineyard for the Lord. By this our intercession, O Saint, we implore thee to pray to Christ our God that our labours may be blessed and our souls may be saved.

Kontakion of the Forefeast tone 4

The Lord cried to John in the running waters of Jordan; Be not afraid to baptize Me, for I have come to save Adam, the first-formed man.

Kontakion of St Seraphim of Sarov tone 2

Having left the beauty of the world and what is corrupt in it, O Saint, thou didst settle in Sarov Monastery. And having lived there an angelic life, thou wast for many the way to salvation. Wherefore Christ has glorified thee, O Father Seraphim, and has enriched thee with the gift of healing and miracles. And so we cry to thee: Rejoice, O Seraphim our righteous Father.

Kontakion of St Seiriol tone 2

Thy radiant memory illuminates the ages, O holy Seiriol, defying the darkness of apostacy and error. May the day once more dawn when all Wales will confess the Faith of our Fathers and keep festival to honour thee.

3 FOREFEAST OF THE THEOPHANY

ST GORDIUS THE MARTYR

SS FINTAN AND FINLUGH

PROPHET MALACHI

Troparion of the Forefeast Tone 4

Make ready...

Troparion of the Prophet Malachi tone 5

Bearing the name of the Angels, O glorious Malachi, thou didst live the angelic life on earth, thou summit of the Prophets. Thou didst mystically converse with Angels and wast filled with divine glory, and dost set forth knowledge of things to

come, that we may be enlightened in soul.

Troparion of St Gordius tone 4

Inflamed with zeal for the Faith, of thine own free will thou didst hasten to the stadium and rejoice in the contest there. Thou didst quench the flames of evil in the streams of thy blood by beheading, O Prize-winner. The life-giver has glorified thee, O Gordius.

Troparion of the Ss Fintan and Finlugh tone 1

Being brothers both in the flesh and in the Faith O honoured Fintan and Finlugh, you served our Saviour in your native land winning souls for Him by feats of ascetic piety. Cease not your love for men, praying that our souls may also be saved.

Kontakion of the forefeast tone 4

The Lord cried...

Kontakion of the Prophet Malachi tone 4

O Malachi enriched with the gift of prophecy, thou didst openly foretell Christ's coming and the world's salvation. His splendour illumines the universe.

Kontakion of Ss Fintan and Finlugh tone 6

By the mercy of our God thy miraculous well still bestows the blessing of healing on those who come in faith, O Father Fintan. Telling the spiritual waters of thy unshakable faith we sing thy praises, together with thy brother Finlugh, and we rejoice in your glory.

4 FOREFEAST OF THE THEOPHANY

SYNAXIS OF THE SEVENTY APOSTLES

ST THEOCTISTOS, ABBOT OF CUCOMO IN SICILY

Troparion of the Forefeast tone 4

Make ready. . .

Troparion of St Theoctistos tone 3

By your righteous works thou didst attain to a life pleasing to God and became his Royal habitation. Christ the Friend of mankind has accepted thy labours and shown thee forth as a guide of Monks. Intercede with Him, for those who cry: Rejoice, O Godly minded Theoctistos.

Troparion of The Seventy Apostles tone 3

With the use of divine faith you caught the nations, O seventy Apostles of the Lord: and you lead them into the knowledge of God, as those who had received the grace of the Holy Spirit. O inspired ones, intercede with Christ our God that He grant us His great mercy.

Kontakion of The Forefeast tone 4
The Lord cried. . .

Kontakion of St Theoctistos
Thou didst rise like the sun in the West, and gladden Christ's Church by thy labours, O blessed and righteous Father Theoctistos.

Kontakion of The Seventy Apostles tone 2
Let us praise the choirs of Christ's Seventy Disciples, O faithful, and celebrate their Festival. They have taught us to worship, the Undivided Trinity; for they are divine lamps of the Faith.

5 EVE OF THE THEOPHANY
HOLY MARTYRS THEOPEMPTOS AND THEONAS
ST RUMAN
ST SYNCLETICA, ABBESS

Troparion of the Eve of The Feast of The Theophany tone 4
The river Jordan was once turned back by Elisha's mantle when Elijah was taken up, and the waters were divided hither and thither. The watery path became dry for him as a type of baptism whereby we cross the flowing stream of life. Christ has appeared in the Jordan to sanctify the waters.

Troparion of Ss Theopemptos & Theonas tone 3
Arrayed in the robes of the Priesthood, thou dost put the enemy to flight by thy contest. O inspired Hierarch Theopemptos. Wherefore thou didst bring glorious Theonas to the knowledge of the Truth, when he turned to the Lord. Pray together with him for those who honour thy contest.

Troparion of Ruman of Tavistock tone 5
Thou didst dazzle us with a jewel, a treasure, a pearl of great price, O righteous Father Ruman in the God pleasing life and asceticism of the desert. Thy selfless devotion, love of animals and patience in the face of false malicious backbiting, you are our guiding light. Grant us thy great mercy.

Troparion of St Syncletica tone 4

Adorned with wisdom and grace, O blessed Syncletica, Thou wast unshaken by hostile attacks. Ever pray for those who celebrate thy memory.

Kontakion of The Eve of The Feast of The Theophany tone 4

Lord cried to John in the running waters of Jordan: Be not afraid to baptize Me, for I have come to save Adam, the first-formed man.

Kontakion of Ss Theopemptos & Theonas tone 2

As a priest of the mysteries and God-like minister of grace thou didst guide Theonas in martyrdom, and bring him to the faith, O Father Theopemptos. Together with him thou didst cry out in the stadium: Christ is the strength of the Martyrs.

Kontakion of St Ruman of Tavistock tone 2

Today we keep festival in thy honour, holy Ruman, for caring nothing for thyself thou didst face danger, false accusations and misdirected piety, for the love of Him who is the creator of all things.

Kontakion of St Syncletica tone 3

Illustrious with rays of heavenly virtue, O Godbearing Syncletica thou didst blunt the goads of the ancient enemy, and bring a company of virgins to the bridal chamber. Together with them pray for us that we may find mercy.

6 HOLY THEOPHANY OF OUR LORD AND GOD AND SAVIOUR JESUS CHRIST
ST SCHOTIN All foods permitted

Troparion of the Theophany tone 1

When Thou wast baptized in the river Jordan, O Lord the worship of the Trinity made its appearance. For the voice of the Father bore witness to Thee when He called Thee His Beloved Son. And the Spirit in the form of a Dove confirmed the truth of the word. O Christ our God, Who hast appeared and hast enlightened the world. Glory to Thee!

Troparion of St Schotin tone 4

O disciple of Dewi Sant. Flower of the wilderness and teacher of the young. Holy Schotin, in life thou didst serve Christ. Wherefore, O Saint intercede that by following thee in all piety and Godly quiet, we may attain eternal life.

Kontakion of the Feast of The Theophany tone 4

Thou hast appeared today to the world, and Thy light O Lord, has been signed upon us who with full knowledge sing to Thee. Thou hast come, Thou hast

appeared, O unapproachable light.

Kontakion of St Schotin tone 1

Praising thee and glorifying thy memory, O holy Schotin, we make our prayer to Christ our God that He will grant us grace to emulate thy example, serving His holy church and striving for the advancement of His kingdom.

7 SYNAXIS OF THE HOLY AND GLORIOUS PROPHET AND FORERUNNER AND BAPTIST JOHN

ST BRANNOCK OF BRAUNTON Fish permitted

Troparion of The Feast of The Theophany tone 1

When Thou wast. . .

Troparion of The Forerunner and Baptist John tone 2

The memory of the just is celebrated with hymns of praise, but the Lord's testimony is enough for thee, O Forerunner, for thou wast granted to Baptize in the river Jordan, Him whom thou didst proclaim. Then having endured great suffering for the Truth, thou didst rejoice to bring, even to those in Hell, the good tidings that God had appeared in the flesh, to take away the sins of the world, and to grant to us all his great mercy.

Troparion of St Brannock of Braunton tone 1

Righteous tutor of the children of Brychan, The Great Wonderworker. O wise Father Brannock, thou didst win many souls for Christ by thy tireless endeavours. In Devon's Braunton Church are your concealed precious relics. Pray that we, being ever mindful of our Orthodox heritage, may never deviate from the true faith, thereby, receive the, reward of the blest.

Kontakion of The Feast of The Theophany tone 4

Thou hast appeared. . .

Kontakion of The Forerunner and Baptist John tone 6

The Jordan turned back in fear at the sight of Thy bodily presence. Having fulfilled his prophetic ministry, John drew back trembling. The Angelic orders were amazed, to see thee in the flesh baptized in Jordan's waters. All in darkness were illumined and praised Thee, who had appeared and enlightened all creation.

Kontakion of St Brannock of Braunton tone 5

Returning to Wales from thy pilgrimage to the Apostles, and witnessing in Brittany, O Father Brannock, thou didst desire solitude for thy last days.

Miraculously sailing to Devon in a stone coffin, thou didst find Braunton pleasing to God. Wherefore we praise Him for his great mercy and sing hymns, keeping Festival to glorify and venerate thy most holy memory.

8 ST DOMINICA

ST GEORGE OF HOZEVA

ST ERGNAG, MONK

Troparion of The Feast of The Theophany tone 1

When Thou wast baptized. . .

Troparion of St Dominica tone 4

Love for Christ Illumined thy mind, and thou didst shine in asceticism like a radiant lamp, O Dominica hence the lord revealed thee as a lampbearing guide of monastics in life and word. Intercede with him O Godbearer, that all may be saved.

Troparion of St George of Hozeva tone 5

Godbearing Father George, thou didst cultivate the word of grace and gather the splendid fruits of righteousness, having chosen the way of godliness. Wherefore thou didst partake, of the glory of Christ: intercede with Him unceasingly, that He may have mercy on our souls.

Troparion of St Ergnag tone 3

Turning thy back on the glamour of the world, O wise Father Ergnag, thou wast clothed as a monk, by St Patrick. By fulfilling thy obedience thou dost teach us the virtue of humility. Wherefore, O righteous one, pray that we may be granted grace to accept spiritual guidance for the salvation of our souls.

Kontakion of The Feast of The Theophany tone 4

Thou, hast appeared today. . .

Kontakion of St Dominica tone 4

Thou didst gather a choir of virgins by thy holy works and wise teachings. Thou didst lead them to the bridal chamber wherein is the Tree of life. By prayers grant life to my deadened soul, God inspired Mother Dominica.

Kontakion of St George of Hozeva tone 4

Thou hast appeared as a brilliant light, and has illuminated with divine rays those who cry to thee. O George pray for us to Christ our God. Who appeared in the river Jordan and enlightened men on earth.

Kontakion of St Ernag tone 8

Adornment of Ireland and joy of monastics, O Father Ernag, thou didst trample on the fiery passions which war against the soul. O conqueror of them all and champion of purity, we praise thee as is due, and in thin honour,we sing Alleluia.

9 ST PHILIP, OF MOSCOW AND ALL RUSSIA
HOLY MARTYR POLYEUCTOS

Troparion of The Feast Of The Theophany tone 1
When thou wast. . .

Troparion of St Philip tone 8

Successor of the first Hierarchs, Pillar of Orthodoxy, champion of truth and new confessor, thou didst lay down thy life for the flock. As thou hast boldness towards Christ. O Philip, pray for Russia, and for those who honour thy memory.

Troparion of St Philip tone 8

Successor of the first Hierarchs, Pillar of Orthodoxy, champion of truth and new confessor, thou didst lay down thy life for the flock. As thou hast boldness towards Christ. O Philip, pray for Russia, and for those who honour thy memory.

Kontakion of The Feast Of The Theophany tone 4
Thou hast appeared. . .

Kontakion of St Philip tone 3

Let us praise wise Philip, guide and teacher of Orthodoxy, Herald of the truth and emulator of the Golden Mouth, the lamp of Holy Russia who fed his children with divine words: for by chanting with his tongue he taught us to praise with our lips, as a noble vessel of the grace of God.

Kontakion of St Polyeuctos tone 1

When the Saviour of the world, bowed his head at the river Jordan, the heads of the dragons were crushed; when Polyeuctos was beheaded, he put the wily one to shame.

10 ST GREGORY, BISHOP OF NYSSA
ST DOMETIAN, BISHOP OF MYLITENA
ST MARCIAN THE PRESBYTER

Troparion of The Feast of The Theophany tone 1
When Thou wast baptized. . .

Troparion of St Gregory of Nyssa tone 3

Thou hast shown forth thy watchfulness, and wast a fervent Preacher of godliness: by the wisdom of the teachings thou dost gladden the Church's faithful, Righteous Father Gregory, entreat Christ our God to grant us his great mercy.

Troparion of St Dometian tone 4

Thou wast entrusted with the care of the flock of Christ, as one pure and filled with divine light. Thou didst shine forth in Christ's Church, thou wast a foremost Hierarch of the church, righteous Father Dometian.

Troparion of St Marcian the Presbyter tone 4

Godly adornment of the righteous, thou art a steward of Christ's mysteries, and a living temple of the light-creating Trinity: thou didst raise up churches to the glory of God, O holy Marcian, and didst worthily attain to glory on high.

Kontakion of The Feast of The Theophany tone 4

Thou hast appeared. . .

Kontakion of St Gregory of Nyssa tone 2

Watchful with the eyes of thy soul, a vigilant shepherd for the world, with wisdom and thy fervent intercessions thou didst drive off heretics like wolves, keeping thy flock unharmed.

Kontakion of St Dometian tone 3

Thou didst adorn the vesture of thy priesthood with many miracles, as a holy vessel of the Holy Spirit.

Kontakion of St Marcian tone 2

O holy Marcian, thou didst live righteously on earth, and wast a living vessel of divine light. Having blamelessly served the Lord as a priest, thou art rejoicing with the Angels in Heaven.

11 ST THEODOSIOS THE GREAT, THE CENOBIARCH

ST MICHAEL OF KLOPS MONASTERY, FOOL FOR CHRIST

SS ETHENIA AND FIDELMIA, Nuns

Oil and Wine permitted

Troparion of The Feast of The Theophany tone 1

When Thou wast. . .

Troparion of St Theodosios the Great tone 5

Thou didst shine forth in God given virtues, O righteous Father Theodosios and wast an illustrious model of monastic life. Pray to God to have mercy on our souls.

Troparion of St Michael, Fool for Christ tone 8

Thou wast foolish on earth for the sake of Christ and didst hate the beauty of this world. By fasting and lying on the earth, didst never shun heat, frost, rain, nor snow. Like gold in the crucible thou didst purify thy soul. O Godbearing Father Michael. Pray to Christ our God that our souls may be saved.

Troparion of Ss Ethenia & Fidelmia tone 3

O daughters of King Laoghaire and first fruits of Patrick's mission, most pious saints, you were blessed to receive the monastic veil from Patrick's hand. Weeping and lamenting we call upon your charity. Pray to Christ our God that he will raise up a new Patrick in our day, that we may be led into, the way of salvation.

Kontakion of The Feast of The Theophany tone 4

Thou hast appeared. . .

Kontakion of St Theodosios the Great tone 8

Thou didst blossom with holy virtues; thou didst increase thy flock in the desert, and didst irrigate them with the rain of thy tears. O shepherd of God's divine sheep folds. Wherefore we cry:- O Holy Father Theodosios, rejoice.

Kontakion of St Michael Fool for Christ tone 8

In the power of the Holy Spirit thou wast like the ancient Prophets: for thou didst utter unknown secrets that would come to pass in the year of God's judgments. Thou hast wrought, miracles in Christ and astonished the people. Thou hast granted victory, to those who cry: Glory to God who Glorifies His Saints.

Kontakion of Ss Ethenia and Fidelmia tone 4

Having been clothed, O most pure and righteous virgins, you were found worthy to tarry, in the vale of tears, and to receive the Body and Blood of Christ, just once, before going to your eternal reward. We chant your praises, and implore, Christ our God, that in the Day of Judgment, He will not find us wanting.

12 HOLY FATHER SABBAS, ARCHBISHOP OF SERBIA
HOLY VIRGIN MARTYR TATIANA OF ROME

Oil and wine permitted

Troparion of The Feast of The Theophany tone 1
When Thou wast baptized

Troparion of St Sabbas of Serbia tone 3

Thou wast a guide to the way of life, both Hierarch and teacher; thou didst come and enlighten thy country of Serbia O Sabbas, and give it rebirth by the Holy Spirit. Thou hast planted thy children like olive trees in a spiritual Paradise. O Equal of the Apostles and Saints, pray to Christ our God to grant us his great mercy.

Troparion of Tatiana of Rome tone 4

Strengthened by the power of faith, thou didst contend for Christ our god, O glorious Tatiana. Thou didst endure every affliction and by thy courage put Belial to shame. We beseech thee to deliver us from the power of the evil one.

Kontakion of The Feast of The Theophany tone 4

Thou, hast appeared today. . .

Kontakion of St Sabbas of Serbia tone 3

Thou art glorified as a great Hierarch and companion of the Apostles; and as thou hast boldness towards Christ our God, save us by thy prayers, that we may cry: Rejoice, wise Father Sabbas.

Kontakion of St Tatiana of Rome tone 4

Thou wast radiant in suffering, Tatiana, and in the royal purple of thy blood thou didst fly like a dove to heaven. Therefore pray unceasingly for those who honour thee.

13 HOLY MARTYRS HERMYLOS AND STRATONICOS
ST ERBIN

Troparion of The Feast of The Theophany tone 1

When Thou wast. . .

Troparion of Ss Hermylos and Stratonicos tone 3

O holy martyrs who have faithfully confessed the transcendent Trinity, renowned and invincible Hermylos and steadfast, godly Stratonicos: since you partake of the glory that surpasses understanding, pray that we may be granted great mercy.

Troparion of St Erbin tone 3

Following in the footsteps of thy Hieromartyr Father Constantine, thou didst

dedicate thy life to Christ, O Father Erbin. Pray for us, that we may prefer nothing to Christ and devoting our lives only to Him, may at the Last Day be found worthy of His great mercy.

Kontakion of The Feast of The Theophany tone 4

Thou hast appeared. . .

Kontakion of Ss Hermylos and Stratonicos tone 1

You drowned the enemy in the depths of your contests by your steadfastness, O noble Prize-winners. You received your end in the streams of the river, hence were brought to the waters of incorruption. You magnified Christ, O divine Hermylos and Stratonicos.

Kontakion of St Erbin tone 6

O blessed and ever memorable founder of both a church and a monastery, we raise our voices to hymn thee, Father Erbin, Pillar of Ascetics. Thou art truly a key to heaven, wherefore we pray thee for thy help, that following thy example we may be instrumental in re-establishing the Orthodox Faith in these hallowed islands.

14 LEAVETAKING OF THE FEAST OF THE THEOPHANY

ST NINA, EQUAL-TO-THE-APOSTLES

ST KENTIGERN MUNGO, BISHOP

Troparion of The Feast of The Theophany tone 1

When Thou wast. . .

Troparion of St Nina-Equal-to-the-Apostles tone 4

O handmaid of the Word of God, who in preaching equalled the first-called Apostle Andrew and emulated the other Apostles, enlightener of Iberia and read-pipe of the Holy Spirit, holy Nina, pray to Christ our God to save our souls.

Troparion of St Kentigern Mungo tone 4

Thy name, most radiant ascetic and wonderworker, all-praised and great Father Kentigern Mungo, which means 'dear friend', is godly sweetness to our wretched ears. Thus named by thy tutor who foresaw thy missionary service, thou wast the truest friend and pastor to the Britons of Strathclyde. Wherefore, O Saint, befriend us in this hour of need that we may labour for Christ, as He wills, and thereby be found worthy of His great mercy.

Kontakion of The Feast of The Theophany tone 4

Thou hast appeared. . .

Kontakion of St Nina tone 2

Let us sing praises to the chosen of Christ, equal-to-the-Apostles and preacher of God's word, the bearer of good tidings who brought the people of Katralina to the path of life and truth, the disciple of the Mother of God, our zealous intercessor and unwearying guardian, the most Praised Nina.

Kontakion of St Kentigern Mungo tone 6

Thou didst exchange thy staff with thy own dear friend and Iona's Founder, O great Kentigern Mungo. Severe in thy asceticism, thou who didst risk thy life travelling on foot and who didst sing psalms at night rather than give up thy body to sleep, didst find taking a bath to be fatal. Pray that we, who keep festival in thy honour, may always put the things of the spirit before the things of the body

15 ST PAUL OF THEBES

ST JOHN THE HUT-DWELLER

Troparion of St Paul of Thebes tone 3

Inspired by the Spirit, thou wast the first to dwell in the desert, in emulation of Elijah the Zealot; as one like the Angels, thou wast made known to the world by St Anthony. O righteous Paul, pray to Christ our God to grant us His great mercy.

Troparion of St John the Hut-dweller tone 4

Thou didst fervently long for the Lord from childhood, thou didst abandon the delights of the world and train as an ascetic. Thou didst build thy hut at thy parents' gates and shatter the demon's snares. Wherefore Christ has glorified thee, O blessed John.

Kontakion of St Paul of Thebes tone 3

We gather today and praise, thee with hymns as an unwaning ray of the spiritual sun; for thou didst shine on those in the darkness of ignorance, and lead all men to the heights, holy Paul, adornment of Thebes, firm foundation of ascetics and fathers.

Kontakion of St John the Hut-dweller tone 2

In longing for Christ-like poverty thou didst forsake thy parents' wealth, O John: thou didst follow Christ our God with the Gospel in thy hand, interceding unceasingly for us all.

16 ST MAXIM OF TOTMA, FOOL FOR CHRIST

ST FURSEY OF BURGH CASTLE, ENLIGHTENER OF EAST ANGLIA

Troparion of St Maxim of Totma tone 4

Thou didst please God by thy blameless priesthood and choose to be a Fool for Christ in the midst of worldly tumult; thou didst take up the Cross and follow Christ, drawing near to Him in unswerving thought and love. Disdaining all things earthly, thou didst receive the things of heaven. Pray to Christ our God to keep thy flock unharmed and to save our souls, O holy Father Maxim.

Troparion of St Fursey of Burgh Castle tone 5

Establishing thy monastery in a Roman fortress thou didst teach men that the Orthodox Faith is a true bastion against the onslaughts of every evil force, O Father Fursey. Wherefore pray to God for us that we may all be bastions of the Faith standing firm against the rising tide of falsehood, that our souls may be saved.

Kontakion of St Maxim of Totma tone 4

Thou didst hear the divine voice of the Gospel and joyfully follow it into the haven of dispassion. Thou didst cleanse thy soul and body by prayer, fasting and streams of tears, extremes of weather, humbled thoughts and being reviled of men; thou didst pray for those who assailed thee and say: O Lord, lay not this sin to their charge. Even after thy death God glorifies thee with miracles and teaches all to cry to thee: Rejoice, holy Maxim, our Father.

Kontakion of St Fursey tone 4

Thou didst need the walls of stone to defend the Faith against its pagan enemies, O Father Fursey, but pray for us that we may have a spiritual wall around us to defend the Faith against its enemies. Following thee and praising thy eternal memory, we stand firm against every error, ever singing: Rejoice, beloved of God, our Father Fursey.

17 OUR HOLY AND GODBEARING FATHER ANTHONY THE GREAT HOLY NEW MARTYR GEORGE OF IOANNINA

Oil and wine permitted

Troparion of St Anthony the Great tone 4

Thou didst follow the ways of zealous Elijah, and the straight path of the Baptist, O Father Anthony. Thou didst become a desert dweller and support the world by thy prayers. Intercede with Christ our God that our souls may be saved.

Troparion of St George of Ioannina tone 5

Let us praise George, Christ's Martyr, Ioannina's boast and protector. For he contested steadfastly and conquered the enemy in power of the spirit. He now intercedes unceasingly that our souls may find mercy.

Kontakion of St Anthony the Great tone 2

Thou didst abandon the world's tumult and live in silence, and emulate the Baptist, O Anthony. Wherefore we acclaim thee with him, thou summit of the Fathers.

Kontakion of St George of Ioannina tone 4

O George, the city of Ioannina rejoices that through thy contest it possesses the treasure of thy relics.

18 OUR HOLY FATHERS ATHANASIOS AND CYRIL, ARCHBISHOPS OF ALEXANDRIA

Oil and wine permitted

Troparion tone 3

You shone with works of Orthodoxy and quench all heresy, and become victorious trophy-bearers. You enriched all things with piety and greatly adorned the Church, and worthily found Christ our God; by your prayers He grants mercy to all.

Kontakion tone 4

Great Hierarchs and champions of Christ's Church, preserve all who sing: O compassionate Lord, save those who with faith honour Thee.

19 ST MACARIOS THE GREAT and ST MACARIOS OF ALEXANDRIA
ST MARK, METROPOLITAN OF EPHESUS

Troparion of St Macarios of Egypt and St Macarios of Alexandri tone 1

O Godbearing Macarios and Macarios, you were found worthy of attaining to blessedness. You had lived righteously, and having followed the path of divine law piously, you are partakers of divine glory and save those who cry: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Troparion of St Mark Ephesus tone 3

Holy Mark, in thee the Church has found a zealot by thy confession of the sacred Faith; for thou didst champion the Fathers' doctrine and cast down the pride of

boastful darkness. Pray to Christ our God for those who honour thee, that we may be granted the forgiveness of sins.

Kontakion of St Macarios the Great tone 4

The Lord placed thee in the house of discipline as a star enlightening the ends of the earth; thou didst settle in the desert as in a city and receive from God the grace to work miracles. We venerate thee, Macarios, Father of Fathers.

Kontakion of St Mark of Ephesus tone 3

As one clad in invincible armour, thou didst cast down the pride of the Western rebellion; thou didst become an instrument of, the Comforter and shine Forth as Orthodoxy's defender. Therefore we cry to thee: Rejoice, O Mark, boast of the Orthodox.

20 OUR HOLY AND GODBEARING FATHER EUTHYMIOS THE GREAT OF PALESTINE
ST FECHIN

Oil and wine permitted

Troparion of St Euthymios tone 4

Rejoice, O desert that has not given birth, be glad, thou who hast not travailed. For a man of desires has multiplied thy children of the Spirit; he has planted them in piety and reared them in continence to the perfection of virtues. By his prayers, O Christ our God, save our souls.

Troparion of St Fechin tone 3

Thy God-pleasing life, O Father Fechin, is an inspiration in our spiritual struggles. As thou didst guide souls to Christ in the abbey of Fore, cease not to intercede for all who call upon thy name, that our souls may be saved.

Kontakion of St Euthymios tone 8

In thine august birth creation found joy, and in thy divine memory it receives the gladness of thy miracles. Grant these richly to our souls, O Euthymios, and cleanse the stains of our sins that we may sing: Alleluia.

Kontakion of St Fechin tone 6

Uprooting the tangled weeds of passion, O Father Fechin, thou didst cause the wilderness to blossom as a spiritual Eden. Pray that we too may be found worthy of the fruits of the Spirit as we cry: Glory to Him Who has blessed thee, glory to Him Who didst teach thee the Orthodox Faith, glory to Him Who brings men to salvation through thy prayers.

21 ST MAXIMOS THE CONFESSOR
HOLY MARTYR NEOPHYTOS

Troparion of St Maximos the Confessor tone 3

Through thee the Spirit poured forth streams of teaching for the Church: thou didst expound God the Word's self-emptying, and shine forth in thy struggles as a true Confessor of the Faith; holy Father Maximos, pray to Christ our God to grant us His great mercy.

Troparion of St Neophytos tone 5

Thou wast filled with divine grace from thine infancy, and thy youthful soul was a dwelling-place of the Trinity. Thou didst work wondrous miracles, and wast steadfast in contest, O prize-winning Neophytos. Pray unceasingly that our souls may be saved.

Kontakion of St Maximos the Confessor tone 8

O faithful, let us acclaim the lover of the Trinity, great Maximos who taught the God-inspired Faith, that Christ is to be glorified in two natures, wills and energies; and let us cry to him: Rejoice, O herald of the Faith.

Kontakion of St Neophytos tone 4

O Great Martyr Neophytos, thou didst shine forth from the mountain and as an athlete glorify Christ in the stadium. Wherefore thou didst receive the unfading crown.

22 HOLY APOSTLE TIMOTHY OF THE SEVENTY
HOLY MARTYR ANASTASIOS THE PERSIAN

Troparion of St Timothy tone 4

Thou didst learn kindness and goodness and wast sober and temperate in all things, and wast clothed with a good conscience as becomes a holy person. Thou didst draw from the Chosen Vessel unspeakable mysteries; and having kept the Faith thou didst finish thy course, O Apostle Timothy. Intercede with Christ our God that our souls may be saved.

Troparion of St Anastasios the Persian tone 1

O wise Anastasios, glory of martyrs, boast of the righteous and treasure of Persia, helper of the faithful and herald of our Faith: we praise thee with angelic hymns whilst crying: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of the Apostle Timothy and St Anastasios the Persian tone 1

Let us the faithful praise Timothy the divine disciple and fellow-traveller of Paul. And with him let us honour Anastasios who shone like a star from Persia, and who drives away the passions of our souls and the diseases of our bodies.

23 HOLY HIEROMARTYR CLEMENT, BISHOP OF ANCYRA
HOLY MARTYR AGATHANGELOS

Troparion of St Clement tone 4

Thou hast been given to the faithful, O Saint Clement, as a branch of holiness, a staff of truth, a most sacred flower, and a sweet God-given fruit. As a fellow-sufferer of martyrs and as a fellow bishop of Hierarchs, intercede with Christ our God that our souls may be saved.

Troparion of St Agathangelos tone 4

O steadfast Agathangelos, we praise thee as a bearer of good tidings of the Lord's compassion towards us. Through thy contest thou wast found worthy to be numbered among the ranks of Angels. Together with them thou dost ever intercede with Christ that we may be delivered from every necessity.

Kontakion of St Clement tone 4

Thou wast a precious branch of Christ the Vine, O much-suffering and all-famed Clement, and with thy fellow-sufferers thou didst cry: Thou, O Christ, art the radiant joy of the martyrs.

Kontakion of St Agathangelos tone 4

Thou wast like an Angel in thy contest, for thou didst endure the infliction of wounds like one without a body. Wherefore, O Agathangelos, Christ has counted thee worthy of heavenly grace.

24 ST XENIA THE RIGHTEOUS

ST XENIA THE FOOL FOR CHRIST OF ST PETERSBURG

HOLY HIEROMARTYR CADOC

Troparion of St Xenia the Righteous tone 3

Thou didst live the life of a stranger in the world and wast estranged to every sin; thou didst abandon comforts and fleeting honours and betroth thyself to thine Immortal Bridegroom. O glorious Xenia, entreat Christ our God to grant us His great mercy.

Troparion of St Xenia of St Petersburg tone 8

Christ the Lord has shown forth in thee a new mediatrix and intercessor for our race; thou didst will to endure evil in thy life and didst lovingly serve both God and man. We zealously run to thee in misfortune and sorrow, we hope in thee and cry from our hearts: Put not our hope to shame, O blessed Xenia.

Another Troparion of St Xenia of St Petersburg tone 5

Having lived as a stranger in the world, O Xenia, thou didst outwit the deviser of evil by thy pretended foolishness. Thou didst receive from God grace to foresee and foretell things to come. Now thou hast been translated from earth and art numbered with the choirs of Angels.

Troparion of St Cadoc tone 5

Having been raised to piety, O Hierarch Cadoc, thou didst dedicate thy life to God, serving Him in the monastic state. As with joyful heart thou didst fulfil thy daily obedience, caring for the earthly needs of countless paupers, look now upon our spiritual poverty and beseech Christ our God, that He will grant us great mercy.

Kontakion of St Xenia the Righteous tone 2

Celebrating the memory of the life thou didst live as a stranger, and honouring thee with love, we praise Christ Who gave thee power to grant healings to all. O Xenia, ever pray to Him for us all.

Kontakion of St Xenia of St Petersburg tone 4

Thou didst give thy wealth to the poor, O Xenia, and accept poverty out of love for Christ; and having lived in a manner rivalling the Angels thou wast counted worthy of glory on high.

Kontakion of St Cadoc tone 5

We honour thee with hymns, O righteous Hierarch Cadoc, for the pilgrimage of thy life was found pleasing to God, Who in His goodness adorned thee with authority, and as thou didst receive the crown of martyrdom, whilst serving the Holy Mysteries, pray for us that we also may be blessed to die in Christ.

25 ICON OF THE MOTHER OF GOD "SOOTHE MY SORROWS"

ST GREGORY THE THEOLOGIAN

ST FELICITAS AND HER SEVEN MARTYRED SONS

ST EOCHOD

Oil and wine permitted

Troparion of the Icon of the Mother of God tone 5

Soothe the pains of my much-sighing soul, O thou who hast wiped away every tear from the face of the earth: for thou dost drive away the sickness of men, and quench the afflictions of sinners. We have obtained hope and support in thee, O most holy Virgin.

Troparion of St Gregory the Theologian tone 1

The shepherd's pipe of thy theology conquered the philosophers' trumpets; for since thou didst search out the depths of the Spirit, beauty of speech was added to thee. Intercede with Christ our God that our souls may be saved, O Father Gregory.

Troparion of St Felicitas and her seven martyred sons tone 1

Truly thou art blessed, O holy Felicitas, for thou didst never doubt the mercy of Christ our God, and in spite of all temptations, with thy seven sons thou didst rejoice to return to Him rather than to languish in dishonour on earth. Wherefore pray for us that we may follow thy example for the salvation of our souls.

Troparion of St Eochod tone 6

The Picts of Galloway honoured thee as their Apostle, O righteous Hierarch Eochod, for at the behest of Father Columba thou didst open to them the Gospel of Salvation. Wherefore, O Saint, cease not in thy pious labours, praying that our souls may be saved.

Kontakion of the Icon of the Mother of God tone 6

O holy Lady, do not entrust me to human protection, but accept the prayers of thy suppliant. I am fettered by sorrow and unable to endure the demon's darts. I have no shelter, nor place to run, I am wretched. My enemies are on every side, and I have no consolation but in thee. Mistress of creation, protection and hope of the faithful, do not turn away when I pray to thee; do that which will profit me.

Kontakion of St Gregory the Theologian tone 3

With thy theologian's speech thou didst dispel the philosophers' cobwebs, O glorious Gregory; and thou dost adorn the robe of Orthodoxy woven for the Church from on high. Wearing this, she cries out with us thy children: Rejoice, O Father, most excellent mind of theology.

Kontakion of St Felicitas and her seven martyred sons tone 2

Unfailing loyalty to Christ was thy virtue, O holy Felicitas, for despite all threats and torments thou didst inspire thy sons, to resist all for the salvation of their souls. Without hesitation thou didst willingly follow them, winning the crown of

martyrdom. Wherefore we pray for grace to emulate thine all-praised example.

Kontakion of St Eochod tone 3

All praise is thy due, most blessed Father Eochod, in that thou didst love nothing more than Christ, willingly obeying His command to preach the Gospel to all nations. As both our inspiration and our example, pray that we may fearlessly preach Christ for the salvation of our race.

26 ST XENOPHON AND HIS WIFE MARY AND THEIR SONS JOHN AND ARCADIOS
ST CONAN

Troparion of Xenophon tone 3

Radiant with love and having mortified the passions, you were shown forth as victors, O Saints. You rightly hated all earthly delights and glory, and became partakers of heavenly grace. O glorious Xenophon with thine august companions, intercede for our souls.

Troparion of St Conan tone 1

We celebrate thy radiant memory, all honourable Hierarch Conan, consolation of the afflicted, teacher of the true faith and shepherd of souls on the Isle of Man. Pray for our efforts, feeble as they are, and save our souls.

Kontakion of St Xenophon tone 4

Thou didst keep vigil in the courts of the Lord with thy wife and children, O blessed one, and didst gladly lavish thy wealth on the poor. Wherefore you have all inherited divine joy.

Kontakion of St Conan tone 8

We praise and bless thy name, most righteous Conan, for in thy life thou didst not rest from thy God-pleasing monastic and pastoral labours, setting us an example of constancy and devotion. Pray that Christ our God will instil such virtues in us that we may live our lives only for His honour and glory.

27 TRANSLATION OF THE RELICS OF ST JOHN CHRYSOSTOM, ARCHBISHOP OF
CONSTANTINOPLE
ST NATALIS

Troparion of St John Chrysostom tone 8

Grace like a flame shining forth from thy mouth has illumined the universe, and disclosed to the world treasures of poverty and shown us the height of humility. And as by thine own words thou teachest us, Father John Chrysostom, so

intercede with the Word, Christ our God, to save our souls.

Troparion of St Natalis tone 2

With Columba as thy guide thou didst learn the monastic disciplines, O Father Natalis, and by this example thou dost teach us the necessity of accepting spiritual direction, that pleasing God by our obedience we may be found worthy of great mercy.

Kontakion of St John Chrysostom tone 1

The Church rejoices at the recovery of the holy relics. She kept them hidden, like most precious gold, and by thine intercessions she unceasingly grants healing to those who praise thee, O John Chrysostom.

Kontakion of St Natalis tone 5

Having submitted thyself to a master in pious humility, O Father Natalis and being renowned for the sanctity of thy life, thou wast deemed worthy to guide others into the way of Salvation. Pray that we who hymn thee may be given grace to submit ourselves to direction, as Christ wills, that we may please Him in all things.

28 OUR HOLY FATHERS EPHRAIM AND ISAAC THE SYRIANS

Troparion of Ss Ephraim and Isaac the Syrians tone 1

Let the Multitudes of monastics and cenobites honour our divinely-shining pillars and protectors and intercessors, divine Ephraim and Isaac who are truly of Christ. And let us glorify them with hymns, while crying: Glory to Him Who has sanctified you; glory to Him Who has made you wonderful; glory to Him Who has glorified you both in heaven and on earth.

Kontakion St Ephraim tone 2

O Ephraim, as a lover of silence thou didst ever foresee the hour of reckoning and bitterly lament; and by thy works thou wast indeed a teacher, O righteous one. Wherefore, O father of all the world, thou dost rouse slothful to repentance.

Kontakion of St Isaac tone 8

We acclaim thee as a Godbearing and righteous Hierarch, as a citizen of the desert, O Isaac our protector and revealer of things sacred. Since thou hast boldness with the Lord, pray to Him for all who honour thee and cry to thee: Rejoice, O divinely-wise Father.

29 TRANSLATION OF THE RELICS OF THE HOLY HIEROMARTYR IGNATIOS THE GODBEARER TO THE CITY OF ANTIOCH

ST GILDAS THE WISE

Troparion of St Ignatios the Godbearer tone 3

Soaring with love for Him Who holds thee in His hands, thou wast shown to be a Godbearer, O Ignatios. Thou didst finish thy course in the West and pitch thy dwelling in the unwaning day of the heavens. O righteous Father, entreat Christ our God to grant us His great mercy.

Troparion of St Gildas the Wise tone 8

Truly thou art surnamed 'The Wise', O righteous Gildas, for in thy monastic solitude thou didst use thy God-given gift of words for His greater glory. Teach us to despise nothing, that all our talents, however small, may be employed in God's service, for the salvation of our souls.

Kontakion of St Ignatios tone 4

Thou didst rise in the East today, and having enlightened all creation with thy teachings thou wast adorned with martyrdom, O Godbearing and divine Ignatios.

Kontakion of St Gildas the Wise tone 2

As one learned in the art of writing O wise Gildas, thou didst not hide thy talent, but brought it forth to glorify thy Creator. Singing praise to thee, we pray for grace to follow thee in offering everything to God for His glory alone.

30 OUR HOLY FATHERS AND GREAT HIERARCHS BASIL

THE GREAT, GREGORY THE THEOLOGIAN AND JOHN CHRYSOSTOM

THE FINDING OF THE ICON OF THE MOTHER OF GOD ON THE ISLE OF TINOS

ST TUDY, VIRGIN

Oil and wine permitted

Troparion of the Three great Hierarchs tone 1

Let all who love their words come together and honour with hymns the three luminaries of the light-creating Trinity. Basil the Great, Gregory the Theologian, and renowned John of golden speech, who have enlightened the world with the rays of their divine doctrines, and are rivers of wisdom who have watered all creation with streams of divine knowledge, they ever intercede with the Trinity for us.

Troparion of the Mother of God tone 1

O people of Tinos and all faithful, come and acclaim with hymns our Protectress; the all-venerable icon of the pure Mother of God is found to be a source of

healing for us. Let us cry to her: Rejoice, O our glory and boast. Rejoice, thou who hast delivered mankind from the ancient curse.

Troparion of St Tudy tone 6

Thou didst serve God in virginity, most holy Tudy, offering thy life to Him in purity and innocence. Wherefore we beseech thee, pray to Christ our God, that He will look not upon our wretchedness but will grant us great mercy.

Kontakion of the Three Great Hierarchs tone 2

Thou hast taken the sacred and divinely inspired heralds, the crown of Thy teachers, O Lord, for the enjoyment of Thy blessings and for repose. For Thou hast accepted their sufferings and labours above every burnt offering, O Thou Who alone dost glorify Thy Saints.

Kontakion of the Mother of God tone 8

O Lady, we joyfully celebrate the finding of thine icon and we praise thy boundless blessings; for thou dost pour forth abundant grace on all and grant healing to all who cry to thee: Rejoice, unwedded Bride.

Kontakion of St Tudy tone 2

We sing hymns of praise to thee, most pure daughter of Brychan, O holy Tudy. Pray to Christ our God that our prayers will be found acceptable to Him, that we be not cast into outer darkness.

31 HOLY AND WONDERWORKING UNMERCENARIES CYROS AND JOHN
ST NICETAS, BISHOP OF NOVGOROD
ST MELANGELL, VIRGIN RECLUSE

Troparion of Ss Cyros and John tone 5

Thou hast given us the miracles of thy holy Martyrs as an impregnable wall, O Christ our God. By their prayers frustrate the plans of the heathen and godless, and strengthen the Christians in faith and love, for Thou alone art good and the Lover of mankind.

Troparion of St Nicetas Bishop of Novgorod tone 4

As one who delighted in abstinence and bridled the desires of the flesh thou didst sit on the episcopal throne; and as a star thou didst enlighten the hearts of the faithful by thy radiant miracles. O Father and Hierarch Nicetas, entreat Christ our God to save our souls.

Troparion of St Melangell tone 8

Preferring the rigours of monasticism to worldly status and marriage, O pious Melangell, though wast fifteen years on a rock, emulating the example of the Syrian Stylites. Wherefore, O Saint, pray to God that He will give us strength to serve Him as He wills, that we may be found worthy of His great mercy.

Kontakion of Ss Cyros and John tone 3

Having received the gift of working miracles by divine grace, O Saints, you unceasingly work wonders, cutting out all our diseases and passions by invisible surgery, O divinely-wise Cyros and glorious John; for you are divine healers.

Kontakion of St Nicetas, Bishop of Novgorod tone 6

Thou wast honoured with the office of Archbishop and didst stand before God Most Pure in purity, and quench the flames of the city. Now, O Hierarch Nicetas, entreat Christ our God that all Orthodox Christians making supplication may be saved, that all may cry to thee: Rejoice, O Hierarch Nicetas.

Kontakion of St Melangell tone 4

Praise, glory and honour are thy due, O righteous Melangell, for in consecrating thy virginity to Christ, thou didst give us a model of Christian living. Wherefore we who keep thy festival pray for grace to amend our lives according to thy example, glorifying God in every word and deed.

FEBRUARY

1 FOREFEAST OF THE MEETING OF OUR LORD JESUS CHRIST

HOLY MARTYR TRYPHON

ST BRIGID OF KILDARE

Troparion of the Forefeast tone 1

The celestial choir of heavenly Angels looked out upon the earth, and saw, the Firstborn of all creation as a Babe being carried to the Temple by a mother who had never known a man. Wherefore they sing with us in amazement the prefestival hymn.

Troparion of St Tryphon tone 3

In the Holy Spirit Thou didst pour forth abundant grace on the Church like an unfailling fountain; thou dost refresh our souls with the delight of thy gifts. O glorious Tryphon, entreat Christ our God to grant us His great mercy.

Troparion of St Brigid of Kildare tone 1

O holy Brigid, thou didst become sublime through thy humility, and didst fly on

the wings of thy longing for God. When thou didst arrive in the Eternal City and appear before thy Divine Spouse, wearing the crown of virginity, thou didst keep thy promise to remember those who have recourse to thee. Thou dost shower grace upon the world, and dost multiply miracles. Intercede with Christ our God that He may save our souls.

Kontakion of the Forefeast tone 6

The Word Who is invisibly with the Father is now ineffably born of the Virgin and is seen in the flesh, and is placed in the arms of the holy Elder. Let us worship Him, our true God.

Kontakion of St Tryphon tone 8

In the power of the Trinity thou didst destroy polytheism throughout the world, O Tryphon, for thou wast honoured by the Lord. Thou didst conquer tyrants through Christ the Saviour, and didst receive the crown of martyrdom and gifts to work healings since thou art invincible.

Kontakion of St Brigid tone 4

The holy virgin Brigid full of divine wisdom, went with joy along the way of evangelical childhood, and with the grace of God attained in this way the summit of virtue. Wherefore she now bestows blessings upon those who come to her with faith. O holy Virgin intercede with Christ our God that He may have mercy on our souls.

2 MEETING OF OUR LORD JESUS CHRIST IN THE TEMPLE
ST RONAN

Fish permitted

Troparion of the Meeting tone 1

Rejoice, thou who art full of grace, Mother of God and Virgin, for from thee arose the Sun of Righteousness, Christ our God, to give light to those in darkness. Rejoice thou also, righteous Elder, who didst take in thine arms the Redeemer of our souls, Who also gives us the grace of resurrection.

Troparion of St Ronan tone 4

As one endowed with beauty of speech, thou didst preach Christ's saving Gospel to the inhabitants of Man, O Hierarch Ronan. Wherefore O Saint, being mindful of the power of words, pray that our every utterance may be to the glory of God that at the end, He will grant us great mercy.

Kontakion of the meeting tone 1

Thou Who didst sanctify the Virgin's womb by Thy birth and bless Simeon's hands as was fitting hast now come to us and saved us, O Christ our God. But grant peace in the midst of wars to Thy community, and strengthen the Church which Thou hast loved, O only lover of mankind.

Kontakion of St Ronan tone 6

We sing thy praises, O righteous Ronan, praying for grace to emulate thee, that the example of our lives may proclaim the love of God to those around us.

3 SYNAXIS OF SS SYMEON THE ELDER AND ANNA THE PROPHETESS
ST IA, VIRGIN MARTYR

Troparion of the Feast tone 1

Rejoice, thou who art. . .

Troparion of St Symeon and Anna tone 1

In the Temple thou didst embrace as an infant God the Word Who became flesh, O glorious Elder Symeon, who didst hold God in thine arms. And also as a Prophetess the august Anna ascribed praise to Him. We acclaim you as divine servants of Christ.

Troparion of St Ia tone 5

Thy life and mission were pleasing to God, most pious Ia, for seeing thee left behind in Ireland, He miraculously transported thee across the sea to Cornwall on a leaf. Wherefore O Saint, pray to God for us that we may never give way to despair but ever trust in His great mercy.

Kontakion of the Feast tone 1

Thou Who didst sanctify. . .

Kontakion of Ss Symeon and Anna tone 3

Let Symeon the Righteous and Anna the Prophetess, that godly pair, be praised together; well-pleasing to God, they became witnesses of the Incarnate Lord. When they saw Him as an infant, together they worshipped Him.

Kontakion of St Ia tone 8

By a miracle, God showed that the first should be last and the last, first, O righteous Ia, and therefore we look to thee as a symbol of Gospel truth, ever praising thy illustrious memory.

4 ST ISIDORE OF PELUSIUM
HOLY HIEROMARTYR ALDATE

Troparion of the Feast tone 1
Rejoice, thou who art. . .

Troparion of St Isidore tone 4
In thy wisdom thou didst gloriously adorn the Church of Christ with thy many homilies, O righteous Isidore, thou wast purified by abstinence, deed and divine vision and didst shine forth in the world. Through thy words, O Father, we are guided and initiated into a more excellent life.

Troparion of St Aldate tone 1
Through thy pious upbringing thou didst become a shining beacon of the Orthodox Faith, O Hierarch Aldate. Wherefore, O Saint, intercede for us that not straying from the true Faith, we may attain eternal salvation.

Kontakion of the Feast tone 1
Thou Who didst sanctify. . .

Kontakion of St Isidore tone 4
O Isidore, thou wast another morning star, and the Church is illumined by the brilliance of thy words. She cries out to thee: Rejoice, O divinely wise and blessed Isidore.

Kontakion of St Aldate tone 2
As a torch of truth, a tower of strength, a bastion of Faith, O Martyr Hierarch Aldate, thou art the adornment of Gloucester, the joy of all our nation and most worthy of all praise.

5 ST AGATHA OF SICILY
ST THEODOSIUS OF CHERNIGOV

Troparion of the Feast tone 1
Rejoice, thou who art. . .

Troparion of St Agatha tone 3
Thou wast a fragrant flower of virginity and an undefiled bride of the Lifegiver; thou didst desire the Source of all good and excel in martyrdom. O glorious Agatha, intercede by thy holy prayers for those who lovingly honour thy contest.

Troparion of St Theodosius of Chernigov tone 4

O holy Hierarch Theodosius, thou wast found to be most worthy among bishops and a light to thy flock. When translated to eternal mansions, pray at the throne of the King of glory that we may be delivered from all present evils, that our souls may be saved by thy prayers.

Kontakion of the Feast tone 1
Thou Who didst sanctify. . .

Kontakion of St Agatha tone 4
Let the Church be arrayed today in glorious purple dyed with the chaste blood of the Martyr Agatha, and let it cry: Rejoice, thou boast of Catania.

Kontakion of St Theodosius tone 4
O holy Hierarch Theodosius, thou didst labour for Christ by grazing thy rational sheep on spiritual pastures; thou didst receive the gift of healing from Christ the saviour to cure all who come to thy relics from bodily and spiritual infirmities. Pray for those who call on thy name that our souls may be saved from the enemy.

6 ST PHOTIUS THE GREAT, PATRIARCH OF CONSTANTINOPLE
SS BARSANUPHIUS AND JOHN OF GAZA
ST BUCOLUS, BISHOP OF SMYRNA
SS MEL AND MUN, BISHOPS

Troparion of the Feast tone 1
Rejoice, thou who art. . .

Troparion of St Photius the Great tone 5
As a radiant beacon of wisdom hidden in God, and a defender of Orthodoxy revealed from on high, O great Photius, adornment of Patriarchs, thou dost refute the innovations of boastful heresy, O light of the holy Church, preserve her from all error, O luminary of the East.

Troparion of Ss Barsanuphius and John tone 1
Mystical tongues of the Holy Spirit, rational harps of grace, sounding forth sweet hymns of discernment which soothe and rejoice men's souls, you moved them to cast off the yoke of passion and to trample on Satan's head. Wherefore God-like Barsanuphius and wise John, deliver those who sing to you: Glory to Him Who has given you grace; glory to Him Who has blessed you; glory to Him ,Who has saved many through your holy words of counsel.

Troparion of St Bucolus tone 4

Thou didst shine with the rays of virtue received from him who leaned on the Master's breast. Resplendent, God-inspired Hierarch, thou didst lead thy flock to the pastures of Truth. O Father Bucolus, entreat Christ our God for those who honour thee.

Troparion of Ss Mel and Mun tone 5

Accompanying Ireland's Enlightener, your illustrious uncle, on his missionary journeyings, O blessed Hierarchs Mel and Mun, and being blessed with the gift of oratory, you inspired many to reject the darkness of paganism and to believe in Christ. Pray for us, O holy ones, that the darkness of our sins may be blotted out by the mercy of our God.

Kontakion of the Feast tone 1

Thou Who didst sanctify. . .

Kontakion of St Photius the Great tone 8

With garlands of chant let us crown the Church's far-shining star, the God-inspired guide of the Orthodox, the divinely-sounded harp of the Spirit and steadfast adversary of heresy find let us cry to him: Rejoice, O most venerable Photius.

Kontakion of Ss Barsanuphius and John of Gaza tone 3

All the hidden secrets of men and of God's dispensation were revealed in the mirrors of your pure hearts. Resplendent were the bright beams of grace that shone forth from you and dispelled the shadows of sin from men's souls. Barsanuphius and John, lights of discernment, entreat the Lord for us all.

Kontakion of St Bucolus tone 2

He who was beloved of Christ saw the purity of thy life and made thee a shepherd of the Church and a radiant lamp of godliness; holy Father Bucolus, thou didst emulate his virtues.

Kontakion of Ss Mel and Mun tone 2

As streams of pure doctrine flowed from your blessed lips, O righteous Mel and Mun, pray to Christ our God that the streams of His compassion and forgiveness will be poured out on us worthless sinners.

7 ST PARTHENIUS, BISHOP OF LAMPSACUS

ST LUKE OF MOUNT STIRION

ST AULE, HERMIT

Troparion of the Feast tone 1

Rejoice, thou who art. . .

Troparion of St Parthenius tone 4

By the Spirit's anointing thou didst become a shepherd of Lampsacus and receive power from God to work many miracles, to cast out demons, heal the sick and cure all manner of illness, and to fulfil the prayers of all who hasten to thee, O Hierarch Parthenius.

Troparion of St Luke of Mount Stirion tone 1

Let us firmly honour Luke the Godbearer with hymns and chants, the glory of the faithful, the boast of the righteous, bright light of Stirion and its true inhabitant; he brings near to Christ those who cry out in faith: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Aule tone 3

Having lighted the candle of faith in London, O glorious Martyr Aule, thy radiance was a challenge to the godless Diocletian who caused the flame of thy life to be extinguished. Pray, O martyr, that the flame of our faith may burn so brightly that through our constancy we may be found worthy of the mercy of Christ our God.

Kontakion of the Feast tone 1

Thou Who didst sanctify. . .

Kontakion of St Parthenius tone 3

Thou didst receive divine grace to work miracles, wise and holy Godbearing wonderworker, Father Parthenius. Thou didst cleanse the passions of all the faithful and drive out evil spirits. Wherefore we praise thee as a great initiate of the grace of God.

Kontakion of St Luke of Mount Stirion tone 8

God in ineffable judgment chose thee before thou wast fashioned according to His good pleasure; He took thee from thy mother's womb, He sanctified thee as His servant. As the Lover of mankind He guided thee to Himself, before whom thou dost now stand rejoicing, O Luke.

Kontakion of St Aule tone 7

Thou didst sanctify our capital with thy blood, O Passion-Bearer Aule, defending the true Faith, which was more precious to thee than life itself. We honour thee, we hymn thee and we praise thy name rejoicing in thy glorious memory.

8 HOLY PROPHET ZECHARIAH
HOLY GREAT MARTYR THEODORE THE COMMANDER
ST ONCHO THE POET Oil and wine permitted

Troparion of the Feast tone 1
Rejoice, thou who art. . .

Troparion of the Prophet Zechariah tone 4
By thy deeds, wise Zechariah, thou didst show that thou hadst righteously received thy name as a treasury of God's inspiration, for Angels were thy companions in life and thou wast a prophet of things to come. And now, as thou canst, fulfil from on high our petitions.

Troparion of St Theodore tone 4
O trophy-bearer Theodore, by thy strategy thou wast a general of the heavenly King; armed with the weapons of faith thou didst annihilate hordes of demons and win the Athletes' contest. With faith we call thee blessed.

Troparion of St Oncho tone 2
Thou didst teach us the value of relics, O Father Oncho, for thou didst spend thy earthly life collecting these precious aids to piety and devotion. Pray to God for us, that in honouring what is precious to God, we may be found worthy of His great mercy.

Kontakion of the Feast tone 1
Thou Who didst sanctify. . .

Kontakion of the Prophet Zechariah tone 4
Enlightened by the brightness of the Spirit, O glorious Zechariah, like a lamp of many lights thou didst clearly describe beforehand the Saviour's condescension.

Kontakion of St Theodore tone 2
With the word of God as a spear in thy hand, armed with faith and courage of soul, thou didst vanquish the enemy, Theodore glory of martyrs. With them pray to Christ our God for us all.

Kontakion of St Oncho tone 4
Following thine example, most Holy Oncho, we pray for strength to defend all precious and holy things, resisting to the end all attempts at desecration and sacrilege by the agents of the godless, that in all things glory may be given to Christ our God.

9 LEAVE-TAKING OF THE FEAST OF THE MEETING OF OUR LORD JESUS CHRIST
HOLY MARTYR NICEPHORUS
ST TEILO, BISHOP OF LLANDAFF

Troparion of the Feast tone 1

Rejoice, thou who art. . .

Troparion of St Nicephorus tone 1

Love for the Creator enlightened thy soul enabling thee to fulfil the law of grace,
O Nicephorus. Thou didst love thy neighbour as thyself, win the contest, and
destroy the serpent. Wherefore ever preserve us in peace.

Troparion of St Teilo tone 4

As a fountain of the true Faith, thou didst issue forth the life-giving waters of
salvation, O Hierarch Teilo. Wherefore, we implore thee, intercede with Christ our
God that our souls may be saved.

Kontakion of the Feast tone 1

Thou Who didst sanctify. . .

Kontakion of St Teilo tone 1

O teacher of pure doctrine, joy of monastics and Dewi Sant's fellow pilgrim to
Jerusalem, where thou wast elevated to the episcopate, most pious Father Teilo,
we keep festival in thy honour, praying for grace to follow in thy footsteps.

Kontakion of St Nicephorus tone 1

Bound with chains of love, O Nicephorus, thou didst disarm the malice of hatred.
And when thou wast beheaded thou didst become a holy martyr of the Incarnate
Saviour. Pray to Him for us who extol thy glorious memory.

10 HOLY HIEROMARTYR HARALAMPOS THE WONDERWORKER

Troparion Tone 4

As an unshaken pillar of Christ's Church and an unwavering light of the world,
thou didst illumine the world by thy martyrdom, O Haralampos, and dispel the
moonless night of idols. Since thou hast boldness with Christ, pray to Him to save
our souls.

Kontakion tone 4

O trophy-bearing Athlete and Hieromartyr Haralampos, the Church has acquired
thy relics as precious treasure. Therefore she rejoices and glorifies the Creator.

11 HOLY HIEROMARTYR BLAISE OF SEBASTE
ST GOBNET ABBESS

Oil and,wine permitted

Troparion of St Blaise of Sebaste tone 3

Thou didst blossom as a Fruit tree in the Church, by the cultivation of divine grace, O Father Blaise; thou didst shine with the grace of the priesthood and bear fruit in thy martyr's contest. Entreat Christ our God to grant us His great mercy.

Troparion of St Gobnet tone 3

As a spiritual child of the God inspired Abban thou didst worthily guide many into monastic virtue, most holy Gobnet. Wherefore we entreat thee to intercede for us that we may be guided aright and be found worthy of the great mercy of Christ our God.

Kontakion of St Blaise of Sebaste tone 2

O Godbearing Blaise, thou wast a holy shoot, a fadeless flower, a fruitful branch of Christ the Vine: Fill with thy gladness those who faithfully honour thy memory, and intercede unceasingly for us all.

Kontakion of St Gobnet tone 5

Praise and honour are thy due O physician of bodies and souls, most pious Gobnet. As thou, being blessed with the gift of healing, didst bring to many the wholeness and peace of Christ, pray now for us that our tormented souls may come to know the joy of godly healing.

12 ST MELETIUS, ARCHBISHOP OF ANTIOCH
ST ALEXIS THE WONDERWORKER, METROPOLITAN OF MOSCOW

Troparion of St Meletius tone 3

Thou didst shine on the Church with thy heavenly knowledge, O righteous Hierarch Meletius, wise in the law; thou didst preach the equal honour of the Persons, of the Trinity and disperse the assembly of heretics. Entreat Christ our God to grant us His great mercy.

Troparion of St Alexis the Wonderworker tone 4

We glorify God with fitting praises as we celebrate the memory of the guardian of apostolic dogmas, the shepherd and teacher, the blessed and holy Hierarch Alexis: for God has given us His servant who pours forth healings like a gushing spring and is the praise and support of Moscow.

Kontakion of St Meletius tone 2

All-blessed Meletius, adorned with Orthodoxy in thy life, thou wast a protector and guardian of the Church. Thy doctrine shines like a fiery beacon even to the ends of the world, O most radiant light of the Church.

Kontakion of St Alexis the Wonderworker tone 8

All you people who faithfully sing to Christ's divine, most holy Hierarch and new wonderworker Alexis, let us greet him with love as a great shepherd and minister, as a most wise teacher of Russia. Let us who are gathered today in his memory joyously cry out in song: In thy boldness before God deliver us from affliction, that we may cry to thee: Rejoice, support of Moscow.

13 ST MARTINIAN THE ANCHORITE

ST MODOMNOCK, HERMIT

Troparion of St Martinian tone 8

With the streams of thy tears thou didst quench the flame of temptation. Having checked the waves of the sea and the wild beasts' attacks thou didst cry out, O blessed one: Most glorious art Thou, O Almighty God, Who hast saved me from fire and tempest.

Troparion of St Modomnock tone 4

Pomp and splendour held no attraction for thee, O Father Modomnock. By leaving the glitter of the world, thou didst freely embrace thy poverty with the Waterman, praying for the salvation of all faithful souls.

Kontakion of St Martinian tone 2

We sing praises to ever-venerable Martinian, tried and holy ascetic, a resolute athlete and inhabitant of the desert. He has trampled upon the serpent.

Kontakion of St Modomnock tone 7

Retiring from the company of men, thou didst serve God in solitude, O Father Modomnock, and thy Father, seeing thy virtue in secret, rewarded thee openly. Therefore we glorify thy name and praise and bless thy righteous memory.

14 ST CYRIL, EQUAL-TO-THE APOSTLES AND TEACHER OF THE SLAVS

ST AUXENTIUS ON THE MOUNTAIN

Troparion of St Cyril, Apostle of the Slavs tone 4

From thy swaddling bands thou didst make wisdom thy sister; seeing her radiant in virginity thou didst take and escort her, and as a circlet didst adorn thy mind

and soul with her, O Cyril of the godly voice. Thou art found to be another Cyril, wise in thought and name.

Troparion of St Auxentius tone 8

Like a date palm thou didst grow in spiritual stature and bring forth fruits to nourish our souls, O Father Auxentius; thou didst live a holy life and become a foundation of the Church and a miracle-worker. Thou dost ever pray that our souls may find mercy.

Kontakion of St Cyril tone 2

Thou didst brilliantly enlighten the world by thy firm and God-inspired teaching and didst cross the universe like lightning, blessed Father Cyril. Thou didst sow the shining Word of God in the west and north and south, and didst enlighten the world by thy miracles.

Kontakion of St Auxentius tone 3

With the waters of abstinence thou didst gloriously blossom like a fruitful olive tree amongst the righteous. Thou didst deny the world's deception and become a heaven-filled vessel of light. Wherefore thou dost enlighten by thy holiness those who honour thee, O Father Auxentius.

15 HOLY APOSTLE ONESIMUS OF THE SEVENTY
ST BERACH, MONK

Troparion of St Onesimus tone 1

Enlightened in mind by Paul, thou didst become a servant of God the Word and an inspired Apostle. O Onesimus, servant of Christ, thou dost reward with the gift of life those who faithfully cry to thee; Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Berach tone 1

Disciple of our Father Kevin, teacher of Orthodox piety and radiance of all Connaught, O Father Berach, by thy life and example thou didst bring many souls to Christ. Wherefore we pray thee to intercede for us that our souls may be saved.

Kontakion of St Onesimus tone 4

Thou didst shine like a beam of light, O blessed Onesimus, resplendent with rays from Paul the brilliant sun who illumined the world. Wherefore we all honour

thee, O glorious Onesimus.

Kontakion of St Berach tone 4

Bright jewel in the crown of Erin's saints, great Father Berach, we hymn thee and pray for the fortitude to follow thy steep path to salvation, ever praising thy most glorious memory.

16 HOLY HIEROMARTYR PAMPHILUS AND HIS ELEVEN COMPANIONS

Troparion tone 3

Let us praise with hymns the company of twelve martyrs Pamphilus, Paul, Samuel, Valens and Elijah, Jeremiah, Seleucos, Daniel and Porphyrius, Julian, Isaiah and Theodulos; for they ever pray to the Master for us all.

Kontakion tone 4

Faced with terrible sufferings, fearlessly the Lord's athletes rejoiced; they conversed with one another heedless of the flesh. They have inherited eternal glory, ever praying for us who praise their struggles.

17 GREAT MARTYR THEODORE THE TYRO (OR RECRUIT) HOLY NEW MARTYR
THEODORE THE BYZANTINE
ST FINAN

Oil and wine Permitted

Troparion of St Theodore the Tyro tone 2

Great are the achievements of faith! In the fountain of flame as in refreshing water, the holy Martyr Theodore rejoiced. He was made a whole burnt offering in the fire and was offered as bread to the Trinity. By his prayers, O Christ our God, save our souls.

Troparion of St Theodore the Byzantine tone 1

Thou wast offered to God as a precious gift through thy labours in conflict, and didst become a blameless and acceptable offering. O blessed Theodore we praise thy struggles; we give glory to God who has strengthened thee, O much-afflicted one, against all thine enemies, visible and invisible.

Troparion of St Finan tone 2

As Aidan's successor thou didst rule the See of Lindisfarne fearlessly preaching the Orthodox Faith, O holy Hierarch Finan. Boldly obeying the Gospel command, thou didst soften the stony heart of Mercia's pagan Prince Peada and win his soul for

Christ. Pray for us, O Saint, that Christ alone will rule in our hearts, that He may save our souls.

Kontakion of St Theodore the Tyro tone 2

Thou didst receive the Faith of Christ in thy heart as a breastplate and didst trample upon the enemy hosts, O great Champion. Thou hast been crowned with a heavenly, eternal crown, for thou art invincible.

Kontakion of St Theodore the Byzantine tone 4

Thy contest has arisen like a bright morning star and has inspired us to glorify Christ. He has shown thee forth as one steadfast in struggle, O Martyr Theodore.

Kontakion of St Finan tone 6

Great Hierarchy of the Christian North and radiant luminary of the Orthodox Faith, O Hierarchy Finan, by thy preaching to all nations the warlike Mercians were illumined by the light of Christ's holy Gospel. As we keep festival in thy honour we pray for grace to emulate thy righteous example.

18 ST LEO, POPE OF ROME

ST COLMAN

Troparion of St Leo tone 3

Thou wast the Church's instrument in strengthening the Church's teaching of true doctrine; thou didst shine forth from the West like a sun and didst dispel the heretics' error. O righteous Leo, entreat Christ our God to grant us His great mercy.

Troparion of St Colman tone 4

As an upholder of Orthodox discipline, thou didst show forth in thy life the pre-eminence of holy Tradition, O all-praised Hierarchy Colman. With great personal sacrifice, thou wast true to thy teachers, wherefore we pray that we may unhesitatingly follow our fathers in the Faith with loyalty and devotion and thereby be guided into the way of salvation.

Kontakion of St Leo tone 3

From the throne of thy priesthood, O glorious one, thou didst stop the mouths of the spiritual lions, thou didst illumine thy flock with the light of the knowledge of God and with the inspired doctrines of the Holy Trinity. Thou art glorified as a divine initiate of the grace of God.

Kontakion of St Colman tone 2

By the mercy of our God, thy very life was a sermon, O Father Colman, light of the true Faith and example of constancy and piety, teaching all by thy selfless devotion. Praising thee we pray that, withstanding novelty and innovation, we may always give glory to Christ our God.

19 HOLY APOSTLE ARCHIPPUS OF THE SEVENTY
ST PHILOTHEI THE RIGHTEOUS MARTYR OF ATHENS
ST ODRAN

Troparion of St Archippus tone 3

With thy whole heart thou didst follow the way of holiness and become a companion of the Apostles, O Archippus. By thy word thou didst preach the Faith, and by thy life thou didst uproot shoots of evil. Having proved steadfast in contest thou wast granted the crown of righteousness.

Troparion of St Philothei tone 5

Let us honour the boast of the city of the Athenians, Philothei the righteous martyr. Let us embrace and kiss her holy relics. She lived in holiness and exchanged this fleeting life for the eternal by her contest and martyrdom. She is praying the Saviour to grant us His great mercy.

Troparion of St Odran tone 5

No task was too humble or too dangerous for thee, O Martyr Odran, for in thy station as a servant thou didst render the ultimate service giving thy life for thy master and Ireland's Enlightener. Pray that we may have the courage to hold nothing back, that at the last Christ our God will not withhold His mercy from us.

Kontakion of St Archippus tone 4

The Church has thee as a great star, O Archippus, and enlightened by the rays of thy miracles she cries out to thee: Save those who faithfully honour thy memory.

Kontakion of St Philothei tone 3

Today we joyfully honour Philothei and reverently venerate her relics. She spent her days in blessed works and her life was crowned with martyrdom. She prays that all may be granted eternal life.

Kontakion of St Odran tone 3

We salute thee, O Martyr Odran, ever seeking to follow thee in service to Christ's holy Church and praying for grace to shun the imperfect way of Ananias and Sophia, that we may give all we have in selfless devotion to Him Who holds all

creation in His hands.

20 ST LEO, BISHOP OF CATANIA IN SICILY
ST BOLCAN

Troparion of St Leo of Catania tone 1

Thou wast shown forth as a resplendent priest, a teacher of godliness and a wonderworker, blessed Hierarch Leo; for by the light of heavenly virtue thou wast enriched with the power of the Spirit, and dost heal the souls and bodies of those who hasten to thee. Glory to Christ Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Bolcan tone 7

As thou didst encourage the virtue of learning, wise Hierarch Bolcan, teach us to have humility to follow our fathers in the Faith, and not the ways of our own devising, that being faithful to Christ, we may be found worthy of His great mercy.

Kontakion of St Leo of Catania tone 8

The Church has thee as a light brighter than the sun, blessed Leo: she cries to thee: By thy intercessions so pleasing to the Lord keep the Church unconquered and unshaken by any heresy.

Kontakion of St Bolcan tone 8

From thy lips pure streams of Orthodox doctrine poured forth, O most noble teacher and gracious Hierarch Bolcan. Revering thy memory, we pray for grace to follow thee profiting by thy righteous example.

21 ST TIMOTHY IN SYMBOLA
ST EUSTATHIUS, BISHOP OF ANTIOCH

Troparion of St Timothy tone 5

O wise Timothy, from thy childhood thou didst honour God by a virtuous life, and wast honoured by Him most worthily. For thou wast a sacred vessel of godly gifts, granting many blessings unto all for the salvation of our souls.

Troparion of St Eustathius tone 3

Thou didst shine like a brilliant sun in the First Council, O righteous Eustathius, for thou didst proclaim the Son to be of one Essence with the Father and with the Spirit. Pray, O Hierarch of God, that unwavering steadfastness in the Faith be granted to all who honour thee.

Kontakion of Timothy tone 4

Thou didst rise in the east like a bright star and shed the light of thy miracles into the hearts of the faithful, Holy wonderworker Timothy.

Kontakion of St Eustathius tone 4

Thou didst purify thyself with godly works and become a pillar of the priesthood in divine vision and blameless life. Thou didst withstand the onslaughts of temptations as a foundation and bulwark of the Church. And so we cry: Rejoice, O Father Eustathius.

22 FINDING OF THE PRECIOUS RELICS OF THE HOLY MARTYRS IN EUGENIUS ST ELWIN, MISSIONARY

Troparion of the Martyrs tone 1

O glorious Martyrs, you foundations of the Church, your venerable relics have appeared from the depths of the earth like spiritual roses and treasuries of graces. They breath forth the grace of healing and grant the fragrance of life to those who lovingly call you blessed.

Troparion of St Elwin tone 1

Leaving thy native Ireland, thou didst labour for Christ in the remoteness of Kernow, giving thyself up to ascetic struggles and missionary journeyings, O Father Elwin. Wherefore we pray for courage and strength to emulate thy example for the salvation of our souls.

Kontakion of the Martyrs tone 4

Like bright lights you shone from the earth and dispelled ungodly darkness; you have illumined the Faithful, O divine Martyrs, champions of the Trinity.

Kontakion of St Elwin tone 6

Accompanied by the pious Breaca, thou didst go out to preach the Gospel of Christ to those who were in darkness, therefore we glorify thee, ever praying that our lives may also be spent in God-pleasing activities.

23 HOLY HIEROMARTYR POLYCARP, BISHOP OF SMYRNA

Troparion tone 4

Thy name was verified by thy works O wise Hieromartyr Polycarp. Thou wast a fruitful olive tree in the house of the Lord, and dost nourish the Church with the spiritual bounty of thy words and deeds. Thou dost intercede for our souls, O Hierarch and steadfast Prize-winner.

Kontakion tone 1

Through thy virtues, O wise Polycarp, thou dost offer spiritual fruits to the Lord and prove to be God's worthy Hierarch. We who have been enlightened by thy words today praise thy memory and glorify God.

24 FIRST AND SECOND FINDING OF THE VENERABLE HEAD OF THE FORERUNNER
AND BAPTIST JOHN
ST CUMINE, ABBOT

Troparion of the Forerunner tone 4

The head of the Forerunner has risen from the earth and sends forth healing rays of incorruption to all the faithful. In heaven it is mustering a host of Angels, and on earth it is, assembling mankind to ascribe glory to our God.

Troparion of St Cumine tone 8

Thou didst record for us the Life of our Father Colum Cille, O holy Father Cumine, showing forth in this wise the orthodox understanding of hagiology. Commemorating thee we pray for thy speedy help and direction, that by following thee we may be led into the way of salvation.

Kontakion of the Forerunner tone 2

O Prophet of God and Forerunner of Grace, having obtained thy head from the earth as a most sacred rose, we are always receiving healings; for still as of old in the world thou preachest repentance.

Kontakion of St Cumine tone 5

Praise and honour are thy due, O Father Cumine, for thou dost reveal to us the reality of the Communion of Saints and thereby dost demonstrate our need for a spiritual father. Wherefore raising our voices in intercession, we entreat thee to pray to God for us, that we may amend our lives and follow in the footsteps of our righteous, forefathers.

25 ST TARASIVS, PATRIARCH OF CONSTANTINOPLE

Troparion tone 3

Thou didst shine as a light of the Spirit, adorned with an exemplary life and clothed in hierarchical vesture. Thou didst still the turbulence of heresy and become a pillar and foundation of the Church. O holy Father Tarasius, she praises thy struggles.

Kontakion tone 3

Thou didst illumine the Church with Orthodox doctrines, and didst teach all to venerate and worship Christ's holy icon. Thou didst expose the godless opinion of the iconoclasts. Wherefore we cry to thee: Rejoice, wise Father Tarasius.

26 ST PHOTINA THE SAMARITAN WOMAN
ST PORPHYRIUS, BISHOP OF GAZA

Troparion of St Photina the Samaritan Woman tone 3

Thou wast illumined by the Holy Spirit and refreshed by the streams of Christ the Saviour. Having drunk the Water of Salvation thou didst give copiously to the thirsty. O holy Great Martyr Photina, Equal-to-the-Apostles, entreat Christ our God that our souls may be saved.

Troparion of St Porphyrius tone 4

Adorned with the royal purple of thy virtues, thou wast glorious as a Hierarch and didst shine forth resplendently, O wise Porphyrius; for thou wast excellent in word and deed and didst strengthen all with the grace of godliness. As thou dost ever serve Christ, cease not to pray for the world.

Kontakion of St Photina the Samaritan Woman tone 3

Today Photina who is the summit and glory of martyrs is ascending into heaven. She invites all who are partakers of her graces to glorify God. Wherefore let us all praise her with the fitting honours of faith.

Kontakion of St Porphyrius tone 2

Clothed in sacred virtue, thou wast adorned with the priestly vestment, O blessed and godly, Porphyrius. Thou art resplendent with miracles of healing and dost ever intercede for us all.

27 ST PROCOPIUS THE CONFESSOR OF DECAPOLIS

Troparion tone 1

Thou didst advance in asceticism, O Father Procopius, and go from strength to strength. By worshipping the icon of Christ thou didst share the lot of the Martyrs; with them ever intercede for those who cry to thee: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works hearings for all.

Kontakion tone 4

Today the Church obtains in thee a morning star, and by honouring thee dispels the darkness of heresy, O glorious Procopius, initiate of heaven.

28 OUR HOLY FATHER AND CONFESSOR, BASIL, CO-ASCETIC OF ST PROCOPIUS
ST SILLAN

Troparion of St Basil tone 4

Thou wast a royal gift to Christ's Church, O Basil, and in thine, ascetic life thou didst make thy life more luminous, and wast found worthy of glory in heaven.

Troparion of St Sillan tone 7

Under thy God-pleasing rule, O Father Sillan, Bangor's monastery became a power-house of the true Faith. As thou wast a bright beacon, guiding men on their journey to God, we beseech thee to be also a beacon for us, bringing us safely into the way of salvation.

Kontakion of St Basil tone 2

Thou didst receive revelation from heaven and go forth from the World's turmoil. Thou didst live a righteous life as a monk, and wast given grace to work miracles and to heal diseases, O wise, blessed and holy Basil.

Kontakion of St Sillan tone 2

Righteous Father Sillan, Road to our Saviour, Crown of Bangor's saints and joy of all monastics, we keep festival in thy honour, ever blessing thy name and imploring thy prayers for us sinners.

29 SAINT KASSIANOS OF ROME

Troparion tone 6

You were a physician for souls in your divine teachings, O Father Kassianos, And by grace you set aright the thoughts of monastics, leading them to life everlasting.

Therefore we all honor you with love.

Kontakion Tone 2

You delighted in discipline, abstinence and continence, O divinely wise one, And in controlling your carnal desires, you were seen increasing in faith. You flourished as the tree of life in the midst of Edem, O blessed and sacred Father Kassianos.

MARCH

1 HOLY AND RIGHTEOUS MARTYR EUDOXIA THE SAMARITAN
ST DAVID OF WALES

Troparion of St Eudoxia tone 3

O Eudoxia, when godly fear entered thy heart, thou didst abandon the glory of the world, and hasten to God the Word. Thou didst take His yoke on thy flesh and shed thy blood in a contest surpassing nature. O glorious Martyr, entreat Christ our God to grant us His great mercy.

Troparion of St David tone 1

Having worked miracles in thy youth, founded monasteries and converted the pagans who had sought to destroy thee, O Father David, Christ our Cod blessed thee to receive the episcopate at the place of His Resurrection. Intercede for us, that our lives may be blessed and our souls may be saved.

Kontakion of St Eudoxia tone 4

He Who was pleased to raise thee from the depths of perdition to the summit of godliness has also made thee illustrious through thy contest. He has granted thee the grace of healing, O righteous Martyr and equal to the Angels. Beseech Him to save us, O Eudoxia.

Kontakion of St David tone 6

The living waters of godly discipline encompassed thee and the saving waters of faith flowed through thy teaching O Hierarch and Waterman David. Symbolising the baptism of Wales in thy life, thou art worthy of all praise, wherefore we keep festival in thy honour, glorifying thy eternal memory.

2 ST HESYCHIOS THE SENATOR

ST FERONA, ABBOT

Troparion of St Hesychios tone 1

Thou didst fling away the honours of the world and joyfully profess the glory of Christ. In the power of the Spirit thou didst endure shame as though it were an honour, and meet death by drowning, O glorious Hesychios, to rejoice forever with Christ the Wellspring of life.

Troparion of St Ferona tone 4

Blessed ascetic of Iona's isle, thou didst strengthen the foundation of thy kinsman Colum Cille, O righteous Ferona, bringing stability to Christ's holy Church and salvation to men's souls.

Kontakion of St Hesychios tone 6

Thou didst follow in the athletes' footsteps and ascend to God, deified by His love.

Thou didst prove to be equal with the assembly of martyrs on high in renouncing all things passing. When thou wast cast into the river thou didst attain to the Source of Living Water, Holy Athlete Hesychios, fervent intercessor for the faithful.

Kontakion of St Ferona tone 2

In the Western Isles the flame of faith shone brightly by thy tireless and ascetic labours, O bastion of Orthodoxy, great Father Ferona. Wherefore we bless thy name, praying for strength to show forth the same steadfastness in our lives.

3 HOLY MARTYR EUTROPIUS AND HIS COMPANIONS

ST NON, MOTHER OF ST DAVID

Troparion of St Eutropius tone 4

Let us praise Eutropius, Vasiliscos and divine Kleonikos, the three holy Athletes of Christ, They surpassed human endurance in their contests and professed the supremacy of the Trinity. They ever intercede that we all may be saved.

Troparion of St Non tone 3

Having given birth to the patron of the Welsh, most pious Non, thou didst rejoice to serve Christ God in thine appointed station. Wherefore, O Saint, intercede for us that we may be saved from the worldly spirit of dissatisfaction and through God's mercy be found worthy of eternal salvation.

Kontakion of St Eutropius tone 4

Eutropius, Kleonikos and Vasiliscos, bound together in unity of faith, by their noble contest speedily destroyed the enemies' ranks.

Kontakion of St Non tone 7

With joy thou didst instruct thy son in our saving faith, O holy Non, teaching him in all things to obey the commands of Christ's Gospel by becoming a missionary and messenger of salvation. All praise and honour is thy due, therefore we sing: Alleluia.

4 OUR HOLY FATHER GERASIMOS OF THE JORDAN

ST GISTILIAN

Troparion of St Gerasimos tone 1

Thou didst shine as a desert dweller, a summit of ascetics and a reflection of the angelic life; thou wast made radiant with the light of the Spirit, O Gerasimos, adornment of the righteous. Therefore thou healest unfailingly those who cry:

Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Gistilian tone 1

Following the commandments of Christ thou didst instruct many in the True Faith, O Father Gistilian, establishing churches and monasteries to serve the faithful. Pray for us, O Saint, that we may profit by thine example for the salvation of our souls.

Kontakion of St Gerasimos tone 4

Aflame with heavenly love thou didst prefer the desert's hardship to all the pleasures of the world. Wherefore a wild creature served thee and became obedient till death. God glorified thee with signs and miracles: in thy prayers remember us also, O Godbearing Father Gerasimos.

Kontakion of St Gistilian tone 5

Truly we hymn thee, O Father Gistilian, for thou didst labour to strengthen the church in Wales, giving thy life to this noble and God-pleasing cause. Ever blessing thy memory, we implore thy prayers for us sinners.

5 HOLY MARTYR CONON

ST MARK THE ASCETIC

St KIERAN

Troparion of St Conon tone 5

Armed with the grace of the Spirit, thou didst mightily destroy the power of ungodliness and didst shine forth with miracles. Dyed in the streams of thy blood, O Martyr Conon, thou dost glorify God Who through thee grants us grace and great mercy.

Troparion of St Mark tone 3

Thy soul was divinely illumined, O Mark; thou didst shine as a bright light in the world and put to flight its darkness. Thou didst persuade all to seek their lost treasure even the grace of the Holy Spirit. Entreat Him to grant us His great mercy.

Troparion of St Kieran tone 4

Leaving the darkness of paganism, thou wast drawn by the radiance of our pure and saving Faith, O Father Kieran, and shunning the costly raiment of the episcopate, thou didst spend thy life in severest asceticism, thereby seeking the

salvation of men's souls.

Kontakion of St Conon tone 4

Thou wast counted worthy of an angelic vision and initiated into the Faith of Christ; thou didst receive the power to work miracles, and didst humble the haughty demons, and quench error when tried by fire. Righteous Martyr and Athlete Conon, pray the Lover of mankind to grant us His great mercy.

Kontakion of St Kieran tone 8

Bread was thy meat and water thy wine, O blessed ascetic and great father Kieran. Rejecting clothing and comfort, thou didst enfold thyself in prayer becoming a model of piety. Wherefore we pray that, being stripped of all worldly affectation, our lives may be transformed into a visible prayer to our Triune God.

6 HOLY FORTY TWO MARTYRS OF AMORION
ST SITHNEY, HIERARCH

Troparion of the Martyrs tone 3

Let us honour the Forty Two Martyrs, the chosen company of God the Word; they fought with one accord. United in grace and faith, they stood in invincible array. They proved to be heirs of Christ when they bore witness to His Love.

Troparion of St Sithney tone 4

Thou wast clothed in humility, patient in adversity and diligent in thy preaching, O Hierarch Sithney, and as a model of chastity and lover of austerity teach us to reject the glamour of worldliness, for love of Christ, that at the last we may receive mercy for our souls.

Kontakion of the Martyrs tone 4

Let us crown with praises the new warriors of the Faith who have zealously contented for Christ. As pillars and guardians of all Christians they intercede with Him for us.

Kontakion of St Sithney tone 3

Assiduous in prayer and meditation, thy life was both a sermon and a blessing to those around thee, O father Sithney, thou guardian of orphans, hope of the poor, worker of miracles and friend of animals, wherefore we raise our voices in praise of thee.

7 HOLY BISHOPS OF CHERSON
ST LAURENCE OF SALAMIS

ST DEIFER, MONK

Troparion of the holy Bishops tone 4

The sevenfold company of holy Hierarchs, Eugene, Basil, Ephraim and Aetherius, Elpidius, Capito and Agathodoros have illumined the Church of Christ by their inspired struggles in contest. By their intercessions, O Christ our God, have mercy on us all.

Troparion of St Laurence tone 1

With hymns and songs let us honour godly-minded Laurence, the scion of Megara, adornment of ascetics and protector of the monastery of Salamis. He finished his course and fought the good fight of virtue and faith. Intercede for us, blessed Father Laurence, and preserve thy flock by thy prayers.

Troparion of St Deifer tone 6

Desiring to serve God in monastic solitude, thou didst establish thyself at Bodfari, O Father Deifer, where attracted by thy piety, many were drawn to embrace the life of ascetic poverty. May thine example be ever before us that we lose not our vision of eternal blessedness.

Kontakion of the holy Bishops tone 8

As unwaning stars of the Light of minds, you have made sleepers in the night of error into sons of Light, O Eugene, Capito, Agathodoros, Basil, Aetherius, Ephraim and Elpidius, invincible in contest.

Kontakion of St Laurence tone 4

Thou art the glory of the righteous, O blessed and wise Laurence, for aflame with love for Christ, thou didst consume the passions and art now refreshed by the Spirit of refreshment.

Kontakion of St Deifer tone 2

The tawdry worthlessness of our indiscipline contrasts starkly with the heights of thy virtue, O Father Deifer, therefore we earnestly entreat thee to pray for us, that amending our lives we may more worthily worship Christ our God and Saviour.

8 ST THEOPHYLACTUS THE CONFESSOR, BISHOP OF NICOMEDIA ST SENAN, MONK

Troparion of St Theophylactus tone 3

Thou wast an unsleeping guardian of the Church and a refuter of ungodliness.

Thou didst reverence the icon of Christ, and so endure exiles and afflictions. Righteous Father Theophylactus, entreat Christ our God to grant you His great mercy.

Troparion of St Senan tone 3

As a true believer thou didst confess Christ, as a monk thou didst surrender unto Him and as a pilgrim thou didst honour His righteous ones, O Father Senan. Wherefore we implore thy help to reform our lives, that Christ our Cod may have mercy on our souls.

Kontakion of St Theophylactus tone 2

We praise thee as a firm champion of Orthodoxy and a censor of heresy. And so we cry to thee: O Theophylactus, divine initiate, save from every temptation those who faithfully hymn thee, and pray that our souls may be saved.

Kontakion of St Senan tone 1

By thy travels, O Father Senan, thou dost teach us the value of pilgrimages and the virtue of putting Christ above all earthly cares. Shining brightly through the centuries thou day star of Orthodox piety, we sing praises in honour of thee.

9 FORTY MARTYRS OF SEBASTE
ST CONSTANTINE, KING AND HIEROMARTYR

Oil and wine permitted

Troparion of the Martyrs tone 1

Together let us honour that holy company united by faith, those noble warriors of the Master of all; they were divinely enlisted for Christ and passed through fire and water. Then they entered into refreshment and pray for those who cry: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who has made you wonderful O holy Forty Martyrs.

Troparion of St Constantine tone 5

Grieving at the loss of thy young spouse, thou didst renounce the world, O Martyr Constantine but seeing thy humility God called thee to leave thy solitude and serve Him as a priest. Following thy example, we pray for grace to see that we must serve God as He wills and not as we desire, that we may be found worthy of His great mercy.

Kontakion of the Martyrs tone 6

You left all earthly armies to cleave to the heavenly Master, O Forty Prizewinners

of the Lord. You passed through fire and water and received glory from heaven and many crowns.

Kontakion of St Constantine tone 4

Thou wast born to be King of Cornwall, O Martyr Constantine, yet who could have foreseen that thou wouldst become the First Hieromartyr of Scotland. As we sing thy praises O Saint, we acknowledge the folly of preferring human plans to the will of God.

10 HOLY MARTYR QUADRATUS AND HIS COMPANIONS OF CORINTH
ST KESSOG, HIERARCH

Troparion of the Martyrs tone 1

Let godly-minded Quadratus, Anektos, Paul, Dionysios, Cyprian and Crescens be praised with tuneful hymns; for as the sixfold choir of Christ's Prizewinners they ever pray for us to the Trinity.

Troparion of St Kessog tone 6

Thy life was resplendent with miracles, O Hierarch Kessog, and as thou didst devote thy life to missionary labours, teach us the way to devote our lives to the service of the Church that Christ our God will have mercy on our souls.

Kontakion of the Martyrs tone 4

When you contested bravely in Corinth, O wise Martyrs, you appeared as lamps of six lights; you ever illumine the way for Christ's faithful by the grace that was given to you.

Kontakion of St Kessog tone 4

That God is not served by idleness is the message of thy life, O Wonderworker Kessog. For thy ceaseless efforts thou art rewarded in heaven and this day art praised by the Lord's lazy and most unprofitable servants.

11 ST SOPHRONIOS, PATRIARCH OF JERUSALEM
ST EUTHYMI, ARCHBISHOP OF NOVGOROD

Troparion of St Sophronios tone 5

O Father Sophronios, thou wast glorious in the splendour of sobriety, and didst reveal thy ineffable enlightenment from heaven through the radiance of thy words. For by thy life thou didst attain to wisdom and dost now confirm thy Church, as an illustrious Hierarch and intercessor for us with the Lord.

Troparion of St Euthymi tone 4

Holy Hierarch Euthymi, God chose thee from thy youth, to honour thee with the rank of Bishop. Thou didst shepherd those whom God entrusted to thee. And even after thy repose thou didst receive the gift of wonderworking, to heal infirmities. Pray to Him for us who celebrate thy memory, that we may all bless thee unceasingly.

Kontakion of St Sophronios tone 4

Inspired by the Spirit, blessed Sophronios, thou wast a righteous Hierarch in Zion as an emulator of the Apostles.

Kontakion of St Euthymi tone 8

As one of equal rank with the Hierarchs and a champion among holy bishops, O holy Hierarch Euthymi, continue to preserve thy fatherland, thy city, and people who honour thee faithfully and worship thy precious relics, that we all may cry out to thee: Rejoice, divinely wise Hierarch.

12 ST GREGORY THE DIALOGIST, POPE OF ROME

ST THEOPHANES THE CONFESSOR OF MOUNT SIGRIAN

ST SYMEON THE NEW THEOLOGIAN

Troparion of St Gregory tone 3

Thou didst excellently dispense the Word of God, endowed with discretion of speech, O Hierarch Gregory: for by thy life thou didst set the virtues before us, and dost radiate the brightness of holiness. O righteous Father, pray to Christ our God to grant us His great mercy.

Troparion of St Theophanes tone 4

By thy virtuous life, O righteous Theophanes, thou didst serve God Who was made manifest in the flesh for our sake. For thou didst renounce all fleeting possessions and add the prizes of confession to thine ascetical crowns. By means of both thou didst illumine the ends of the world.

Troparion of St Symeon tone 3

Thou didst receive divine illumination in thy soul and appear to the world as a brilliant light dispelling all darkness. Thou didst persuade all to seek the grace of the Spirit they had lost. O righteous Father Symeon, pray to Christ our God to grant us His great mercy.

Kontakion of St Gregory tone 8

We praise thee, God-inspired harp of the Church and God-possessed tongue of wisdom; for thou didst prove to be an image and model of the Apostles and didst emulate their zeal. Wherefore we cry to thee: Rejoice, O Gregory the Dialogist.

Kontakion of St Theophanes tone 6

O Theophanes, by thy godly life thou didst become a chosen vessel and servant of God the Word, and of His life-creating manifestation on earth. Thou didst reverently honour the icon of Christ and thereby suffer afflictions at the hands of the ungodly. Hence God has granted thee grace and eternal life.

Kontakion of St Symeon tone 3

Thou didst become a theologian of the Transcendent and Incomprehensible Trinity, and didst shine with the Triune Light, O inspired one. Thou wast endowed from on high with wise speech and didst pour forth streams of theology. Drinking from them, we cry to thee: Rejoice, righteous, godly-minded Symeon.

13 TRANSLATION OF THE RELICS OF ST NICEPHORUS, PATRIARCH OF CONSTANTINOPLE

Troparion tone 3

Thy fragrant relics have been revealed as godly treasure filled with life for the Church. On their august translation we receive the gift of the Spirit. O righteous Father Nicephorus, pray to Christ our God to grant us His great mercy,

Kontakion tone 3

Thou didst lay down thy life for thy flock and inspire it with true piety. Wherefore it joyfully receives thy holy relics and cries out to thee: Thou art my boast and my refuge, Father Nicephorus, blessed light of confession.

14 ST BENEDICT OF NURSIA

Troparion tone 1

By thine ascetical struggles, O Godbearing Benedict, thou didst prove true to thy name. For thou wast the son of benediction, and didst become a model and rule to all who emulate thy life and cry: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion tone 8

Like a sun of the Dayspring from on high thou didst enlighten the monks of the West and instruct them by word and deed. By the sweat of thine ascetical

achievements purge from the filth of passions us who honour thee and cry:
Rejoice, O Father Benedict.

15 HOLY MARTYR AGAPIUS AND HIS COMPANIONS

Troparion of St Agapius tone 4

Thy soul aflame with love for Christ, thou didst gather a company of illustrious athletes, O glorious Agapius. With them thou didst excel in lawful contest, and together you were beheaded by the sword. Henceforth ever pray that we may be granted the forgiveness of our sins.

Kontakion tone 4

For love of Christ the eightfold choir of martyrs spurned all earthly things. As they were beheaded they cried out together: O Compassionate One, gladden Thy servants.

16 HOLY MARTYR SABINUS THE EGYPTIAN AND OTHERS ST CHRISTODOULOS OF PATMOS

Troparion of St Sabinus tone 1

Before the ungodly thou didst preach with godliness that the Creator of all took flesh without suffering change: O blessed Sabinus, thou didst excel in holy contest, for by meeting death in the river thou didst attain to the Source of incorruption. Therefore we praise thee.

Troparion of St Christodoulos tone 1

Let us, O brethren, honour godly Christodoulos, offspring of Nicea, protector of Patmos and boast of monks. Let us venerate his relics and so receive healing of soul and body, and cry out with hymns: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of St Sabinus tone 2

The sail of the Spirit guided thee into the Water of Life and Goodness, when thou wast cast into the river, O praiseworthy Sabinus. By thy prayers thou art raining down upon us the forgiveness of our sins.

Kontakion of St Christodoulos tone 4

Since we possess thy relics as a holy place of healing for all our diseases and afflictions, we are redeemed and cry aloud to thee: Rejoice, O Christodoulos.

17 ST ALEXIS THE MAN OF GOD
ST MACARI OF KALYAZIN
ST PATRICK, ENLIGHTENER OF IRELAND

Troparion of St Alexis tone 4

Thou didst bud from a famous and glorious root; thou didst blossom from a royal and illustrious city, O supremely wise Alexis; thou didst disdain all on earth as corruptible and fleeting, and didst hasten to Christ the Master. Ever entreat Him to save our souls.

Troparion of St Macari tone 8

Thou didst deaden thy carnal mind by abstinence and vigil. The place where thy sweat poured proclaims thy admonitions like God's trumpet; and after thy repose thy holy relics pour forth blessings. Wherefore we cry to thee: Pray to Christ our God that our souls may be saved.

Troparion of St Patrick tone 4

Most glorious art Thou, Christ our God Who didst establish our Father Patrick as the Enlightener of the Irish and a torch-bearer on earth, and through him didst guide many to the true Faith. Most Compassionate One, glory to Thee.

Kontakion of St Alexis tone 4

Today with hymns and praise we celebrate the festival of Alexis the blessed and cry aloud: Rejoice, gladsome adornment of the righteous.

Kontakion of St Macari tone 2

Thou didst desire the life of heaven and delight in abstinence, labours and sweat; thou didst bridle the flesh and receive grace to work wonders, and appear as a radiant light, O righteous Father Macari. Wherefore the Church of Christ glorifies thee.

18 ST CYRIL, ARCHBISHOP OF JERUSALEM

Troparion tone 3

Clothed in a robe of godliness, thou wast seen in Zion as an illustrious pillar of the Apostles' Faith. Thou didst; become an heir of their grace, and didst set forth their pious doctrines and dispense their talents of wisdom. Pray for us, O Cyril, our Father and our Hierarch.

Kontakion tone 3

Thy divine words for the Church of Christ are endowed with authority from

heaven; In teaching us the knowledge of Truth, thou didst reveal the radiance of holiness. And by thy intercessions thou dost heal our sufferings, O godly-minded Father Cyril.

19 HOLY MARTYR CHRYSANTHUS AND HIS WIFE DARIA

Troparion tone 1

Let us honour the like-minded pair of Martyrs, Chrysanthus scion of purity, and supremely modest Daria. United in holiness of faith, they shone forth as communicants of God the Word. They fought lawfully for Him and now save those who sing: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you brings healings for all.

Kontakion tone 1

O Chrysanthus, in the sweet fragrance of holiness thou didst draw Daria to saving knowledge. Together in contest you routed the serpent, the author of all evil, and were worthily taken up to the heavenly realms.

20 HOLY FATHERS OF ST SABBAS MONASTERY KILLED BY THE SARACENS

Troparion tone 4

As holy and chosen lambs of the Saviour, from many lands you were gathered in wise Savva's flock. You were put to death by the cruelty of the barbarians and you departed joyfully for the heavenly fold. And now as righteous Athletes you are praying for our souls.

Kontakion tone 2

You dyed your monastic habits with your own martyrs' blood, O blessed and holy fathers. Thus adorned you now stand with twofold crowns of glory before Christ's throne in the heavenly abodes.

21 ST JAMES THE CONFESSOR, BISHOP OF CATANIA

St ENDA, ABBOT

Troparion of St James tone 5

Shining forth in holy abstinence, as a Hierarch and Minister of God the Word, thou didst rightly divine the inspired Lord of truth. By thy virtuous struggle thou dost confirm and reveal the grace given to thee and teach all to worship the Saviour's icon: and thou dost pray to Him for us all.

Troparion of St Enda tone 8

O Father of Irish monasticism, from Candida Casa thou didst settle on the Isle of Aran, where thou didst Train Saint Colum Cille and other glorious Saints. Holy Father Enda, pray to Christ our God to grant us His great mercy.

Kontakion of St James tone 8

Thou didst excel in the gifts of the priesthood, and by thy struggles didst become illustrious in confessing the Faith. Since thou art a fruitful branch of Christ the True Vine, grant the new wine of forgiveness and salvation to those who cry: Rejoice, O Father James.

22 HIEROMARTYR BASIL, PRESBYTER OF ANCYRA
HOLY NEW MARTYR EUTHYMIOS OF THE HOLY MOUNTAIN, ATHOS

Troparion of St Basil tone 3

By the inspiration of the Holy Spirit thou didst worthily receive the anointing of the priesthood, O Basil. Thou didst offer thy martyr's contest as a royal sacrifice to the King of ages. O righteous Father, entreat Christ our God to grant us His great mercy.

Troparion of St Euthymios tone 4

Strengthened by long years of ascetical labours, thou didst endure the pangs of martyrdom steadfastly, O glorious Athlete Euthymios. For thou didst hasten to renounce error while holding the Cross and palm branches in thy hands. And with these thou dost stand crowned and rejoicing in Christ's presence.

Kontakion of St Basil tone 3

As a priest of the King of glory, thou didst also become a holy warrior by thy contest. Thou didst shame the counsels of the lawless, and receive the enjoyment of the heavenly kingdom, O Basil, blessed Hieromartyr of Christ.

Kontakion of St Euthymios tone 3

Holding the trophy of the Cross and palm branches in thy hands, thou didst stand before the lawless judge. Thou didst renounce the false prophet openly and put his followers to shame, and gladden the Orthodox by preaching Christ as True God. Intercede for all who faithfully praise thee.

23 HOLY MARTYR NIKON AND HIS 199 DISCIPLES

Troparion tone 4

Having conquered the crafty one by thine asceticism thou didst become a rule and model to thy disciples by thy holy life, O father Nikon. With them thou didst

contend for the faith in the West. You have all attained to glory in heaven.

Kontakion tone 8

Of like discipline with ascetics, and rivalling holy Athletes in zeal, O steadfast and righteous Martyrs, you were offered to the Lord through martyrdom. For you had as your sure guide the glorious Nikon. Fighting together with him you sang: Alleluia.

24 FOREFEAST OF THE ANNUNCIATION

ST ZACHARIAH THE FASTER OF THE KIEVAN CAVES

ST CAIRLON, BISHOP OF CASHEL

Troparion of the Forefeast tone 4

Today the prelude of universal joy moves us to sing the prefeastal hymn. For Gabriel is coming and will cry to her: Rejoice, thou who art full of grace; the Lord is with thee.

Troparion of St Zachariah tone 3

Thy life of fasting, O blessed Zachariah, has given thee power over demons. We pray that we may escape their snares, and may receive forgiveness of our sins and great mercy.

Troparion of St Cairlon tone 4

O holy Cairlon, thou didst repose in the Lord and wast raised to life by Saint Daga. Then living the risen life while yet on earth thou didst spend thy years in apostolic labours. Pray to Christ our God to save our souls.

Kontakion of the Forefeast tone 4

O thou who didst bear God in thy womb by the descent of the Holy Spirit, at the voice of the Archangel thou didst conceive Him Who is of one dignity and essence with the Father, O thou recall of Adam.

Another Kontakion of the Forefeast tone 8

O Virgin Mother of God, thou art the beginning of salvation for all of us on earth. For God's minister, the great Archangel Gabriel, was sent from heaven to stand before thee bringing joy. Wherefore we all cry to thee: Rejoice, unwedded Bride.

Kontakion of St Zachariah tone 4

Thou wast illustrious in fasting, and didst appear terrible to demons; strengthen us also by thy prayers, O venerable Zachariah, that we may lead a life of fasting, and be delivered from the demons' attacks, and so may bless thee.

25 ANNUNCIATION OF THE MOST HOLY OTHER OF GOD

Fish permitted

Troparion tone 4

Today is the beginning of our salvation and the manifestation of the mystery which is from eternity. The Son of God becomes the Son of the Virgin, and Gabriel announces grace. So with him let us also cry to the Mother of God: Rejoice, thou who art full of grace! The Lord is with thee.

Kontakion tone 8

Queen of the Heavenly Host, Defender of our souls, we thy servants offer to thee songs of victory and thanksgiving, for thou, O Mother of God, hast delivered us from dangers. But as thou hast invincible power, free us from conflicts of all kinds that we may cry to thee: Rejoice, unwedded Bride!

26 SYNAXIS OF THE HOLY ARCHANGEL GABRIEL ST SINCHEALL, ABBOT

Troparion of the Feast tone 4

Today is the beginning...

Troparion of the Archangel Gabriel tone 4

Supreme Leader of the Heavenly Hosts, we implore thee that by thy prayers thou wilt encircle us, unworthy as we are, with the protection of the wings of thine immaterial glory, and guard us who fall down before thee and fervently cry: Deliver us from dangers, for thou art the commander of the Powers above.

Troparion of St Sincheall tone 1

Thou didst make the wilderness thy dwelling and become an angel in the flesh and a wonderworker. Thou wast found worthy of grace to heal all who hastened to thee, O blessed Sincheall. Glory to Christ Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of the feast tone 8

Queen of the Heavenly Host...

Kontakion of the Archangel Gabriel tone 2

Supreme Leader of God's armies and minister of the divine glory, prince of the Bodiless Angels and Guide of men, ask what is good for us and great mercy, as Supreme Leader of the Bodiless Hosts.

Another Kontakion of the Archangel tone 8

O Archangel, thou art the glorious intercessor and minister of the Splendid, Holy, All-accomplishing, Ineffable and Awesome Trinity. Pray that we may be delivered from all harm and torment, that we may cry to thee: Rejoice, O protector of thy servants.

27 OUR HOLY MOTHER MATRONA OF THESSALONICA

Troparion tone 3

With undaunted spirit thou didst preserve the Faith, and thy soul, Matrona, was not enslaved by the cruel Jews. Thou didst excel in contest and slay the crafty one, and wast mystically wedded to the Lord of Creation. Fervently entreat Him to deliver us from all harm.

Kontakion tone 2

Filled with the Light of the Spirit, O Matrona, thou didst regard thy prison cell as a bridal chamber; and from it didst hasten to thy radiant dwelling in the heavens, crying out: In divine love for Thee, O Word, I gladly endured scourgings.

28 OUR HOLY FATHER HILARION THE NEW, ABBOT AND CONFESSOR

Troparion tone 5

Adorned with gladness of soul as a pure Vessel of the wisdom of Christ thou wast a reflection of the life in God. Wherefore thou dost radiate the light of the virtues O Father Hilarion, and guide us unerringly to the salvation of our souls.

Kontakion tone 4

O righteous Hilarion, like a fruitful olive tree that has blossomed, with thine oil thou dost mystically make radiant those who sing to thee: Rejoice, unwavering rule of the righteous.

29 ST MARK, BISHOP OF ARETHUSA, ST CYRIL HIS DEACON, AND THE OTHERS
WHO WERE MARTYRED WITH THEM
ST GLADYS AND HER HUSBAND ST GWYNLLYN

Troparion of St Mark tone 3

Thou didst anoint an assembly of martyrs and strengthen them by thy steadfastness, in preparation for the contest, glorious Mark. Thou didst finish thy course with them, and you were all found worthy of the joys of heaven. O righteous Father, pray to Christ our God to grant us His great mercy.

Troparion of St Gladys and St Gwynllyn tone 5

Rejoice, thrice-blessed Gladys, daughter of King Brychan, wife of holy Gwynllyn and mother of Saint Cadoc. O worthy Gwynllyn, thou didst forsake thy pagan warfare to fight as a Christian ascetic and didst end thy days as a hermit. We praise you, Gladys and Gwynllyn.

Kontakion for St Mark Tone 8

Thou wast a guide and teacher of holiness and by thine example thou didst strengthen the Martyrs in their contest. Now as thou art standing with them before the Master, deliver from the serpent's venom those who cry to thee: Rejoice, O Mark our holy father.

30 ST JOHN, AUTHOR OF THE LADDER AND ABBOT OF THE MONASTERY OF MOUNT SINAI

HOLY MARTYR EUBOULA, MOTHER OF ST PANTELEIMON THE HEALER

Troparion of St John tone 3

Thou hast set up a holy ladder by thy words and hast shone forth as a teacher of monks; thou dost lead us, O John, from the purification that comes from discipline to the light of the Divine Vision. O righteous father, pray to Christ our God to grant us His great mercy.

Troparion of St Euboula tone 5

Let us fittingly praise with Joyful hymns holy Euboula, mother of our protector Panteleimon; she has given birth to our defender, the glory of martyrs and unmercenary physicians and the swift healer of all.

Kontakion of St John tone 1

From thy book thou dost offer teachings as everlasting fruits, O wise one, and dost sweeten the hearts of those who watchfully attend to them, O blessed one. For it is a ladder that from earth to heavenly glory leads souls who honour thee with faith.

Another Kontakion of St John tone 8

We have found thy God-given virtues to be a divine ladder to heaven. For thou, O holy Father John, wast a model of the virtues.

Kontakion of St Euboula tone 3

Let us all come together today and joyfully celebrate the mother of our protector, holy Euboula. She stands before the throne of God with him and intercedes

unceasingly for us that we may be granted forgiveness of our sin.

31 HOLY HIEROMARTYR HYPATIOS, BISHOP OF GANGRA, WONDERWORKER

Troparion tone 4

Thou didst receive the most exalted gift of Christ's Church and wast a wise Hierarch, blessed Hypatios. Thou didst shine with many miracles, and profess Christ to be of one dignity with the Father. Thou didst contest for Him rejoicing and wast glorified by God.

Kontakion tone 2

As a celebrant of the life-giving and sacred Mysteries, thou didst increase the talent given to thee. Thou wast offered in thy contest as firstfruits to Him Who glorified thee with many miracles. O father, ever entreat Him for us all.

APRIL

1 ST MARY OF EGYPT

Troparion tone 5

Enlightened by the grace of the Cross, thou wast seen to be a bright light of repentance, dispelling the darkness of passions, O all holy one. Thou didst appear as an angel in the flesh to holy Zosimas in the wilderness. Intercede with Christ for us, O Mary our righteous Mother.

Kontakion tone 3

Thou who wast once obsessed with fornication by repentance art now the Bride of Christ. Thou didst lovingly imitate the life of the Angels and annihilate demonic hosts by the Cross; thou art now a Bride in the Kingdom of heaven, O most chaste Mary.

Other Kontakion tone 4

Having escaped the fog of sin, and having illumined thy heart with the light of penitence, O glorious one, thou didst come to Christ and didst offer to Him His immaculate and holy Mother as a merciful intercessor. Hence thou hast found remission for transgressions, and with the Angels thou ever rejoices.

2 ST TITUS THE WONDERWORKER

Troparion tone 4

Dedicated to the Lord from childhood, thou didst live in the world like an Angel and receive grace from God to work miracles. Thou wast a guide of monks and a

wise steward, O Titus. Fervently pray to Christ our God for the world.

Kontakion tone 4

Thou didst purify thyself through prayer and abstinence and shine forth with the brightness of grace and virtues, thus gladdening those who sing to thee : Rejoice, O Titus, adornment of the Fathers.

3 ST NICETAS THE CONFESSOR
ST JOSEPH THE HYMNOGRAPHER

Troparion of St Nicetas the Confessor tone 4

Thou wast a firm pillar, O Nicetas, and an undaunted guardian of the divine tradition. Thou wast adorned with holy dispassion and didst become an illustrious confessor of the Faith. Accept the prayers of those who cry to thee, and intercede for them with Christ our God.

Troparion of St Joseph the Hymnographer tone 3

Come, let us acclaim God-inspired Joseph, the twelve-stringed instrument of the Word, and the harmonious harp of grace and lute of heavenly virtues. He praised and hymned the assembly of the Saints; and now he is glorified with them.

Kontakion of St Nicetas the Confessor tone 8

An experienced teacher of holy silence, thou wast an unsleeping eye of pastoral care as the abbot of Medeios Monastery. Pray that all may be filled with the Holy Spirit and guided aright, thou guardian of the sacred traditions, for we cry to thee: Rejoice, O thrice-blessed Father.

Kontakion of St Joseph the Hymnographer tone 3

Thy God-inspired tongue was the pen of a ready writer, according to the word of David. Inspired, thou didst chant the contests of the Saints and describe the grace they received in their struggles. Therefore we cry to thee: Rejoice, blessed harp of the holy melodies.

4 ST GEORGE OF MALEO
ST ZOSIMAS WHO FOUND ST MARY OF EGYPT
ST TIGERNACH HIERARCH

Troparion of St George of Maleo tone 4

Like a divine plant, O righteous George, thy virtuous life brought forth holy fruit in abundance. Thou didst blossom in asceticism like a date palm, and nourish Christ's Church with the gifts that were given to thee.

Troparion of St Zosimas tone 1

Let us the faithful praise Zosimas the offspring of the wilderness, the angel in the flesh and boast of monks. And with him let us also acclaim holy Mary of Egypt whose life transcended the limits of nature; and let us cry to them: Glory to Him Who strengthened you; glory to Him Who made you holy; glory to Him Who through thee works healings for all.

Troparion of St Tigernach tone 1

O holy Tigernach, thou didst glorify God as Abbot of Clones before being called to the episcopate. As once thou didst shepherd thy flock on earth, so now, in company with the Angels in heaven, pray to Christ our God to grant us His great mercy.

Kontakion of St George of Maleo tone 2

O Father George, thou didst wisely disdain the pleasures of earth and on wings of virtue find rest in the abodes of the incorporea¹ choirs in heaven. And thou dost intercede unceasingly for us all.

Kontakion of St Zosimas tone 3

Let us all praise righteous Zosimas the boast of monks, and with him Mary who in the desert lived the angelic life. Let us cry to them with faith: Deliver from all harm those who celebrate your radiant memory.

5 HOLY MARTYRS CLAUDIUS, DIODORUS, VICTOR, VICTORINUS, PAPPIUS,
NECEPHOROS AND SERAPION
ST ETHELBURGA, ABBESS

Troparion of the Martyrs tone 3

The sevenfold band of Martyrs shone forth as a seven-branched lamp through the radiance of holy Faith. By their shining contests they illumine the way for those who faithfully cry: O blessed Martyrs, pray to Christ our God to grant His great mercy.

Troparion of St Ethelburga tone 4

O holy Ethelburga thou didst blossom as a lily in Kent and then adorn Northumbria as bride of the martyr king Edwin. Thou didst devote thy widowhood to thy convent in Kent. Pray that we, following the example of thy long and fruitful life may spend all our year's in God's service and find mercy at the last.

Kontakion of the Martyrs tone 2

O blessed Martyrs, as Christ's courageous soldiers you scattered the enemy principalities. Rejoicing in one spirit, you proclaimed together: Christ is the crown of Athletes.

6 ST EUTYCHIOS, PATRIARCH OF CONSTANTINOPLE
ST GREGORY OF SINAI

Troparion of St Eutychios tone 3

Thou didst live like an angel on earth, Eutychios, vessel of grace; thy words and deeds confirmed the divine gift bestowed on thee. By thine intercessions preserve the Church from all necessity.

Troparion of St Gregory of Sinai tone 5

Thou didst reflect the angelic life, and thy soul was a vessel of vision. O holy Father Gregory, thou radiant torch of virtues, the glory of Sinai and Athos and enlightener of the Slavonic lands, guide us unerringly, that our souls may be saved.

Kontakion of St Eutychios tone 2

O all you faithful, let us praise holy Eutychios, and let us call him blessed as a great shepherd, minister and teacher, and as a venerable scourge of heresy, for he ever intercedes with the Lord for us all.

7 ST CALLIOPIOS THE MARTYR
ST GEORGE, BISHOP OF LESBOS
ST BRYNACH, HERMIT

Troparion of St Calliopios tone 5

Thou didst blossom like an unfading rose and gladden Christ's Church by thy contest and the fragrance of thine exploits; by thy witness in the stadium thou didst share in Thy Master's Passion, O blessed Calliopios.

Troparion of St George tone 3

Thou wast fruitful with the grace of the Spirit like a meadow planted by God, O sacred High Priest of the Mysteries. Thou didst cultivate the souls of the faithful and refresh them with Living Water. O righteous Father George, pray to Christ our God to grant us His great mercy.

Troparion of St Brynach tone 2

O holy Brynach, thou didst leave thy native Ireland to seek God in Pembroke's solitude. As thou dost now stand before Christ our God, intercede with Him, we

pray, that He may have mercy on us.

Kontakion of St Calliopios tone 3

When thy mother saw thee adorned with the sacred wounds of martyrdom in conformity to the Lord's holy Passion, her will was one with thine. Together with her entreat Christ our God to grant us His great mercy.

Kontakion of St George tone 4

Thou didst shine on the world like the sun, O holy and righteous George; inspired initiate of the sacred Faith, thou didst enlighten thy disciples.

8 SS HERODION, AGABUS, RUFUS, ASYNCRITUS, PHLEGON AND HERMES OF THE SEVENTY

Troparion tone 1

Let us praise and hymn the sixfold choir of Apostles: Herodion and Agabus, Rufus and Asyncritus, Phlegon and holy Hermes; they ever entreat the Trinity for our souls.

Kontakion tone 4

Like stars, O holy Apostles, you illumine the way of the faithful with the light of the Holy Spirit. You repel the darkness of error as you gaze on God the Word.

9 HOLY MARTYR EUPSYCHIOS OF CAESAREA

Troparion tone 3

With steadfast heart thou didst finish thy course and cast down the wily foe; for thou wast clad in the armour of the Cross, O blessed Euppsychios. Thou wast numbered with the Martyr hosts and hast attained to eternal glory. Ever entreat Christ our God to save us who honour thee.

Kontakion tone 2

As a living temple of Christ the Lord thou didst destroy the ungodly temple, and didst build a dwelling in Paradise, O Martyr Euppsychios, by thy steadfast toils in martyrdom.

10 HOLY MARTYRS TERENCE, POMPEY AND THOSE WITH THEM

Troparion tone 4

A chosen army of Athletes from Africa contested nobly for the Faith. They were of one mind and heart and of one accord in their struggle. Now they intercede that we all may be saved.

Kontakion tone 1

Let us celebrate the memory of Terence and his companions and draw near to receive healing. For with grace and power of the Spirit they heal the sicknesses of our souls.

11 HOLY Hieromartyr Antipas Bishop of Pergamos, Disciple of the Apostle John St Maedhog, Abbot

Troparion of St Antipas tone 1

Let us honour myrrh-giving Antipas, Martyr and Hierarch of Pergamos, the healer of toothache. Let us cry to him: Glory to Christ Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Maedhog tone 3

Thou didst govern thy monastery of Clonmore in Ireland's Age of Saints, O holy Abbot Maedhog. Pray to Christ our God that we too may find grace to live in faith and penitence, that we may attain to salvation.

Kontakion of St Antipas tone 2

With hymns and praises on this day let us all acclaim Antipas, light of the world and famous Hierarch, champion of truth and teacher of Pergamos. He intercedes with Christ our God that we may be saved.

12 St Basil the Confessor, Bishop of Parios

Troparion tone 4

Glorious Hierarch Basil, priest of the King of glory, Thou art a radiant confessor of the Faith. Thou didst oppose the iconoclasts and suffer for the Truth . Standing before God in glory, remember those who honour thee.

Kontakion tone 6

Thou didst royally serve the King of all, O holy Hierarch Basil. Thou didst reveal divine truths and become a whole burnt offering. To those who honour thee thou criest: The honour given to the icon ascends to Christ.

13 St Martin the Confessor, Pope of Rome

Troparion tone 3

Thou didst strengthen the Church with true doctrine, O wise Hierarch Martin:

thou didst declare the two natures of Christ and put heresy to shame. Pray to Him to grant us His great mercy.

Kontakion tone 8

O High Priest and Teacher of Mysteries, thou didst pour forth streams of doctrine: thou didst expound the true theology that Christ has two natures and wills. Intercede for those who cry: Rejoice, blessed Father Martin.

14 HOLY APOSTLES OF THE SEVENTY, ARISTARCHOS, PUDENS & TROPHIMOS
ST TASSACH, HIERARCH

Troparion of the Apostles tone 4

Together let us honour the threefold choir of Christ's Apostles Aristarchos, Pudens and holy Trophimos: Like divine, rational rivers they watered the world with the Word. By their intercessions, Christ our God, have mercy on us.

Troparion of St Tassach tone 5

O holy Hierarch Tassach, thou wast one of the first to follow Saint Patrick and didst administer the Holy Mysteries to him at the last. Like Moses' disciples adorning the tabernacle thou wast a skilled artist and craftsman, and art now thyself an adornment of Christ's Church.

Kontakion of the Apostles tone 1

Apostles of Christ, the Saviour's labourers, you are the light of the world. Intercede for us who praise your glorious memory, and pray that we may be saved.

15 HOLY HIEROMARTYR LEONIDES, BISHOP OF ATHENS

Troparion tone 4

O blessed Father Leonides, shepherd and Hierarch of Athens thou hast destroyed error and contended unto death; thou good servant of Christ, pray for those who honour thee.

Kontakion tone 4

Inspired Hierarch Leonides, thou didst end thy life as a martyr. Thou didst rejoice in thy torments and enter the Kingdom of Heaven. Pray to the Lord for us who celebrate thy memory.

16 HOLY MARTYRS AGAPE, IRENE CHIONIA AND GALINA OF DALMATIA
ST PADARN, MONK

Troparion of the Martyrs tone 1

Sisters in the flesh and united in the Spirit, you wrestled with the prince of evil and endured your martyrdom. Holy and blessed Agape, Irene and Chionia, pray to Christ our God to save our souls.

Troparion of St Padarn tone 7

Thou didst confirm the truth of the Gospel by working many miracles, O glorious Father Padarn. Thou didst accompany St David to his consecration at Jerusalem and return with him to Wales. Pray to Christ our God that we may be found faithful throughout our earthly pilgrimage and may receive His great mercy.

Kontakion of the Martyrs tone 3

Bright mirrors of virginity, radiant with your martyrdom, you fill the Church with light and dispel the darkness of evil, Agape, Irene and Chionia, Christ's precious jewels.

17 HOLY MARTYR SYMEON, BISHOP OF PERSIA

ST ZOSIMAS OF SOLOVKI

ST MACARIOS, METROPOLITAN OF CORINTH

Troparion of St Symeon tone 4

As instructor of the divinely inspired doctrines thou didst train martyrs for contest by thy words and deeds. O holy Hierarch Symeon, thou didst suffer with them and cry out to Christ while hastening to Him: We are counted as sheep for the slaughter for love of Thee, O Saviour.

Troparion of St Zosimas of Solovki tone 4

O wise Father Zosimas, thou didst make the wilderness thy dwelling, intent on the Kingdom of Heaven. Thou didst live as an earthly angel in fasting, vigil and prayer. Thy abundant tears made the wilderness sprout and blossom. As thou hast boldness with God, remember thy children.

Troparion of St Macarios of Corinth tone 1

Let us praise Macarios Hierarch of Corinth adornment of Chios, radiant in deed, word and prayer: he has received from God the power to heal and to cast out spirits. Glory to the Father Who has chosen him; glory to the Son Who has exalted him; glory to the Holy Spirit Who through him works healings for all.

Kontakion of St Symeon tone 4

O Symeon, thou didst shine forth from Persia with thy holy band of martyrs like

radiant stars from the East. We praise thee with them.

Kontakion of St Zosimas of Solovki tone 8

Wounded with love for Christ thou didst take His Cross on thy shoulders. In divine armour with unceasing prayer as thy lance thou didst hew down the legions of demons. So we cry to thee: Rejoice, Father Zosimas, holy adornment of monks.

Kontakion of St Macarios of Corinth tone 3

The Island of Chios sings praises to Macarios Hierarch of Corinth: 'In heaven the Hierarchs receive him; the Martyrs, for he trained them for contest; the Ascetics, for he was of their number.' Through his prayers, O Christ our God, save our souls.

18 ST JOHN, THE DISCIPLE OF ST GREGORY OF DECAPOLIS

Troparion tone 5

From thy youth thou wast a lover of Christ, and filled with the grace of the Holy Spirit thou didst follow thy call. Thy heart was pure and thou didst live as an Angel on earth. Holy Father John, together with the Angels pray that we may be saved.

Kontakion tone 1

O blessed John, with the Lord's Cross on thy shoulder thou didst climb to the peak of virtues. In place of passing pleasures thou didst attain to the glory of the kingdom of Heaven.

19 ST PAPHNUTOS OF EGYPT

Troparion tone 4

As a priest thou didst offer the Holy Sacrifice, and as a Martyr thou wast thyself a burnt offering. O Hieromartyr Paphnutios, God's steadfast Athlete and Treasury of grace, bestow grace on us who praise thee.

Kontakion tone 2

Thou didst redden thy priestly vesture in the streams of thy blood and run joyfully to the heavenly tabernacle, O blessed Paphnutios, and cry out to the Saviour: Thou art the Fountain of Life pouring compassion on us all.

20 ST THEODORE OF THE HAIR SHIRT

ST ATHANASIOS, FOUNDER OF METEORA

APOSTLE ZACCHAEUS, THE FORMER PUBLICAN

Troparion of St Theodore tone 3

Temple of abstinence and vessel of dispassion, who didst serve God by thy works

and wast found worthy of His gifts: holy Father Theodore, pray to Christ our God to grant us His great mercy.

Troparion of St Athanasios tone 3

Thou art a pillar, a wall, a battlement and a shelter for thy flock, O holy and glorious Athanasios. Protect with the wings of thy prayers those who lovingly praise thee.

Troparion of the Apostle Zacchaeus tone 3

Thou didst treasure the wealth of salvation and hate unjust gains, O blessed Zacchaeus. When the Saviour came to thy house thou didst bring forth the fruits of repentance: the righting of wrongs, protection of the poor, and a new, God-pleasing life.

Kontakion of St Theodore tone 2

O Godbearing Theodore, treasury of virtues, storehouse of graces and adornment of monks: pray that our sins may be forgiven and for our salvation, for thou art the protector of the faithful.

Kontakion of St Athanasios tone 2

Athanasios, boast of Meteora desiring heaven thou didst build thy dwelling on high; disdain the earthly thou didst lift thy monks to dispassion in a basket, and offer them as a worthy gift to Christ our God.

21 HOLY HIEROMARTYR JANUARIUS AND HIS COMPANIONS

ST BEUNO, ABBOT

Troparion of St Januarius tone 3

Naples has found thee a champion in dangers, O Januarius, glorious Father; thou hast saved her from plague, famine and affliction, and from the fire of Vesuvius. We venerate thee with faith and love, and honour thy sacred head and blood.

Troparion of St Bueno tone 6

Thou didst work many miracles and found many churches, O glorious Father Bueno. Thou didst protect Saint Winifred and guide her in holiness. Protect us also, by thy prayers, through all the dangers of this life that we may receive mercy.

Kontakion of St Januarius tone 4

The Master has granted thee to Naples, O Saint, as a precious treasure and fountain of healings; thou art a guardian and protector of the people, and dost

avert the evils of Vesuvius' fire. Hence we cry to thee with faith: Rejoice O Januarius, our Father and protector.

22 HOLY APOSTLE NATHANIEL
ST THEODORE OF SYKEON, BISHOP OF ANASTASIOPOLIS

Troparion of the Holy Apostle Nathaniel tone 4

With hymns let us the faithful honour Christ's Apostle Nathaniel, whose guileless heart sought out Christ the Light. He was led to Christ by Philip his friend, and straightway rejoiced to recognize his God and Saviour. Wherefore he is praised in company with the Twelve.

Troparion of St Theodore tone 4

Sanctified from thy swaddling bands, thou wast full of the grace of God. O Theodore, minister of the Sacred Mysteries, thou didst enlighten the world by thy miracles and dispel the demon hordes. Pray for us to Christ our God.

Kontakion of St Theodore tone 3

By thy virtues, O Godbearer, thou didst ascend to the dwelling-places of heaven as though by a fiery chariot. Thou didst live like an angel among men, and though a man thou dost now dance with the Angels. Therefore, O Theodore, thou wast revealed as a vessel of miracles.

23 ST GEORGE THE GREAT MARTYR
ST IBAR, MONK

Oil and wine permitted

Troparion of St George tone 4

As the deliverer of captives and the protector of the poor, as the physician of the feeble and combatant of kings, holy champion and great martyr George, intercede with Christ our God to save our souls.

Troparion of St Ibar tone 8

Thou didst prepare the way for Saint Patrick by thy fearless preaching in Ireland, O holy Father Ibar. Pray for the present dwellers in Meath and Leinster and for all in these Islands, that the true Faith may spread in our own days, to the glory of God.

Kontakion of St George tone 4

Thou wast cultivated by God and didst become a most wonderful cultivator of

piety, and didst harvest for thyself the sheaves of virtues for having sown in tears thou didst reap in joy and having withstood to death thou art garnered for Christ. By thy intercessions, O Saint, thou dost obtain for us all remission of our sins.

24 HOLY MARTYR SABBAS THE GOTH, COMMANDER OF THE ROMAN ARMY
ST ELIZABETH THE WONDERWORKER ABBESS IN CONSTANTINOPLE

Troparion of St Sabbas the Goth tone 4

O Lord our God, thy holy Martyr Sabbas has gained crowns of immortality through his contest. Armed with Thy strength he overcame his persecutors and crushed the demons' might. Through his prayers, O Christ our God, save our souls.

Troparion of St Elizabeth the Wonderworker tone 5

Elizabeth, fair blossom of righteousness, thou didst love Christ from thy youth: thou didst follow in His footsteps, and thy blameless life bore fruit. Thou dost work miracles for our souls.

Kontakion of St Sabbas tone 4

O Sabbas invincible soldier, thou didst overcome the barbarians, and by thy glorious sufferings thou didst defeat the invisible foe. Pray to Christ our God for us who honour thee.

Kontakion of St Elizabeth the Wonderworker tone 8

Temple of virginity and treasury of virtues, O Elizabeth, thou pourest forth miracles. Thou dost heal the sickness of the souls and bodies of those who sing to the Creator : Alleluia.

25 HOLY APOSTLE AND EVANGELIST MARK
ST MACAILLE, HERMIT

Oil and wine permitted

Troparion of St Mark tone 4

From thy childhood the light of truth enlightened thee, O Mark, and thou didst love the labour of Christ the Saviour. Wherefore thou didst follow Peter with zeal and didst serve Paul as a fellow labourer and didst enlighten the world with thy holy Gospel.

Troparion of St Macaille tone 2

Thou wast a worthy companion of Ireland's Saints and didst work with holy Patrick, Mel and Brigid. Protect with thy prayers all who labour for the Faith that

God may be glorified, O righteous Father Macaille.

Kontakion for St Mark tone 2

When thou didst receive the grace of the Spirit, O Apostle thou didst destroy the webs of the philosophers and didst gather the nations into thy net and bring them to thy Lord, O glorious Mark, by preaching thy divine Gospel.

26 HOLY HIEROMARTYR BASILEOS, BISHOP OF AMASIA
ST STEPHEN, FIRST BISHOP OF PERM

Troparion of St Basileos tone 4

As a minister of the King of glory thou didst withstand the lawless king, O blessed and glorious Hieromartyr Basileos. When thou wast beheaded thou didst enter the heavenly mansions rejoicing. Pray that we who celebrate thy memory may be found worthy of like reward.

Troparion of St Stephen tone 4

Aflame with divine desire from childhood thou didst take Christ's yoke, O wise Stephen. Thou didst sow the seed in a hardened people grown old in unbelief and give birth to them in the Gospel. Venerating thee, we pray: Entreat Him Whom thou didst proclaim, that our souls may be saved.

Kontakion of St Basileos tone 4

O Basileos, by defying the emperor's decree thou didst obtain the kingdom of heaven; remember us who faithfully celebrate thy memory while thou art rejoicing there.

Kontakion of St Stephen tone 8

Thou wast found to be a Hierarch to those who sought thee not. Thou didst free thy people from idols and bring them to the Faith of Christ. Thou didst shame the sorcerer Pansotnik and become first bishop and teacher of Perm. Wherefore thy people hymn thee with thanksgiving: Rejoice, wise teacher Stephen.

27 HOLY HIEROMARTYR SYMEON, BISHOP OF JERUSALEM, KINSMAN OF THE
LORD
ST ASIC, HIERARCH

Troparion of St Symeon tone 1

O Symeon, we acclaim thee as a kinsman of Christ, great Hierarch and steadfast Martyr. Thou didst destroy error and keep the Faith. Today as we celebrate thy memory we receive forgiveness of sins through thy prayers.

Troparion of St Asic tone 4

Thou didst glorify God both by preaching the Word and by thy coppersmith's skill, O glorious Father Asic. Thou wast abbot and bishop and didst die a hermit. Pray to Christ our God that we may find grace to devote our gifts and skills to His service.

Kontakion of St Symeon tone 2

As one who had become a citizen of Sion on high, thou wast ordained to the throne of Sion below. Thou didst guide thy flock to the heavenly sheepfold and wast crucified for Christ, imitating His Passion, O blessed Symeon.

28 THE NINE HOLY MARTYRS OF CYZICOS

ST CRONAN, ABBOT

Troparion of the Martyrs tone 3

Of one accord in the holy Faith the ninefold band of Martyrs in Cyzicos excelled in contest. They preached God the Word as above all gods and were slaughtered for Him like lambs. Now they pray for mercy and forgiveness for us who hymn their holy contest.

Troparion of St Cronan tone 1

O holy Cronan, in the monasteries that thou didst found thou wast known for thy hospitality to the poor and to travellers. Pray for us that we may follow thine example and welcome all in Christ's Name, to His glory.

Kontakion of the Martyrs tone 1

Let us praise the ninefold choir of Martyrs: renowned Theonnes and Antipater, Magnus and Theostichos, Artemas and Theodotos, Thaumasio, Philemon and Rufus; for they pour forth divine grace for us from the wellspring of life, our Saviour.

29 HOLY APOSTLES OF THE SEVENTY, JASON AND SOSIPATER

ST ENDELIENTA, RECLUSE

Troparion of the Apostles tone 4

We honour the like-minded pair of Christ's Apostles, God-inspired Jason and noble Sosipater. For they received the work of grace and enlightened Corfu with the light of godliness. They intercede with Christ our God that our souls may be saved.

Troparion of St Endelienta tone 5

O holy Endelienta, when thy cow, thine only source of sustenance, was cruelly

killed, thy heart was filled with forgiveness for the slaughterer. Pray to Christ our God that we may ever forgive our enemies and ourselves find mercy.

Kontakion of the Apostles tone 1

O thrice-blessed Apostles, illumined by Paul's teachings you enlightened the whole world. You shine on it with miracles, Jason, source of healings, and Sospater, glory of the Martyrs. O Godbearing Apostles, holy protectors of those in need, pray to God that our souls may be saved.

30 HOLY APOSTLE JAMES, BROTHER OF THE BELOVED DISCIPLE
ST CYNWL, HERMIT

Troparion of St James tone 8

As a disciple and soldier of the Lord thou wast ranked among the choir of Apostles together with thy brother, O James, and thou didst cleave wholeheartedly to the Saviour. Armed with the power of the Spirit thou didst preach Him unto all, and wast slain by the sword. Wherefore we honour thee.

Troparion of St Cynwl tone 7

Thou wast a worthy brother of Bangor's Bishop Deiniol, O holy hermit Cynwl. Having passed from thine austere life on earth to eternal glory in heaven, pray to Christ our God for the people of these lands, that He may grant us His great mercy.

Kontakion of St James tone 2

When thou didst hear the divine voice calling thee, O James thou didst disregard thy father's love and run to Christ with thy brother; together with him thou wast granted to see the Lord's divine Transfiguration.

MAY

1 HOLY PROPHET JEREMIAH
ST PAPHNUTI OF BOROVS
HOLY HIEROMARTYR MACARI, METROPOLITAN OF KIEV
ST BRIOC

Troparion of the holy Prophet Jeremiah tone 1

From thy mother's womb thou wast sanctified by the Creator in His foreknowledge, and from thy swaddling bands thou wast filled with prophetic wisdom. O wise Jeremiah, thou didst lovingly lament the fall of Israel. Honouring thee as a Prophet and Athlete we cry out to thee: glory to Him Who has glorified

thee; glory to Him Who has crowned thee; glory to Him Who has given thee to us as a fervent intercessor.

Troparion of St Paphnuti of Borovsk tone 4

Thou didst illumine thy fatherland with thy radiant life of prayer and fasting, and wast filled with divine gifts of the Spirit. Thou didst strive valiantly in this temporal life and show mercy to all, becoming an intercessor for the poor. And so we entreat thee, O Father Paphnuti, pray to Christ our God that our souls may be saved.

Troparion of St Macari tone 8

While presenting the divine and bloodless Sacrifice thou didst present thy blood spilled by the Hagarenes as a blameless offering to the Chief Shepherd thy Master. Entreat Him to smite the warlike nations, and thyself strengthen Orthodox Christians in every combat, and keep thy flock unharmed from every affliction; for we honour thee as a strong intercessor; O new Hieromartyr of Russia and Hierarch, blessed Macari.

Troparion of St Brioc tone 1

O holy Brioc, Enlightener of the lands of wales and France: with miracles thou didst preach Christ in thy life, and in death thy fragrance proclaimed thy glory. Pray to Christ our God that our souls may be saved.

Kontakion of the Holy Prophet Jeremiah tone 3

Thy pure heart was enlightened by the Spirit, O great prophet and Martyr Jeremiah. Thou didst receive the gift of prophecy from on high and cry aloud to the nations: This is our God and there is none other beside Him who has appeared incarnate on the earth.

Kontakion of St Paphnuti of Borovsk tone 8

Illumined by divine Light thou didst lead an ascetic life, O righteous Father. Thou didst excel as a guide of monks O adornment of fasters. God, beholding thy labours, endued thee with the gift of wonderworking so that thou didst pour forth healings. In gladness we cry to thee: Rejoice O Father Paphnuti.

Kontakion of St Macari tone 8

O blessed Hierarch Macari, the city of Kiev rejoices, having acquired the treasure of thine incorrupt body; for thou didst guard thy See from the wicked enemies' onslaughts even unto blood, and dost now stand before the heavenly throne. In thy prayers remember us before the creator, that thou mayest to our refuge in all

afflictions; since in thee we boast as we cry: Rejoice O Macari, venerable adornment of Bishops.

2 TRANSLATION OF THE RELICS OF OUR HOLY FATHER ATHANASIOS THE GREAT
TRANSLATION OF THE RELICS OF SS BORIS AND GLEB
ST GLUVIAS, MONK

Oil and wine permitted

Troparion of St Athanasios the Great tone 3

O Hierarchy Athanasios, thou wast a pillar of Orthodoxy supporting the Church with divine doctrines; for thou didst proclaim the Son to be of one essence with the Father, and didst put Arius to shame. O righteous Father, entreat Christ our God to grant us his great mercy.

Troparion of Ss Boris and Gleb tone 2

O Passion-bearers and fulfillers of the Gospel of Christ, chaste Boris and guileless Gleb: you did not oppose the attacks of the enemy, your brother, when he killed your bodies but could not touch your souls. Let him therefore mourn while you rejoice with the Angels standing before the Holy Trinity. Pray that those who honour your memory may find grace with God and that all Orthodox people may be saved.

Troparion of St Gluvias tone 2

O glorious Father Gluvias, thou didst bring the light of Christ to Cornwall while thy brother holy Cadoc enlightened Wales. As thou dost intercede for all mankind, pray to Christ our God to grant us His great mercy.

Kontakion of St Athanasios the Great tone 2

Thou didst plant the dogmas of Orthodoxy and cut out the thorns of false doctrine; thou didst water the seeds of Faith with the rain of the Spirit, O righteous Father. Therefore we call thee blessed.

Kontakion of Ss Boris and Gleb tone 3

Today your memory shines forth, noble sufferers, and summons us to glorify Christ our God. Those who come to the shrine of your relics receive healing through your prayers, for you are holy physicians.

3 ST THEODOSI ABBOT OF THE KIEVAN CAVES, FOUNDER OF RUSSIAN
MONASTICISM

HOLY MARTYRS TIMOTHY THE READER AND HIS WIFE MAURA

Troparion of St Theodosi tone 8

From thy youth on wings of virtue thou didst speed on thy monastic way and attain to thy desire. Thou didst settle in a cave and live radiantly fasting, persevering in prayer like the Bodiless Ones. Thou didst illumine Russia as a shining lamp. O Father Theodosi, pray to Christ our God that our souls may be saved.

Troparion of Ss Timothy and Maura tone 4

Let us the faithful honour Timothy with Maura his faithful fellow-athlete the bride of Christ, and let us praise their bold endurance; for being crucified they lovingly followed Him Who was slain and Who has nailed all our sins to the Cross.

Kontakion of St Theodosi tone 3

Today we venerate the star of Russia, blessed Theodosi, who has shone from the east to the west; he has enriched his whole land with miracles and blessings and has established there the monastic life.

Kontakion of Ss Timothy and Maura tone 4

Having endured many wounds and received crowns from God, O great Timothy and glorious Maura, pray to God for us who celebrate your memory, that He may grant peace to His flock and people; for He is the-strength of the faithful.

4 HOLY MARTYR PELAGIA THE VIRGIN MARTYR OF ROME
ST SCANNEL, MONK

Troparion of St Pelagia tone 3

Thou didst abandon dark ignorance through knowledge of the Faith, O Pelagia, fair virgin of Christ. Thou wast refreshed by His dew and didst finish thy contest by fire. O glorious Martyr, entreat Christ our God to grant us His great mercy.

Troparion of St Scannel tone 3

Sent by Colum Cille thou didst travel from Iona and spend thy life preaching Christ in pagan darkness. As thou hast boldness before Christ in heavenly glory, O Father Scannel, entreat Him that our souls may be saved.

Kontakion of St Palagia tone 2

Abandoning thy mortal betrothed to be wedded to the Immortal, thou didst offer thy dowry of chastity and contest. Wherefore O Pelagia, we acclaim thee.

5 HOLY GREAT VIRGIN MARTYR IRENE
ST HYDROC, MONK

Troparion of St Irene tone 1

Christ our God has called thee Irene, for thou grantest peace to those who hasten to thy church with hymns. Thou dost intercede for all before the Light-creating Trinity. Together we celebrate thy memory as we magnify God Who has glorified thee.

Troparion of St Hydroc tone 4

O holy Hydroc who didst witness for the Faith and shine in Cornwall: pray that the darkness of our present times may be dispersed by bold preachers like thyself, that God may be glorified in these lands.

Kontakion of St Irene tone 3

Adorned with the beauty of virginity and by martyrdom, O virgin Irene, reddened with the blood thou hast shed, thou didst overthrow the error of godlessness. Wherefore thou didst receive the prizes of victory from the hand of thy Creator.

6 PROPHET AND PATRIARCH JOB THE MUCH-SUFFERING

Troparion tone 4

As an indestructible tower of manly courage, thou didst repulse the attacks of Belial and remain unmoved in temptations. Wherefore the Church sings of thee, O wise Job, as a model of endurance and an example of virtue; and she is made radiant by thine exploits.

Kontakion tone 3

Thou wast true and just, pious, blameless and holy, O glorious servant of God. Thou didst enlighten the world by thy perseverance, O much-afflicted Job. Therefore we all honour and praise thy memory.

7 COMMEMORATION OF THE SIGN OF THE CROSS THAT APPEARED IN THE SKY IN JERUSALEM DURING THE THIRD HOUR OF THE DAY DURING THE REIGN OF THE EMPEROR CONSTANTINE

HOLY MARTYR ACACIOS THE CENTURION OF CAPPADOCIA

ST NIL OF SORA

THE RIGHTEOUS MARTYR PACHOMIOS OF THE HOLY MOUNTAIN, ATHOS

Troparion of the Appearance of the Cross tone 1

The image of thy Cross shone forth brighter than the sun, reaching from the Mount of Olives to the Place of the Skull; in this way Thou didst reveal Thy might, O Saviour, thereby strengthening the faithful. Ever keep us in Thy peace through

the prayers of Thy holy Mother, O Christ our God, and save us.

Troparion of St Acacios tone 5

O Martyr Acacios, by thy steadfast contest thou didst trample on the ancient serpent and receive the victor's crown from God. By thine aid deliver us from the malice of the evil one, O prize-winner, and entreat Christ our God to have mercy on our souls.

Troparion of St Nil of Sora tone 4

Thou didst renounce the world and flee the tumult of life, O righteous and Godbearing father Nil. Thou didst not neglect to gather paradisaal flowers from the writings of the Fathers, and didst pass from the wilderness to heavenly mansions, having blossomed as a lily of the field. Teach us who venerate thee to tread the royal highway; and pray for our souls.

Troparion of St Pachomios the New Martyr tone 3

Thy godly life was made radiant by the trials of holy martyrdom, O glorious, righteous Martyr Pachomios. Thou didst shine forth on Athos by thine ascetical deeds and shed thy blood as an Athlete. Intercede with the Lord Who has glorified thee that He may grant us His great mercy.

Kontakion of the Appearance of the Cross tone 4

The holy Cross which opened the closed heavens has appeared from thence and shone upon the earth. As we receive the glory of its power we are led to the unfading Light. We have it in wars as an unfading trophy, Thy weapon of peace.

Another Kontakion of the Precious Cross tone 8

O thrice-blessed and worshipful Cross of Christ, all we faithful venerate and magnify thee, and we rejoice at thy manifestation. As the trophy and unconquered weapon that thou art, protect, cover and shelter by thy grace those who cry to thee: Rejoice, O Wood most blessed.

Kontakion of St Acacios tone 2

Let us fittingly acclaim the godly witness and victor over the devil. Let us call him blessed as we pray: Cease not to entreat the Saviour, O Acacios that thy servants may be saved; for thou hast great boldness before the Lord.

Kontakion of St Nil of Sora tone 1

Beholding the blessings of Paradise and delighting in her beauties, thou didst bring forth fragrant fruits of God-enlightened understanding. O chalice of divine

compunction, Father Nil pray to Christ that we thy disciples may rejoice eternally with thee.

Kontakion of St Pachomios the New Martyr tone 4

Thou didst become illustrious on Athos by thine ascetic life and didst later excel in martyrdom. For thou wast given wings by thy love for God, O divinely-wise Martyr glorious Pachomios.

8 THE MIRACLE OF THE MOTHER OF GOD OF CASSIOPIA

SYNAXIS OF THE HOLY, GLORIOUS AND ALL-FAMED APOSTLE AND EVANGELIST

JOHN THE THEOLOGIAN

OUR HOLY FATHER ARSENIOS THE GREAT

Oil and wine permitted

Troparion of the Mother of God of Cassiopia tone 2

All thy deeds are most wondrous and worthy of praise, most holy Mother of God; for to Stephen, unjustly deprived of his eyes and blinded, thou didst grant eyes again and restore to him sight. Pray to Christ our God to enlighten our souls.

Troparion of St John the Evangelist tone 2

Apostle beloved of Christ our God, hasten to deliver a defenceless people. He Who allowed thee to recline on His breast receives thee bowing in prayer, O John the Theologian. Implore Him to dispel heathen persistence and to grant us peace and mercy.

Troparion of St Arsenios the Great tone 5

Thou didst spurn fleeting delights, when commanded from heaven like Abraham and in thy life thou didst emulate the Angels; thou wast famous in wisdom, word and deed. Godbearing Arsenios, entreat Christ our God unceasingly, that He will have mercy on our souls.

Kontakion of the Mother of God of Cassiopia tone 8

O Mother who knew not wedlock, blind Stephen came with his mother to thy church in Cassiopia, lamenting and bewailing his misfortune. By thine intercessions with the Lord thou didst grant him eyes, O Birthgiver of the Light of the world. When he was healed he cried out to thee: Rejoice, O Maiden of exceeding radiance.

Kontakion of St John the Evangelist tone 2

Who can tell of thy mighty works, O beloved Saint? Thou didst pour forth

miracles. Thou art a source of healing and dost intercede for our souls as Theologian and friend of Christ.

Kontakion of St Arsenios the Great tone 2

While living on earth thou didst show forth the life of the Angels, O Godbearing Arsenios, and thou wast granted their honour. Now as thou art standing with them before the throne of God, thou dost pray for forgiveness for all.

9 HOLY PROPHET ISAIAH

HOLY GREAT MARTYR CHRISTOPHER

Troparion of the Prophet Isaiah tone 4

Thou didst proclaim the coming of Christ to the world, with a great voice like a trumpet, O most illustrious Prophet Isaiah. Thou wast shown forth as a swiftly-writing scribe of things to come. Wherefore we acclaim thee with hymns.

Troparion of St Christopher tone 4

In beautiful garments woven from thy blood thou dost stand before the King of Heaven. For thou dost chant the Thrice-holy hymn With Angels and Martyrs. By thy supplications save thy servants.

Kontakion of the Prophet Isaiah tone 2

O Prophet-Martyr Isaiah, herald of God, through thy gift of prophecy thou didst make God's Incarnation clear to all by proclaiming: Behold, the Virgin shall conceive in her womb.

Kontakion of St Christopher tone 4

Thou wast terrifying both in might and countenance: thou didst willingly suffer temptation from thy persecutors; those men and women sought to arouse in thee fire of lust, but they followed thee to martyrdom. Wherefore thou art our strong protector, O Great Martyr Christopher.

10 HOLY APOSTLE SIMON THE ZEALOT

ST COMGALL, ABBOT OF BANGOR

Troparion of St Simon the Zealot tone 3

O glorious Simon, when God Incarnate revealed Himself to thee thou wast kindled with divine zeal. Thou wast a zealot among the Apostles and eager to emulate Christ's death. Thou didst go forth to Him by crucifixion. Entreat Him to grant us His great mercy.

Troparion of St Comgall tone 4

O Comgall, 'Father of Monks', thou didst train four thousand monastics. Thou didst kindle Christ's fire in Bangor and thy cell was aglow in pagan darkness. O friend of Saint Colum Cille, thou radiancy of Ireland and Scotland; we praise God Who has glorified thee.

Kontakion of St Simon the Zealot tone 3

Let us praise Simon who preached God; his doctrines of wisdom took firm root in pious souls. He now stands before the throne and rejoices with the Angels, interceding unceasingly for us all.

11 SS CYRIL AND METHODIOS, APOSTLES TO THE SLAVONIC LANDS
ST SOPHRONI OF THE KIEVAN CAVES
ST NICODEMOS OF SERBIA

Troparion of Ss Cyril and Methodios tone 4

O Cyril and Methodios, Equals-to-the-Apostles and teachers of the Slavonic lands, pray to Christ our God to strengthen all nations in Orthodoxy in one spirit, to convert and reconcile the world to God, and to save our souls.

Troparion of St Sophroni of the Kievan Caves tone 1

Threatened by the broad way to destruction, thou didst dwell in a dark cave, O Sophroni. Thou didst struggle in prayer, tears and labour, and attain to the joys of eternal life.

Troparion of St Nicodemos of Serbia tone 4

The truth of things revealed thee to thy flock as a rule of faith, a model of meekness, and a teacher of temperance. Therefore thou hast won the heights by humility, riches by poverty. Holy Father Nicodemos, intercede with Christ our God that our souls may be saved.

Kontakion of Ss Cyril and Methodios tone 3

Let us honour our two holy enlighteners, who by translating the divine writings have poured forth a well-spring of knowledge from which we still draw today. We call you blessed, O Cyril and Methodios as you stand before God intercede fervently for our souls.

Kontakion of St Nicodemos of Serbia tone 4

Thou didst ascend to the summit of virtue and draw near to God, O Nicodemos. Pray for us who devotedly glorify thee as a shepherd and teacher.

12 ST EPIPHANIOS BISHOP OF CYPROS, AND ST GERMANOS PATRIARCH OF
CONSTANTINOPLE

Troparion of Ss Epiphanius and Germanos tone 1

Let us honour the Church's two divine trumpets, Hierarch Germanos and renowned Epiphanius; one censured Leo in defence of Christ's icon, the other was a scourge of heresies. These two ever intercede for us.

Kontakion of Ss Epiphanius and Germanos tone 4

Let us the faithful joyfully praise the two Hierarchs, holy Epiphanius and Germanos; they burned the tongues of the godless, and preached true doctrine for all who in right faith sing of the great Mysteries

13 HOLY VIRGIN MARTYR GLYCERIA
ST MAEL HERMIT

Troparion of St Glyceria tone 3

Let us honour Christ's fair virgin who excelled in the struggle of contest. She trampled on the serpent although she was weak in the flesh. For love of Christ she despised her torments and was therefore glorified by God. Let us cry to her: Rejoice, O blessed Glyceria .

Troparion of St Mael tone 5

O holy Mael, worthy disciple of Bardsey's Founder Cadfan, and hermit on the Isle of Saints: together with thy fellow monastics who have attained to glory, pray for us to Christ our God that He grant us His great mercy.

Kontakion of St Glyceria tone 3

Through love for Mary the Virgin Mother of God thou didst preserve thy virginity, O Glyceria. Thou didst surrender thy heart to Christ thy God and bravely fight till death. Therefore He has crowned thee with a double crown.

14 HOLY MARTYR ISIDORE OF CHIOS
ST ISIDORE OF ROSTOV, FOOL FOR CHRIST
ST CARTHAGE THE YOUNGER, ABBOT

Troparion of St Isidore of Chios tone 4

Enlisted by the King of the Ages, thou didst spurn the earthly king with his army and boldly preach Christ our God. Therefore thou didst complete thy contest and shine forth as His glorious Martyr. Entreat Him to save our souls, for we honour thee, blessed Isidore.

Troparion of St Isidore of Rostov tone 4

Illumined by grace, O divinely-wise Isidore, thou didst chastely and patiently run the course of thy life. And after death thy splendid life has made thee famous: for thou dost shower grace of healing on all who faithfully venerate thy tomb. O blessed Isidore, pray to Christ our God to save our souls.

Troparion of St Carthage the Younger tone 6

Taking the name of thy spiritual father at baptism, O holy Carthage thou didst exchange a royal, but pagan, heritage for the monastic life. As in this world thou didst care for those who suffered in their bodies the corruption of leprosy, now, we implore thee, intercede with Christ our God that He will cleanse our leprous souls and save us.

Kontakion of St Isidore of Chios tone 4

Thou hast become a great guide to the world through thy prayers. Wherefore today we praise thee, O holy Martyr, glorious Isidore.

Kontakion of St Isidore of Rostov tone 8

Let us praise him who is a champion and wonder among the righteous, and who has received the gift of wonderworking from Christ. We see that thou hast boldness before the Holy Trinity. Pray that we thy servants may be delivered from misfortunes, that we may cry to thee: Rejoice, O divinely wise Isidore.

15 ST PACHOMIOS THE GREAT

ST ACHILLIOS THE WONDERWORKER BISHOP OF LARISSA

ST ISAIAH, BISHOP OF OSTOV, WONDERWORKER

Troparion of St Pachomios tone 5

As a pastor of the Chief Shepherd thou didst guide flocks of monks into the heavenly sheepfold; thyself illumined, thou didst instruct others concerning the Habit and Rule. And now thou dost rejoice with them in the heavenly mansions.

Troparion of St Achillios tone 4

Grace has revealed thee as bishop and protector of Larissa, and a wise hierarch, O blessed Achillios. By thy words and miracles thou didst preach the might of the Consubstantial Trinity, Whom we pray thee to entreat for those who praise thee.

Troparion of St Isaiah of Rostov tone 8

Guide of Orthodoxy, teacher of piety and modesty, light of Rostov, God-enlightened adornment of hierarchs, O wise Isaiah, thou hast enlightened

Russia. Intercede with Christ our God that our souls may be saved.

Kontakion of St Pachomios tone 2

O Godbearing Pachomios, after living the life of Angels in thy body thou wast granted their glory. Now thou art standing with them before God's throne and praying that we all may be forgiven.

Kontakion of St Achillios tone 8

Let us praise Achillios, the unfading star of the world, the unsleeping shepherd of Larissa. Let us cry: Save us from storms as thou hast boldness with God, that we may sing: Rejoice, O Father Achillios.

16 St THEODORE THE SANCTIFIED, DISCIPLE OF ST PACHOMIOS

ST EPHRAIM OF PEREKOP

ST CARANTOC

ST BRENDAN THE VOYAGER

Troparion of St Theodore tone 3

Thou wast a sanctified gift and didst glorify God the Word, O holy, godly Theodore. Filled with divine goodness, thou pourest grace on all who cry: Pray to Christ our God to grant us His great mercy.

Troparion of St Ephraim of Perekop tone 4

Serving God from thy youth, O blessed Ephraim, for His sake thou didst abandon home and family. Thou didst live austerely in the wilderness where thou didst receive the gift of wonderworking. Pray to Christ our God that our souls may be saved.

Troparion of St Carantoc tone 7

Preferring to serve in the Kingdom of God than to rule an earthly kingdom, O Father Carantoc, thou didst convert many to Christ in Ireland, in thy native Wales and in Cornwall, where having cast out the dragon and founded many churches thou wast a shining beacon guiding many souls into the Way of Salvation. Pray now to Christ our God that He will save our souls.

Troparion of St Brendan tone 4

The Divine Likeness has been perfected in thee, O holy Father Brendan, for taking up the Cross thou hast followed Christ, and by thy deeds thou hast taught us to disdain the flesh for it passes away, but to cultivate the soul for it is immortal: wherefore, O holy father, thy spirit rejoices with the Angels.

Kontakion of St Theodore tone 2

Thou didst flourish like a date palm in the house of God and produce fruits of virtue by shine asceticism, O Theodore. Therefore thou art now Blessed and art rejoicing with the Angels.

Kontakion of St Ephraim of Perekop tone 8

Thou didst strive for the angelic life, abandoning earthly things, and hasten to Christ O righteous father. Thou didst guard thyself with His commandments and appear as an unassailable pillar. Wherefore we cry to thee: Rejoice O Ephraim, thou radiant lamp.

17 HOLY NEW MARTYR PETER THE ALEUT

HOLY APOSTLE ANDRONICOS OF THE SEVENTY WITH HIS COMPANION JUNIA
ST MADERN, HERMIT

Troparion of St Peter the Aleut tone 1

O Peter, on the rock of thy faith Christ has built the Church of thy land, and has hallowed it in the streams of thy blood. O Aleut, in thee thy people are made holy; from the farthest islands of the west He has raised thee as a light to all. Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of Ss Andronicos and Junia tone 2

You shone forth as Apostles and heralds of Christ, sowing the preaching of grace among all men. Therefore we praise you, illustrious Andronicos and Junia, as we exalt Christ our God.

Troparion of St Madern tone 2

Out of pagan darkness in the land of Cornwall thou didst shine as a witness to Christ. Holy hermit Madern, entreat Him that the light thou didst kindle may ever shine in our hearts.

Kontakion or Ss Andronicos and Junia tone 2

Let us praise these two Apostles of Christ, Andronicos the star who enlightened the heathen, and Junia his fellow-labourer, and let us cry: Pray to Christ our God unceasingly for us all.

18 HOLY MARTYRS PETER, DIONYSIOS, CHRISTINE, ANDREW, PAUL, BENEDIMOS,
PAULINOS AND HERACLIOS

Troparion tone 4

Let us praise the eight-fold assembly of prize-winners: Paulinos, Dionysios, Peter, Andrew and Benedimos, godly-minded Paul, glorious Heraclios and holy Christine: they ever intercede with Christ our God for the world.

Kontakion tone 4

Having come from various cities, O holy ones, you proved to be citizens of the Heavenly City. As divine Martyrs you formed an illustrious choir, you champions of the Trinity.

19 HOLY HIEROMARTYR PATRICK, BISHOP OF PRUSA, WITH HIS PRIESTS ACACIOS, MENANDER AND POLYAENOS
ST CORNELIOS OF KOMEL

Troparion of the Hieromartyrs tone 4

You wisely proclaimed the uncreated Trinity to the enemy, O four Godbearing priests: Patrick the inspired shepherd of Prusa, and godly Acacios, Menander and Polyaios. Where-fore as noble Athletes you were found worthy of glory.

Troparion of St Cornelios of Komel tone 4

Kindled from thy youth with the fire of divine love, thou didst forsake the turmoil of life, O blessed Cornelios. As a disciple of Anthony the Great thou didst serve Christ in toil and silence, in vigil, prayer and fasting. Entreat Him that our souls may be saved.

Kontakion of the Hieromartyrs tone 8

You guided the Church from on high by your prayers to the Lord as godly-minded priests and invincible Athletes, O Patrick, proclaimer of the true Faith, with blessed Acacios, Menander and Polyaios. We fervently praise your holy contest.

Kontakion of St Cornelios of Komel tone 8

From thy youth thou didst serve the Lord Who was made manifest in the world by being born of a Virgin. In His power thou didst make the wilderness a city and people it with multitude of disciples; thou didst enlighten them by thy God-inspired teachings. Wherefore we cry to thee. Rejoice O Father Cornelios, adornment of monks.

20 HOLY MARTYR THALLELAIOS AND THOSE WITH HIM HOLY FATHERS NICETAS JOHN AND JOSEPH OF CHIOS

Troparion or St Thallelaios tone 1

O Thallelaios, thou didst defeat idolatrous error by thy martyr's contest. Thou

wast a treasury of healing, freely curing all who run to thy church with faith and who cry out with love: Glory to Him Who has strengthened thee glory to Him Who has made thee wonderful; glory to Him Who through thee works healings for all.

Troparion of Ss Nicetas, John and Joseph of Chios tone 1

Come you faithful who love these blessed men of God, let us thankfully hymn the three holy Fathers, righteous Nicetas, John and Joseph. They are the adornment and praise of the ascetics of Chios, and they ever intercede with the Trinity for us.

Kontakion of Ss Thallelaios tone 3

Thou wast a fellow athlete with the martyrs, O Thallelaios, and didst become a soldier of the King of Glory. Thou dost trample on the idolator's pride through thy trials and torments. Wherefore we praise thy memory.

Kontakion of Ss Nicetas, John and Joseph of Chios tone 8

Let us now bless the three holy Fathers, for they disdained the world and dwelt in mountains and caves. As you possess heavenly gifts send us grace from on high, that we may sing: Rejoice, O righteous Fathers.

21 GREAT SOVEREIGN AND EQUAL-TO-THE-APOSTLES CONSTANTINE AND HIS MOTHER HELENA
ST BARRFOIN, MONK

Troparion of Ss Constantine and Helena tone 5

O Lord, Thy disciple Emperor Constantine, who saw in the sky the Sign of Thy Cross, accepted the call that came straight from Thee, as it happened to Paul, and not from any man. He built his capital and entrusted it to Thy care. Preserve our country in everlasting peace, through the intercession of the Mother of God, for Thou art the Lover of mankind.

Troparion of St Barrfoin tone 3

O holy Barrfoin, Christ's missionary voyager like thy contemporary Saint Brendan: pray that we may have courage to venture for Christ, at His call, that we may receive His great mercy.

Kontakion of Ss Constantine and Helena tone 3

Today Constantine and Helena his mother expose to our veneration the Cross, the awesome Cross of Christ, a sign of salvation to the Jews and a standard of victory: a great symbol of conquest and triumph.

22 HOLY FATHERS OF THE SECOND ECUMENICAL COUNCIL

HOLY MARTYR BASILISCOS, NEPHEW OF ST THEODORE THE TYRO

Troparion of the Second Ecumenical Council tone 8

Most glorious art Thou, O Christ our God Who hast placed our holy Fathers like stars over the earth, and didst guide us all to the Faith through them. O most merciful Lord, glory to Thee.

Troparion of St Basiliscos tone 5

O glorious Saint, thou wast offered, through thy steadfast contest, as a royal sacrifice to the King of Ages, the Prize-bestowing God. O Basiliscos, thou wast a valiant soldier of the Truth who didst destroy error and who dost pray to Christ our God for us all.

Kontakion of the Second Ecumenical Council tone 8

The Apostles' preaching and the Father's doctrine confirmed the one Faith in the Church. She wears the garment of truth woven from the theology on high, and rightly divides and glorifies the great mystery of holiness.

Kontakion of St Basiliscos tone 4

Thou art heir to the Kingdom of Heaven, O glorious Martyr Basiliscos. Save those who cry to thee: Rejoice, O holy adornment of Martyrs.

23 OUR HOLY FATHER AND CONFESSOR MICHAEL, BISHOP OF SYNNA
ST EUPHROSYNE, PRINCESS OF POLOTSK
ST GOBAN GOBHENA, ABBOT

Troparion of St Michael of Synnada tone 4

From thy youth thou didst dedicate thy life to God, and wast proclaimed shepherd and Hierarch of Christ, O holy Michael. Thou didst endure afflictions and exile through honouring the icon of Christ, and dost now pour forth healings for us all.

Troparion of St Euphrosyne tone 4

Thou didst give thy wealth to the poor, and despise the rank of princess and temporal betrothal. Thou didst betroth thyself to Christ thy Bridegroom, and thy wreath was spiritual and bodily purity. Now thou dost stand before Him: Remember us who venerate thee, O Euphrosyne.

Troparion of St Goban Gobhna tone 7

As once thou didst labour in thy monastery at Tascaffin and dost now rejoice in heavenly glory: we beseech thee to entreat Christ our God for the people of Ireland and that He may have mercy on us all.

Kontakion of St Michael of Synnada tone 8

We venerate thee, O Michael, as a venerable hierarch and a champion of piety. For not fearing the notorious tyrant, thou didst overcome heresies and loudly proclaim: I worship the Icons of Christ and His immaculate Mother.

Kontakion of St Euphrosyne tone 8

Thou hast adorned thy virginity with almsgiving, as a lamp with oil; thou hast entered Christ's bright bridal chamber with the wise virgins. We bless thee, O Euphrosyne as we honour thy fragrant relics and we cry out with compunction. Thou hast boldness before Christ; pray that we may be delivered from the stench of our passions, and that our souls may be saved.

24 ST SYMEON STYLITES OF THE WONDROUS MOUNTAIN
ST NICETAS THE STYLITE, WONDERWORKER OF PERYASLAVL

Troparion of St Symeon the Stylite tone 1

Thou didst shine from the wondrous mountain as a lamp of the gifts of asceticism. Thy pillar has become a ladder from earth to heaven for those who hasten to thy fold, O wonderworking Symeon. Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Nicetas the Stylite tone 4

O Nicetas, thou didst despise the lusts of youth with true discernment. In thy courageous life thou didst defeat the enemy and wast pleasing to God in thy prudence. Thou hast received the gift of wonderworking and dost cast out demons and healest infirmities. Entreat Christ our God to save our souls.

Kontakion of St Symeon the Stylite tone 8

Thou didst long for things on high and renounce things below; thou didst make thy pillar another heaven and shine with radiant miracles; O Symeon, ever interceding with Christ our God for us all.

Kontakion of St Nicetas the Stylite tone 8

Thou didst endure death from thy servants for the sake of Christ and didst receive from Him the incorruptible crown. O righteous Nicetas, who art praying for our souls, thou dost heal all who faithfully come to thy sepulchre.

25 THIRD FINDING OF THE PRECIOUS HEAD OF THE HOLY AND GLORIOUS
PROPHET, FORERUNNER AND BAPTIST JOHN

Troparion tone 4

Christ has revealed thy head to us, O Prophet and Forerunner as a divine treasure hidden in the earth. We come with hymns to honour its discovery, and praise the Saviour Who saves us from corruption, through thy intercessions.

Kontakion tone 6

The shining pillar on earth, the Forerunner, lamp of the Spiritual Sun, has revealed his radiant, holy head to the world. He sanctifies those who venerate it and who faithfully cry: O wise Baptist of Christ, save us all.

26 HOLY APOSTLE CARPOS

ST BECAN, ABBOT

Troparion of the holy Apostle Carpos tone 3

Thou didst share in Paul's bonds by divine grace, O blessed Apostle Carpos. And those who received the light of thy preaching thou didst reveal as partakers of glory. Therefore intercede with Christ our God to grant us His great mercy.

Troparion of St Becan tone 4

O holy Becan, kinsman of Saint Colum Cille and partaker of his sanctity, from thy monastery at Kill Baggan thou didst glorify Christ our God. Entreat Him to save our souls.

Kontakion of the holy Apostle Carpos tone 4

The Church has thee as a shining star, O holy Apostle Carpos and is illuminated by thy many miracles. Save those who faithfully venerate thy memory.

27 ST JOHN THE RUSSIAN, THE NEW CONFESSOR

HOLY HIEROMARTYR HELLADIOS

Troparion of St John the Russian tone 4

He Who called thee from earth to heaven keeps thy body unharmed even after death, O righteous John. Thou wast taken to Asia as a prisoner and didst win Christ as thy friend. Beseech Him that our souls may be saved.

Another Troparion of St John the Russian tone 1

Russia thy fatherland boasts of thy birth, O John, and Asia rejoices in thy relics, carried thither as a prisoner and enduring great hardships, as an ascetic thou hast become God's initiate. Glory to Christ Who has glorified thee; glory to Him who has made thee wondrous; glory to Him Who has given thee to us as a protector.

Troparion of St Helladios tone 5

The hosts of heaven, marvelling at thy steadfast courage, were astonished by thine endurance, O blessed one. For though in a mortal body thou didst shame the bodiless by the power of the Cross O Hierarch Helladios defender of godliness and invincible soldier of Christ.

Kontakion of St John the Russian tone 4

Today we remember thine illustrious contests, O righteous Father John. They gladden the souls of those who venerate thee with reverence and faith.

Kontakion of St Helladios tone 8

Thou didst blossom like a fruitful olive tree, bearing fruit of holy struggles for those who look for God's mercy. As thou art a martyr and a glorious light of the Faith, guide us to divine knowledge, for we cry to thee: Rejoice, O Father Helladios.

28 ST ANDREW THE FOOL FOR CHRIST
HOLY HIEROMARTYR EUTYCHES OF MELTENA
ST IGNATI, BISHOP OF ROSTOV

Troparion of St Andrew the Fool for Christ tone 4

Thou didst choose foolishness for the sake of Christ and didst make the crafty one foolish. Thou didst persevere with thy struggle in the midst of turmoil, and Christ has brought thee to paradise. Intercede with Him, O Andrew, for those who honour thee.

Another Troparion of St Andrew tone 1

For thy sake, O Christ, thy servant Andrew became a fool on earth. He heard the Apostle Paul proclaiming, We are fools for the sake of Christ. As we now honour his memory we pray Thee to save our souls.

Troparion of St Ignati of Rostov tone 4

Thy doctrine was a source of enlightenment, thou didst receive a flock as a Hierarch and wast an heir to the Apostles. Thou didst receive the gift of wonderworking: O holy Bishop Ignati, entreat Christ our God to save our souls.

Troparion of St Eutyches tone 4

Thou didst share in the glory of the martyrs having achieved the heights of virtue, O blessed Eutyches. Thou didst serve our God in purity and redden thy garments in the blood of martyrdom. Thus adorned thou art standing near Christ in His

service, and dost ever intercede for our souls.

Kontakion of St Andrew tone 1

Thou didst finish thy life in piety, O godly-minded Andrew. Thou wast a pure vessel of the Trinity and a companion of the Angels. May peace and forgiveness be granted, through thine intercession, to those who honour thee.

Another Kontakion of St Andrew tone 4

Of thine own free will thou didst become a Fool, O Andrew, and utterly hate the lures of this world. Thou didst deaden carnal wisdom through hunger and thirst, through heat and bitter frost; By never avoiding the hardships of weather thou didst purify thyself as gold in the furnace.

Kontakion of St Ignati of Rostov tone 4

Thine illustrious memory shines forth today, O blessed Hierarch Ignati. It illumines the world and reveals to all the radiance of divine glory.

Kontakion of St Eutyches tone 2

Thou didst steadfastly guide and guard the Church, and lay down thy life for her, O Father Eutyches. Preserve her unshaken in all true doctrine, for thou art her pillar and foundation.

29 ST THEODOSIA THE VIRGIN AND MARTYR

ST JOHN OF USTIUG, FOOL FOR CHRIST AND WONDERWORKER

Troparion of St Theodosia tone 4

Through thy struggles in contest, O noble Theodosia, thou didst offer thy virginity as a gift to God the Word. Now that He has brought thee to the heavenly bridal chamber, entreat Him to deliver us from all misfortune.

Troparion of St John of Ustiug tone 5

Thy patience and nakedness thou didst expose the snares of the enemy, and reprove his evil work. Thou didst suffer from heat and cold, and wast protected by God's help. Pray for those who faithfully celebrate thy memory and who hasten to venerate thy relics, that they may be delivered from misfortunes and avoid stumblings, O most wise John.

Kontakion of St Theodosia tone 4

Thou wast betrothed to the King of Heaven as a pure and trophy-bearing Virgin Martyr. O praiseworthy Theodosia, entreat Him to save our souls.

Kontakion of St John of Ustiug tone 8

Thou didst abstain from all sweetness below, desirous of the beauty of heaven. Possessing nothing in this vain world, thou didst long for the life of the Angels. After repose Thou didst pass to them: with them entreat Christ our God for us all.

30 ST ISAAC, FIRST ABBOT OF THE MONASTERY OF DALMATOS IN
CONSTANTINOPLE

Troparion tone 3

Thou wast a model of abstinence and a foundation of the Church, O Isaac, bright light of the Fathers; for thy life was radiant with virtues and thou didst openly proclaim the Orthodox Faith. O righteous Father, pray to Christ our God to grant us His great mercy.

Kontakion tone 5

Thou model of observance for monks and teacher of piety, thy servants praise thee, O Godbearer. As thou art the dwelling-place of divine grace, make us temples of the light of the Spirit, for we cry to thee: Rejoice, O Father Isaac.

31 HOLY MARTYR HERMIAS OF CAPPADOCIA
SS WINNOW, MANCUS AND MYRBAD, MONKS

Troparion of St Hermias tone 4

Enlisted for Christ the King of all, thou didst hew down the enemy ranks, O glorious Hermias. After enduring many torments in thine old age thou didst contest as God's warrior. Intercede with Him, O Trophy-bearer, that all may be saved.

Troparion of Ss Winnow, Mancus and Myrbad tone 6

O three holy Saints who in honour of the Trinity left Ireland to labour in Cornwall: having toiled on earth you are glorified in heaven, blessed Winnow, Mancus and Myrbad.

Kontakion of St Hermas tone 3

Thou didst steadfastly confess the Name of Christ and endure grievous torments, O Hermias and vanquish the ancient foe. With an aged body, in thy youthful ardour thou didst attain to the joys of Paradise.

JUNE

1 HOLY MARTYR JUSTIN THE PHILOSOPHER

ST AGAPETI OF THE KIEVAN CAVES
ST HERVE THE BLIND ABBOT

Troparion of St Justin tone 4

O Justin, teacher of divine knowledge, thou didst shine with the rays of true philosophy and wast wisely armed against the enemy. Confessing the truth thou didst contend with the martyrs: with them ever entreat Christ our God to save our souls.

Troparion of St Agapeti of the Kievan Caves tone 5

O righteous Agapeti, thou didst heal the sick with edible herbs, with humility like Anthony the Great. And so thou didst bring the unbelieving physician to the Faith, and didst guide him on the path of salvation. Heal our sicknesses also, and pray to Christ our God for those who sing to thee.

Troparion of St Herve tone 1

O Herve, thou minstrel and teacher of the Faith thy sweet voice enlightened the darkness though thou wast born with- out the gift of sight. Pray that the light of Christ may ever dispel pagan darkness from our lands, that God may be glorified.

Kontakion of St Agapeti of the Kievan Caves tone 5

Thou didst proclaim thy faith as a good physician, thou didst rebuke the Armenian and bring him to piety; when dying thou didst ask God for life and by this miracle bring him to Christ. Now thou dost stand rejoicing before the Lord: pray for us, O righteous one.

2 ST NICEPHOROS THE CONFESSOR, PATRIARCH OF CONSTANTINOPLE

Troparion tone 3

Thine inspired confession gained victory for the Church, O holy Hierach Nicephoros. Thou didst suffer unjust exile through reverence for the icon of God the Word. O righteous Father, pray to Christ our God to grant us His great mercy.

Kontakion tone 4

Thou didst receive from God the Victor's crown: save those who faithfully venerate Thee as a hierarch and teacher of Christ.

3 HOLY MARTYRS LUCILLIAN AND THOSE WITH HIM: CLAUDIOS, HYPATIOS, PAUL,
DIONYSIOS AND PAULA

ST KEVIN OF GLENDALOUGH, ABBOT

ST GLUNSHALLAICH

Troparion of the Holy Martyrs tone 1

Like a radiant star thou didst shine out of the night of error and didst slay the crafty enemy, O Lucillian. Together with holy Paula and the four children pray to Christ our God to save our souls.

Troparion of St Kevin tone 8

Thou wast privileged to live in the age of Saints O Father Kevin being baptized by one saint, taught by another and buried by a third. Pray to God that He will raise up saints in our day to help, support and guide us into the way of salvation.

Troparion of St Glunshallaich tone 1

O holy Glunshallaich, having been converted by the holy Abbot Kevin thou wast his fellow labourer and constant companion, not even being parted from him in the grave, with him, intercede to God that our souls may be saved.

Kontakion of the Holy Martyrs tone 2

O glorious Martyr, thou didst endure grievous torments, and together with Paula and the children didst cry to thy Creator: O Saviour, we are slaughtered like sacrificial sheep through love for Thee.

4 SS MARTHA AND MARY, SISTERS OF ST LAZARUS THE FRIEND OF CHRIST
ST METROPHANES FIRST PATRIARCH OF CONSTANTINOPLE
ST PETROC AND HIS COMPANIONS CROIDAN, MEDAN AND DEGAN

Troparion of Ss Martha and Mary tone 3

You fervently believed in Christ and His marvellous acts, O Martha and Mary, sisters of Lazarus. You were adorned with radiant virtues and were found worthy to be numbered with the Saints; together with holy Lazarus pray to God for us.

Troparion of St Metrophanes tone 1

O good shepherd thou didst proclaim the great mystery of the Trinity and manifest Christ's dispensation to all. Thou didst put to flight the spiritual wolves who menaced your rational flock and didst save the lambs of Christ who cry: Glory to Him Who has strengthened thee; glory to Him Who has exalted thee; glory to Him Who through thee has strengthened the Orthodox Faith.

Troparion of St Petroc and his Companions tone 2

O Petroc, Master Builder of the Faith in the West, who didst prefer the heavenly warfare to thy kingly heritage and military prowess; with thy companions thou didst travel through the West Country establishing churches and didst include the

animals in thy loving care. In thy monastic zeal thou didst recite the psalms in rivers; through thy prayer may the flow of Christian Faith ever increase in our land.

Kontakion of St Metrophanes tone 2

Thou didst proclaim the Faith of Christ by thy words, and by thy life thou didst increase Christ's flock to a multitude. Now thou dost rejoice with the Angels, and art ceaselessly praying for us, O Metrophanes.

5 HOLY HIEROMARTYR DOROTHEOS, BISHOP OF TYRE

Troparion tone 4

O Dorotheos, wise Hierarch of Christ, thou didst receive the light of wisdom as a gift from the Father of lights. Thou didst increase the talents given to thee and contest in thine old age beyond the bounds of nature. And thou O Hieromartyr, art interceding for our souls.

Kontakion tone 3

By preaching Orthodox doctrine, O Hieromartyr thou didst offer thyself as a godly and holy gift. Thou didst first excel in asceticism and then contest in martyrdom, and attain to receiving the victor's prize from Christ our God.

6 ST HILARY THE NEW ABBOT OF THE MONASTERY OF DALMATOS IN
CONSTANTINOPLE

ST SUSANNA THE VIRGIN MARTYR

Troparion of St Hilary tone 1

By cultivating the words of the Lord thou didst blossom with grace like an olive tree. With the oil of divine virtues and by thy confession, blessed Hilary, thou didst gladden those who faithfully cry to thee: Glory to Christ who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Susanna tone 4

With two companions thou didst desire a life of prayer and solitude, O pious Susanna, but by thy virtuous example, thy gift of healing and thy consolation for the afflicted thou didst enrage the God-hating Diocletian. Wherefore, O holy one, pray to God for us that we, like thee, may be faithful even unto death, that our souls may be saved.

Kontakion of St Hilary tone 1

Though contesting with fire thou wast not burned, for the dew of God refreshed thee. Thou didst rejoice to accomplish struggles beyond nature. As thou art now among the righteous O Hilary, remember us.

Kontakion of St Susanna tone 4

O holy Susanna, the purity and constancy of thy life was a hymn of praise to God Who sent Angels to escort thy soul to heaven. At the sight of this the executioners fell back with fear and thou, most pious virgin, didst urge them to their task of awarding thee a martyr's crown, the guarantee of eternal salvation.

7 HOLY Hieromartyr THEODOTOS BISHOP, OF ANCYRA ST MERIADOC,
HIERARCH AND WONDERWORKER

Troparion of St Theodotos tone 3

God enriched thee with the gift of the sacred ministry O blessed Hierarch Theodotos. Thou didst offer the excellent deeds of thy contest as gifts to the Lord thy God. O righteous Father, entreat Christ our God to grant us His great mercy.

Troparion of St Meriadoc tone 4

O Meriadoc holy hermit, through thy simplicity thou didst draw many souls to God. Near the church of the Mother of God in Camborne thou didst cause a healing well to rise. We glorify God Who has glorified thee.

Kontakion of St Theodotos tone 2

O Priest of God Theodotos thou didst emulate the trophy-bearers. Thou hast received a double crown and art rejoicing with the Bodiless Ones. And thou art interceding For our souls.

8 TRANSLATION OF THE RELICS OF GREAT MARTYR THEODORE

Troparion tone 4

With thy true strategy, O Trophy-bearer, thou wast an illustrious general of the heavenly King. Armed with the weapons of faith thou didst annihilate hords of demons. O victorious Athlete Theodore, with faith we call thee blessed.

Kontakion tone 8

Though lying as dead in thy holy reliquary thou art enjoying eternal life. Thou dost pour forth a fountain of gifts for those who venerate thy relics and seek thy help, O Theodore, God the Word's commander.

9 ST CYRIL, ARCHBISHOP OF ALEXANDRIA

ST CYRIL OF THE WHITE LAKE
ST COLUM CILLE (COLUMBA) OF IONA.

Troparion of St Cyril of Alexandria tone 1

With all reverence let us praise the light of the world, the great orator and champion of the Mother of God; for by his fiery teachings he burned the heresy of Nestorius. Wherefore let us cry to him: O divine Cyril, intercede with Christ to strengthen the Orthodox Faith.

Troparion of St Cyril of the White Lake tone 1

O Father Cyril, uprooting the thorns of passions thou didst blossom as a lily in David's wilderness where thou didst gather a multitude of disciples and guide them as a father in the fear of God. Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Colum Cille tone 5

By Thy God-inspired life thou didst embody both the mission and the dispersion of the Church, most glorious Father Colum Cille. Using thy repentance and voluntary exile, Christ our God raised thee up as a beacon of the True Faith, an Apostle to the heathen and an indicator of the Way of salvation. Wherefore O holy one, cease not to intercede for us that our souls may be saved.

Kontakion of St Cyril of Alexandria tone 6

Thy Teaching has reached to the ends of the earth. For from the wellsprings of the Saviour, O blessed one, thou hast poured forth a flood of doctrine which engulfs all heresies.

Kontakion of St Cyril of the White Lake tone 8

Thou didst scorn all ways and thoughts which dragged thee down and didst rejoice to yearn for the heavenward course. With the Saints before the Trinity pray that thy flock may be preserved; for as we celebrate thy repose we cry to thee: Rejoice, O blessed Father Cyril.

10 HOLY MARTYRS ALEXANDER AND ANTONINA
ST JOHN, METROPOLITAN OF TOBOLSK

Troparion of Ss Alexander and Antonina tone 1

Let us praise the two holy Martyrs, renowned Alexander and noble Antonina; in their holy contests they shone with love, faith and healing for those who cry

together: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Troparion of St John of Tobolsk tone 8

Thou wast a guide of virtue, a comforter of orphans and an unmercenary physician of the sick; a help of the suffering and an intercessor to the Lord; beseech Him to save our souls.

Kontakion of Ss Alexander' and Antonina tone 2

Let us bless godly Alexander and Antonina, spiritual kinsmen in Christ and of one mind in holiness; receiving their struggles and wounds as fragrant myrrh He has glorified them.

Kontakion of St John of Tobolsk tone 2

To those in the darkness of ignorance thou wast a light, a comforter of widows and orphans, and a physician to the weak, a guide to the young and the light of joy to parents. Pray to Christ our God to grant Faith in our land and great mercy to His people.

11 SYNAXIS OF THE ICON 'IT IS MEET'

HOLY APOSTLES BARTHOLOMEW AND BARNABAS

Troparion of the Icon 'It is meet' tone 4

Gather together, all you fathers of Athos, and celebrate with joy and gladness on this day: for the Mother of God is wonderfully praised by the Angel, and we magnify her as the Birthgiver of God.

Troparion of Ss Bartholomew and Barnabas tone 3

Instruments of the Comforter and proclaimers of the Word, O Apostles and Seers of God, Bartholomew of the Twelve and Barnabas son of consolation, entreat Christ our God to grant us His great mercy.

Kontakion of the Icon 'It is meet' tone 4

Athos is celebrating today, for from the Angel it has received hymns dedicated to the Mother of God whom all creation is acclaiming with hymns of praise.

Kontakion of the Apostle Bartholomew tone 4

Thou didst appear as a great sun to the world with miracles and rays of teachings. Thou dost guide to the light all who venerate thee, O Bartholomew, Apostle of the Lord.

Kontakion of the Apostle Barnabas tone 3

Thou wast the Lord's servant and the first of the Seventy, and thy preaching shone with Paul's. Thou didst proclaim Christ the Saviour to all, O Barnabas. Wherefore we celebrate thy memory with hymns.

12 ST ONUPHRIOS THE GREAT OF EGYPT AND ST PETER OF MOUNT ATHOS
ST TERNAN

Troparion of Ss Onuphrios and Peter tone 1

In the flesh you lived the life of Angels, you were citizens of the desert and treasuries of grace, O Onuphrios adornment of Egypt and Peter the light of Athos. Wherefore we honour your struggles as we sing to you: Glory to Him Who has strengthened you; glory to Him Who has made you wonderful; glory to Him Who through you works healings for all.

Troparion of St Ternan tone 5

At Candida Casa among the throng of saints the flame of faith enkindled thee, O Ternan. Thy missionary labours among the Picts have shone with glory as did thy monastery of Culross in Fife. Pray to Christ our God to save our souls.

Kontakion of Ss Onuphrios and Peter tone 8

By your achievements in the wilderness you became like the Bodiless Powers, godly Onuphrios, and righteous Peter adornment of Athos, you heavenly-minded pair who sing: Alleluia.

13 HOLY MARTYR AQUILINA THE VIRGIN

Troparion tone 4

O Aquilina Bride of Christ, by thy love for Him thou wast revealed to the ends of the world as a pure virgin and victor in the contest. Thou didst blossom like a spiritual rose, fragrant with purity in thy struggle. Thou art interceding with the Lord to save us all.

Kontakion tone 2

Thou didst purify thy soul with the virtue of humility, and by thy martyrdom thou didst ascend to the heights of holiness. Thou wast wounded with love for Christ thy Bridegroom, O venerable Aquilina. Thou art radiantly standing in His presence with the Angels: together with them pray for us all.

14 HOLY PROPHET ELISHA

Troparion tone 4

Interpreter of the Saviour's words, teacher and enlightener of those under the law, thou wast known to those afar by thy signs and miracles, for thou didst inherit the grace of the Tishbite. Preserve us evermore, divine Prophet Elisha.

Kontakion tone 2

O Prophet of God, thou didst worthily receive a double portion of grace, for thou wast a companion of Elijah. With him intercede with Christ our God unceasingly for us all.

15 HOLY PROPHET AMOS
ST LAZARUS KING OF SERBIA

Troparion of the Prophet Amos tone 1

God the Word has revealed thee, O Prophet Amos, as a seer of things sublime. He has been pleased with thy life and labours, for thou didst rebuke the ungodly and die as a martyr. Wherefore thou wast found worthy of eternal life; we beseech thee to intercede for us all.

Troparion of St Lazarus of Serbia tone 3

Thou didst desire the beauty of God's glory and please Him on this earth. Thou didst faithfully double the talent that was entrusted to thee. Thou didst suffer as a martyr and receive thy reward from Christ. O Lazarus, entreat Him to save our souls.

Kontakion of the Prophet Amos tone 4

Thou didst purify thy burning heart in the Spirit, O glorious Prophet Amos. Thou didst receive the gift of prophecy from heaven and proclaim throughout the world: This is our God and there is none beside Him.

Kontakion of St Lazarus of Serbia tone 8

Thou art praised by thy flock as an excellent champion, as a courageous martyr, O divinely-wise Lazarus. As thou hast boldness towards Christ the Saviour entreat Him to grant humility to those who praise thee, that we may cry: Rejoice, O wondrous Lazarus.

16 OUR HOLY AND WONDERWORKING FATHER TICHON BISHOP OF AMATHIS IN
CYPRUS

ST COLMAN McROI, ABBOT

Troparion of St Tichon tone 3

God called thee to the sacred priesthood as a worthy servant of the Holy Trinity. Thou didst shine with the grace of godliness and strengthen the Church by many miracles O righteous Tichon, pray to Christ our God to grant us His great mercy.

Troparion of St Colman McRoi tone 6

Disciple of Saint Colum Cille, thou didst return to his native land and found a monastery at Dublin. As thou dost now stand before Christ with the Angels pray, O Colman, that those who hymn thee may obtain His great mercy.

Kontakion of St Tichon tone 3

Thou wast resplendent in asceticism, O beloved of God, and didst receive power from the Holy Spirit to destroy idolatry, put demons to flight, to save souls and to heal the sick. We honour thee, O blessed Tichon.

17 HOLY MARTYRS MANUEL, SABEL AND ISMAEL AND THOSE WITH THEM, OF PERSIA
ST NECTAN

Troparion of the holy Martyrs tone 3

The nine-fold company of God the Word, Isaurus, Felix and Hermas, Peregrinus and Innocent, Manuel and Basil, glorious Ismael and blessed Sabel put to flight the enemy hosts. As the Lord's martyrs they received the prizes of victory.

Troparion of St Nectan tone 4

O holy Father Nectan thou didst follow the bidding of the Lord and didst leave thy father and mother for His sake to embrace the hermit's life. Faithful follower of Christ unto death pray that He may save our souls.

Kontakion of the holy Martyrs tone 2

Wounded with faith and love for Christ you faithfully drank the martyr's cup and overthrew the Persian idol's impudence. O blessed Martyrs, you are interceding with the Trinity for us all.

18 HOLY MARTYR LEONTIOS

Troparion tone 3

Girded with divine strength thou didst triumph in thy contest, O Leontios the Saviour's trophy-bearer. Thou didst spring into the contest like a lion, and destroy the enemy's might; O glorious Martyr, entreat Christ our God to grant us His great mercy.

Kontakion tone 3

Thou didst confound the tyrants' wicked plans and expose the pagans' empty worship. Thou didst illumine all men with the knowledge of God by thy teachings, O holy Martyr. We lovingly venerate thy memory, O wise Leontios.

19 HOLY APOSTLE JUDE, THE LORD'S BROTHER
ST PAISIOS THE GREAT OF EGYPT

Troparion of the Apostle Jude tone 1

We know thee as Christ's kinsman and martyr and praise thee with holy chant. O Apostle Jude, thou didst trample on error and preserve the Faith. As today we celebrate thy memory, through thy prayers may our sins be forgiven.

Troparion of St Paisios tone 4

The sublime monk and incarnate angel, the bodiless man and citizen of heaven grants grace to all who honour him as today he celebrates with us. Let us fervently ascribe glory to him.

Kontakion of the Apostle Jude tone 1

Thou halt sprung as a divine branch from a noble root, O Apostle and Brother of God, wise herald of Christ and the Lord's eye-witness, thou hast nourished the world with thy words and as the Lord's initiate thou dost teach the Orthodox Faith.

Kontakion of St Paisios tone 8

Let us the faithful sing praises to divinely-wise Paisios the desert's adornment, equal-to-the-Angels, Christ's friend and the glory of monks. Let us cry to him: Rejoice, O Father Paisios.

20 HOLY HIEROMARTYR METHODIOS, BISHOP OF PATARA
ST KALLISTOS, PATRIARCH OF CONSTANTINOPLE

Troparion of St Methodios tone 1

Thy blood, O wise Methodios, cries to God from the earth like the blood of Abel. O holy Martyr, thou didst preach Christ's incarnation and defeat the false doctrines of Origen. Thou hast entered the heavenly bridal chamber: Pray to Christ our God that our souls may be saved.

Troparion of St Kallistos tone 4

The truth of things revealed thee to thy flock as a rule of faith, a model of meekness, and a teacher of temperance. Therefore thou hast won the heights by

humility, riches by poverty. Holy Father Kallistos, intercede with Christ our God that our souls may be saved.

Kontakion of St Methodios tone 4

O Priest and initiate of the Holy Trinity, preacher of Divine commandments and support of the Orthodox, thou didst expose the errors of false doctrine and shed thy blood as a martyr for the Faith. O Methodios, standing before Christ with the Angels, pray that we may be saved.

21 ST JULIAN OF TARSUS

ST MEWAN, ABBOT

Troparion of St Julian tone 5

O inspired Julian, thy mother guided thee to become a glorious soldier of Christ. Thou wast clad in spiritual armour; therefore thou didst enter the contest and destroy the enemy, and art interceding for us all.

Troparion of St Mewan tone 7

Holy disciple of Saint Samson of Dol, thou didst persevere in thy resolve and enter a monastery in Brittany. Thou didst press on in thy holy struggle and establish thine own monastery. O holy Mewan, pray for us to Christ our God that our souls may be saved.

Kontakion of St Julian tone 2

Today we all praise Julian, the unconquerable holy warrior, the champion and vessel of truth to whom we cry: Intercede with Christ our God for us all.

22 ST ALBAN, PROTOMARTYR OF ENGLAND

ST EUSEBIOS THE CONFESSOR, BISHOP OF SAMOSATA

Troparion of St Alban tone 4

Thy holy martyr Alban in his struggle has gained the crown of life, O Christ our God; for strengthened by Thee and with a pure heart he spoke boldly before worldly judges, giving up his sacred head to Thee, the Judge of all.

Troparion of St Eusebios tone 4

Illumined by the Spirit's wisdom, thou didst reveal God's word, O glorious Eusebios; for as a Hierarch of the Trinity, in thy holy contest thou didst destroy errors. Holy Father pray that we all may be saved.

Kontakion of St Eusebios tone 8

Thou didst sow godly teachings and uproot the tares of Arius and wast adorned with the martyr's crown; thou didst proclaim God the Word to be of one Essence with the Father and the Spirit: wherefore we cry to thee: Rejoice, O Father Eusebios.

23 HOLY MARTYR AGRIPPINA THE VIRGIN

Troparion tone 3

Strengthened by the Holy Spirit thou didst excel in contest, O Agrippina fragrant with virginity. Glorified by Christ's grace thou didst water the world with miracles. O glorious Martyr, pray to Christ our God to grant us His Great mercy.

Kontakion tone 4

The radiant day of thy contest has come on which the Church celebrates thy martyrdom. She calls on all to cry gladly to thee: Rejoice, O Virgin Martyr Agrippina.

24 NATIVITY OF THE HOLY AND GLORIOUS PROPHET AND FORERUNNER AND BAPTIST JOHN ST GEROME, KING AND HIERARCH

Fish permitted

Troparion of the Forerunner tone 4

O Prophet and Forerunner of the coming of Christ, we honour thee lovingly but cannot extol thee worthily; for by thy birth thy mother's barrenness and thy father 's dumbness were unloosed; and the Incarnation of the Son of God is proclaimed to the world.

Troparion of St Gerome tone 6

O holy Gerome who didst count monastic poverty far more glorious than thy previous kingship and didst not fear the death of the body when thou couldst win souls for Christ: as thou didst thank and praise the Saviour in thy church in Cornwall, pray that we all may be saved.

Kontakion of St John the Baptist tone 3

The formerly barren one today gives birth to the Forerunner of Christ Who is the fulfilment of prophecy. For the Prophet, Herald and forerunner of the Word submitted to Him Whom the prophets foretold by laying his hand on him in the Jordan.

25 HOLY MARTYR FEBRONIA THE VIRGIN OF PALMYRA

Troparion tone 3

Like a fragrant rose of asceticism thou didst breathe forth the myrrh of Christ. Wherefore He has glorified thee as a righteous martyr, O Febronia. Intercede with Him for those who cry: Rejoice, noble and blessed Martyr.

Kontakion tone 3

Thou wast adorned with the grace of virginity and the beauty of martyrdom, O Febronia, Bride of Christ. Thou didst bear thy lamp and run to thy Bridegroom and wast crowned with incorruption. Pray for those who faithfully praise thee.

26 APPEARANCE OF THE ICON OF THE MOTHER OF GOD OF TICHVIN

ST DAVID OF THESSALONICA

ST BRANNOCK OF BRAUNTON

Troparion of the Icon tone 4

Thine Icon, O Mother of God, shines from heaven like a brilliant sun. It illumines the world with rays of mercy which we reverently receive as God's gift. We glorify thee as Queen of all, and magnify Christ our God Whom thou didst bear. Pray to Christ, O Mother of God our Lady and Queen, to keep all Christians unharmed by the enemy. Save those who faithfully venerate His Image and thy pure Icon, O Virgin.

Troparion of St David of Thessalonica tone 5

O David, thy love for God the Word gave thee wings and thou didst live an angelic life in a tree. Thou didst produce for us fruits of grace and we partake of them spiritually, crying to thee with faith: Pray for us to Christ our God to grant us His great mercy.

Troparion of St Brannock of Braunton tone 1

Righteous tutor of the children of Brychan and great wonderworker, O Father Brannock, thou didst win many souls for Christ by thy tireless endeavours. As Braunton's church may yet hold thy precious relics, Pray that we, being ever mindful of our Othodox heritage, may never deviate from the true Faith and, thereby, receive the reward of the blest.

Kontakion of the Icon tone 8

Let us thank Christ our God, and run to the Virgin and Queen His Mother; tenderly gazing on her miraculous icon let us fall down and cry: Thou hast visited this land

by the appearance of thine icon: keep our people in peace and make them heirs of heaven; for we cry with faith: Rejoice, O Virgin, salvation of the world.

Kontakion of St David of Thessalonica tone 2

We bless thee, O David, servant of God; thou art like the Angels and estranged from things earthly. Thou dost now rejoice in divine gifts: grant us to share in them also, O holy and righteous Father.

27 OUR HOLY FATHER SAMSON THE HOSPITABLE

Troparion tone 4

O holy Samson, imitator of God's compassion, thou dost pour forth streams of divine goodness. For radiant with God's love thou didst relieve the afflicted and suffering, and dost grant eternal healing to all who honour thee.

Kontakion tone 8

We flock to thy shrine as to a most excellent physician, O righteous, holy Samson. We come together to praise thee with psalms and hymns and we glorify Christ Who has gifted thee with healing.

28 SS SERGEI AND HERMAN, FOUNDERS OF VALAAM MONASTERY IN RUSSIA
ST AUSTOL, HERMIT

Troparion of Ss Sergei and Herman tone 4

Fulfillers of the Gospel of Christ, loving Him alone and despising earthly cares, you settled on an island. There you fought against the invisible foe, by fast, vigil and prayer subjecting your bodies to the spirit. You received crowns and now stand before the Trinity: pray, O Fathers Sergei and Herman, that our souls may be saved.

Troparion of St Austol tone 7

Light of Cornwall and pillar of the Faith, holy Austol, disciple of Samson: thou wast a fellow-labourer with Saint Mewan, in such companionship that thou didst die with him and share his grave. Pray to Christ our God to grant us His great mercy.

Kontakion of Ss Sergei and Herman tone 4

You left the world to follow in Christ's footsteps and reached Lake Neva and the Island of Valaam. There you lived the angelic life and were translated to the heavenly Bridal chamber. As you stand with the Angels remember the children whom you gathered, that we may joyfully cry to thee: Rejoice, blessed Fathers Sergei and Herman.

29 HOLY AND GLORIOUS APOSTLES PETER AND PAUL

Fish permitted

Troparion tone 4

Leaders of the Apostles and teachers of the world, pray to the Master of all to grant peace to the world and great mercy to our souls.

Kontakion tone 2

Thou hast taken the firm and divinely inspired Preachers, O Lord, the leading Apostles, for the enjoyment of Thy blessings and for repose. For Thou hast accepted their labours and death as above every burnt offering, O Thou Who alone knowest the secrets of our hearts.

30 SYNAXIS OF THE TWELVE APOSTLES

Oil and wine permitted

Troparion of Ss Peter and Paul as above.

Troparion of the Twelve Apostles tone 3

Holy Apostles, intercede with our merciful God, that He may grant to our souls the forgiveness of our sins.

Kontakion of the Twelve Apostles tone 2

Today Christ the Rock gladly glorifies the rock of faith, the chosen disciple, together with Paul and the whole company of the Twelve. As we celebrate their memory we glorify Him Who has glorified them.

JULY

1 THE HOLY AND WONDERWORKING UNMERCINARIES COSMAS AND DAMIAN OF ROME

SS JULIUS AND AARON AND THEIR COMPANIONS

Oil and wine permitted

Troparion of Ss Cosmas and Damian tone 8

O holy and unmercenary wonderworkers, visit our infirmities. Freely you have received, freely give to us.

Troparion of Ss Julius and Aaron tone 1

O holy Julius and Aaron with your companions, in the wave Of savage persecution

wherein Saint Alban triumphed gloriously you too have gained the victor's crowns; Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Kontakion of Ss Cosmas and Damian tone 2

You have received the grace of healing, O holy and wonderworking Physicians; you give health to those in need. Come and visit us, repulse the assaults of all enemies, and heal the world by your wonderworking.

2 PLACING OF THE PRECIOUS TUNIC OF THE MOTHER OF GOD IN BLACHERNAE

Oil and wine permitted

Troparion tone 8

O Ever-Virgin Mother of God, shelter of mankind, thou hast given a powerful legacy to thy people, thine immaculate body's tunic and sash which remain incorrupt through thy pure childbirth. For in thee time and nature are renewed, and we implore thee to obtain peace for the world and great mercy for our souls.

Kontakion tone 4

Thou hast given the covering of thy pure body as an incorrupt garment for all the faithful, and as shelter for all mankind, O pure Lady, Mother of God. We celebrate its placing in Blachernae and cry to thee with fear and love: O Virgin, boast of Christians, rejoice.

3 HOLY MARTYR HYACINTH

ST ANATALIOS, PATRIARCH OF CONSTANTINOPE

ST GERMAN, HIERARCH

Troparion of St Hyacinth tone 4

With rays of grace thou dost shine to the ends of the world, like a hyacinth in Christ's Church, O blessed Hyacinth; for thy confession of the Faith was radiant, and in thy contest thou didst follow Christ the Word. Thou dost ever illumine those who honour thee.

Troparion of St Anatolios tone 3

By thy works thou didst seal thy life with immortality, O righteous Hierarch Anatolios, and didst enlighten the world with the rays of the Sun of Righteousness; for thou didst preach Christ to be of two natures which are free of intermingling but one in hypostasis for the salvation of our souls.

Troparion of St German tone 2

Nephew of Patrick and missionary in Ireland, thou didst spread the Faith in many lands. From Wales to Brittany, and thence to the Isle of Man, thou didst glorify Christ wherever thou didst tread. Pray to Christ to save our souls.

Kontakion of St Hyacinth tone 4

Come O you faithful, plait a crown of unfading hyacinths today for the Martyr Hyacinth, and let us cry to him: Rejoice, O Hyacinth, glory of the martyrs.

Kontakion of St Anatolios tone 6

Thou didst bear within thee the Dayspring of illumination, and wast a lamp of Orthodoxy, O initiate of Christ. Thou didst dispel heretical darkness and lead us to the dawn of Faith. Thou dost illuminate us, O Anatolios.

4 ST ANDREW THE HYMNOGRAPHER, ARCHBISHOP OF CRETE
ST FINBAR, ABBOT OF INNIS DOIMHLE

Troparion of St Andrew tone 5

Like the Prophet David thou didst sing a new song in the assembly of the righteous. Thou initiate of the Holy Spirit, thou didst thunder forth thy hymns of grace and the word of righteousness for our salvation, O Andrew glory of the Fathers.

Troparion of St Finbar tone 3

O holy Finbar, thou didst labour faithfully and gain many disciples who followed thee to Christ. As thou didst guide souls in thine Irish monastery, pray to Christ our God to grant us His great mercy.

Kontakion of St Andrew tone 2

Thou didst sound forth the divine melodies like a trumpet and wast a bright lamp for the world. Thou didst shine with the light of the Trinity, O righteous Andrew. Wherefore we cry to thee: Ever intercede for us all.

5 ST ATHANASIOS, FOUNDER OF THE GREAT LAVRA OF THE HOLY MOUNTAIN
ATHOS
RECOVERY OF THE RELICS OF ST SERGEI OF RADONEZH
SS FRAGAN AND GWEN

Troparion of St Athanasios tone 3

The ranks of Angels were greatly astonished at thy life in the flesh, O glorious Saint. Thou didst rout the ranks of demons, wherefore Christ rewarded thee

richly, O our father Athanasios. Intercede with Him that our souls may be saved.

Troparion of St Sergei tone 8

From thy youth thou didst love Christ, O Saint, and desire to leave behind thee the tumult of the world. Thou didst bravely settle in the wilderness and thy humility bore thee children of obedience. As a dwelling of the Trinity thou didst enlighten with miracles all who came to thee with faith and thou didst heal them all. Holy Father Sergei, pray to Christ our God that He will save our souls.

Troparion of Ss Fragan and Gwen tone 4

O noble exiles Fragan and Gwen who fled to Brittany in troubled times: you established churches to God's praise and glory; your children brought joy and gladness to the Breton people. We praise you, glorious Saints.

Kontakion of St Athanasios tone 2

Thou didst take Christ's yoke and bear thy cross on thy shoulders, O holy Father Athanasios. Thou didst participate in His sufferings and share His glory, and dost rejoice in unending gladness.

Kontakion of St Sergei tone 8

Thou didst rise from the earth and shine like the sun; thine incorrupt relics healed many souls and gladdened thy flock. As thou dost now stand before the Trinity pray for them and for all Orthodox Christians, that they may triumph over their enemies and cry to thee: Rejoice, holy Sergei.

6 OUR HOLY FATHER SISOËS THE GREAT
ST MONENNA, 'DAUGHTER OF ELIJAH'

Troparion of St Sisoës tone 5

From thy childhood thou didst follow the angelic life and wast therefore filled with many godly gifts. O Sisoës, emulator of Angels, thou didst shine resplendently like a sun in the hour of thy going forth, and so didst reveal thy glory and illuminate our souls.

Troparion of St Monenna tone 8

O Monenna who strove for perfection alone on a mountainside, thou wast found worthy to be called 'daughter of Elijah' and didst live like the desert fathers. Pray to Christ our God that our souls may be saved.

Kontakion of St Sisoës tone 4

Thou wast an earthly angel in asceticism and didst divinely illumine the thoughts

of the faithful. Wherefore we acclaim thee with faith, O righteous Father Sisoës.

7 HOLY AND GREAT VIRGIN MARTYR CYRIACA
ST ILLTYD OF WALES, ABBOT

Troparion of St Cyriaca tone 5

O Virgin Martyr Cyriaca, thou wast a worthy sacrifice when thou didst offer thy pure soul to God; wherefore Christ has glorified thee, and through thee pours forth graces abundantly on all the faithful, for He is the merciful Lover of mankind.

Troparion of St Illtyd tone 6

O wise Illtyd, thou wast noble by birth and noble in mind and didst train many saints in the way of holiness. Pray to Christ our God to raise up saints in our days to His glory and for our salvation.

Kontakion of St Cyriaca tone 2

The Martyr of Christ now calls us together to celebrate her contests and struggles. For she vanquished the invisible enemy and mastered both her mind and her passions.

8 SYNAXIS OF THE ICON OF THE MOTHER OF GOD OF KAZAN
GREAT MARTYR PROCOPIOS
ST URITH OF CHITTLEHAMPTON, VIRGIN MARTYR

Oil & wine permitted

Troparion of the Icon tone 4

O fervent intercessor, Mother of the Lord Most High, thou dost pray to thy Son Christ our God and savest all who seek thy protection. O Sovereign Lady and Queen, help and defend all of us who in trouble and trials, in pain and burdened with sins, stand in thy presence before thine icon, and who pray with compunction, contrition and tears and with unflagging hope in thee. Grant what is good for us, deliverance from evil, and save us all, O Virgin Mother of God, for thou art a divine protection to thy servants.

Troparion of St Procopios tone 5

Heaven caught thee and drew thee to piety, and like Paul thou didst gladly follow Christ, O Procopios, adornment of martyrs. Through the might of the Cross thou didst excel in contest and put Belial to shame, from whose malice preserve those who lovingly praise there.

Troparion of St Urith tone 5

O holy Virgin Martyr Urith who didst suffer martyrdom in a Devon village and didst patiently endure the jealousy of thy pagan stepmother; pray for the faithful who are today suffering persecution, that evil may be destroyed and that God may be glorified, that we may cry to thee: Rejoice, O Virgin Urith.

Kontakion of the Icon tone 8

O peoples, let us run to that quiet good haven, to the speedy helper, the warm salvation, to the Virgin's protection. Let us speed to prayer and hasten to repentance. For the Mother of God pours out her mercy, anticipates needs and averts disasters for her patient and God-fearing Servants.

Kontakion of Great Martyr Procopios tone 2

Zealous for Christ and armed with the might of the Cross, thou didst humble the proud and bold enemy. O Procopios, thou didst exalt the Church and dost now enlighten us in the Faith.

9 HOLY HIEROMARTYR PANCRATIUS, BISHOP OF TAUROMINA IN SICILY

Troparion of St Pancratius tone 3

O follower of the chief Apostle, thou wast clothed with divine power from on high. Thy sacred vestments were dyed with the streams of thy blood. O Father Pancratius pray to Christ our God that He will save our souls.

Kontakion of St Pancratius tone 4

Thou wast a martyr for Christ, O Pancratius, and a bright star for the people of Tauromina. Intercede for those who venerate thee, for thou ever standest in His Presence.

10 ST ANTHONY OF THE KIEVAN CAVES

SS LEONTIOS, MAURICE, DANIEL, ANTHONY AND THE FORTY FIVE HOLY MARTYRS OF NICAPOLIS IN ARMENIA

Troparion of St Anthony tone 4

Thou didst leave the tumult of the world to follow Christ according to the Gospel; thou didst lead a life equal to the Angels and reach the haven of Mount Athos. From thence with thy father's blessing thou didst illumine thy fatherland at Kiev, where thou didst lead a multitude of monks along the path to Christ and His kingdom. Pray to Him, O Saint Anthony, that He may save our souls.

Troparion of the Martyrs tone 4

You were chosen from on high as an army of sacred ranks, O Forty Five Martyrs of Christ. You contested for the glory of Christ and by your struggle defeated polytheism. We glorify Him Who has glorified you.

Kontakion of St Anthony tone 8

Thou didst surrender to God, having loved Him from thy childhood, and follow Him with all thy heart and soul, O Saint Anthony. Thou didst despise worldly goods and live in a cave in the earth, fighting the good fight against the wiles of the enemy. Having illumined the ends of the earth thou didst fly rejoicing to heaven where thou dost stand among the angels before the throne of God; remember those who honour thee that we may cry: rejoice, O Anthony our Father.

Kontakion of the Martyrs tone 8

You endured many torments for the sake of Christ, O Martyrs. You destroyed idolatrous polytheism and Godless error by Christ's power. Teach us all to cry with faith: Alleluia.

11 GREAT MARTYR ALL-FAMED EUPHEMIA

ST OLGA, PRINCESS OF KIEV AND EQUAL-TO-THE-APOSTLES

ST DROSTAN, ABBOT

Oil and wine permitted

Troparion of Euphemia tone 3

O Euphemia, thou didst gladden the orthodox and put the heretics to shame . Thou didst confirm the fathers' teaching at the Fourth Council. O glorious martyr, entreat Christ our God to grant us His great mercy.

Troparion of St Olga tone 1

Thou didst give wings to thy mind with the knowledge of God, and soar beyond creatures to God the Creator of all. And when thou hadst found Him thou wast baptized and re-born. Thou dost enjoy the Tree of Life, remaining eternally incorrupt, O ever glorious Olga.

Troparion of St Drostan tone 2

Abbot of Deer and disciple of Saint Colum Cille, who didst kindle Christ's fire in the hearts of thy monks, pray for us, O Drostan, to Christ our God, that our souls may be saved.

Kontakion of St Euphemia tone 6

Thou didst struggle in faith and suffering for Christ thy Bridegroom. Now, through the Mother of God, pray that the Orthodox may overthrow heresies, O all-famed Euphemia who didst receive and guard the definition of the six hundred and thirty Godbearing Fathers.

Kontakion of St Olga tone 4

Today let us praise God the Benefactor of all Who has glorified the divinely-wise Olga. And through her prayers may He grant to our souls the forgiveness of our sins.

12 HOLY MARTYRS PROCLOS AND HILARY

Troparion tone 1

O Hilary and Proclos, arrayed in the armour of the Cross, you contested and were communicants of Christ. You were partakers of heavenly glory and shine with gifts of grace on those who cry: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Kontakion tone 2

Of like spirit in your life and of one accord in all things, O renowned martyrs and kinsmen Proclos and Hilary, you became images of the Passion of Christ and were found worthy of His glory. Pray that all may receive Christ's mercy.

13 19 SUNDAY OF THE HOLY FATHERS OF THE SEVEN ECUMENICAL COUNCILS

Troparion tone 8

Glorious art Thou, O Christ our God Who hast established our holy fathers as stars on earth. Through them Thou dost guide us to the True Faith. O Most Merciful One, glory to Thee.

Kontakion tone 8

The preaching of the Apostles and the doctrine of the Fathers confirmed the one faith in the Church. In the garment of truth woven from theology on high she rightly divines and glorifies true piety.

13 SYNAXIS OF THE ARCHANGEL GABRIEL
ST STEPHEN OF MAR SAVVAS MONASTERY
ST JUST, MONK

Troparion of the Archangel Gabriel tone 4

Supreme Leader of the Heavenly Host, we implore thee that by thy prayers thou

wilt encircle us, unworthy as we are, with the protection of the wings of thy immaterial glory, and guard us who fall down before thee and fervently cry: Deliver us from dangers, for thou art the commander of the Powers above.

Troparion of St Stephen tone 3

O righteous Father Stephen, thou didst receive a glorious crown and become a crown of the Church, for thou wast crowned with divine graces and wast resplendent in godliness. Entreat Christ our God to grant us His great mercy.

Troparion of St Just tone 6

Son of Saint Geraint, O lover of peace, when a stranger took thy cell thou didst wander to distant lands. Through thy patience thou art glorious. We honour thee, O holy Just.

Kontakion of the Archangel Gabriel tone 2

Thou dost behold the Glory of God in heaven, and bring grace from on high to earth, O wise Gabriel, Leader of Angels, minister of God's glory and champion of the world. Save and preserve those who cry to thee: Be our helper, and no one will be against us.

Kontakion of St Stephen tone 4

Thou didst plant a paradise of virtues and water it with thy tears, and receive the Tree of Life. By thy prayers save thy flock from corruption and deliver from temptations those who venerate thee. O glorious Stephen, through faith and love we have acquired thee as a great intercessor.

14 HOLY APOSTLE AQUILA

Troparion tone 1

As a disciple and companion of Paul thou didst receive in thy soul the grace of preaching. Thou didst shine in the night of error and contest for the Lord's glory. O Aquila, sacred minister of the Saviour, we all acclaim thee.

Kontakion tone 4

The Church has thee as a great sun, O Aquila, and illumines with the rays of thy teaching those who faithfully venerate thee, the Lord's glorious Apostle.

15 ST VLADIMIR THE GREAT PRINCE AND EQUAL-TO-THE-APOSTLES

Oil and wine permitted

Troparion tone 4

Sitting on the throne of God-protected Kiev, thou wast like a merchant seeking goodly pearls, O Vladimir. Thou didst search and Send to the Imperial City to know the Orthodox Faith. Thou didst find Christ the Pearl of great price, Who chose thee like Paul and enlightened thy blindness at the Font. Thy people celebrate thy repose: wherefore pray for Russia and all peoples, that the Orthodox may be granted peace and great mercy.

Kontakion tone 8

Like the Apostle Paul, O Vladimir, thou didst abandon childish ways and in manhood wast royally adorned with Baptism. Now thou art joyfully standing in the presence of Christ our Saviour: pray that Orthodox Hierarchs and people, and all creation, may be saved.

16 HOLY HIEROMARTYR ATHENOGENES, BISHOP OF PIDAHTHOË, AND HIS TEN DISCIPLES

HOLY MARTYR HELIER

Troparion of St Athenogenes tone 3

Thou wast an anointed priest and a martyr of God the Word, O Athenogenes; thou wast steadfast in contest and didst offer thy ten disciples to Him. With them pray to Christ our God that we may be granted His great mercy and forgiveness.

Troparion of St Helier tone 5

O glorious Saint Helier, thou didst labour for Christ on the Isle of Jersey, in fasting, vigil and prayer. Thou didst leave thy rock to convert pirates when they landed, and so obtain the crown of victory. O valiant Martyr, we praise God Who has glorified thee.

Kontakion of St Athenogenes tone 4

Thou didst follow the Lord's teaching, O Athenogenes, and as a shepherd lay down thy life for thy flock. We praise thee and thy ten disciples who under thy guidance and in fear of God suffered with thee. The Lord has crowned you as Saints with His life-giving hand. Pray to Him for us all, O holy Hieromartyr.

17 HOLY AND GREAT MARTYR MARINA

Oil and wine permitted

Troparion tone 5

O glorious Marina betrothed to God the Word, thou didst abandon all things earthly and contest victoriously as a virgin. For thou didst trample on the invisible

foe when he appeared, O holy trophy-bearer, and thou dost now bestow gifts of healing on the world.

Kontakion tone 3

Adorned with the beauty of virginity, thou hast been crowned with unfading wreaths, O Marina. Having shed thy blood in holy martyrdom and radiant with miracles of healing, thou hast received the prize of victory from the hand of thy Creator.

18 ST EMILIAN THE MARTYR

ST PAMBO THE EGYPTIAN, HERMIT AND CONFESSOR

ST JOHN THE MUCH-SUFFERING OF THE KIEVAN CAVES

Troparion of St Emilian tone 4

By fire thou wast a burnt offering to thy Master and dost bring us joy by showering on us graces. Thou didst bear within thee the heavenly fire and accept the material flame as dew. Ever preserve those who honour thee, O Martyr Emilian.

Troparion of St Pambo tone 1

Thou wast a desert citizen, an angel in the body and a wonder-worker O Pambo our Godbearing Father. For by fasting, vigil and prayer thou didst obtain gifts from heaven and heal the sick and all who flocked to thee in faith. Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healing for all.

Troparion of St John tone 1

We the unworthy have thee as a firm pillar of patience, and as an invincible shield against the enemies' darts, O much-suffering and angelic John, we venerate thy sacred relics and fervently pray: Deliver us from soul-destroying passions of the flesh, and save us by thy prayers.

Kontakion of St Emilian tone 3

Thou didst not fear thy fellow-creature fire, for thou wast ablaze with holy zeal. Thou didst willingly enter the flames and wast unconsumed by their fury, and didst offer thyself in sacrifice to the Lord. O Emilian, pray to Christ our God to grant us His great mercy.

Kontakion of St John tone 2

Thou pillar of continence impregnable to the enemy's warfare, thou didst leave

thy much-suffering body to us set up as a column; those in bodily and spiritual infirmities venerate it, O John. Wherefore we beseech thee to pray to Christ for us all.

19 THE UNCOVERING OF THE RELICS OF ST SERAPHIM OF SAROV
ST MACRINA, SISTER OF ST BASIL THE GREAT
ST DIOS

Troparion for St Seraphim Tone 4

From thy youth up thou hast loved Christ, O blessed Saint, and aflame with the desire to work for Him alone thou hast contended in unceasing prayer and laboured in the wilderness: and gaining by compunction of heart the love of Christ, thou hast appeared as the chosen of the Mother of God. Therefore we cry to thee: Save us by thy prayers, O Father Seraphim.

Troparion of St Macrina tone 3

Thou didst lend wings to thy mind by thy love of wisdom and wisely abandon the world's comforts. Thou wast an abode of true philosophy and by thine ascetic life thou didst become a glorious bride of the Saviour. Intercede with Him for those who cry: Rejoice, O Godbearing Macrina.

Troparion of St Dios tone 4

O righteous Father Dios, thou didst live a holy and angelic life and wast a vessel of the Spirit's glory; for by working signs and wonders thou wast resplendent among the righteous. We therefore praise thee, O blessed one.

Kontakion of St Seraphim tone 2

Having left the beauty of the world and what is corrupt in it, O Saint, thou didst settle in Sarov Monastery. And having lived there an angelic life, thou wast for many the way to salvation. Therefore Christ has glorified thee, O Father Seraphim, and has enriched thee with the gift of healing and miracles. And so we cry to thee: Rejoice, O Seraphim, our righteous Father.

Kontakion of St Macrina tone 4

Thou wast filled with the light of righteousness and reflected the divine life as an initiator of virtues for those who cry to thee with faith: Rejoice, O Macrina, glory of virgins.

Kontakion of St Dios tone 2

O wonderworking Dios, purity of soul was thine armour, and unceasing prayer

was thy spear. Thou didst mightily fell the ranks of demons, and thou art interceding unceasingly for us all.

20 HOLY AND GLORIOUS PROPHET ELIJAH THE TISHBITE

Oil and wine permitted

Troparion tone 4

Incarnate Angel and summit of the Prophets, second forerunner of the coming of Christ, glorious Elijah who sent down grace from on high to the Prophet Elisha. He heals diseases and cleanses the leprous. He pours healings on all who honour him.

Kontakion tone 2

O great prophet Elijah, seer of God's mighty works, who didst halt the torrential rain by thy word, pray for us to the Lover of mankind.

21 ST SYMEON THE FOOL FOR CHRIST'S SAKE AND ST JOHN HIS FELLOW ASCETIC

Troparion tone 4

Righteous John and divine Symeon, united to God and united in soul to one another; one of you lived an inspired life in the deserts, and the other by his foolishness made a fool of Belial. Now you are rejoicing in heavenly glory: ever watch over us.

Kontakion tone 2

Let us praise angelic and Godbearing Symeon who in the flesh appeared fleshless and shone with virtues; and with him let us praise glorious John, for they ever intercede with Christ our God for us all.

22 HOLY MYRRHBEARER AND EQUAL-TO-THE-APOSTLES MARY MAGDALENE

Oil and wine permitted

Troparion tone 1

O holy Mary Magdalene, thou didst keep Christ's commandments and follow Him Who for our sakes was born of a Virgin. Today we celebrate thy memory and receive forgiveness through thy prayers.

Kontakion tone 4

When the transcendent God was incarnate He received thee as a true disciple in thy great love, O Myrrhbearer. Then thou thyself didst work many healings and art now translated to heaven where thou ever intercedest for the world.

Another Kontakion tone 3

With others standing before the Saviour's Cross, weeping and suffering with the Mother of God, glorious Mary Magdalene offered praises saying: What is this strange wonder? He chooses to suffer Who upholds the whole creation: Glory to Thy Power.

23 ICON OF THE MOTHER OF GOD, 'JOY OF ALL THAT SORROW'
HOLY PROPHET EZEKIEL

Troparion of the Icon tone 4

Let us the sinful and unworthy fervently run to the Mother of God and fall down crying in repentance from the depths of our souls: Help us, O Lady who hast had mercy on us. Hasten, for we perish from a multitude of sins. Turn not thy servants empty away, for we have thee as our only hope.

Troparion of the Prophet Ezekiel tone 3

Inspired by the Holy Spirit, O Prophet of God, thou didst proclaim the fulfilment of mysteries: God the Word's ineffable abasement and the resurrection of the dead from all past ages. O glorious Ezekiel, entreat Christ our God to grant us His great mercy.

Kontakion of the Icon tone 6

We have no other help, we have no other hope, apart from thee, O Lady. Come to our help. We hope in thee and in thee we glory. Let us not be confounded, for we are thy servants.

Kontakion of the Prophet Ezekiel tone 4

Thou didst appear as a Prophet of God and foretell the Lord's incarnation to all, even of the Lamb and Creator Who became manifest as God's eternal Son.

24 GREAT VIRGIN MARTYR CHRISTINA
PRINCE MARTYRS BORIS AND GLEB, THE PASSIONBEARERS
ST DECLAN, BISHOP OF ARDMORE

Troparion of St Christina tone 5

Thou didst abandon thy father's error and receive divine illumination as a glorious virgin betrothed to Christ. Thou didst bravely struggle and destroy the enemy O great Martyr Christina, and dost ever pray that we may receive great mercy.

Troparion of Ss Boris and Gleb tone 2

O Passion-bearers and fulfillers of the Gospel of Christ, chaste Boris and guileless

Gleb; you did not oppose the attacks of the enemy, your brother, when he killed your bodies but could not touch your souls. Let him therefore mourn while you rejoice with the Angels standing before the Holy Trinity. Pray that these who honour your memory may find grace with God and that all Orthodox people may be saved.

Troparion of St Declan tone 4

Thou wast a bright light in Ireland before the days of Saint Patrick, O holy Father Declan. Thou didst travel in Europe and return to found a monastery where thou wast ever kind to the poor. We praise thee, O glorious Hierarch.

Kontakion of St Christina tone 4

As a shining dove with golden wings thou didst fly to the heights of heaven, O Christina. We faithfully celebrate thy feast and venerate thy relics from which divine healing for souls and bodies flows abundantly to all.

Kontakion of Ss Boris and Gleb tone 3

Today your memory shines forth, noble sufferers, and summons us to glorify Christ our God. Those who come to the shrine of your relics receive healing through your prayers, for you are holy physicians.

25 DORMITION OF ST ANNA, MOTHER OF THE MOTHER OF GOD
ST NESSEN, ABBOT OF MURGNET

Oil and wine permitted

Troparion of St Anna tone 4

O godly, ever-blessed Anna, thou didst bear the pure Mother of God who conceived Him Who is our Life. Thou hast now passed to heaven and art rejoicing in glory, asking forgiveness for those who faithfully honour thee.

Troparion of St Nessian tone 2

O thou who didst converse with Saint Patrick and follow him in the monastic way: as thou didst guide monks to Christ our God, pray that our souls may be saved.

Kontakion of St Anna tone 2

We celebrate the memory of the ancestors of Christ and faithfully ask their help; that all may be delivered from every affliction who cry: Be with us, O God, for it pleased Thee to glorify them.

26 HOLY HIEROMARTYRS HERMOLAUS, HERMIPPOS AND HERMOCRATES

HOLY MARTYR PARASCEVA

Troparion of the Hieromartyrs tone 3

You faithfully served the Lord as true priests, O Saints, and joyfully followed the path of martyrdom. O Hermolaus, Hermippos and Hermocrates, three-pillared foundation of the Church, pray unceasingly that we may be preserved from harm.

Troparion of St Parasceva tone 1

Ready for godliness, O namesake of preparedness, thou didst inherit as a dwelling a faith worthy of thy name. O prize-winning Parasceva thou dost pour forth healings, and art interceding for our souls.

Kontakion of St Hermolaus tone 4

As a godly priest thou didst receive the crown of martyrdom: for as a good shepherd of Christ's flock thou didst prevent the sacrifice of idols. Thou wast a wise teacher of Panteleimon and we praise and venerate thee, crying: Deliver us from harm by thy prayers, O Father Hermolaus.

Kontakion of St Parasceva tone 4

Thy church has become a place of healing for our souls, where we the faithful praise and honour thee, O modest one, renowned and righteous Martyr Parasceva.

27 GREAT MARTYR AND HEALER PANTELEIMON

Oil and wine permitted

Troparion tone 3

O holy prize-winner and healer Panteleimon, intercede with our merciful God that He may grant to our souls the forgiveness of our sins.

Kontakion tone 5

Thou didst faithfully follow the Merciful One and wast granted the grace of healing. O prize-winner and Martyr of Christ our God by thine intercessions heal the diseases of our souls and banish the snares of the enemy from those who cry with faith: Save us, O Lord.

28 HOLY APOSTLES OF THE SEVENTY AND DEACONS PROCHOROS, NICANOR, TIMON AND PARMENAS

ST SAMSON OF DOL

Troparion of the Apostles tone 4

Holy companions of the Apostles of Christ, God chose you as ministers of His flock, O Prochoros preacher of things divine, holy Nicanor, Timon and Parmenas. Intercede with Christ our God that we may be granted the forgiveness of our sins.

Troparion of St Samson tone 3

Thy resplendent life, O holy Samson, enlightened all thy kindred. They followed thee in the monastic life and themselves became shining lights. When consecrated Hierarch thou didst obey the heavenly vision and build monasteries to God's glory in Brittany. Pray to Christ our God to grant us His great mercy.

Kontakion of the Apostles tone 1

You were holy deacons and eye-witnesses of the Word; and you were chosen vessels of faith, O glorious Nicanor, Prochoros, Parmenas and Timon. Wherefore today we celebrate your holy memory and bless you with great rejoicing.

29 HOLY MARTYR CALLINICOS

HOLY MARTYR THEODOTA

ST SULIAN

Troparion of St Callinicos tone 3

O Callinicos, thou didst receive a worthy crown and Prize for thy victory over tyrants, for thou didst finish thy course and wast glorified as a noble athlete. O glorious Martyr, entreat Christ our God to grant us His great mercy.

Troparion of St Theodota tone 1

O godly-minded Theodota, thou didst offer thy holy children to God as choice gifts. Together with them thou didst nobly contend and struggle. Intercede with Christ our God for us that He grant us all forgiveness and correction of life.

Troparion of St Sulian tone 5

O fervent Saint Sulian, thou didst persevere, overcoming all obstacles, and thy life as a monk was radiant. Thou didst work miracles when living in thy monastery, and wonders shone forth from thy tomb. We praise thee, holy Abbot Sulian.

Kontakion of St Callinicos tone 2

Thou hast rightly inherited the joyful dwellings on high, for thou wast aflame with love for Christ, O Callinicos. Therefore thou didst bravely endure the fire. As thou dost stand in God's presence intercede for us all.

Kontakion of St Theodota tone 4

Today holy Theodota rejoices as a mother over her children and we praise her

noble contest. We magnify Christ our God Who has given her a crown of victory.

30 HOLY APOSTLES OF THE SEVENTY SILAS, SILVAN, CRESCENS EPNETOS AND ANDRONICOS

Troparion tone 4

Let us praise the divine Apostles, Crescens, Silvan, Silas, Andronicos and Epenetos. Like rational heavens they shone with the glory of Him Who humbled Himself for our sake. They entreat Christ that all may be saved.

Kontakion tone 4

You appeared as branches of the vine of Christ, bearing virtues as clusters of wisdom, pouring on us the wine of salvation. Receiving it we are filled with joy and celebrate your venerable memory. Pray that our sins may be forgiven, O Apostles of the Lord.

31 ST JOSEPH OF ARIMATHEA

Troparion tone 2

Noble Joseph took Thine immaculate Body down from the tree, wrapped it in a clean shroud and spices, and having embalmed It, laid It in a new sepulchre. But on the third day Thou didst rise, O Lord, granting the world great mercy.

Kontakion tone 2

Joseph of Arimathea took Thee the Life of all, down from the Tree as one dead, and wrapped Thee in clean linen and spices. He yearned to embrace and kiss Thy pure Body with heart and lips yet he restrained himself with fear. He cried to Thee rejoicing: Glory to Thy condescension, O Lover of mankind.

AUGUST

1 PROCESSION OF THE PRECIOUS AND LIFEGIVING CROSS

THE SEVEN MACCABEE CHILDREN, THEIR MOTHER SOLOMONE AND THEIR TEACHER ELEAZAR

ST RIOCH

ST KENNETH

Troparion of the Precious Cross tone 1

O Lord, save Thy people and bless Thine inheritance. Grant victory over their enemies to Orthodox Christians, and protect Thy people with Thy Cross.

Troparion of the All-Merciful Saviour tone 8

O merciful Lord, Thou didst look down from heaven and receive the poor and wretched: come down to us who have become embittered by sin and through the prayers of the Mother of God grant great mercy to our souls.

Troparion of the Holy Maccabees tone 4

Let us praise the seven Maccabees with their mother, Solomone and their teacher Eleazar; they were splendid in lawful contest as guardians of the teachings of the Law. Now as Christ's holy martyrs they are interceding unceasingly for the world.

Troparion of St Rioch tone 1

The radiance of thy life and the triumph of thine austerity shone forth from Innisboffin's Monastery, O Father Rioch, illuminating the Irish nation and leading them from the darkness of paganism into the light of true belief. Wherefore O holy one, intercede with Christ our God that we may be turned from the errors of our day that our souls may be saved.

Troparion of St Kenneth tone 2

Rejecting thy princely dignity and worldly position, thou didst retire to the desert, O righteous Kenneth, and as we rejoice in thy God-pleasing asceticism, beseech Christ our God that He will save our souls.

Kontakion of the Precious Cross tone 4

O Christ our God Who wast voluntarily lifted up on the Cross grant Thy mercies to Thy new people named after Thee. Gladden with Thy power Orthodox Christians and give them victory over their enemies. May they have as an ally that invincible trophy, Thy weapon of peace.

Kontakion of the All-Merciful Saviour tone 4

All my deeds have been vile, O merciful Saviour, and I have fallen into the pit of despair, but, O Word, with heartfelt groanings I cry: O compassionate One, hasten to our aid for Thou alone art merciful.

Kontakion of the Holy Maccabees tone 6

You seven pillars of the wisdom of God, you seven-branched candlestick of the Divine Light, you were great martyrs before the time of the martyrs, O supremely-wise Maccabees, together with them pray to the God of all that those who venerate you may be saved.

2 TRANSLATION OF THE RELICS OF THE PROTOMARTYR AND ARCHDEACON ST STEPHEN FROM JERUSALEM TO CONSTANTINOPLE

Troparion tone 4

Thou art crowned with a royal diadem for contests endured in Christ's name, O first and holy Martyr; thou didst put to shame thy persecutors and see the Saviour at the right hand of the Father. Ever pray to Him for our souls.

Another Troparion tone 4

Thy relics have risen from the bowels of the earth like a treasury of the immortal life of all creation. The Church, rejoicing in the grace that she receives from them, duteously honour; thee, O Protomartyr Stephen. Preserve us from error and heresy by thine intercession.

Kontakion tone 8

Thou wast the first to be sown on earth by the heavenly husbandman; Thou wast the first to shed thy blood for Christ, O blessed and famous Stephen. Thou wast the first to be adorned by Him in heaven with the crown of victory, O spearhead of athletes, the martyr's first-crowned champion.

3 THE RIGHTEOUS FATHERS ISAAC, DALMATOS AND FAUSTOS, ABBOTS IN
CONSTANTINOPLE

ST ANTHONY THE ROMAN, WONDERWORKER IN NOVGOROD

ST TREA, RECLUSE

Troparion of the Righteous Fathers tone 1

Let us honour the triple choir of righteous fathers, glorious Isaac, Dalmatos and Faustos. They dispel the night of passions by the three-branched candlestick of Christ the Light and by their virtues illuminate those who cry: Glory to Him Who has made you wonderful; glory to Him Who has magnified you; glory to Him Who through you works healings for all.

Troparion of St Anthony the Roman tone 4

Thou didst leave old Rome thy fatherland, and scale a rock as though it were a lightship. On it thou didst cross the sea like a Bodiless One, guided by the foreseeing of the Divine Mind. Thou didst reach Great Novgorod and build a monastery wherein thou didst leave the holy gift of thy body. We beseech thee, O Father Anthony, to pray to Christ our God that He save our souls.

Troparion of St Trea tone 3

Angels rejoiced in thy life of prayer, fasting and seclusion for the love of Christ our Saviour, O holy Trea. Aware of our worldliness and lack of resolution, we turn to thee, O blessed one, beseeching thee to intercede for us with Christ our God that

He will grant us great mercy.

Kontakion of the Righteous Fathers tone 2

By asceticism you shone like lights in the world and by your faith you overthrew heresies. O Isaac, Dalmatos and Faustos, we praise you with hymns as servants of Christ who are praying for us all.

Kontakion of St Anthony tone 8

You were brought up in Rome and blossomed with grace in Great Novgorod where you pleased God with your many labours and struggles. He granted you the gift of working miracles and kept thy body incorrupt for many years. As we kiss it we joyfully cry to thee: Rejoice, O Father Anthony.

4 THE SEVEN HOLY YOUTHS OF EPHESUS

ST LUGID

Troparion of the holy Youths tone 4

O miracle of faith! The seven holy youths remained in a cave as though in a royal palace and died without corruption. After many years they rose up from sleep to convince all men of the Resurrection. Through their prayers, O Christ our God, have mercy on us all.

Troparion of St Lugid tone 4

Renowned for thy virtuous life and thy zeal as a founder of monasteries, pray O Father Lugid, that God will raise up monastics in our day to instruct and guide the faithful in their struggles that many souls may be saved.

Kontakion of the holy Youths tone 4

They forsook the things of the world as corrupt; they received the gifts of incorruption and remained in death without corruption. They arose after many years having buried their enemies' unbelief. Today as we praise the seven holy youths let us give glory to Christ.

5 FOREFEAST OF THE TRANSFIGURATION

HOLY MARTYR EVSIGNIOS

HOLY MARTYR OSWALD

Troparion of the Forefeast tone 4

Come, you faithful, let us welcome the Transfiguration of Christ and let us joyfully cry as we celebrate the forefeast: The day of holy gladness has come. The Lord has ascended Mount Tabor to radiate the beauty of His Divinity.

Troparion of St Oswald tone 5

Example to kings, champion of the Faith and missionary of God's Holy Word, thou didst excel in spiritual virtues O Father Oswald. With Aidan's help thou didst lift from Northumbria the heavy yoke of heathenism and fearing nothing, thou didst confront the forces of darkness, thereby exchanging thy earthly crown for the crown of martyrdom. We who are blessed to have thy precious relics with us to this day entreat thee for thy prayers that Christ our God will grant us His great mercy.

Troparion of St Evsignios tone 4

Thou wast filled with the faith of Christ, and in old age possessed a godly, youthful firmness. Thou didst confess God the Word as transcendent in Essence and didst boldly rebuke the apostate's audacity. Wherefore thou art glorified with the martyrs, O Evsignios, soldier of Christ.

Kontakion of the Forefeast tone 7

All mortal nature is shining today with the divine Transfiguration and is crying with exultation: Christ the Saviour of all is transfigured.

Kontakion of St Evsignios tone 8

Today the Church glorifies the holy contests of wise Evsignios, the witness of godliness and she cries unceasingly: Preserve Thy servants by his intercessions, O most Merciful One.

6 HOLY TRANSFIGURATION OF OUR LORD AND SAVIOUR JESUS CHRIST

Fish permitted

Troparion tone 7

When Thou wast transfigured on the mountain, O Christ our God, Thou didst show Thy glory to Thy disciples as far as they could bear it. Let Thy everlasting light illumine also us sinners through the intercessions of the Mother of God. Giver of Light, glory to Thee.

Kontakion tone 7

Thou wast transfigured on the mountain, O Christ our God, and Thy disciples beheld Thy glory as far as they were capable, that when they should see Thee crucified, they might know that Thy suffering was voluntary and might proclaim to the world that Thou art indeed the reflection of the Father.

7 HOLY HIEROMARTYR DOMETIOS THE PERSIAN

Troparion of the Feast:
When Thou wast transfigured...

Troparion of St Dometios tone 4

After disciplining thyself with prayer and fasting on the mountain thou didst destroy the hosts of spiritual enemies with the weapon of the Cross. Thou didst bravely arm thyself again for martyrdom and wast crowned both for thy life and for thy death, O blessed Hieromartyr Dometios.

Kontakion of the Feast:
Thou wast transfigured...

Kontakion of St Dometios tone 6

Thou didst rise above earthly things which drag down the mind, thou wast a great guide of monks, O Dometios. Thou didst not fear the furious emperor who would not honour God. Therefore O Hieromartyr thou didst die chanting the hymn: 'God is with me and no one is against me.'

8 ST EMILIAN THE CONFESSOR, BISHOP OF CYZICOS

Troparion of the Feast:
When Thou wast...

Troparion of St Emilian tone 3

In confessing the Faith thou didst proclaim the doctrines of Orthodoxy and wast unjustly exiled for rebuking the wicked king. O righteous and glorious Emilian who art the boast of Cyzicos, pray to Christ our God to grant us His great mercy.

Kontakion of the Feast:
Thou wast...

Kontakion of St Emilian tone 3

The Church for which thou didst suffer, O Emilian, hymns and glorifies thee. For thou wast a champion of the Trinity, and so we venerate thy memory. Deliver thy servants from all assaults of the enemy.

9 HOLY APOSTLE MATTHIAS
ST PHELM, HIERARCH

Troparion of the Feast:
When Thou wast...

Troparion of St Matthias tone 3

Called by the Holy Spirit thou didst complement the twelvefold choir of the Apostles. Thou didst proclaim with them the condescension of God the Word, O wondrous and glorious Apostle Matthias. Pray that all who praise thee may receive great mercy and the forgiveness of their sins.

Troparion of St Phelim tone 4

Thou wast a jewel in the diadem of spiritual athletes bestowed on the Bride of Christ by Iona's Monastery, O Hierarch Phelim. Wherefore we pray thee to intercede with Christ our God for us, lax and unworthy as we are, that we may be granted great mercy.

Kontakion of the Feast:

Thou wast...

Kontakion of St Matthias tone 4

Thy message has gone out into all the earth like the sun with its rays of light. By grace it enlightens the Church of the nations, O wonderworking Apostle Matthias.

10 HOLY MARTYR LAURENCE, ARCHDEACON OF ROME

ST GERAIN, CONFESSOR

ST BLANE, HIERARCH

Troparion of the Feast:

When Thou wast...

Troparion of St Laurence tone 3

Aflame with the Spirit like a living coal thou didst burn up the thorns of error, O blessed trophy-bearer Laurence archdeacon of Christ. Like rational incense thou didst become a whole burnt offering to Him Who magnified thee. Wherefore shelter from all assaults of the enemy those who glorify thee.

Troparion of St Geraint tone 8

Thou wast a Confessor for the Faith, a friend and father of saints and a wise and pious king, O holy Geraint. Even in the Age of Saints thy virtues shone forth, O righteous one and as thou wast a shining beacon guiding thy subjects in Devon into the way of salvation, intercede, we beseech thee, with Christ our God, for those who call upon thee, that He will save their souls.

Troparion of St Blane tone 5

Drifting over the sea in a boat without oars thou wast directed by God to the

Island of Bute, O Hierarch Blane, where thou didst devote thyself to apostolic labours. O performer of miracles, thou art worthy to be praised as Equal to the Apostles. Wherefore we beseech thee pray to Christ our God that He will raise up labourers to re-cultivate that northern part of His Vineyard, so long overgrown with the weeds of heresy and apostasy, which thou didst once tend with such care, that again many may be lead into the way of salvation.

Kontakion of the Feast:

Thou wast...

Kontakion of St Laurence tone 2

With divine fire thou didst kindle thy heart, O Laurence and reduce the fire of the passions to ashes. O staff of athletes, Godbearing Martyr, thou didst cry with faith while contesting: No one will separate me from the love of Christ.

11 HOLY MARTYR EVPLOS THE DEACON

Troparion of the Feast:

When Thou wast...

Troparion of St Evplos tone 4

As a holy deacon, a righteous minister of the Church of Christ, thou didst contend superbly. Thou didst sail over the sea of many torments and afflictions, O all-blessed Evplos. Guide us into the haven of heaven.

Kontakion of the Feast:

Thou wast...

Kontakion of St Evplos tone 1

Thou didst bear in thy hands the law of Christ and cry to thine enemies in the stadium: I am coming willingly to contest most steadfastly. Then thou didst gladly finish thy course by bending thy neck to the sword.

12 HOLY MARTYRS PHOTIOS AND ANICETOS

Troparion of the Feast:

When Thou wast...

Troparion of the Martyrs tone 3

United in the Faith, your nearness of kinship was made radiant by your divine struggles, O blessed Martyr Anicetos, and Photios servant of Light. Pray that those who hymn your holy contest may be granted the forgiveness of their sins.

Kontakion of the Feast:
Thou wast...

Kontakion of the Martyrs tone 3

When godly Photios saw thee contesting in the stadium, O Athlete Anicetos, he joined thee in the struggle and victoriously suffered all the torments. Together with him intercede with Christ our God that He deliver us from all dangers.

13 LEAVETAKING OF THE TRANSFIGURATION
ST MAXIMOS THE CONFESSOR
ST TIKHON OF ZADONSK

Troparion of the Feast:
When thou wast...

Troparion of St Maximos tone 3

By an outpouring of the Holy Spirit thou didst pour forth Christ's sacred teachings. Thou didst expound with divine authority the self-emptying of God the Word and wast radiant in thy confession of the True Faith. Glorious Father Maximos pray to Christ our God to grant us His great mercy.

Troparion of St Tikhon tone 8

From thy youth thou didst love Christ, O blessed one and wast a model in word, life, love, spirit, faith and humility. Now thou art dwelling in the heavenly mansions where thou dost stand before the throne of the Most Holy Trinity. Holy Father Tikhon pray that our souls may be saved.

Kontakion of the Feast:
Thou wast...

Kontakion of St Maximos tone 2

O Maximos divinely inspired champion of the Church, sure and illumined exponent of Orthodoxy, thou harp and trumpet of godliness, divine and holy adornment of monks: cease not to intercede for us all.

Kontakion of St Tikhon tone 8

O successor of the Apostles, adornment of Hierarchs and teacher of the Orthodox Church: pray to the Lord of all that He grant peace to the world and great mercy to our souls.

14 FOREFEAST OF THE DORMITION OF THE ALL-HOLY MOTHER OF GOD

HOLY PROPHET MICAH

Troparion of the Forefeast tone 4

O you people leap for joy and clap your hands, and lovingly cry out with radiant gladness. For the Ever-Virgin Mary is about to rise gloriously from earth to heaven. Let us ever glorify her as the Mother of God.

Troparion of the Prophet Micah tone 4

In the Spirit thou didst foresee the Church of Christ as a lofty mountain, O inspired Prophet Micah. As thou hast foretold, those who have found salvation therein are walking in the paths of the Lord, ever praising thy glorious memory.

Kontakion of the Forefeast tone 4

In thy memory the world is spiritually adorned with the immaterial Spirit and is gladly shouting to thee: Rejoice, O Virgin, boast of Christians.

Kontakion of the Prophet Micah tone 4

Illumined by the light of the Holy Spirit, thou didst foretell Christ's condescension whereby we who honour thee are redeemed from corruption, O God-inspired Prophet Micah.

15 DORMITION OF THE ALL-HOLY MOTHER OF GOD

Oil, wine and fish permitted

Troparion tone 1

In giving birth thou didst keep thy virginity, and in thy dormition thou didst not forsake the world, O Mother of God. Thou didst pass on to life, since thou art the Mother of Life, and by thine intercessions thou redeemest our souls from death.

Kontakion tone 2

The grave and death could not hold the Mother of God, who is sleepless in her intercessions and an unchanging hope in her mediations. For as the Mother of Life she was transferred to life by Him Who dwelt in her ever-virgin womb.

16 TRANSLATION OF THE ICON NOT MADE WITH HANDS OF OUR LORD JESUS CHRIST FROM EDESSA TO CONSTANTINOPLE

HOLY MARTYR DIOMEDES THE UNMERCINARY HEALER

Oil and wine permitted

Troparion of the holy Icon tone 2

We worship Thine immaculate image, O Good One, and ask the forgiveness of our sins, O Christ our God; for of Thine own will Thou wast pleased to ascend the Cross in the flesh to deliver from slavery to the enemy those whom Thou hadst created. Therefore we thankfully cry to Thee: Thou hast filled all things with joy, O our Saviour, by coming to save the world.

Troparion of the Feast:
In giving birth...

Troparion of St Diomedes tone 1

O Diomedes, as a healer of bodily sickness by the word of truth thou didst grant healing to souls. Thou hast received this gift from God and dost ever help those suffering from various diseases. Thou art radiant with the grace of martyrdom; wherefore thou savest those who cry to thee: Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of the Holy Icon tone 8

The uncircumscribable word of the Father was circumscribed when He took flesh of thee, O Mother of God; and when He had restored the defiled image to its pristine state He suffused it with divine beauty. And as we proclaim our salvation we record it by word and deed.

Kontakion of the Feast:
The grave and death...

Kontakion of St Diomedes tone 6

Thou wast skilled in the science of healing and didst wisely choose the lot of holy athletes; thou didst openly preach Christ our God, O blessed Diomedes, thou adornment of unmercenary saints, the protector of those crying to thee: Become the physician of us thy servants, O wise one.

17 HOLY HIEROMARTYR MYRON
ST ALYPIOS THE ICONOGRAPHER

Troparion of the Feast:
In giving birth...

Troparion of St Myron tone 4

O holy Myron, thou wast an alabaster vessel of virtue, thou didst faithfully serve Christ's Church and contest as a martyr. Wherefore by the fragrance of the gifts

God has given thee thou didst dispel the stench of our souls' passions, and by thy prayers thou dost obtain our forgiveness.

Troparion of St Alypios tone 8

Thou didst portray the Saints' faces on panels of wood, O all-praised Alypios, as a skilled craftsman thou didst inscribe their good works on the tablets of thy heart. Like an icon adorned in a God-like manner thou wast gilded with the grace of holiness by Christ our God the Saviour of our souls.

Kontakion of the Feast:

The grave and...

Kontakion of St Myron tone 2

Thou didst love Christ from thy childhood, O glorious Martyr, thou didst keep His commandments and run to Him wholeheartedly, O Myron. Now thou art resting with the angels and dost glorify Him and art asking forgiveness for us all.

Kontakion of St Alypios tone 2

Divinely sealed, thou didst learn iconography from thy childhood and take thy part in adorning the church of the Mother of God. Thou didst behold the illumination of the Holy Spirit and receive power from God to write miracle-working icons. Wherefore we venerate thee, blessed Alypios.

18 HOLY MARTYS FLOROS AND LAUROS

ST DAGA, HIERARCH

Troparion of the Feast:

In giving birth...

Troparion of the Martyrs tone 5

You were practised in the ways of godliness and gladly ran your course of martyrdom, and as illustrious kinsman you were glorified by Christ. O Floros and Lauros we praise you as noble athletes and we cry to you: O Saints, deliver us from all necessities.

Troparion of St Daga tone 6

O Daga thou Hierarch beloved by thy flock, thou didst raise Saint Cairlon of Cashel to life and thy piety enlightened Ireland. Pray to Christ our God for us all.

Kontakion of the Feast:

The grave and ...

Kontakion of the Martyrs tone 8

Today the universe honours glorious Floros and Lauros as wise, godly martyrs and champions of Christ. By their prayers may we receive grace and mercy and be delivered from evil and temptations, and from wrath and affliction on the Judgment Day.

19 HOLY GREAT MARTYR ANDREW THE COMMANDER AND THE 2593 MARTYRS WITH HIM

Troparion of the Feast:

In giving birth...

Troparion of St Andrew the Commander tone 3

Thou didst recruit a divinely chosen army for Christ the King by the power of the holy Faith, and as their commander and model thou didst excel with them in the warfare of martyrdom. Therefore together with them intercede with the Lord Who has glorified thee to grant us His great mercy.

Kontakion of the Feast:

The grave and...

Kontakion of St Andrew tone 4

O Andrew most excellent commander, thou didst lead an army of martyrs to Christ. And with them, O Andrew, thou didst proclaim: O Compassionate One, Thou art the martyrs' Crown.

20 HOLY PROPHET SAMUEL
ST OSWIN, KING AND MARTYR

Troparion of the Feast:

In giving birth...

Troparion of the Prophet Samuel tone 4

Thou didst blossom as a scion of righteousness from a barren mother, O great Prophet Samuel. Thou didst reveal beforehand the blessings we should receive; from childhood thou didst serve the Lord in the priestly office. As a prophet thou anointedst kings; ever remember those who acclaim thee.

Troparion of St Oswin tone 1

Courtesy and humility shone from thee, O radiant Martyr Oswin. Trained by Saint Aidan as a Christian ruler, thou - didst illumine northern Britain. Glory to Him Who

has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of the Feast:

The grave and...

Kontakion of the Prophet Samuel tone 8

Thou wast a precious gift to God before thy conception, thou didst serve Him from infancy like an angel and wast granted to foretell future events, wherefore we cry to thee: Rejoice, O Samuel, thou Prophet of God and great high priest.

2I HOLY APOSTLE THADDEUS

HOLY MARTYR VASSA AND HER THREE SONS

Troparion of the Feast:

In giving birth.

Troparion of the Apostle Thaddeus tone 4

O holy disciple and witness to God who appeared in the flesh for our sakes, thou didst bring the light of saving grace to those in darkness, thou wast revealed as an excellent physician to the people of Edessa. Wherefore shelter those who fervently seek thee.

Troparion of St Vassa tone 1

Thou wast a mother of fair children, O trophy-bearer Vassa: thou didst bring to the Trinity the fruits of thy womb: at thy word Theognios, Pistos and Agapias bravely contested and with thee partake of glory. Save those who cry to thee: Glory to Him Who has crowned thee; glory to Him Who has glorified thee; glory to Him Who through thee works healings for all.

Kontakion of the Feast:

The grave and...

Kontakion of the Apostle Thaddeus tone 4

The Church has acquired thee as a star, O Thaddeus, and is ever enlightened by thy miracles. Save those who faithfully venerate thy memory.

Kontakion of St Vassa tone 8

Thou didst follow in the footsteps of Solomone, mother of the Maccabee children, and didst encourage thy three sons to endure the martyrs' contest. Now thou hast passed beyond the afflictions of this life: deliver us from temptations for we

cry to thee: Rejoice, O much-suffering Martyr Vassa.

22 SYNAXIS OF THE MOTHER OF GOD OF PRUSA
HOLY MARTYR AGATHONICOS AND HIS COMPANIONS

Troparion of the Feast:
In giving birth...

Troparion of the Mother of God tone 1

By thine icon of Prusa thou art Protectress of the land of Greece and a worker of wondrous signs, O immaculate Virgin Mary. For thou dost grant sight to the blind, thou dost cast out demons and strengthen paralytics, O good one. And thou dost save from dangers all who hasten to thee. Glory to thy seedless childbirth; glory to Him Who has made thee wonderful; glory to Him Who works such wonders through thee.

Troparion of St Agathonicos tone 3

Thou hast raised up a victorious trophy over error, O Agathonicos, and wast found worthy of incorruptible riches. Thou didst emulate the death of the Master and become a partaker of immortal life. O glorious Martyr, entreat Christ our God to grant us His great mercy.

Kontakion of the Feast:
The grave and...

Kontakion of the Mother of God tone 3

We lovingly celebrate the joyful feast of thine icon, O Virgin Mother of God, for we have thee as our protection and have found thee to be our helper in all our distress. Wherefore with faith we praise thy glorious deeds, O Mother of the God of all.

Kontakion of St Agathonicos tone 1

O glorious Agathonicos thou namesake of goodness, thou art a godly martyr who didst turn from the shrines of evil men, not fearing their tortures. Wherefore thou didst inherit blessings and worthily receive the crown of incorruption with thy fellow martyrs.

23 LEAVETAKING OF THE FEAST OF THE DORMITION OF THE MOTHER OF GOD
ST EOGAN, FIRST BISHOP OF ARDSTRAW
ST LUPOS THE SLAVE

Troparion of the Feast:
In giving birth ...

Troparion of St Lupos tone 3

Thou wast armed with the invincible power of God the Word, O prizewinning Martyr Lupos, thou didst war against the prince of evil and shine resplendently in contest, and receive the prize of victory. Pray for us fervently that we may be granted the forgiveness of our sins.

Troparion of St Eogan tone 4

O great traveller Eogan who didst traverse Christian Europe in thy zeal for Christ, trained by Saint Ninian thou wast a wise teacher of the Faith. Glory to God Who has glorified thee.

Kontakion of the Feast:
The grave and...

Kontakion of St Lupos tone 2

In thy contest thou didst vanquish the enemy array as the Lord's steadfast warrior, O Lupos. For strengthened by divine love thou didst prevail with great struggles surpassing the strength of man. Thou art interceding with Christ our God for us all.

24 HOLY HIEROMARTYR EUTYCHES, DISCIPLE OF THE APOSTLE ST JOHN
ST YRCHARD

Troparion of St Eutyches tone 4

O disciple of the holy Apostles, thou wast a teacher of godliness and didst openly proclaim the incarnation of the Word. Thou didst suffer as a martyr and confirm the word of Faith by thy miracles. O Hieromartyr and Father Eutyches pray to Christ our God for our souls.

Troparion of St Yrcharad tone 1

Ordained by Saint Ternan with him thou didst labour and preach the Gospel to the heathen Picts. Pray for the faithful who celebrate thy memory and cry: Rejoice, O Father Yrcharad.

Kontakion of Eutyches tone 3

Thou wast a successor of the Apostles and an example to bishops O Eutyches who didst die as a martyr. Thou didst shine like the sun and illuminate all, dispelling the darkness of godlessness. Wherefore we venerate thee as Christ's divine

servant.

25 TRANSLATION OF THE RELICS OF THE HOLY APOSTLE BARTHOLOMEW HOLY APOSTLE TITUS, FIRST BISHOP OF CRETE

Troparion of St Bartholomew tone 5

O wise Bartholomew thy holy relics appeared like the dawn shining in the East and coming to the West. They shine with the gifts, of the Daystar of life and dispel the darkness of diseases from those who approach them with faith and hope.

Troparion of St Titus tone 5

Thou didst receive thy call from heaven, to learn about sacred things and of thy Master's coming to earth in the flesh. Thou didst witness His deeds and wast filled with the light of grace. As companion of Paul and preacher of the Faith thou didst enlighten Crete with the word of godliness, O blessed Apostle Titus.

Kontakion of St Bartholomew tone 4

Thou didst appear as a great sun to the world with miracles and rays of teachings. Thou dost guide to the light all who venerate thee, O Bartholomew, Apostle of the Lord.

Kontakion of St Titus tone 2

Thou wast a companion of Paul, O Apostle Titus, and with him thou didst preach the word of grace and reveal glorious mysteries. Wherefore we cry to thee: Unceasingly pray for us all.

26 ICON OF THE MOTHER OF GOD OF VLADIMIR HOLY MARTYRS ADRIAN AND NATALIE

Troparion of the Icon tone 4

Today the city of Moscow is radiant for it receives the sunbeam of thy wonderworking icon, O Lady. As we greet it we pray to thee and cry: O wonderful Mother of God, pray to Christ our God Who was incarnate of thee that this city and all cities and countries be kept safe from all enemy assaults and that our souls may be saved, for He is merciful.

Troparion of Ss Adrian and Natalie tone 3

Thou didst value the Faith as imperishable wealth, O thrice blessed one, and didst abandon thy father's ungodliness. Accepting thy spouse's word thou wast made radiant in contest. O glorious Adrian, pray to Christ our God for us, together with godly-minded Natalie.

Kontakion of the Icon tone 8

Queen of the heavenly hosts, defender of our souls, we joyfully celebrate the festival of thy meeting, O holy Mother of God; for by the coming of thy precious icon thou hast delivered us from harm, and as is meet we cry to thee: Rejoice, unwedded Bride.

Kontakion of Ss Adrian and Natalie tone 4

Thou didst lay to heart the words of thy godly-minded spouse, O Adrian martyr of Christ. Eagerly didst thou run to the tortures, and with thy wife receive a crown.

Another Kontakion of Ss Adrian and Natalie tone 4

The memory of the Martyrs has dawned, and all the ends of the world are radiant. They cry out with gladness: O Christ, Thou art the joy of the martyrs.

27 HOLY MARTYR PHANURIOS
OUR HOLY FATHER PIMEN THE ANCHORITE

Troparion of St Phanurios tone 4

From earth a heavenly song is sung: in heaven the angels celebrate an earthly festival. From on high they chant the praise of thy contests: from below the church proclaims thy heavenly glory which flows from thy struggles, O Phanurios.

Troparion of St Pimen tone 3

The mind was illumined with the light of divine works and thou wast an unfading lamp of discernment; for thou didst dispel the darkness of passions and illuminate our minds. O righteous Pimen, pray to Christ our God to grant us His great mercy.

Kontakion of St Phanurios tone 3

Thou didst save the priests from ungodly captivity and by divine power break their bonds. Thou didst bravely shame the boldness of tyrants and gladden the hosts of angels. Wherefore we honour thee, O Glorious Martyr Phanurios.

Kontakion of St Pimen tone 4

The memory of thy illustrious contests delights the souls of the godly today, O divinely wise Pimen our holy Father.

28 OUR HOLY FATHER MOSES THE ETHIOPIAN
ST JOB OF POCHAEV

Troparion of St Moses tone 5

Thou didst abandon the Egypt of passion and fervantly ascend the mount of

virtues, and didst take Christ's Cross on thy shoulders. Thou wast glorified in thy work and wast a model for monks, O Moses summit of the Fathers: With them pray unceasingly that we may obtain great mercy.

Troparion of St Job tone 4

Thou didst acquire the patience of thy much-suffering father and resemble the Baptist in abstinence. Having shared the divine zeal of both, thou wast granted to receive their names and become a fearless preacher of the Faith. Thou didst bring many monastics to Christ and strengthen all people in orthodoxy, O Job our righteous Father. Pray that our sins may be forgiven.

Kontakion of St Moses tone 3

Thou wast enriched with divine illumination, O Moses, and didst dispel the darkness of passion. Thou didst quench the pride of the flesh by thy vigils and prayers and didst go forth to the heavenly citadel. O holy Father, pray to Christ our God to grant us His great mercy.

Kontakion of St Job tone 4

Thou wast a pillar of the Faith and zealous for the gospel commandments, an adversary of pride and intercessor and teacher of the humble. Pray that the sins of those who bless thee may be forgiven, and preserve thy community unharmed, O Job our Father resembling the much suffering patriarch.

29 BEHEADING OF ST JOHN THE BAPTIST
ST THEODORA OF THESSALONICA

Strict fast

Troparion of St John the Baptist tone 2

The memory of the just is celebrated with hymns of praise but the Lord's testimony is enough for thee, O Forerunner, for thou wast shown to be more wonderful than the Prophets since thou wast granted to baptize in the running waters Him Whom thou didst proclaim. Then having endured great suffering for the Truth thou didst rejoice to bring, even to these in hell the good tidings that God Who had appeared in the flesh takes away the sin of the world and grants us the great mercy.

Troparion of St Theodora tone 4

Thou didst deny thyself, O Theodora, and take up thy cross as an ascetic. Wherefore thou didst find rest in the light and joy of heaven. Pray to Christ our

God for those who honour thee.

Kontakion of St John the Baptist tone 5

The beheading of the glorious Forerunner was a divine dispensation, that the coming of the Saviour might be preached to those in hell. Lament then, Herodias, that thou didst demand a murder, despising the law of God and eternal life.

Kontakion of St Theodora tone 8

Fragrant myrrh streams from thy relics like the river of Eden; it sanctifies thy city and all the world, O Theodora. Wherefore the faithful cry to thee: Rejoice.

30 OUR FATHERS AMONG THE SAINTS ALEXANDER, JOHN AND PAUL, PATRIARCHS
OF CONSTANTINOPLE
ST ALEXANDER OF THE RIVER SVIR

Troparion of Ss Alexander, John and Paul tone 3

Initiates of heaven and teachers of divine Truth, you faithfully tended Christ's Church, holy Alexander champion of the Trinity, John son of grace and Paul the crown of bishops. Together we all praise you.

Troparion of St Alexander of the River Svir tone 4

Thou didst settle in the wilderness from thy youth eager to follow Christ's footsteps, O Alexander. The Angels were amazed when they beheld thee struggling in the flesh and conquering onslaughts of passions. Dwelling on earth thou wast equal to the Angels. Pray to Christ our God to save our souls.

Kontakion of Ss Alexander, John and Paul tone 8

Divinely wise Alexander, wondrous John and glorious Paul, aflame with Christ's love you took up His Cross and followed His life. You now share His glory and stand before His throne: beseech Him to save our souls.

Kontakion of St Alexander of the River Svir tone 8

Thou didst settle in the wilderness and shine over Russia like a star. Thou didst take up Christ's Cross and subdue thy body by asceticism. Wherefore we implore thee to save thy flock, O wise one, that we may cry to thee: O venerable Father Alexander, rejoice.

31 PLACING OF THE PRECIOUS GIRDLE OF THE MOTHER OF GOD IN
CHALCOPRATEIA
ST AIDAN HIERARCH

Troparion of the Mother of God tone 8

O ever-Virgin mother of God, shelter of mankind, thou hast given a powerful legacy to thy people, thine immaculate body's tunic and girdle which remain incorrupt through thy pure childbirth. For in thee time and nature are renewed, and we implore thee to obtain peace for the world and great mercy for our souls.

Troparion of St Aidan tone 5

O holy Bishop Aidan, Apostle of the North and light of the Celtic Church, glorious in humility, noble in poverty, zealous monk and loving missionary, intercede for us sinners that Christ our God may have mercy on our souls.

Kontakion of the Mother of God tone 2

Thy precious girdle, O Mother of God, which encircled the womb that held God is an invincible strength for thy flock and an unfailing treasury of grace, O Ever-Virgin Mother.

Kontakion of St Aidan tone 2

Thou didst teach and preserve Christ's doctrine and didst spread the faith throughout Northumbria, O holy Hierarch Aidan. Unceasingly pray to God for us for thou dost worship before His throne for ever.

SEPTEMBER

1 BEGINNING OF THE CHURCH'S YEAR

ICON OF THE MOTHER OF GOD OF MIASINAE

ST SYMEON STYLITES AND ST MARTHA HIS MOTHER

ST SILIN, ABBOT OF MEIFOD

Oil and wine permitted

Troparion of the New Year tone 2

Lord of the universe who by Thy power hast established the times and seasons, bless this year with Thy goodness, preserve our Rulers and keep Thy flock in peace, through the prayers of the Mother of God, and save us.

Troparion of the Mother of God tone 7

Virgin Mother of God rejoice, Mary full of grace, haven and protection of the human race. The Redeemer of the world became incarnate of thee: thou art ever blessed and glorified. Pray to Christ our God to grant peace to all the world.

Troparion of St Symeon Stylites tone 1

O Symeon, righteous father, thou didst become a pillar of patience, and excel like the forefathers: Job in his sufferings, Joseph in temptation, and in the flesh wert like the bodiless ones. Intercede with Christ our God that He may save our souls.

Troparion of St Silin tone 8

Exchanging wealth and position for the treasures of poverty and solitude in Anglesey, O Father Silin, thou didst prepare thyself to preach the Gospel to the Bretons, by which labour many were brought to Christ. Intercede for us, O Saint, that we too may renounce worldly pomp and attain the heavenly rewards of those whose souls are saved.

Kontakion of the New Year tone 4

Creator and Lord of the ages, God of all, transcendent in essence: Bless this year. Save all who worship and cry: Grant us a fruitful year, O Compassionate Redeemer.

Kontakion of the Mother of God tone 4

The icon of thy holy countenance has appeared out of the waters like an ever-flowing fountain pouring forth streams of healing, O spotless Mother of God.

Kontakion of St Symeon Stylites tone 2

While seeking the kingdom of heaven thou wast united to mankind on earth. Thy pillar was a chariot of fire and thou a companion of angels. O righteous Symeon, intercede with Christ our God for us all.

2 HOLY MARTYR MAMAS

ST JOHN THE FASTER, PATRIARCH OF CONSTANTINOPLE

ST HIEU, ABBESS

Oil and wine Permitted

Troparion of St Mamas tone 3

Holy descendant of martyrs, thou didst eagerly follow their steps: while preaching the Saviour's Name thou wast fulfilled in contest. Wise and glorious Mamas, pray to Christ our God to save us.

Troparion of St John the Faster tone 4

Anointed by the Holy Spirit, thou didst serve God like an arthly angel, O Shepherd and Hierarch John. Thou didst unify thyself through fasting and grant cleansing to those who eagerly run to thee.

Troparion of St Hieu tone 8

In Tadcaster's Monastery, O Abbess Hieu, thou didst shine with the virtues of asceticism and humility. Pray that we also may follow the example of thy great teacher, the Hierarch Aidan, and live lives of spiritual struggle that our souls may be saved.

Kontakion of St Mamas tone 3

Shepherd thy people in life-giving pastures with the staff given thee by God. And crush the invisible enemies beneath the feet of those who praise thee. For all in danger have thee as a fervent intercessor, O holy Mamas.

Kontakion of St John tone 4

Thou didst become like thy namesake the Forerunner, John, for thou wast radiant with fasting and purity, Christ has made thee a worthy shepherd of His flock; beseech Him to save those who venerate thee.

3 HOLY HIEROMARTYR ANTHIMUS, BISHOP OF NICOMEDIA

ST PHOEBE DEACONESS OF CONCHRAE

OUR HOLY FATHER THEOCTISTUS, FELLOW ASCETIC OF EUTHYMIUS THE GREAT

ST MACNIS

ST EDWARD THE MARTYR

Troparion of St Anthimus the Hieromartyr tone 1

Thou didst protect thy Flock with thy blood, not fearing shine adversaries. Now thou dost rejoice in heaven, standing before the throne. Glory to Christ Who has strengthened thee; glory to thy courage; glory to shine endurance, O holy Hieromartyr Anthimus.

Troparion of St Phoebe tone 3

Enlightened by grace and taught the faith by the chosen vessel of Christ, thou wast found worthy of the diaconate and didst bring Paul's words to Rome. O Deaconess Phoebe, pray to Christ our God that His Spirit may enlighten our souls.

Troparion of St Theoctistus tone 4

Dedicated as God's priest from tiny youth, thou didst spurn all worldly aims. O righteous Theoctistus, thou wast radiant in thy solitude and strict in the training of monks. Guide those who come to thee and lead them in the way of salvation.

Troparion of St MacNis tone 8

Having learned thy faith from Ireland Enlightener, O holy MacNis, thou didst

found a shining beacon of the True Faith, the Monastery of Kells, from which was bequeathed to Christ's church a treasure of piety and wonder, which is with us to this day. Inspired by thine example, O Saint, we beseech thee to intercede with Christ our God that we may be given grace to follow thee in the way of salvation.

Troparion for St Edward the Martyr tone 4

Celebrating the newly manifest commemoration of the holy King Edward, who shone forth of old in the virtues and suffered undeservedly we all bow down before the Icon of his honoured countenance and in gladness cry out: Truly Thou art wonderful in Thy Saints, O God.

Kontakion of St Anthimus the Hieromartyr tone 4

Illustrious priest and steadfast martyr, Anthimus worthy of praise: thou didst assail idol-worship and champion thy flock who fervently cry out to thee: By thine intercessions deliver us from dangers.

Kontakion of St Phoebe tone 2

Paul proclaimed thee a protector of many and thou didst become his helper. Harken to those who approach thee with faith and who cry out to thee with love: Rejoice glory of Corinth and pride of Cenchrea; rejoice thou lamp of Cenchrea, rejoice, O Deaconess Phoebe.

Kontakion of St Theoctistus tone 4

Thou didst keep thy soul pure and present it to God as His creation. Enlightened by Him, Theoctistus, thou didst rise to the peak of endeavour. By thy works thou hast confirmed the grace that was given thee.

Kontakion for St Edward tone 4

Thou didst shine forth in the land of England as a pious king and radiant martyr. For when the enemies of godly order fell upon thee, thou didst bear the wounds and blows and didst speedily depart to thy Saviour. Now thou cost work a multitude of miracles for those who in faith cry to thee: Rejoice, O holy King and Martyr Edward, intercessor for our land.

4 ICON OF THE MOTHER OF GOD OF THE BURNING BUSH
HOLY PROPHET MOSES THE LAW-GIVER AND SEER OF GOD
BABYLAS, BISHOP OF ANTIOCH, HIEROMARTYR

Troparion of the Mother of God tone 1

The miracle that Moses saw on Sinai in the burning bush foretold thy Virgin

Childbearing, O pure Virgin. We faithful cry to thee: Rejoice truly living bush, rejoice holy mountain, rejoice sanctified place, most holy Mother of God.

Troparion of the Prophet Moses tone 2

Thou didst ascend to the summit of virtues, O holy Prophet Moses. Thou wast granted to see the glory of God, to receive the tablets of the Law, and to bear grace within thee. Thou wast the joy of the Prophets and a guide to piety.

Troparion of Hieromartyr Babylas tone 4

O Babylas husbandman of righteousness, thou didst cut down the thorns of error. With the radiance of thy priesthood and reddened by the streams of thy blood thou wast presented to Christ crying out: Here am I and Thy children, O Jesus: graciously receive us.

Kontakion of the Prophet Moses tone 2

The company of the Prophets rejoices with Moses and Sharon: their prophecy is fulfilled as the Cross whereby Thou hast saved us shines forth. Save our souls by their prayers, O Christ our God.

Kontakion of Hieromartyr Babylas tone 4

Thou didst treasure in thine heart the mysteries of the faith without fearing the tyrant. O Hieromartyr Babylas, servant of Christ, preserve us.

5 HOLY PROPHET ZACHARIAS, FATHER OF THE FORERUNNER

Troparion of St Zacharias tone 4

Arrayed in priestly vestments, thou didst offer sacrifice according to God's law. Thou wast a light and a seer of mysteries bearing the signs of grace within thee. Thou wast slain in the temple of God, O Zacharias, Prophet of Christ. Together with the Forerunner pray that our souls may be saved.

Kontakion of St Zacharias tone 3

Zacharias, Prophet and Priest and father of the Forerunner, is preparing a feast for the faithful and is mixing a draught of righteousness. Let us praise him as a holy seer of the grace of God.

6 MIRACLE OF THE ARCHANGEL MICHAEL AT CHONAE ST MACCALLIN

Oil and wine permitted

Troparion of the Archangel Michael tone 4

Michael Prince of the armies of heaven, thou didst over-shadow the Church like a

cloud raining waters of immortality. Thou didst preserve it as another ark and turn rivers aside with thy spear, to the glory of the Faith and the rejoicing of the faithful.

Troparion of St MacCallin tone 8

Thou didst labour for Christ as a missionary in the northern land, O Father MacCallin, before accepting the bishopric of Lusk. Pray to God that missionary zeal may also be manifested in our lives that we cease not in our efforts, for the restoration of Orthodoxy in these islands and for the attainment of eternal salvation.

Kontakion for St Michael tone 2

Supreme Leader of God's armies and minister of the divine glory, prince of the Bodiless Angels and guide of men, ask what is good for us and great mercy, as supreme Leader of the Bodiless Hosts.

7 FOREFEAST OF THE NATIVITY OF THE MOST HOLY MOTHER OF GOD
HOLY MARTYR SOZON THE SHEPHERD
ST JOHN, ARCHBISHOP OF NOVGOROD

Troparion of the Forefeast tone 4

From the root of Jesse and from David's loins the divine maiden Mary is born for us today, and all things are filled with God and renewed. Rejoice together, heaven and earth: Praise her, you countries of the nations: Joachim rejoices and Anna keeps festival, crying: The barren woman gives birth to the Mother of God and the nurse of our life.

Troparion of St Sozon tone 1

O Martyr Sozon, thou didst pledge thy life to God, endure the contest and become a sharer in Christ's Passion. Save from temptation those who cry to thee: Glory to Him Who strengthened thee; Glory to Him Who crowned thee; Glory to Him Who through thee works healings for all.

Troparion of St John tone 8

Great Novgorod rejoices over thy relics today, O holy Hierarch John. For they shine as the sun and grant healing to all who venerate thy shrine with faith. Entreat Christ our God to deliver this city from captivity, from civil war and fire, O wise wonderworker, heavenly man and earthly angel, that we may hymn thee and glorify our God.

Kontakion of the Forefeast tone 3

Today the bridal chamber of the heavenly Bridegroom, Mary the Virgin Mother of God, by God's will is born of a barren woman, and the chariot of the Word of God is beautifully adorned. She is the gate and the Mother of life: for this God chose her.

Kontakion of St Sozon tone 2

Together let us praise with loud voices Sozon the Athlete of piety, vessel of grace and bestower of healings. He prays to God for us all.

Kontakion of St John tone 4

Today the Church rejoices remembering holy Hierarch John who shines forth in virtue from Novgorod the Great. Now as his incorrupt body pours forth miracles we cry to him: O most blessed one, pray to Christ our God for us all.

8 THE NATIVITY OF THE MOST HOLY MOTHER OF GOD ST CYNFARCH, MONK

Oil, fish and wine permitted

Troparion of the Mother of God tone 4

Thy birth, O Mother of God, has brought joy to all the world; for from thee arose the Sun of Righteousness, Christ our God, Who, having dissolved the curse, has given His blessing, and having abolished death, has granted us life eternal.

Troparion of St Cynfarch tone 8

Seeing that many were brought to Christ by the radiant example of thy virtuous life and thy missionary labours, O holy Cynfarch, pray that we too may follow thee in the service of our Saviour, that our souls may be saved.

Kontakion of the Mother of God tone 4

Joachim and Anna were freed from the reproach of childlessness and Adam and Eve from the corruption of death, O Immaculate One, by thy holy nativity. And thy people, redeemed from the guilt of sin, celebrate thy birth by crying to thee: The barren woman gives birth to the Mother of God and the nurse of our life.

9 THE HOLY AND RIGHTEOUS JOACHIM AND ANNA HOLY MARTYR SEVERIAN
ST KIERAN OF CLONMACNOIS

Oil and wine permitted

Troparion of the Feast:

Thy Nativity...

Troparion of Ss Joachim and Anna tone 2

We celebrate the memory of Thy righteous forebears and through them we entreat Thee, O Lord, to save our souls.

Another Troparion of Ss Joachim and Anna tone 5

Let us sing praises to Joachim and Anna, the couple honoured by God (and they are His kinsmen). They have borne for us the Maiden who in a manner beyond understanding gave birth to Him Who though fleshless became incarnate to save the world. With her they intercede for our souls.

Troparion of St Severian tone 4

With wise words thou didst anoint an army of Athletes and exhort them to contest. Thou didst spurn corruptible honours and receive unfading glory. Holy Martyr Severian, we sing thy praise.

Troparion of St Kieran tone 8

From childhood thy Life was resplendent with miracles, O Father Kieran, showing forth thy boundless love for God by loving and caring for His creation, both men and animals. Leaving thy carpenter father, thou didst seek training in the ascetic life from Ireland's spiritual giants before founding the great monastery of Clonmacnois, from whence the Lord, in His great mercy, called thee to Himself in thy thirty third year. Wherefore, O Righteous one, intercede with Christ our God that we too may be found worthy of His mercy.

Kontakion of the Feast:

Joachim and Anna were freed...

Kontakion of Ss Joachim and Anna tone 2

Anna rejoices, released from her barrenness, and nurses her most pure child. She calls all people to glorify Him Who gave the Virgin Mother to mankind from her womb.

Kontakion of St Severian tone 2

Thou didst shine forth as a noble martyr, holy Severian, Athlete of God. Thou art the glory of trophy-bearers, radiantly adorned with Christ's wounds. Intercede that our souls may be saved.

**10 THE HOLY MARTYRS MENODORA, METRODORA AND NYMPHODORA
ST FINIAN, ABBOT**

Troparion of the Feast:

Thy Nativity...

Troparion of the Virgin Martyrs tone 1

Let all who rejoice at their triumph honour these three Virgin Martyrs who are united to God as sisters and pour forth fair streams of grace: Menodora, Metrodora and Nymphodora who were in all things courageous. They ever pray to the Trinity for us.

Troparion of St Finian tone 8

Having been nourished in the faith at Candida Casa, O holy Finian, thou didst return to thy native Ireland as the sower of seed which bore fruit an hundred-fold. In thy love and wisdom intercede with our merciful Creator that He will so nourish us with true faith and piety, devoting ourselves only to Him, that we may receive the reward of the righteous.

Kontakion of the Feast:

Joachim and Anna were freed...

Kontakion of the Virgin Martyrs tone 4

You endured suffering for the Trinity and as sisters united in spirit you defeated the enemy's guile. You have entered heaven with the five virgins and with Angels stand before the King.

11 ST THEODORA OF ALEXANDRIA

ST DEINIOL, ABBOT OF BANGOR

Troparion of the Feast:

Thy Nativity...

Troparion of St Theodora tone 3

Thou didst offer thy life as a holy gift, O righteous Theodora: for radiant with the light of repentance thou didst illumine mankind. Pray to Christ Who has glorified thee to grant us His great mercy.

Troparion of St Deiniol tone 4

By thy teaching and pious life thou didst shine forth in the age of Saints, O Hierarch Deiniol, and becoming Bangor's first bishop thou wast an instrument of God's grace, leading many to salvation. Pray, O Saint, that we may be led into the Way of Truth that our souls may be saved.

Kontakion of the Feast:

Joachim and Anna...

Kontakion of St Theodora tone 2

Thou didst spend thy life in fasting and prayer and entreat forgiveness of thy sin: and thou didst receive it and show us the way of repentance, O righteous Mother Theodora.

12 LEAVE-TAKING OF THE FEAST OF THE NATIVITY OF THE MOST HOLY MOTHER OF GOD

ST AILBE, BISHOP OF EMLY

Oil and wine permitted

Troparion and Kontakion of the Feast

Troparion of St Ailbe tone 4

When Ireland's Enlightener returned to his native land he found thee, O holy Ailbe, preaching the Faith at Emly, where at the bidding of an Angel thou hadst built a church. O wise shepherd of souls and glorious ascetic, O friend of animals, and fellow missionary with the illustrious Patrick, pray to Christ our God that we might also become bastions of Orthodoxy and a shining example to our fellow countrymen, drawing them away from ignorance and error and into the true Faith that all our souls may be saved.

13 FOREFEAST OF THE ELEVATION OF THE PRECIOUS AND LIFEGIVING CROSS
HOLY HIEROMARTYR CORNELIUS THE CENTURION

Troparion of the Forefeast tone 2

We lift up in prayer the lifegiving Cross which Thou in Thy goodness hast given us, unworthy as we are. O Lord, save all who pray to Thee, and grant peace through the Mother of God, O only Lover of mankind.

Troparion of St Cornelius tone 4

O blessed Cornelius, thou wast distinguished in works of righteousness and received the enlightenment of godliness and wast a fellow labourer with the Apostles, for thou didst share their work and preach Christ's incarnation to all. With them pray that all who honour thee may be saved.

Kontakion of the Forefeast tone 4

Thy precious Cross rises like the sun and mystically makes all pure and holy. Let us prepare to welcome it with faith.

Kontakion of St Cornelius tone 4

O inspired Cornelius, the Church has received thee as a first-fruit of the Gentiles, and thou hast illumined her with thy works.

14 THE ELEVATION OF THE PRECIOUS AND LIFE-GIVING CROSS

Fast on whatever day it occurs

(On Sat. or Sun. oil & wine)

Troparion tone 1

O Lord, save Thy people and bless Thine inheritance. Grant victory over their enemies to Orthodox Christians, and protect Thy people with Thy Cross.

Kontakion tone 4

O Christ our God Who wast voluntarily lifted up on the Cross, grant Thy mercies to Thy new people named after Thee. Gladden with Thy power Orthodox Christians and give them victory over their enemies. May they have as an ally that invincible trophy, Thy weapon of peace.

15 ST NICETAS THE GOTH

ST PHILOTHEUS THE PRESBYTER

ST HERNAN, MONK

ST MERRYIN, HIERARCH

Troparion of the Feast:

O Lord, save,..

Troparion of St Nicetas tone 3

Thou didst defeat error and triumph in martyrdom, Nicetas namesake of victory: for thou didst conquer the ranks of the enemy and end thy contest by fire. Pray to Christ our God to grant us His great mercy.

Troparion of St Philotheus the Presbyter tone 1

O pure and holy Philotheus, thou wast a lover of God, and now glorified by the Holy Spirit thou dost work miracles to save from harm all who cry to thee: Glory to Him Who has glorified thee; glory to Him Who has made thee wonderful; glory to Him Who through thee works healings for all.

Troparion of St Hernan tone 8

Devoting thy life to prayer and fasting, O Father Hernan, thou hast bequeathed to us a legacy of Orthodox asceticism. Pray to Christ our God that we may be

granted grace to emulate thy podvig, O Saint, and thereby receive the reward of the blessed.

Troparion of St Merryn tone 4

As a bishop thou wast an icon of Christ, O holy Merryn, and by thy godly life thou didst win many souls for Him. Pray for us too that we may be numbered among the elect.

Kontakion of the Feast:

O Christ our God...

Kontakion of St Nicetas tone 2

Thou didst stand firm and defeat delusion and hast received thy Martyr's crown, O Nicetas, namesake of victory; thou art rejoicing with the Angels. Together with them pray unceasingly to Christ our God to save our souls.

Kontakion of St Philotheus tone 2

Thou didst end Thy life in righteousness and wast a lover of God. O holy Philotheus who didst receive power to work miracles, pray unceasingly for us all.

16 THE GREAT AND ALL-FAMED MARTYR EUPHEMIA
ST NINIAN, ABBOT

Troparion of the Feast:

O Lord, save...

Troparion of St Euphemia tone 3

In love thy contest was radiant and thou didst run to the fragrance of Christ. O virtuous Virgin-Martyr, thou hast entered the bridal chamber and dost send healing into the world. Save those who cry to thee: Rejoice, O holy Euphemia.

Troparion of St Ninian tone 8

Having been instructed and blessed by saints, O holy Father Ninian, thou didst return to Northern Britain to preach Christ to thine own people. Following thine example, O Apostle of the Picts, Light of those in the darkness of paganism, True shepherd of the sheep, Teacher of the Orthodox Faith and Founder of Candida Casa, pray that we will tirelessly labour for Christ among our fellow countrymen, that our souls may be saved.

Kontakion of the Feast:

O Christ our God...

Kontakion of St Euphemia tone 4

Thou didst win thy martyr's contest and dost now sanctify us with streams of miracles, O holy Euphemia. We honour thy repose and stand before thy relics to be delivered from our souls diseases and obtain the grace of miracles.

17 THE HOLY MARTYR SOPHIA AND HER THREE DAUGHTERS FAITH, HOPE AND LOVE.

HOLY MARTYRS SOCRATES AND STEPHEN

Troparion of the Feast:

O Lord, save Thy people...

Troparion of St Sophia and her Three Daughters tone 5

Thou didst blossom in the courts of the Lord as a fruitful olive tree, O holy Martyr Sophia; in thy contest thou didst offer to Christ the sweet fruit of thy womb, Love, Hope and Faith. With them intercede for us all.

Troparion of Ss Socrates and Stephen tone 1

Thou didst win the crown of martyrdom, O noble Socrates and Stephen, when thou, following in the footsteps of both our nation's Patron and our Protomartyr, didst resist the edict of the God-hating Diocletian. Pray to God that we also may be given strength to be faithful, even unto death, that we too may inherit eternal life.

Kontakion of the Feast:

O Christ our God...

Kontakion of St Sophia and her Three Daughters tone 1

Faith, Hope and Love, holy branches of noble Sophia, by grace made Greek wisdom foolishness. They have contested and won the victory and have been crowned by Christ the Master of all.

18 ST EUMENIUS, BISHOP OF GORTYNIA IN CRETE, WONDERWORKER
ST ARIADNE THE MARTYR

Troparion of the Feast:

O Lord, save. . .

Troparion of St Eumenius tone 4

We have thee as a friend and helper, O gracious advocate Eumenius: for thou didst flow with compassion and dost pour healing upon the Church. Protect those

who honour thee.

Troparion of St Ariadne tone 4

Guided by the hand of Christ, thou didst excel in freedom of purpose, O Martyr Ariadne. Thou didst defeat the enemy and receive a crown woven with the grace of God. Entreat Him to have mercy on those who call thee blessed.

Kontakion of the Feast:

O Christ our God...

Kontakion of St Eumenius tone 2

Radiant with divine Light blessed Hierarch Eumenius, thou dost illumine those who hymn thy glorious passing. For thou dost pray unceasingly for us all.

Kontakion of St Ariadne tone 3

Thou didst love Christ the Rock of life and stand steadfastly before the enemy. A rock which divided and received thee united thee to thy Bridegroom. O Martyr Ariadne, entreat Him to forgive our offences.

19 HOLY MARTYRS TROPHIMUS, SABBATIUS AND DORYMEDON
ST THEODORE, PRINCE OF SMOLENSK AND HIS TWO SONS DAVID AND
CONSTANTINE

Troparion of the Feast:

O Lord, save...

Troparion of the Martyrs tone 3

Adorned with the might of the Trinity you cut off the thorns of error, blessed Trophimus delight of the Church, wise Sabbatius adornment of athletes, and Dorymedon glory of the faithful. We praise you with hymns.

Troparion of St Theodore and his sons David and Constantine tone 4

You clung to Christ's love from your youth and eagerly kept His laws. You were enriched with miraculous gifts and now pour forth healings, Theodore, David and Constantine. Pray to Christ our God to save those who venerate you.

Kontakion of the Feast:

O Christ our God...

Kontakion of the Martyrs tone 4

O Martyrs Trophimus, Sabbatius and Dorymedon, you were a river flowing with the gifts of the Spirit and now you water the world with miracles.

Kontakion of Ss Theodore, David Constantine tone 8

While in the flesh you were radiant lamps and lived like the Angels. By fasting, vigil and faith you grew like the tree in paradise. You, blossomed forth in prayer through the grace you received. You have become mighty physicians, healing infirmity of souls. Glorious wonderworkers Theodore, David and Constantine, pray to Christ our God for the forgiveness of those who venerate your relics.

20 GREAT MARTYR EUSTATHIUS, HIS WIFE THEOPISTE, AND THEIR TWO SONS
AGAPIUS AND THEOPISTUS

ST MICHAEL, PRINCE OF CHERNIGOV AND HIS BOYAR THEODORE, MARTYRS AT
THE HANDS OF THE TARTARS

Oil and wine permitted

Troparion of the Feast:

O Lord, save...

Troparion of St Eustathius tone 1

O glorious Eustathius, thou wast hunted from heaven and captured by Him Who appeared as a deer. Together with thy wife and sons thou wast tempted and didst triumph in contests. Thou dost gladden those who cry: Glory to Christ Who glorified thee; glory to Him Who crowned thee; glory to Him Who proved thee to be a second John.

Troparion of St Michael Prince of Chernigov and his Boyar Theodore tone 4

You fulfilled your lives as martyrs, were adorned with the crowns of confession and ascended into heaven. O wise Michael and brave Theodore, pray to Christ our God to have mercy on your fatherland and on all Orthodox Christians.

Kontakion of the Feast:

O Christ our God...

Kontakion of St Eustathius tone 2

Thou didst follow Christ's Passion, Eustathius, and willingly drank His chalice. Thou art also fellow-heir to His glory and hast received from Him heavenly power.

Kontakion of St Michael and his Boyar Theodore tone 8

Despising earthly dominion thou didst abandon fame as transient. Thou didst enter the contests and proclaim the Trinity before thy tormentors, strong Michael and brave Theodore. As you stand before the King of Angels pray for your fatherland and Orthodox Christians, that we may ever venerate you.

21 LEAVETAKING OF THE FEAST OF THE ELEVATION OF THE PRECIOUS AND
LIFEGIVING CROSS
ST QUADRATUS OF THE SEVENTY
ST MABYN

Troparion and Kontakion of the Feast

Troparion of St Quadratus tone 1

Thy life became radiant with wisdom, thou didst draw down the fire of the Spirit and discern the doctrines of life, Quadratus, Apostle of Christ. We cry to thee as to an enlightener: Glory to Christ Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through works healing for all.

Kontakion of St Quadratus tone 8

O Lord, the world offers to Thee the Apostle Quadratus as a holy Hierarch and Martyr. As we hymn his memory we pray thee to grant forgiveness to those who sing: Alleluia.

Kontakion of St Mabyn tone 8

Preserving thyself in virginity, and pleasing Christ our God with thy asceticism, O holy Mabyn, thou didst give to the faithful an example of pious and godly living. Pray that the example of our lives will also be pleasing to God that our souls will be brought into the Way of Salvation.

22-28 SATURDAY AFTER THE LEAVETAKING OF THE FEAST OF THE ELEVATION OF
THE PRECIOUS CROSS
SYNAXIS OF THE RIGHTEOUS FATHERS OF THE NEAR KIEVAN CAVES

Troparion tone 4

We bring to Thee in prayer, O Christ, great Anthony and the assembly of the God-bearing Fathers; they are a fiery Pillar and a brilliant sun shining from the Kievan Caves. By their prayers grant grace to our monastery and great mercy to our souls.

Kontakion tone 2

Let us honour with praises the ascetic choir as we behold them with our minds and in spirit. As we venerate their relics let us bring gifts of love, for they pray to God for our souls.

22 ST PHOCAS OF SINOPE, HIEROMARTYR

Troparion tone 4

Radiant vessel of the Spirit from thy youth, thou wast enriched with the gift of miracles; thou didst serve thy Saviour in the priestly office and drink of His cup in thy contest. Holy Hieromartyr Phocas, entreat Him to save our souls.

Kontakion tone 2

The Master has set thee as a brilliant sun shining on all the faithful. He has accepted thy life, faith and contest as myrrh, O glorious Martyr Phocas, for He is rich in mercy.

23 CONCEPTION OF ST JOHN THE BAPTIST

Oil and wine permitted

Troparion tone 4

Sing, O barren one that didst not bear, for thou hast conceived the lamp of the Sun Who is to enlighten the whole world suffering blindness. O Zacharias rejoice and shout: 'The Prophet of the Most High is to be born.'

Kontakion tone 1

Great Zacharias radiantly rejoices together with Elizabeth: she worthily conceived John the Forerunner whom the Angel announced with great gladness and whom we honour as an initiate of grace.

24 SYNAXIS OF THE MOTHER OF GOD OF THE MYRTLE TREE

ST THECLA, THE FIRST WOMAN-MARTYR, EQUAL-TO-THE-APOSTLES

Oil and wine permitted

Troparion of the Mother of God tone 4

Let us come clapping our hands with joy and faith and sing lovingly to the Mother of God: Rejoice protection of all who entreat thee, rejoice salvation of those who honour thee, rejoice for thou didst heal the paralytic.

Troparion of St Thecla tone 3

Inspired by the divine teacher's words thou wast inflamed with love for thy Creator. Thou didst disdain all earthly pleasures and endure wild beasts and fire. O glorious Thecla, companion of Paul, entreat thy divine Bridegroom to grant us His great mercy.

Kontakion of the Mother of God tone 8

Let us the faithful come to the Mother of God for she grants healing to all

abundantly; and let us sing with love: As thou hast raised the paralytic, O Bride of God, deliver from danger those who cry to thee: Rejoice Joy of all creation.

Kontakion of St Thecla tone 8

Radiant with virginity and adorned with the crown of martyrdom, thou wast a bearer of the Faith. Thou didst turn flames to dew and tame a wild bull by thy prayer, O glorious Thecla, first woman martyr.

25 ST SERGIUS OF RADONEZH, WONDERWORKER

ST EUPHROSYNE OF ALEXANDRIA

ST CAIAN

ST FINBAR

Oil and wine permitted

Troparion of St Sergius tone 4

Champion of virtue and warrior of Christ, thou didst contend against earthly passions; thou wast a model to thy disciples in vigil, chant and fasting and the Holy Spirit came and dwelt in thee. As thou hast boldness towards the Trinity remember thy flock and visit thy children as thou didst promise, O holy Father Sergius.

Troparion of St Euphrosyne tone 1

As an ascetic thou didst hide thy womanhood and thy falling asleep was an amazement, O Euphrosyne. Though a woman thou didst toil as a man and by thy prayers thou dost save those who honour thee.

Kontakion of St Sergius tone 3

Wounded with love for Christ and eagerly following Him, thou didst spurn all carnal desire and shine as the sun on thy fatherland. Christ has given thee the gift of wonderworking. Remember us who honour thy memory and cry: Rejoice, Sergius our holy Father.

Kontakion of St Euphrosyne tone 2

Desiring the life on high and forsaking all earthly pleasures thou didst live as a man among men, O holy Euphrosyne. For the sake of Christ thy Bridegroom thou didst spurn earthly betrothal.

Troparion of St Caian tone 8

The noble Brychan, obeying God's will, bestowed on the Church a galaxy of saints to illumine our land. As in Angelsey thou didst labour for Christ, O holy Caian,

cease not in thy labour of prayer that we may be granted salvation for our souls.

Troparion of St Finbar tone 4

Truly thou art hymned, O Hierarch Finbar, as a Father of monastics and shepherd of souls. Seeing our plight and feeling for us in our great necessity, cease not to intercede with Christ our God that He will raise up in our days pastors of thy stature to lead us into the way of Truth.

26 TRANSLATION OF THE APOSTLE AND EVANGELIST ST JOHN THE THEOLOGIAN
ST MAWGAN
ST COLMAN ELO

Oil and wine permitted

Troparion of St John tone 2

Apostle beloved of Christ our God, hasten to deliver a defenceless people. He Who allowed thee to recline on His breast receives thee bowing in prayer, O John the Theologian. Implore Him to dispel heathen persistence and to grant us peace and mercy.

Troparion of St Mawgan tone 4

Renowned for thy fatherly teaching and the tirelessness of thy missionary endeavours, O Father Mawgan, thou art the inspiration of all who call on thee. Entreat Christ our God that He would spare us to serve Him alone and thus attain the rewards of the Blessed.

Troparion of St Colman Elo tone 8

Following in the footsteps of thy renowned kinsman Columba, O Father Colman Elo, thou didst bring many in the Celtic lands to Christ by thy preaching and virtuous life. Pray that we who hymn thee may be given grace to follow in thy footsteps that our souls may be saved.

Kontakion of St John tone 2

Who can tell of thy mighty works, O beloved Saint? Thou didst pour forth miracles. Thou art a source of healing and dost intercede for our souls as Theologian and friend of Christ.

27 HOLY MARTYR CALLISTRATUS AND THE FORTY NINE HOLY MARTYRS WITH HIM
ST SABBATIUS OF SOLOVIETSK
ST BARROG

Troparion of St Callistratus tone 3

Strengthened by the Holy Spirit thou wast glorious in contest and didst cast down the enemy, O Martyr Callistratus. And thou dost offer a noble army of athletes as incense to Christ. With them pray for us who praise thee with hymns.

Troparion of St Sabbatius of Solovietsk tone 3

Thou didst abandon the world and fight the good fight by hardship, vigil and prayer. Pray to Christ our God to save our souls, O holy Father Sabbatius.

Troparion of St Barrog tone 8

Might of the West, inspirer of monastics and boast of ascetics, thy radiant life was pleasing to God O Father Barrog. Do not reject us in our pitiable state but pray, O Saint, that repenting and weeping we may be found worthy of a place in Christ's holy Kingdom.

Kontakion of St Callistratus tone 4

Like stars you have shone upon the world and shed the light of contests and miracles on all who cry to you: Rejoice Callistratus with your company of fellow Martyrs.

Kontakion of St Sabbatius tone 2

Fleeing the turmoil of life thou didst dwell on an island in the sea. Thou didst take up thy cross and follow Christ and toil in vigils, fasting and hardships. Thou hast become the adornment of the righteous and we lovingly celebrate thy memory. Pray to Christ our God to save our souls, O righteous Sabbatius.

28 OUR HOLY FATHER AND CONFESSOR CHARITON
HOLY PROPHET BARUCH
ST CONWALL

Troparion of St Chariton tone 4

O blessed Chariton, radiant with the grace of the Spirit thou wast luminous with virtue. Thou didst shine from the desert by confession and labours. Pray for those who sing thy praises.

Troparion of the Prophet Baruch tone 8

Thou wast worthy of the light of prophecy and didst become companion to Jeremias. Thou didst foretell the self-emptying of God the Word which, He wrought for the world's salvation. We who partake of this in the true Faith honour thee, O Prophet Baruch.

Troparion of St Conwall tone 8

Taking to heart Christ's holy command, thou didst preach His Gospel to the nation of the Picts, O Father Conwall, setting us a laudable example. Pray that we may be granted strength also to witness for Christ until our last breath, that having lived only for Him, we may be made worthy to enter His Kingdom.

Kontakion of St Chariton tone 2

Thou didst delight in monastic discipline and bridle carnal desire, and didst increase in faith, O blessed Chariton. Thou hast flourished as the tree of life in the midst of Paradise.

Kontakion of the Prophet Baruch tone 8

Like a prophetic harp thou didst sing and foretell the Redeemer's dispensation: "This is our God Who did show Himself upon earth and none other shall be compared to Him." Thus hast thou revealed the gate of knowledge, O Baruch, to those who worship His coming.

29 ST CYRIAC THE ASCETIC

Troparion tone 1

Thou didst make the wilderness thy dwelling and become an angel in the flesh and a wonderworker. Thou wast found worthy of grace to heal all who hastened to thee, O blessed Cyriac. Glory to Christ Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion tone 8

The sacred Lavra honours thee as a mighty champion and helper, and yearly celebrates thy memory. Thou hast boldness towards the Lord: preserve us from all enemy attack that we may cry to thee: Rejoice Cyriac our holy Father.

30 HOLY HIEROMARTYR GREGORY THE ILLUMINATOR, BISHOP AND EVANGELIST
OF GREAT ARMENIA

ST MICHAEL, METROPOLITAN OF KIEV

ST MIDAN

Troparion of St Gregory tone 3

Thou didst sow the knowledge of God in the hearts of the faithful, by cultivating the Faith; made radiant by the wounds of martyrdom thou didst shed thy light on all. O Hierarch Gregory, pray to Christ our God to grant us His great mercy.

Troparion of St Michael, Metropolitan of Kiev tone 4

The prophecy of the first-called Apostle has been fulfilled today: grace has illumined these hills, the faith is increased, and those who were not a people are now the people of God, a holy nation, a flock of Christ of which thou, O Michael, art first shepherd, and thou dost serve it by giving it baptism. O Hierarch, standing before God pray that all may be saved.

Troparion of St Midan tone 8

Amongst Angelsey's adornment of Saints, thy virtuous life shines forth to illumine these islands, O Father Midan. We pray thee to intercede with Christ our God that His mercy, and not our weakness, will prevail that our souls may be saved.

Kontakion of St Gregory tone 2

Let us the faithful praise Hierarch Gregory who is a shepherd, teacher and enlightener; and he is an athlete for the Truth. He intercedes with Christ our God that we may be saved.

Kontakion of St Michael tone 2

Thou didst appear as a second Moses bringing the vine from Egyptian idolatry into the land of promise. And thou didst say of it: Faith shall be established in this land, and fruit to nourish the world shall flourish on the summits of Kiev more than on the heights of Lebanon. Having this fruit we bless thee, O Hierarch Michael.

OCTOBER

1 FEAST OF THE PROTECTION OF THE MOST HOLY MOTHER OF GOD

HOLY APOSTLE ANANIAS OF THE SEVENTY

ST ROMANUS THE MELODIST

HOLY MARTYR MELOR

Oil and wine permitted

Troparion of the Protection tone 4

Most holy Mother of God, today we Orthodox joyfully celebrate thy coming among us. As we gaze at thy icon we cry with compunction: Shelter us under thy protection, deliver us from evil, and pray thy Son Christ our God to save our souls.

Troparion of the Apostle Ananias tone 4

Filled with grace through the Threefold Sun thou didst illumine Christ's chosen vessel. When thou hadst preached the faith thou wast strengthened in grace by thy contests, O Apostle Ananias. Grant the prayers of those who hymn thee.

Troparion of St Romanus the Melodist tone 4

Thou didst gladden Christ's Church by thy melodies like an inspired heavenly trumpet. For thou wast enlightened by the Mother of God and didst shine on the world as God's poet. We lovingly honour thee, O righteous Romanus.

Troparion of holy Martyr Melor tone 4

Jealousy and spite were thy enemies, O righteous Melor, yet despite poison and mutilation thou didst not waver in the faith and wast found worthy to wear the crown of martyrdom. Pray, O holy one, that following thy example, we may withstand the assaults of the enemy and finally attain eternal salvation.

Kontakion of the Protection tone 3

Today the Virgin is standing before us in the Church praying for us with the choirs of Saints. Angels worship with Hierarchs, Apostles rejoice with Prophets, for the Mother of God intercedes with the Eternal God for us.

Kontakion of the Apostle Ananias tone 2

O most fervent intercessor and swift hearer of those who pray to thee, O Ananias, receive our prayer and implore Christ the only Friend of mankind to save those who venerate thee.

Kontakion of St Ramanus the Melodist tone 8

From thy childhood divine virtues and gifts of the spirit were bestowed on thee, O wise Romanus. Thou wast a precious adornment of the Church with thy beautiful chanting, O blessed one. We entreat thee to grant us thy divine gift that we may cry to thee: Rejoice O most blessed Father, comeliness of the Church.

2 HOLY HIEROMARTYR CYPRIAN

Troparion tone 3

Thou didst abandon ungodly darkness and become a light of the truth. Thou wast illustrious as a pastor and wast glorified in contest. O righteous Father Cyprian together with godly Justina pray to God the Creator for us.

Kontakion tone 1

Thou didst renounce magic for the knowledge of God and become a wise healer for the world. Together with Justina thou dost cure those who honour thee: with her pray to Christ our God the Lover of mankind that He may save our souls.

3 HOLY HIEROMARTYR DIONYSIUS THE AREOPAGITE

Troparion tone 4

O holy Hieromartyr Dionysius, thou wast fully instructed, sober in action, with a good conscience as befits a priest. Thou didst draw mysteries from the Vessel of Grace and having kept the Faith thou didst complete thy course as he did. Intercede with Christ our God that He may save our souls.

Kontakion tone 8

When in spirit thou didst pass through the heavenly gates as disciple of him who attained to the third heaven, thou wast enriched with ineffable knowledge and didst enlighten those in darkness of ignorance. Therefore we cry: Rejoice, O Father Dionysius.

4 HOLY HIEROMARTYR HIEROTHEUS OF ATHENS

Troparion tone 1

All we faithful praise Hierotheus the disciple of Paul. He is the world's teacher, Hierarch of Athens, and a preacher of the Faith, revealing Christ's Mysteries and pouring forth streams of godly doctrine. His life was well-pleasing to God Who is greatly merciful.

Kontakion tone 8

Hierotheus Bishop of Athens we honour thee, for thou hast taught us ineffable Mysteries and art an inspired hymn-writer. Intercede that we may be delivered from our sins and so may cry: Rejoice, O wise and heavenly Father.

5 THE HOLY HIERARCHS OF MOSCOW, PETER, ALEXIS, JONAS, PHILIP AND HERMOGENES
HOLY MARTYR CHARITINA

Troparion of the Five Hierarchs tone 4

Russian Hierarchs, guardians of Apostolic tradition, firm pillars, guides of Orthodoxy, Peter, Alexis, Jonas, Philip and Hermogenes, pray to the Lord of all to grant peace to the world and great mercy to our souls.

Troparion of St Charitina tone 3

Strengthened by grace thou didst shame the force of ungodliness and contend beyond the powers of nature. Thou didst pour an unfailing stream of grace on those who cry to thee: O glorious Charitina, pray to Christ our God to grant us His great mercy.

Kontakion of the Five Hierarchs tone 3

You were holy as Hierarchs, you taught the people, and you were well-pleasing to God. He has glorified you with incorruption and miracles as disciples of the grace of God.

Kontakion of St Charitina tone 2

Thou didst arm thy soul with faith and knowledge and put the enemy to open shame. Thou didst stand before Christ in a robe dyed with thy blood and art now rejoicing with the Angels. Pray for us, Martyr Charitina.

6 HOLY AND GLORIOUS APOSTLE THOMAS
ST LALLUWY, VIRGIN

Oil and wine permitted

Troparion of St Thomas tone 2

Thou wast a disciple of Christ and one of the Twelve, and by thy unbelief didst proclaim Christ's Resurrection. By touch thou wast assured of His holy Passion, O glorious Apostle Thomas. Pray to Him to grant us peace and mercy.

Troparion of St Lalluwly tone 8

To this day Menheniot's sacred well witnesses to thy virtue, O Pius Lalluwly. As thou didst call forth a stream of living water from the earth, we pray thee, entreat Christ our God to pour forth for us the saving waters of eternal life.

Kontakion of St Thomas tone 4

The grace-filled Apostle and true servant of Christ cried out in repentance: Thou art my Lord and my God.

7 HOLY MARTYRS SERGIUS AND BACCHUS
HOLY MARTYR CYNOG
ST DUBTACH, HIERARCH

Troparion of Ss Sergius and Bacchus tone 1

In contest you were victorious warriors of the Trinity and an illustrious pair of martyrs, Sergius godly champion and Bacchus noble athlete. In the radiancy of your glory you shelter those who cry: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Troparion of St Cynog tone 4

Spurred on by their impiety, God-hating barbarians sought to destroy thee, O holy

Cynog, but by death thou didst gain the victory. Pray for us, that we too may triumph over evil by faithfulness unto the end, that we may be granted great mercy.

Troparion of St Dubtach Hierarch tone 1

Compassionate pastor and inspired teacher of Armagh's flock, O Hierarch Dubtach, thou art a model of piety for both the pastors and the laity of Christ's holy Church. Intercede with Christ our God that we may be given grace to emulate thee in bringing others to Him that we all may be saved.

Kontakion of Ss Sergius and Bacchus tone 3

Let us gather and crown with praises the noble martyrs and brothers in the Faith, Sergius the warrior of the Trinity and Bacchus who with him in tortures persevered in praising Christ the Prizegiver and Creator of all.

8 ST PELAGIA THE PENITENT

ST KEYNE, VIRGIN

Troparion of St Pelagia tone 4

Like a fragrant rose growing from thorns thou wast shown to the Church through thy virtuous deeds and wast a source of joy for the faithful. Thou didst offer thy life in sweet-smelling fragrance to Him who made thee wonderful. Entreat Him to save us from every passion, O righteous Pelagia.

Troparion of St Keyne tone 8

Having turned serpents to stone, thou didst give thy name to Keynsham, O holy Keyne, and after thy life, resplendent with miracles, our Father Cadoc ministered to thee at thy repose. By thy prayers, O virgin, may we be granted great mercy.

Kontakion of St Pelagia tone 2

Thou didst wear out thy body with fasts, vigils and prayers and pray thy Creator for total forgiveness. This thou didst obtain and dost show us the way to repentance, O holy Mother Pelagia.

9 HOLY APOSTLE JAMES SON OF ALPHAEUS

Troparion tone 4

O holy Apostle James, thou didst receive the fiery grace or the Spirit and didst shine on the world like the morning star; thou didst dispel the pagan night of idols. Pray unceasingly for our souls.

Kontakion tone 4

James was a wonderful fisherman of the nations and companion of the Disciples and Apostles. He dispenses the wealth of his healings to the world and frees from distress those who honour him. With one voice we cry to him: Save us all by thy prayers, O Apostle.

10 HOLY MARTYRS EULAMPIUS AND HIS SISTER EULAMPIA
ST PATRICIAN, HIERARCH

Troparion of the Martyrs tone 1

United by natural bonds you were of one soul and steadfast in contest, as divine kinsmen, Eulampius and Eulampia. Since you have received crowns of honour save us by your prayers.

Troparion of St Patrician tone 1

Driven from thy See in Strathclyde by the Saxon hordes, thou wast sheltered by the Manx people to whom thou didst preach the life-giving Gospel of Christ, O Hierarch Patrician. In thy patience and love for all, remember those who now cry to thee and beseech Christ our God that He will save our souls.

Kontakion of the Martyrs tone 3

We honour the noble martyrs Eulampius and Eulampia, brother and sister according to the flesh. They have put to shame the wiles of the enemy through the power of Christ the Crucified.

11 HOLY APOSTLE PHILIP OF THE SEVENTY, ONE OF THE SEVEN DEACONS
THEOPHANES THE CONFESSOR OF NICEA, BISHOP AND HYMNOGRAPHER
ST CAINNECH (CANICE or KENNETH) MONK

Troparion of the Apostle Philip tone 3

Filled with divine grace thou didst serve in the Church as a deacon of God the Word, O Apostle. By the working of miracles and signs from God thou didst enlighten the multitudes of Samaria. O blessed Philip, entreat Christ our God to grant us His great mercy.

Troparion of St Theophanestone 5

Having attained to an angelic state thou didst sound forth as a golden trumpet of revelation and nourish the chosen people with thy words. The chant of thy hymns is gladdening the Church for which thou didst struggle, O Theophanes.

Troparion of St Cainnech tone 8

In honour thou dost rank with Ireland's Enlightener, O Lover of the Desert, Composer of sacred verse, Father of Monks and Founder of Monasteries, O Father Cainnech. Labouring for Christ, both in thy native land and in Scotland, thou art a tireless intercessor for the faithful. Pray for us who hymn thee, that despite our frailty we may be granted great mercy.

Kontakion of the Apostle Philip tone 4

Inspired by the Holy Spirit thou didst enlighten the world with thy teachings and resplendent miracles, O Apostle Philip, initiate in sacred truths.

Tontakion of St Theophanes tone 2

Having thundered the divine incarnation of Christ, thou didst convict the fleshless foes, O wonderful Theonhanes. We beseech thee to pray for us all.

11-17 SUNDAY OF THE HOLY FATHERS OF THE 7th ECUMENICAL COUNCIL

Troparion tone 8

Glorious art Thou, O Christ our God Who hast established our holy fathers as stars on earth. Through them Thou dost guide us to the True Faith. O Most Merciful One, glory to Thee.

Kontakion tone 8

The preaching of the Apostles and the doctrine of the Fathers confirmed the one faith in the Church. In the garment of truth woven from theology on high she rightly divides and glorifies true piety.

Another Kontakion tone 2

The Son Who shone from the Father was ineffably born in two natures of a woman. We do not deny the image of His form but depict it piously and revere it. For this cause the Church, holding the true Faith, kisses the icon of Christ's Incarnation.

12 HOLY MARTYR PROBUS, TARACHUS AND ANDRONICUS OF TARSUS IN CILICIA
ST FIACE, HIERARCH
HOLY MARTYR EDWIN

Troparion of the Martyrs tone 5

The hosts of heaven were amazed at the triumph of these holy martyrs. For having fought the good fight in their mortal bodies, by the power of the Cross they conquered bodiless enemies. They now intercede with the Lord that He may save our souls.

Troparion of St Fiace tone 1

Thou didst devote thy life and ministry to missionary endeavour, O Hierarch Fiace, and art remembered as the hymnographer who honoured the great Patrick. Together with him thou didst drive out of Ireland the ignorance and error of paganism. Pray that Christ our God will raise up noble souls in our day who will restore the Orthodox Faith to the Island of Saints and advance the Kingdom of God for the salvation of souls.

Troparion of St Edwin tone 4

Having accepted the true Faith, O righteous Edwin, thou wast found worthy to exchange thy worldly crown for the crown of martyrdom at the hands of the godless Mercians. Inspired by thy example, we beseech thee to pray that we may have the courage to fight evil in any form that we too may receive the reward of eternal blessedness.

Kontakion of the Martyrs tone 2

The soldiers of Christ, the holy martyrs Probus, Tarachus and Andronicus, have shown us the glory of the Trinity. They refuted the error of their persecutors by fighting bravely for the Faith.

13 THE ICON OF THE MOTHER OF GOD OF THE PORTAL (IVIRSKAYA) OF IVIRON MONASTERY ON THE HOLY MOUNTAIN OF ATHOS
HOLY MARTYRS CARPUS, PAPYLUS, AGATHODORUS AND AGATHONICA

Troparion of the Mother of God of the Portal tone 1

We honour thy icon, O Mother of God of the Portal, for it has come miraculously by sea to thy flock and is a source of holiness and a dwelling-place of thy glory. From it gifts pour to those who lovingly cry to thee: Glory to thy wonders, O pure Maiden; glory to thy providence; glory to thy goodness towards us.

Troparion of the Martyrs tone 3

Throughout the course of your holy lives you were seen to be fellow heirs of Christ and by your contest you triumphed over the enemy. O wise Carpus, renowned Agathodorus, glorious Papyrus, intercede with Christ our God to grant us the forgiveness of our sins.

Kontakion of the Mother of God of the Portal tone 8

Do not withdraw thy help from us, O Virgin Lady of the Portal our Protector, we entreat thee, but fulfil thy promise to us that we may cry to thee: Rejoice, O helper of all mankind.

Kontakion of the Martyrs tone 4

God has granted your bodies as precious treasure to those living on earth, a stream of healing dispelling sickness and pouring out grace on all. We fervently celebrate your festival, O holy and blessed Martyrs.

14 HOLY MARTYRS NAZARIUS, CELSUS, GERVASIUS AND PROTASIUS OF MILAN
ST COSMAS THE HYMNOGRAPHER, BISHOP OF MAIUMA
ST PARASCEVA OF SERBIA

Troparion of the Martyrs tone 4

Let us praise the fourfold company of Martyrs, Nazarius, Gervasius, Protasius and Celsus. For they preached the Trinity to all and by their contests dispelled idol-worship. By their prayers, O Christ, have mercy on us all.

Troparion St Cosmas tone 4

Though in the flesh thou wast zealous to emulate the choirs of heaven, and whilst on earth didst compose hymns to God in the highest; like a harp of holy wisdom thou didst hymn in enlightenment God the Word. O divinely inspired Cosmas, we praise thee with hymns.

Troparion of St Parasceva of Serbia tone 4

Thou didst choose a silent and solitary life and follow Christ thy Bridegroom. Thou didst take His easy yoke in thy youth and wast armed with the sign of the Cross. Thou didst contend against spiritual enemies with fasting, tears and labours, O glorious Parasceva. Thou dost stand before Christ with the wise virgins: pray for us who venerate thy memory.

Kontakion of the Martyrs tone 2

You appeared as bright lights and illumine creation with the radiancy of miracles, O Martyrs, dispelling the darkness of disease. Intercede with Christ our God that He may grant us His great mercy.

Kontakion of St Cosmas tone 8

Adorned with virtues thou wast an adornment of Christ's Church; for thou hast adorned her with chants, blessed Cosmas. Intercede with the Lord that He deliver from snares of the enemy us who cry to thee: Rejoice, thrice blessed Father.

Kontakion of St Parasceva of Serbia tone 6

Let us all praise holy Parasceva who intercedes for the afflicted. She despised earthly honours and received incorruption, and God has given her the grace of

wonderworking.

15 HOLY MARTYR LUCIAN, ELDER OF THE CHURCH IN ANTIOCH

Troparion tone 3

Radiant with the Spirit thou didst teach true knowledge and manifest the Faith; a trainer of martyrs, O Lucian, thou wast glorious in contest. Intercede with Christ our God to grant us His great mercy.

Kontakion tone 2

O Lucian, radiant star, we hymn thee, illustrious in asceticism and crowned with martyrdom. Intercede for us unceasingly.

16 HOLY MARTYR LONGINUS THE CENTURION WHO STOOD AT THE FOOT OF THE CROSS

HOLY MARTYR ELOFF

ST GALL, MONK

Troparion of St Longinus tone 1

O Longinus, thou didst behold the King of Glory nailed to the Cross yet shining on those in darkness. Thou wast enlightened by His rays and didst become a martyr and dost save those who cry: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Eloff tone 4

The Apostate Julian had no power over thee, O Father Eloff, in that killing thy body he unwittingly guaranteed the salvation of thy soul. Seeing that, in these times, we may also become victims of a tyrant, pray O holy Martyr, that we may be faithful, even unto death, that our souls may be saved.

Troparion of St Gall tone 8

As a companion of the great Columban, thou didst travel throughout the lands of the Franks, O Father Gall, thy ascetic life contrasting with that of the worldly prelates whom thou didst encounter. Open to us, we pray thee, the treasures of sacrifice and struggle, that we too may attain the joy of eternal salvation.

Kontakion of St Longinus tone 4

Today the Church rejoices in memory of the glorious Athlete Longinus, crying: Thou art my strength and my stronghold, O Christ.

17 HOLY PROPHET HOSEA
HOLY HIEROMARTYR ANDREW IN "THE JUDGMENT"
ST COLMAN OF KILROOT, HIERARCH
ST LOUTHIERN, HIERARCH

Troparion of the Prophet Hosea tone 3

Thou wast a mirror of the Comforter, O Prophet Hosea, and hast received the light of grace. Thou dost shine on the world with the knowledge of things to come. Intercede with Christ our God to grant us His great mercy.

Troparion of St Andrew tone 4

Thou wast trained in asceticism on the mountain and didst then destroy the hosts of evil spirits with the weapon of the Cross. Thou didst courageously destroy Copronymus with the sword of faith. As monk and martyr thou wast crowned by God, O righteous and glorious Andrew.

Troparion of St Colman of Kilroot tone 1

Thou hast shown thyself to be a teacher of the Faith, guide of monastics and bright star of the Church, O Hierarch Colman. Wherefore we cry to thee to intercede with Christ our God that He will save our souls.

Troparion of St Louthiern tone 1

Both in Ireland and in Cornwall thou didst win many souls for Christ by preaching and witness, O Father Louthiern. Wherefore as we seek to emulate thy holy example, O Saint, beseech Christ our God that He both bless us and grant us His great mercy.

Kontakion of the Prophet Hosea tone 8

O Seer enlightened by God, thou wast found worthy of the gift of prophecy and didst proclaim the promise of grace. Thou art a dwelling-place of glory; save from all misfortune those who cry to thee: Rejoice, Hosea, vessel of prophecy.

Kontakion of St Andrew tone 3

The Church is celebrating the glorious feast of thine illustrious memory and is inviting all the faithful. She rejoices to hold the treasure of thy much afflicted body, O Andrew, light of Orthodoxy.

18 HOLY APOSTLE AND EVANGELIST LUKE
ST GWEN, MARTYR
ST WENNA, MARTYR

Ss BROTHEN AND GWENDOLEN
ST MONON, MARTYR

Troparion of St Luke tone 3

Holy Apostle and Evangelist Luke, intercede with our merciful God, that He may grant to our souls the forgiveness of our sins.

Troparion of St Gwen tone 4

Faithfulness was thy virtue, O pious Gwen, for no greater sacrifice than life itself can be made for our saving faith. Wherefore, holy Martyr, pray to God for us that we too may be faithful, even unto death, that our souls may be saved.

Troparion of St Wenna tone 4

O Brychan's jewel and holy daughter, most pious Wenna, thou didst defy the heathen Saxons, thereby winning a martyr's crown. Being, therefore, numbered among the saints, intercede for us before the Throne of Grace, that we may be granted great mercy.

Troparion of Ss Brothen and Gwendolen tone 1

As in your native Wales you won souls for Christ by your witness, O Righteous Brothen and Gwendolen, so now in heaven intercede for us that our souls may be saved.

Troparion of St Monon tone 4

Thou hast revealed to us the treasures of solitude, O Father Monon, and, fearing nothing, thou didst rebuke the lawless men for their ungodliness. Wherefore, pray to God for us that we may have the courage to confront evil, even though like thee we thereby receive the crown of martyrdom, that we may be found worthy of eternal salvation.

Kontakion of St Luke tone 2

Let us praise holy Luke, the star of the Church, herald of piety and proclaimer of mysteries; for the Word Who alone knows the secrets of hearts has chosen him with Paul as a teacher of the nations.

19 ST JOHN OF KRONSTADT
HOLY PROPHET JOEL
HOLY MARTYR VARUS
ST ETHBIN, MONK

Troparion of St John of Kronstadt tone 4

With the Apostles thy message has gone out to the ends of the world, and with the Confessors thou didst suffer for Christ; thou art like the Hierarchs through thy preaching of the Word; with the Righteous thou art radiant with God's grace. The Lord has exalted thy humility above the heavens and given us thy name as a source of miracles. O wonderworker living in Christ for ever, have mercy on those in trouble and hear us when we call to thee with faith, O our beloved shepherd John.

Another Troparion of St John of Kronstadt (composed by Archbishop Maximovich of San Francisco) tone 4

O Wonderworker living in Christ for ever, with love have mercy on those in danger; hear thy children who call upon thee with faith; be compassionate to those who hope for aid from thee, O Father John of Kronstadt, our beloved shepherd.

Troparion or the Prophet Joel tone 4

Thou wast revealed as a treasure of sacred virtues; God's Prophet by the grace of the Spirit. Thou didst foretell the outpouring of the fountain of godliness from the House of the Lord for us who lovingly honour thee, O holy Prophet Joel.

Troparion of St Varus the Martyr tone 5

Thou didst follow in the steps of the martyrs and contend for the glory of Christ. Thou wast tied to a beam and restored by the Tree of Life, and thine intercessions gladden our souls.

Troparion of St Ethbin tone 8

As a disciple of our Father Samson, thou wast radiant in thy asceticism, O Father Ethbin, and having been driven out of Tantic by the unruly Franks thou didst seek refuge in the remoteness of Erin's green desert. Wherefore, O Saint, pray for us that we may not be swayed from our course, despite all difficulties, that our souls may be saved.

Kontakion of St John of Kronstadt tone 4

Thou wast chosen by God in infancy and in childhood received the gift of learning. Thou wast called to the priesthood in a vision during sleep and didst become a wonderful shepherd of Christ's Church. Pray to Christ our God that we may all be with thee in the Kingdom of heaven, O Father John, namesake of grace.

Kontakion of the Prophet Joel tone 1

Thou didst behold God's glory and receive knowledge of things to come. For the

Holy Spirit was poured out on all flesh that believed on Him Who appeared on earth and made thee wonderful, O holy Prophet Joel.

Kontakion of St Varus tone 4

Thou hast followed Christ and drunk His chalice; thou didst receive the crown of martyrdom, O holy Varus. Thou art rejoicing with the Angels: pray unceasingly for our souls.

20 HOLY AND GREAT MARTYR ARTEMIUS

OUR HOLY AND GOD-BEARING FATHER GERASIMUS THE NEW ASCETIC

Troparion of St Artemius tone 5

O victorious Artemius, thou wast a noble athlete. Now like a shining lamp thy miracles enlighten the world for the salvation of our souls.

Troparion of St Gerasimus tone 1

Let us praise divine Gerasimus the protector and champion of Orthodoxy, an angel in the flesh and a God-inspired wonderworker. He received from God the gift of healing and grants cures to those who venerate him.

Kontakion of St Artemius tone 2

Let us come together to praise Artemius, great among martyrs and rich bestower of miracles. He raised trophies of victory over the enemies and now intercedes with the Lord for us all.

Kontakion of St Gerasimus tone 3

Today the Island of Cephalonia calls upon multitudes of Orthodox to praise divine Gerasimus, boast of Orthodoxy and its defender and champion.

21 ST CHRISTODULUS OF PATMOS

ST HILARION THE GREAT

ST FINTAN, MONK

Troparion of St Christodulus tone 2

Thou didst quench the heat of the passions by the flow of thy tears, O Father Christodulus. We pray with faith: deliver us from passions and evils, for thou art interceding unceasingly for us.

Troparion of St Hilarion tone 1

Illumined in mind by the light of abstinence, thou wast radiant with miracles, O Father Hilarion: thou didst become a shining pillar of godliness and enlighten the

faithful who came to thee. Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Fintan tone 8

As a disciple of Iona's founder, thou wast rooted firmly in the Faith and the monastic disciplines, O Founder of Taghmon's Monastery, holy Father Fintan, Righteous Ascetic and Champion of our Church. As thou didst defend the tradition of our Fathers in the Faith, defend us, O Saint, from soul destroying innovations, that we stray not from the way of salvation.

Kontakion of St Christodulus tone 4

Rejoicing at the return of thy precious relics, thy flock cries to thee with faith: Thou hast come, thou hast appeared, my guardian and deliverer, O holy Christodulus.

Kontakion of St Hilarion tone 3

We gather today and praise thee with hymns as a light of the spiritual sun. For thou didst illumine those in the darkness of ignorance and raise all to divine heights. And so we cry to thee: Rejoice, Hilarion, summit of ascetics.

22 KAZAN ICON OF THE MOTHER OF GOD

ABERCIOUS THE WONDERWORKER EQUAL-TO-THE-APOSTLES AND BISHOP OF
HIEROPOLIS

Troparion of the Kazan Icon of the Mother of God tone 4

O fervent intercessor, Mother of the Lord Most High, thou dost pray to thy Son Christ our God and savest all who seek thy protection. O Sovereign Lady and Queen, help and defend all of us who in trouble and trials, in pain and burdened with sins, stand in thy presence before thine icon, and who pray with compunction, contrition and tears and with unflagging hope in thee. Grant what is good for us, deliverance from evil, and save us all, O Virgin Mother of God, for thou art a divine protection to thy servants.

Troparion of St Abercius the Wonderworker tone 5

Thou didst emulate the zeal of the Apostles and shine forth like a morning star, and thy works showed thy God-given power: thou didst guide the erring to God, O Hierarch Abercius.

Kontakion of the Kazan Icon of the Mother of God tone 8

O peoples, let us run to that quiet good haven, to the speedy helper, the warm

salvation, to the Virgin's protection. Let us speed to prayer and hasten to repentance. For the Mother of God pours out her mercy, anticipates needs and averts disasters for her patient and God-fearing servants.

Kontakion of St Abercius the Wonderworker tone 8

The whole Church honours thee as a great Hierarch and as a companion to the Apostles. By thy prayers keep-the Church unconquered and unshaken by heresy, O glorious Abercius.

23 HOLY APOSTLE JAMES THE BROTHER OF THE LORD, FIRST BISHOP OF JERUSALEM

Troparion tone 4

Thou hast received the Gospel as a disciple, thou art invincible as a martyr, and bold as the Lord's brother, thou dost intercede as a hierarch. O righteous James, pray to Christ our God that He may save our souls.

Kontakion tone 4

God the Word, only-begotten of the Father, came to us in the last days. He has made thee first shepherd and teacher of Jerusalem and a steward of spiritual mysteries. We honour thee, O Apostle James.

24 ICON OF THE MOTHER OF GOD, "JOY OF ALL THAT SORROW"

HOLY MARTYR ARETHAS AND HIS 4299 FELLOW MARTYRS

ST CADFARCH, MONK

ST MAELOR, MONK

Troparion of the Icon "Joy of all that Sorrow" tone 4

Let us the sinful and wretched run to the Mother of God with fervour, and fall down crying out in repentance from the depths of our souls: Help us, O Lady, who hast mercy on us. Hasten, for we perish from a multitude of transgressions. Turn not thy servants empty away, for we have thee as our only help.

Another Troparion of the Icon "Joy of all that Sorrow" tone 2

Thou art the joy of all that sorrow and the protectress of the oppressed, feeder of the hungry, consolation of travellers, haven for the tempest-tossed, visitation of the sick, protection and aid of the infirm, staff of old age, O all-pure Mother of the Most High God. Hasten, we pray, to save thy servants.

Troparion of St Arethas and his fellow martyrs tone 1

Thou didst live piously and wast glorified in contest, and didst triumph over

Christ's enemies. Thou didst bring Him a company of martyrs, O blessed Arethas. Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Cadfarch tone 8

Brother and companion of saints, O Father Cadfarch, thou art truly numbered among the Righteous of the Age of Saints. Wherefore intercede for us, weak as we are, that Christ our God will grant us great mercy.

Troparion of St Maelor tone 8

At the bidding of our Father Samson thou didst leave thy native Wales to serve God in Lammear's Monastery, O Father Maelor. Having pleased God with the sweet fragrance of monastic struggle, thou didst grace the island of Sark with thy godly repose. Pray to God for us, O blessed one, that He will spare us from sudden and unprepared death and grant salvation to our souls.

Kontakion of the Icon "Joy of all that Sorrow" tone 6

We have no other help, we have no other hope, apart from thee, O Lady: help us. We hope in thee and in thee we glory; Let us not be confounded for we are thy servants.

Kontakion of St Arethas and his fellow Martyrs tone 4

The radiant feast of the victorious Martyrs comes today as an occasion of gladness. As we celebrate it we glorify the Lord on high.

25 ST TABITHA THE ALMSGIVER

HOLY MARTYRS MARCIAN THE CHURCH READER AND MARTYRIUS THE SUB-DEACON

Troparion of St Tabitha the Almsgiver tone 1

With the flow of the many-streamed river of almsgiving thou didst water the dry earth of the needy and shower alms on the widows and poor; thou didst shine forth with the light of thy works and wast radiant with grace, O Tabitha. Glory to Christ Who loves thee; glory to Christ Who has blessed thee; glory to Christ Whom thou didst follow as a true disciple and a spotless lamb.

Troparion of Ss Marcian and Martyrius tone 3

In holy zeal you dispelled the error of Arius and proclaimed the Trinity in one essence. Holy Martyrs Marcian and Martyrius, unshaken bulwarks of Orthodoxy. Pray to Christ our God to grant us His great mercy.

Kontakion of St Tabitha tone 2

Thou didst serve the Saviour in holiness by thy God-fearing works and deeds and wast a model of love as His disciple. O Tabitha, we praise thy memory.

Kontakion of Ss Marcian and Martyrius tone 4

You fought well from infancy, O wise Martyrs, and by preserving the Orthodox Faith inviolate you humbled the apostate Arius and followed your teacher Paul. Therefore with him you have found life, as champions of the Trinity.

26 HOLY AND GREAT MARTYR DEMETRIUS OF THESSALONICA

Oil and wine permitted

Troparion tone 3

O victorious Demetrius, thou wast a protection for the world and an invincible soldier of Christ. Thou didst inspire Nestor to humble Lyaios. Intercede with Christ our God to save us.

Kontakion tone 2

God has give thee invincible strength, O Demetrius, and hast tinged the Church with thy blood and kept thy city un-harmed, for thou art its foundation.

27 HOLY MARTYR NESTOR OF THESSALONICA

ST ABBAN, MONK

ST OTTERAN, MONK

ST COLMAN OF SENBOTH-FOLA

Troparion of St Nestor tone 5

As friend and companion of Demetrius thou wast an invincible athlete of godliness. By divine help thou didst conquer Lyaios, and in being slain became a holy sacrifice to Christ.

Troparion of St Abban tone 8

In Ireland's fertile soil thou didst plant the seeds of monasticism, O Father Abban, and didst nurture a great flowering of God-pleasing virtue. Continue steadfastly in thy enduring love, to lead mankind to God and by thy prayers may we be granted great mercy.

Troparion of St Otteran tone 8

O Father Otteran, thou wast the first among the saintly Columba's disciples to repose and be laid to rest in the blessed soil of Iona. As in thy life thou didst live

only for Christ we pray thee to intercede for us that we may follow thee into the way of salvation.

Troparion of St Colman of Senboth-Fola tone 8

Through trials and temptations thou didst shepherd the monastics of Senboth-Fola, O Father Colman, and didst guide many souls on their pilgrimage to Christ. Wherefore, we pray thee, intercede with Him, that our souls may be saved.

Kontakion of St Nestor of Thessalonica tone 2

Thou hast won thy contest and inherited eternal glory, and didst become a soldier of Christ through the prayers of Demetrius. With him, O wise Nestor, unceasingly pray for us.

28 HOLY MARTYRS TERENCE, HIS WIFE NEONILLA AND THEIR SEVEN CHILDREN
SERBELUS, PHOTUS, THEODULUS, HIERAX, NITUS, BELE AND EUNICE

Troparion tone 3

Bound together by natural bonds and clothed with the might of faith you walked the path of martyrdom with your seven children. O holy martyrs Terence and Neonilla, pray that those who honour your contest may receive forgiveness of our sins.

Kontakion tone 4

Today the memory of the Martyrs is bringing gladness to us all. Let us fervently ask them for healing, for they obtained this grace from the Spirit, to heal the infirmities and sickness of our souls.

29 ST ANASTASIA OF ROME, VIRGIN AND MARTYR
OUR HOLY FATHER ABRAMIUS THE ANCHORITE AND HIS NIECE MARY
ST KENNERA, VIRGIN
ST COLMAN OF KILMACDUAGH

Troparion of St Anastasia tone 4

O holy Virgin Anastasia, thou didst redden thy robe of purity with the blood of thy martyr's contest. Thou dost illumine the world with the grace of healing and interceed with Christ our God for our souls.

Troparion of St Abramius and his Niece Mary tone 1

Thou didst abandon all earthly comforts, O Father Abramius, thou didst live righteously in hope of things to come and receive a sacred anointing. Initiated

into divine mysteries thou dost enlighten those who cry: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Kennera tone 8

Bright beacon of purity and Light of Galloway, O holy Kennera, as thou didst preserve thyself in virginity for love of Christ, pray to Him, that despite our corrupt condition He will grant us great mercy.

Troparion of St Colman of Kilmacduagh tone 8

Rejecting the nobility of thy birth, O Father Colman, thou didst seek God in the solitude of desert places. Thy virtue, like a beacon, drew men unto thee and thou didst guide them into the way of salvation. Guide us also by thy prayers, that our souls may be saved.

Kontakion of St Anastasia tone 3

Purified by the streams of thy virginity and crowned by the blood of martyrdom, thou dost grant healing to those in sickness, and salvation to those who lovingly pray to thee. For Christ has given thee strength which flows to us as a stream of grace, O Virgin Martyr Anastasia.

Kontakion of St Abramius and his Niece Mary tone 3

Thou didst live on earth as an angel in the flesh and flourish as a well planted tree, watered by abstinence and tears, O Abramius, vessel of the Holy Spirit.

30 HOLY MARTYRS ZENOBIUS BISHOP OF AEGEA AND HIS SISTER ZENOBIA

Troparion tone 4

As brother and sister united in goodness you contested together, Zenobius and Zenobia. You received incorruptible crowns and unending glory, and shine forth with the grace of healing upon those in the world.

Kontakion tone 8

Let us sing praises to the brother and sister, witnesses of truth and preachers of piety who together received martyrs' crowns, holy Zenobius and Zenobia.

31 HOLY APOSTLES STACHYS, APELLES, AMPLIAS, URBAN, NARCISSUS AND ARISTOBULUS OF THE SEVENTY

HOLY MARTYR EPIMACHUS OF ALEXANDRIA

ST HERYGH

HOLY MARTYR FOILLAN

Troparion of the Apostles tone 5

Let us acclaim Stachys, Apelles, Amplias, Urban, Narcissus and Aristobulus as a six-stringed harp of the Spirit that sings of God's marvellous gifts to mankind. As divine apostles they pray for us.

Troparion of St Epimachus tone 1

O Epimachus, thou didst wrestle as Christ's warrior and, put the enemy to flight. Thou didst suffer many torments, and we honour thee as a companion of God the Word. Therefore we cry to thee: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Herygh tone 8

For four score years and ten thou didst grace the Cornish land with thy godly presence, O Father Herygh. Therefore pray to God for us, that we may devote every year of our lives to His service, that at the end we may be found worthy of eternal salvation.

Troparion of St Foillan tone 8

Pagan robbers bestowed upon thee the crown of martyrdom, O righteous Foillan, for thy life was a reproach to the impious and cruel men. Having laboured with thy holy brother, our Father Fursey, in East Anglia and later in the Netherlands, pray to God for us, we beseech thee, that both in word and deed our lives may be a missionary witness, that we may be found worthy of His great mercy.

Kontakion of the Apostles tone 8

Let us thankfully praise the wise Apostles Stachys, Apelles, Amplias, Urban, Narcissus and Aristobulus, those treasures of the Holy Spirit and rays of the Sun of glory, who were brought together by the grace of our God.

Kontakion of St Epimachus tone 3

O Epimachus, of thine own accord thou didst take up the martyr's struggle. Thou didst cry to the lawless: I have come to fight for truth and to revile the graven images. Thou hast received a crown of righteousness.

NOVEMBER

1 HOLY MARTYRS AND WONDERWORKERS COSMAS AND DAMIAN,
UNMERCENARY HEALERS
SS PABIALI, CLEDWYN AND DINGAD

ST CEITHO
ST CADFAN

Troparion of the Martyrs tone 8

Holy unmercenaries and wonderworkers, visit our infirmities. Freely you have received, freely give to us.

Troparion of Ss Pabiali, Cledwyn and Dingad tone 4

Treasures of the legacy of Brychan, noble ascetics and teachers of the Orthodox Faith, O pious Pabiali, Cledwyn and Dingad, who make this day illustrious with your memory, cease not in your intercessions before the Throne of Grace that Christ our God will be gracious to us and show us great mercy.

Troparion of St Ceitho tone 8

In God's earthly house is the very Gate of Heaven, O holy Ceitho in thy foundation thou didst open to men the way of salvation. Wherefore, O Saint, pray that we, entering His holy temple, may worthily stand before God and implore Him to grant mercy to our souls.

Troparion of St Cadfan tone 8

Leaving thy native Brittany for the love of Christ, O Father Cadfan, thou dost teach us not to love places or things more than Him. Wherefore, O holy one, intercede for us that we may be faithful to our calling and found worthy of great mercy.

Kontakion of the Martyrs tone 2

We have received the grace of healing: give health and strength to the needy, O glorious and wonderworking physicians. Through your care for us subdue our enemies and heal the world through your wonderworking.

2 HOLY MARTYRS ACINDYNUS, PEGASIUS, APHTHONIUS, ELPIDEPHORUS AND ANEMPODISTUS OF PERSIA
ST ERC

Troparion of the Martyrs tone 2

Blessed is the earth which drank your blood, holy the abode which received your spirits. You conquered the enemy in the stadium and preached Christ with boldness. Beseech Him to save our souls, for He is good, O victorious Martyrs.

Troparion of St Erc tone 1

Even in the darkness of heathendom thou didst recognise the God-given authority of Ireland's Enlightener, O Hierarch Erc, and wast baptized at his hands.

Wherefore we beseech thee, pray to Christ our God that being blessed with the virtue of humility we may be found worthy of eternal salvation.

Kontakion of the Martyrs tone 4

Thou didst receive the God-bearing Martyrs Acindynus, Pegasius, Anempodistus, Aphthonius and Elpidephorus, into the enjoyment of Thy goodness and repose, for they abandoned all things on earth for Thee, O only Good One.

3 HOLY MARTYRS AKEPSIMUS, BISHOP, JOSEPH, PRIEST AND AETHALAS DEACON
OF PERSIA
ST WINEFRED

Troparion of the Martyrs tone 3

O servants of godliness, you were pillars of the Church and humbled the proud fire-worshippers. O much-afflicted Hierarch Akepsimus, Joseph and Aethalas, pray to Christ our God to grant us His great mercy.

Troparion of St Winefred tone 8

Caradog's anger struck off thy head, O pious Winefred, but by the prayers of the Wonderworker Beuno thy mutilated form was miraculously made whole and restored to life. As thou didst dedicate thy life to God's service in thanksgiving for His abundant mercy, pray that we, never forgetting His mercy towards us, may live only for Him that our souls may be saved.

Kontakion of the Martyrs tone 2

Thou didst serve the Divine Mysteries blamelessly and wast thyself an acceptable sacrifice, for thou didst drink Christ's chalice. O Akepsimus, together with thy fellow-martyrs, pray unceasingly for us all.

4 ST JOANNICIUS THE GREAT OF OLYMPUS
HOLY HIEROMARTYR NICANDER, BISHOP OF MYRA AND HERMEUS THE
PRESBYTER

Troparion of St Joannicius the Great tone 5

Thou didst abandon earthly glory and wast illumined by the light of God's inspiration. Wherefore thou didst shine on earth like a fadeless star. For thou wast found worthy to fear the divine voice like Moses and wast also like the Angels and a treasury of grace, O holy Father Joannicius.

Troparion of Ss Nicander and Hermeus tone 3

Thou didst bear the fruit of knowledge and wast like the Apostles, O Nicander,

and a faithful priest. Together with Hermeus thy companion in contest intercede with the Lord Who has glorified thee to grant us His great mercy.

Kontakion of St Joannicius the Great tone 4

We have come together today to honour thy memory, and implore thee to obtain mercy for us from the Lord, O holy Father Joannicius.

Kontakion of Ss Nicander and Hermeus tone 3

With the spiritual plough you cultivated souls by the preaching of the Word. You have offered to Christ the sheaves of your contests, O Martyrs Nicander and Hermeus. You were instructed by Titus and became divine tablets of doctrine.

5 HOLY MARTYRS GALACTION AND HIS BRIDE EPISTEMEA

ST CUBY

ST KEA

Troparion of the Martyrs tone 1

Let us the faithful honour these two betrothed athletes, divine Galaction and modest Epistema. Their ascetic labours blossomed in martyrdom: therefore we cry to them: Glory to Him Who has strengthened you; glory to Him Who has crowned you; glory to Him Who through you works healings for all.

Troparion of St Cuby tone 1

By thy journeyings, O Hierarch Cuby, thou dost teach us the virtue of making pilgrimages. Wherefore, O Prince of Ascetics and all-praised Wonderworker, we entreat thee to intercede for us that Christ our God will not find our lives to be utterly worthless and will show us great mercy.

Troparion of St Kea tone 1

Thou wast unsparing in thy missionary labours in Brittany and Cornwall, O Hierarch Kea. As thou didst make the flame of the Orthodox Faith burn brightly in the face of defiant paganism, pray to God for us, that we devote our lives to confronting the paganism of our times for the glory of Christ's Kingdom and the salvation of men's souls.

Kontakion of the Martyrs tone 2

You were numbered among the hosts of martyrs for you were illustrious in mighty contests, O Galaction with thy fellow-sufferer Epistema. Pray unceasingly to the One God for us all.

6 ST PAUL THE CONFESSOR, ARCHBISHOP OF CONSTANTINOPLE

ST MELLION

Troparion of St Paul the Confessor tone 3

Thou wast shown to the Church as another Paul and a zealot among priests by the confession of the Faith. Abel and the blood of Zacharias cry with thee unto the Lord. O righteous Father, entreat Christ our God to grant us His great mercy.

Troparion of St Mellion tone 8

Ending thy days in sackcloth and ashes, O Father Mellion, thou art a model of repentance and a teacher of humility. Wherefore, O holy one, pray for us that we may follow thy example for the salvation of our souls.

Kontakion of St Paul the Confessor tone 2

Thou didst shine on earth as a star from heaven, O Paul, and dost now enlighten the Church for which thou didst suffer and lay down thy life. Thy innocent blood cries out to the Lord with that of Abel and Zacharias.

7 OUR HOLY FATHER AND WONDERWORKER LAZARUS THE STYLITE OF MOUNT GALESIIUS ST CONGAR

Troparion of St Lazarus of Mount Galesius tone 8

Thou didst drench thy pillar with tears in thy vigils, and in labours bear fruit an hundredfold. As a shepherd thou didst grant forgiveness to all who came to thee, Father Lazarus. Intercede with Christ our God that our souls may be saved.

Troparion of St Congar tone 8

In Congresbury's monastery thou wast laid to rest, O Father Congar, Evangeliser of Somerset and teacher of monastics. Pray to God for us that we may worthily follow in thy footsteps bringing the light of the Faith to those who languish in the darkness of unbelief, making this a second Age of Saints, that thereby many souls may be saved.

Kontakion of St Lazarus tone 4

The Church is singing to thee in gladness since thou art a great light, O Lazarus. Cease not to intercede with Christ for the forgiveness of our sins.

8 SYNAXIS OF THE HOLY ARCHANGELS MICHAEL AND GABRIEL AND ALL THE BODILESS POWERS ST TYSILIO

Troparion of the Angels tone 1

Supreme Leaders of the Heavenly Hosts, we implore you that by your prayers you will encircle us, unworthy as we are, with the protection of the wings of your immaterial glory, and guard us who fall down before you and fervently cry: Deliver us from dangers, for you are the commanders of the Powers above.

Another Troparion of the Angels tone 1

Let us praise Cherubim, Seraphim, Thrones, Powers, Authorities and Principalities, Dominions, Archangels and Angels for they are the Bodiless ministers of the Unoriginate Trinity and revealers of incomprehensible mysteries. Glory to Him Who has given you being; glory to Him Who has given you light; glory to Him Who is praised by you in thrice-holy hymns.

Troparion of St Tysilio tone 8

Princely dignity was set at nought by thee, O Father Tysilio, for thou didst put aside the glory of this world preferring to serve God in monastic poverty. Wherefore we pray thee, intercede for us, that with courage we may renounce mammon and live only in Christ for the salvation of men's souls.

Kontakion of the Angels tone 2

Supreme Leaders of God's armies and ministers of the divine glory, princes of the bodiless Angels and guides of men, ask what is good for us and great mercy, as Supreme Leaders of the Bodiless Hosts.

9 ST NEKTARIOS OF PENTAPOLIS

HOLY MARTYRS ONESIPHORUS AND PORPHYRIUS

ST BENEN

ST PABO

Troparion of St Nektarios tone 1

Let us the faithful honour Nektarios, offspring of Silyvria and guardian of Aegina, who has appeared in latter years, a true friend of virtue, as a God-filled servant of Christ. For he dispenses all manner of healing to those who with reverence cry out: glory to Christ Who has glorified thee; glory to Him Who has worked wonders in thee; glory to Him Who through thee has wrought healing for all.

Troparion of Ss Onesiphorus and Porphyrius tone 3

You sought the delights of heaven and became martyrs of the Lord, O renowned Onesiphorus and Porphyrius. Wherefore you drove God's golden chariot on the heavenly course. O divine Martyrs, entreat Christ our God to grant us His great

mercy.

Troparion of St Benen tone 1

O best loved disciple and successor of Ireland's Enlightener, thy God-blessed witness for our saving Faith, is sorely needed, most reverend Hierarch Benen. Entreat Christ our God that He will raise up new disciples to bring thy native land out of this present "Dark Age" and restore it to the True Light of Orthodoxy for the salvation of men's souls.

Troparion of St Pabo tone 8

Revered "Pillar of Northern Britain" and Light of Monastics, O Father Pabo, leaving thy family and homeland, thou didst found on Anglesey a house of prayer. May thy example inspire us, O holy one, to respect the monastic virtues which attain to the salvation of souls.

Kontakion of St Nektarios tone 8

Let us sing praises with gladness of heart to the newly-shining star of Orthodoxy, to the newly-built bastion of the Church. For being glorified by the power of the Spirit, he pours out the immortal grace of healing to those who cry out: Father Nektarios, rejoice!

Kontakion of Ss Onesiphorus and Porphyrius tone 2

The glorious martyrs Onesiphorus and Porphyrius together contested valiantly. They humbled the enemy's arrogance to the earth and shone with the grace of the uncreated Trinity. Together with the Angels they now intercede for us all.

10 HOLY APOSTLES ERASTUS, OLYMPAS, HERODIAN, SOSIPATER, QUARTUS AND TERTIUS OF THE SEVENTY

ST ORESTES THE NEW MARTYR

ST ELEATH

ST AEDH MACBRICC

Troparion of the Holy Apostles tone 5

Enriched with wisdom you were radiant lights of godliness and interpreters of the Word of God while preaching Christ. O holy Apostles Quartus, Erastus, Tertius, Olympas, Sosipater and Herodian, you are guides of our hearts and souls.

Troparion of St Orestes the Martyr tone 1

Thou didst confess Christ, O Trophy-bearer, and didst humble the idol-worshippers. Thou didst become a partaker of glory by undergoing the

martyr's contest. We honour thee as a victor and cry to thee: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Eleath tone 8

Thou didst exchange armed combat with the heathen for the spiritual warfare of the monastic life, O Father Eleath. Look on those who now hymn thee, O thou who didst praise God with the poetic talents He gave thee, and intercede with Christ our God that our souls may be saved.

Troparion of St Aedh MacBricc tone 1

Founder of churches, Wonderworker Hierarch and curer of headaches, thou art rightly praised for thy missionary labours, O Father Aedh Macbricc. We celebrate thy memory, O Saint, praying that we may be given grace to emulate thee, for the re-establishment of Orthodoxy in these islands and for the salvation of our souls.

Kontakion of the Holy Apostles tone 2

You wisely destroyed the works of idolatry, illumined by divine Light, O holy Apostles. When you caught all the pagans you brought them to the Lord and taught them to glorify the Trinity.

Kontakion of St Orestes tone 2

Thy victory in contest, O Martyr Orestes, was rewarded by Christ the Prize-bestower; He has granted thee the crown of life and divine power to work healings, for He is the Lover of mankind.

11 GREAT MARTYR MENAS

HOLY MARTYRS VICTOR, VINCENT THE DEACON AND STEPHANIE

ST THEODORE THE STUDITE

ST CYFRAN

Troparion of Great Martyr Menas tone 5

O blessed Menas, thy struggles have proved thee a martyr of Christ. Thou wast radiant with grace and didst shine forth with healings for all.

Troparion of the holy Martyrs Victor, Vincent and Stephanie tone 4

Together let us honour the Athletes of Christ, memorable Victor and noble Vincent and with them we praise divine Stephanie: by their contests they destroyed the enemy. By their supplications, O Christ our God, have mercy on our souls.

Troparion of St Theodore the Studite tone 3

As partaker of incorruptible gifts thou wast thyself the Church's gift. O Theodore: for in following sacred doctrines thou wast a light of true profession. Pray to Christ our God to grant us His great mercy.

Troparion of St Cyfran tone 8

Today we rejoice, celebrating in thine honour, O Father Cyfran, and as thou hast bestowed on countless generations the miracle of healing, intercede with Christ our God for the healing and salvation of our souls.

Kontakion of the Holy Martyrs Menas, Victor, Stephen and Stephanie tone 4

Today the Church honours the Great Martyrs and Athletes, the struggles of Menas, Victor, Vincent and Stephanie. She cries out and glorifies the Lover of mankind.

Kontakion of St Theodore the Studite tone 2

Thy life was radiant with thine ascetical struggles, O Theodore blessed of God, and thou didst become a companion of the Angels. Together with them intercede with Christ our God that He may save us all.

12 ST JOHN THE ALMSGIVER, PATRIARCH OF ALEXANDRIA

ST NILUS OF SINAI

ST MACHAR

Troparion of St John the AlmsGiver tone 8

In patience thou didst win thy reward, O. righteous John. Thou didst love the poor and provide for them bountifully. Pray to Christ our God to save our souls.

Troparion of St Nilus of Sinai tone 4

With live coals of wisdom thou didst purify thy mind; thou didst drink from the Fountain of Life and live as an Angel. Hence thou dost ever pour forth springs that water the world divinely. We praise thee, Father Nilus.

Troparion of St Machar tone 1

Thou didst bring many to the Faith, erect numerous churches, extinguish the worship of false gods and cast down idols, O Hierarch Machar, establishing thy cathedral at Old Aberdeen. As thou wast fearless and tireless in thy labours for Christ, pray O Saint, that we may be given strength to follow in thy footsteps and that thereby we may be found worthy of His abundant mercy.

Kontakion of St John the Almsgiver tone 2

Thou didst dispense thy wealth to the poor and obtain wealth from heaven, O John. Wherefore we acclaim thee and celebrate thy memory, O namesake of mercy.

Kontakion of St Nilus tone 8

By thy vigilant prayer thou didst cut away the undergrowth of the body's insurgent passions. Thou hast boldness with the Lord: free me from dangers that I may cry to thee: Rejoice, O Father Nilus.

13 OUR HOLY FATHER AMONG THE SAINTS JOHN CHRYSOSTOM, ARCHBISHOP OF CONSTANTINOPLE
ST DENICK

Oil and wine permitted

Troparion of St John Chrysostom tone 8

Grace like a flame shining forth from thy mouth has illumined the universe, and disclosed to the world treasures of poverty and shown us the height of humility. And as by thine own words thou teachest us, Father John Chrysostom, so intercede with the Word, Christ our God, to save our souls.

Troparion of St Denick tone 1

Inspired by the virtuous example of our Fathers Coldumba and Machar, O Hierarch Denick, thou didst preach among the heathens of Caithness enduring great hardships, despite old age and infirmity. Wherefore, O Saint, pray that worthless and useless as we are Christ our God will grant us great mercy.

Kontakion of St John Chrysostom tone 2

Thou hast received divine grace from heaven, and with thy lips thou dost teach all men to adore the one God in Three Persons. O John Chrysostom, most blessed Saint, we rightly praise thee; for thou art our teacher, revealing things divine.

14 THE HOLY AND ALL-FAMED APOSTLE PHILIP
ST GREGORY PALAMAS THE WONDERWORKER, ARCHBISHOP OF THESSALONICA
ST DYFRIG
ST MALO

Fish permitted Rest from labour

Troparion of the holy Apostle Philip tone 3

Thou didst receive the enlightenment of the Comforter and rise on the world like

a star; with divine Light thou didst dispel the darkness of ignorance, O Apostle Philip. We entreat thee, intercede with Christ our God to grant us His great mercy.

Troparion of St Gregory Palamas tone 8

Light of Orthodoxy, Pillar and Teacher of the Church, adornment of monks and champion of theologians, O Gregory, wonderworker, boast of Thessalonica, preacher of grace, pray that our souls may be saved.

Troparion of St Dyfrig tone 1

Thou art worthily honoured as the Father of Welsh Monasticism. O Hierarchy Dyfrig, labouring to establish true asceticism with thy brother in the Faith, Samson of Dol whom thou didst raise to the dignity of the episcopate. In thy pastoral love, O Saint, pray for us that despite our unspiritual lives Christ our God will grant us great mercy.

Troparion of St Malo tone 1

Thy life, O Father Malo, was resplendent with many virtues. As thou wast unwavering in thy faith to thy last breath, O Saint, pray that we may emulate thy virtues and thereby be found worthy of eternal salvation.

Kontakion of the Holy Apostle Philip tone 8

The disciple and friend and imitator of Thy Passion, inspired Philip, preached Thee to the world. Through the Mother of God keep the Church from her enemies by his prayers, O most merciful Saviour.

Kontakion of St Gregory Palamas tone 8

Organ of wisdom, clear trumpet of theology, Gregory of divine speech, we praise thee. As thou dost stand before the Primordial Mind direct our minds to Him that we may cry: Rejoice, O Gregory, herald of grace!

15 HOLY MARTYRS OF EDESSA GURIA, SHAMUNA AND HABIB THE DEACON

On this day the Christmas Fast begins

Troparion tone 5

Wise Guria and Shamuna are praised today with Deacon Habib; they fill the faithful with joy and their contests are the boast of Edessa. They trampled down error by their words, and by their deeds became martyrs and wonderworkers. They pray for us to the Lover of mankind.

Kontakion tone 2

You protect those in temptation with grace from on high, O holy Martyrs. You saved a girl from bitter death and are the glory of Edessa and the joy of all the world.

16 HOLY APOSTLE AND EVANGELIST MATTHEW
ST AFAN

Oil and wine Permitted

Troparion of St Matthew tone 3

O Apostle Matthew, thou didst hear the Voice of the Word and receive the light of faith. Thou didst abandon the office of publican and proclaim Christ God's Self-emptying. Ask that those who praise thee may receive forgiveness and great mercy.

Troparion of St Afan tone 1

Llanafan remembers thee, O Hierarch Afan, thou teacher of piety, pastor, guide and inspirer of men's hearts. Wherefore, O holy one, entreat Christ our God that He will grant great mercy to our souls.

Kontakion of St Matthew tone 4

When thou didst cast away the publican's balance thou didst take the yoke of righteousness and become a merchant rich in wisdom. Thou didst preach the Word of truth and rouse the slothful by describing the Last Judgment.

17 ST GREGORY THE WONDERWORKER, BISHOP OF NEOCAESAREA
ST NIKON, DISCIPLE OF ST SERGIUS OF RADONEZH

Troparion of St Gregory the Wonderworker tone 8

Thou didst become worthy of thy name through thy way of life, through vigilant prayer and the working of miracles. Pray to Christ our God to enlighten our souls lest we sleep in sin which leads to death, O Gregory our Father.

Troparion of St Nikon tone 1

Thou wast zealous in obedience, O righteous Father Nikon. In praise of thy father thou didst erect a church of the Holy Trinity, wherefore we thy children lovingly cry: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion of St Gregory the Wonderworker tone 2

Thou didst receive power to work many miracles, O wise Gregory. Thou didst

terrify demons with fearful signs and dispel diseases from men. And having obtained thy name from thy works thou art called a wonderworker.

Kontakion of St Nikon tone 4

Thou didst follow thy spiritual leader, and labour guided to Christ by him. Thou wast a leader of monks and didst dwell with the righteous. With them pray unceasingly to Christ our God for us all.

18 HOLY MARTYRS PLATO AND ROMANUS
ST MAWES

Troparion of Ss Plato and Romanus tone 1

The renowned pair of prizewinners glorified the Trinity. They both fought valiantly and destroyed the enemy. Glorious Plato and godly Romanus, pray for us to the Lover of mankind.

Troparion of St Mawes tone 8

Despite thy royal birth thou didst embrace the monastic life in infancy, O Father Mawes, boast of ascetics and banisher of snakes. As we are blessed to have thy precious relics with us to this day, pray O Saint, that we may be worthy of Christ's mercy and that our souls may be saved.

Kontakion of St Plato tone 3

Thy holy memory gladdens the world and calls all to thy venerable church. We are gathered there praising thy triumphs. We cry out to thee with faith: Deliver thy flock, O Plato, from all evil.

Kontakion of St Romanus tone 4

Romanus, thou art a radiant star and the Church is illumined by thy contests. She glorifies thy memory.

19 HOLY PROPHET OBADIAH
HOLY MARTYR BARLAAM

Troparion of the Prophet Obadiah tone 4

According to thy name thou wast a servant of God the Word. Found worthy of the Light that passes understanding thou didst receive the illumination of prophecy. For thou didst discern the immaterial Glory and become an instrument sounded by God, O Prophet Obadiah, and foretell things to come.

Troparion of St Barlaam tone 4

Armed with youthful manliness, thou didst endure martyrdom in old age and glorify Christ. Thou didst offer Him thy right hand as a whole burnt offering and thy holy soul as a blameless sacrifice. Intercede that all may be granted forgiveness, O Great Martyr Barlaam.

Kontakion of the Prophet Obadiah tone 8

Thou didst offer thy life as acceptable first-fruits to the Triune God, Obadiah; and having received the beauty of inspiration thou didst reveal things to come and so didst cry: Alleluia.

Kontakion of St Barlaam tone 3

Though aged in body thou didst vanquish the evil one by thy mighty contest, O Barlaam. Thou didst endure the rack like one without a body, and manfully bear the burning of thy hand. Wherefore God the Word has crowned thee with a crown of glory.

20 FOREFEAST OF THE ENTRY OF THE MOTHER OF GOD INTO THE TEMPLE
HOLY FATHER GREGORY OF DECAPOLIS AND PROCLUS ARCHBISHOP OF
CONSTANTINOPLE, DISCIPLE AND SUCCESSOR OF ST JOHN CHRYSOSTOM

Troparion of the Forefeast tone 4

Today Anna betroths us to joy instead of grief, having blossomed forth a fruit, the only Ever-Virgin. She brings her with gladness into the temple of the Lord in fulfilment of her vow. She is the Mother and Temple of God the Word.

Troparion of Ss Gregory and Proclus tone 4

The twofold lamps of divine gifts, Proclus shepherd of New Rome and Gregory scion of Decapolis, guide us by the light of grace as divinely-inspired fathers. Let us draw near and eagerly beseech them, that we may receive forgiveness and the salvation of our souls.

Kontakion of the Forefeast tone 4

Today the world is filled with gladness at the feast of the Mother of God, and cries out: She is the heavenly tabernacle.

Kontakion of St Gregory tone 3

The Church knows thee as a sun enlightening all with virtue and rays of healing. We celebrate thy memory and honour thy struggles, O blessed Father Gregory.

Kontakion of St Proclus tone 4

Today the most honoured of cities celebrates thy holy departure to heaven, O

blessed Father Proclus.

21 THE ENTRY INTO THE TEMPLE OR PRESENTATION OF OUR MOST HOLY LADY
THE MOTHER OF GOD AND EVER-VIRGIN MARY
ST COLUMBAN OF BOBBIO
ST DIGAIN

Fish permitted

Troparion of the Mother of God tone 4

Today is the prelude of God's goodwill and the prophecy of the salvation of men. The Virgin appears openly in the temple of God and foretells Christ to all. So let us cry to her with loud voices: Rejoice, thou who art the fulfilment of the Creator's providence.

Troparion of St Columban of Bobbio tone 8

Rome was shocked by the severity of thy Rule, O Father Columban, but nothing daunted thou didst not waver in thy condemnation of spiritual and moral laxity. Standing firmly in the tradition of the fathers of the Thebaid, thou art a tower of strength to us sinners, wherefore O Saint, do thou entreat Christ our God that He will grant mercy to our souls.

Troparion of St Digain tone 8

O son of Constantine and servant of God, Righteous Digain, thou dost teach us by thy example that no man is too mighty to humbly serve Christ and labour for His Holy Church. Therefore, O holy one, pray to God for us that He will grant us the grace of humility, the joy of service and salvation for our souls.

Kontakion of the Mother of God tone 4

The most pure Temple of the Saviour, the most precious bridal chamber and Virgin, the sacred treasury of the glory of God, today enters into the house of the Lord, bringing with her the grace that is the Divine Spirit. And the angels of God sing of her: This is the heavenly tabernacle.

22 HOLY APOSTLES PHILEMON, APPHIA, ARCHIPPUS AND ONESIMUS OF THE
SEVENTY
ST CECILIA AND THOSE WITH HER
ST DEINIOL THE YOUNGER

Troparion of the Feast:

Today is the prelude...

Troparion of the Holy Apostles tone 4

The four Apostles of Christ who were chosen by God, Philemon and Archippus with Apphia and Onesimus, shone with the light of knowledge on those in darkness; they contested and destroyed error and now pray to the Lord for us all.

Troparion of St Cecilia and those with her tone 3

By the radiance of thy holy life thou didst draw the two brothers united in spirit into the Eternal Light. O Cecilia, as fellow-contestants you were counted worthy of divine glory. Ask that we who praise you may receive the forgiveness of our sins.

Troparion of St Deiniol the Younger tone 8

Being preserved from martyrdom at the hands of the warlike Ethelfrid, thou didst persevere in thy missionary labours, O Father Deiniol. Wherefore we entreat thee to pray to God for us that, being firm in the faith, we may be found worthy of His great mercy.

Kontakion of the Feast:

The most pure Temple...

Kontakion of the Holy Apostles tone 2

We praise Philemon, Onesimus, Archippus and Apphian as bright stars illumining the world; and we cry: Pray unceasingly for us all.

Kontakion of St Cecilia and those with her tone 4

Let the multitude of the faithful praise Cecilia who was wedded to Christ and adorned in heart with virtue. For she put to shame the audacity of Almachius and shone forth as the sun on those who sought her. Then to those on earth she was a divine support and she strengthened the faithful.

23 ST AMPHILOCIUS, BISHOP OF ICONIUM, FRIEND OF ST BASIL THE GREAT

ST GREGORY, BISHOP OF AGRIGENTUM

ST METROPHAN, BISHOP OF VORONEZH

ST POLIN

Troparion of the Feast:

Today is the prelude...

Troparion of St Amphilocius tone 4

In thy purity thou wast filled with the light of wisdom and didst illumine the world with Orthodox doctrine; for thou didst preach the consubstantial nature of the

Trinity and refute heresy. Wherefore Christ has glorified thee, O Hierarch Amphilocius.

Troparion of St Gregory of Agrigentum tone 1

O Gregory, thou wast diligent in thy Master's commandments even from thy swaddling bands. Thou wast filled with heavenly gifts and dost lead to verdant pastures those who cry to thee: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee grants healings to all.

Troparion of St Metrophan tone 4

O humble Father Metrophan, thou wast a rule of faith and an icon of meekness in word and life for thy flock. In sanctity thou didst shine more brilliantly than the sun and wast crowned with incorruption and glory. Pray to Christ our God to preserve thy city and all Orthodox Christians .

Troparion of St Polin tone 8

Thou wast a worthy shepherd of thy flock, O Father Polin, bringing many to Christ by thy preaching. As from Whitland's monastery the pure light of thy piety shone forth, pray that we too may be true lights in a world of darkness and may thereby attain eternal salvation.

Kontakion of the Feast:

The most pure Temple...

Kontakion of St Amphilocius tone 2

Holy thunder, spiritual trumpet nurse of the faithful and axe of heresy. Amphilocius servant of the Trinity; as thou dost stand with the Angels in God's presence pray unceasingly for us all.

Kontakion of St Gregory of Agrigentum tone 4

With the brilliant rays of the Holy Spirit the Church enlightens the way of those who celebrate thy joyful repose, O righteous, blessed Father Gregory.

Kontakion of St Metrophan tone 8

Thou didst subject thy body to thy spirit by fasting and make thy soul equal to the Angels. The episcopacy crowned thy priesthood and now thou dost stand before the Master of all. Blessed Metrophan, pray to Him to grant us peace and to save our souls.

24 HOLY HIEROMARTYRS CLEMENT, BISHOP OF ROME AND PETER, BISHOP OF

ALEXANDRIA
ST KENAN
ST COLMAN OF CLOYNE

Troparion of the Feast:
Today is the prelude...

Troparion of the Hieromartyrs Tone 3

You were shown forth as trumpeters of divine knowledge and revealers of the ordinances of the Faith, Clement thou fruitful vine of life and Peter firm rock of the faithful. Since you are seers of ineffable mysteries deliver us from every harm.

Troparion of St Kenan tone 1

As a witness to the steadfastness of the Faith of Christ, thou didst erect to His glory Ireland's first cathedral of stone, O Hierarch Kenan, where thou didst labour for the Salvation of men's souls. Wherefore O Saint, pray that our labours may be blessed and bear fruit that many may be led into the Way of Salvation.

Troparion of St Colman of Cloyne tone 8

Leaving thy post as bard of Cashel and embracing the monastic life, O Father Colman, thou didst employ thy God-given poetic talents teaching our holy and saving faith. Wherefore O Saint, pray to God that He would bestow again the gift of words that the Faith may be taught in these islands for the salvation of many souls.

Kontakion of the Feast:
The most pure Temple...

Kontakion of the Hieromartyrs tone 4

Unshakable divine towers of the Church, God-inspired and mighty pillars of piety: we praise you, Clement and Peter, guard us all by your intercessions.

25 LEAVETAKING OF THE FEAST OF THE ENTRY OF THE MOTHER OF GOD INTO
THE TEMPLE

GREAT MARTYR KATHERINE
GREAT MARTYR MERCURIUS

Oil and wine permitted

Troparion of the Feast:
Today is the prelude...

Troparion of Great Martyr Katherine tone 2

Let us praise Katherine, protectress of Sinai, Bride of Christ and our helper. With the sword of the Spirit she silenced the wisdom of the wicked. She is crowned as a martyr and asks mercy for us all.

Troparion of Great Martyr Mercurius tone 4

Partaker of heavenly light, an Angel was thy guide to manifest glory. Thou didst contest as a warrior for the Immortal King: O blessed Mercurius, save those who come to thee.

Kontakion of the Feast:

The most pure Temple...

Kontakion of Great Martyr Katherine tone 2

You lovers of martyrs raise a chorus now in honour of wise Katherine. She preached Christ in the stadium and spat on the knowledge of philosophers.

Kontakion of Great Martyr Mercurius tone 4

Putting on Christ's might as a holy breastplate thou didst excel as an Athlete and dost enlighten those who cry: Rejoice, O Mercurius: thou art the glory of the martyrs.

26 ST STYLIAN OF PAPHLAGONIA

ST NIKON, PREACHER OF REPENTANCE

Troparion of St Stylian tone 3

Holy Stylian, thou wast a tower of abstinence and an unshaken pillar of the Church. Dedicated to God from thy youth, thou didst become a dwelling-place of the Spirit. O righteous Father, intercede with Christ our God to grant us His great mercy.

Troparion of St Nikon tone 3

Sparta rejoices in holding the shrine of thy relics, a source of healing for those who run to thee. Holy Nikon, intercede with Christ our God to grant us His great mercy.

Kontakion of St Stylian tone 4

Sanctified from the womb like another Samuel, thou didst glorify God by thy labours. Thou didst become a healer and protector of Christ's babes and sucklings. He has glorified thee, O Stylian.

Kontakion of St Nikon tone 6

Thou didst despise the world's delights, thou didst show us the path of repentance, emulating the Angelic life, O Nikon. We praise thee and celebrate thy memory; thou art a fountain of healing.

27 ICON OF THE MOTHER OF GOD OF KURSK (MOTHER OF GOD OF THE SIGN)
GREAT MARTYR JAMES OF PERSIA
ST JAMES, BISHOP OF ROSTOV
ST SEACHNALL

Troparion of the Mother of God of Kursk tone 4

Thou art an impregnable wall and a source of miracles enabling us to subdue enemy attacks, O Mother of God. Wherefore we pray thee grant peace to the world and great mercy to our souls.

Troparion of Great Martyr James of Persia tone 4

James the Martyr and scion of Persia drowned the dragon in his blood by his contest; he was dismembered for the Faith and became the Saviour's trophy-bearer. He intercedes unceasingly for our souls.

Troparion of St James Bishop of Rostov tone 4

Thou wast chosen of God from thy youth, and didst become a Hierarch shepherding God's people. Wherefore after thy decease thou didst receive the gift of wonderworking to heal infirmities. O Hierarch James, pray that we may magnify thee unceasingly.

Troparion of St Seachnall tone 1

Today we hymn thee, O Hierarch Seachnall, for as thou in thy piety didst compose the praises of our Father Patrick, pray to God for us that we may, with true piety, honour our saints. And in praising this glorious company may we be worthy of their prayers and the great mercy of Christ our God.

Kontakion of the Mother of God of Kursk tone 8

We celebrate the venerable Icon of the Sign, most holy Mother of God, whereby thou didst grant thy city a wonderful victory over its enemies. Wherefore we cry to thee with faith: Rejoice, O Virgin, thou boast of Christians.

Kontakion of Great Martyr James of Persia tone 2

Thou didst listen to thy wife and consider the judgment, O courageous James. Thou didst spurn the threats and commands of the Persians and thy body was

pruned like a vine. We praise thee, O noble Martyr.

Kontakion of St James Bishop of Rostov tone 8

Thou wast a champion among bishops and of one rank with the Hierarchs, O holy James. Preserve thy city, thy fatherland and people who honour thee and venerate thy sacred relics, that with one accord we may cry to thee: Rejoice, O Hierarch James.

28 ST STEPHEN THE NEW
HOLY MARTYR IRENARCHUS

Troparion of St Stephen the New tone 3

Thou didst live a holy and ascetic life and didst become a vessel of prayer. Through thy reverence for the Icon of Christ thou wast found worthy of the joy of martyrs. O holy Stephen, pray to Christ our God to grant us His great mercy.

Troparion of Holy Martyr Irenarchus tone 4

Thou didst confess the Prince of Peace with faith and abandon the lord of error and turmoil, O wise Irenarchus. Thou didst pass through fire and water and emerge as a trophy-bearer. Pray that peace and salvation may be granted unto all.

Kontakion of St Stephen the New tone 8

Come all you faithful who rejoice to celebrate: let us praise Stephen the lover of the Trinity who honoured the Icon of Christ and His Mother. Let us all cry out to him rejoicing: Renowned Father Stephen, joy to thee.

Kontakion of the Holy Martyr Irenarchus tone 8

O soldier and martyr of the Prince of Peace, thou didst destroy the prince of darkness by thy brave resistance. Thou dost ever preserve in peace, O Irenarchus, those who honour thy achievements with faith.

29 HOLY MARTYRS PARAMONUS AND PHILUMENUS
ST BRENDAN OF BIRR
ST SEDWEN

Troparion of the Martyrs tone 4

Let us acclaim Paramonus and Philumenus as divine servants and illustrious athletes of Christ our God, for out of love for Him they defeated the lawless by their contest and they pray for us: that forgiveness may be granted to all.

Troparion of St Brendan of Birr tone 8

Most glorious ascetic and chief of Ireland's Prophets, O Father Brendan, thou wast a bright beacon in the western isle guiding many to salvation. At thy heavenly birthday the Angels rejoiced and miraculously announced their joy to our Father Columba. The prayers of the righteous avail much for us sinners. Wherefore O Saint, pray to God for us that He will find us a place in the Mansions of the Blest.

Troparion of St Sadwen tone 8

The remoteness of the Welsh mountains was thy desert, O Father Sadwen, where thou didst serve God in fasting and humility. May thy continual intercession avail for us sinners that our souls may be saved.

Kontakion of the Martyrs tone 2

O martyrs enlisted by Christ through faith you cut down the ranks of the enemy. And when you received the crown of victory you became equal in honour to the Angels, O blessed Paramonus and wise Philumenus.

30 HOLY APOSTLE ANDREW THE FIRST-CALLED
ST TUDWAL

Oil and wine permitted

Troparion of St Andrew tone 4

As the first-called Apostle and brother of their leader entreat the Master of all to grant peace to the world, O Andrew, and great mercy to our souls.

Troparion of St Tudwal tone 1

Having left thy native Wales thou didst serve God in Brittany, O Father Tudwal, and both by thy zealous preaching and thy piety thou didst win souls for Christ. Wherefore we hasten to thee, O radiant Hierarch, that thou wouldst intercede for us that our souls may be saved.

Kontakion of St Andrew tone 2

Let us praise the divine leader and namesake of courage, first-called disciple and Peter's kinsman. For as of old Christ called to him so he now calls to us: Come, we have found the Desired One.

DECEMBER

1 HOLY PROPHET NAHUM
ST PHILARET THE MERCIFUL OF CONSTANTINOPLE

Troparion of the Prophet Nahum tone 3

O Prophet Nahum, thou didst shine forth in the Law and proclaim the consolation of grace from of old in the Spirit. Even so, by appearing unto men, God the Word gladdened mortal nature. Intercede with the compassionate Trinity to grant us His great mercy.

Troparion of St Philaret tone 3

From the wealth of God-like faith thou didst distribute thy riches to the poor, O Philaret; thy life was adorned with compassion and thou didst glorify the Giver of Mercy. Beseech Him to have compassion and to be merciful to those who praise thee.

Kontakion of the Prophet Nahum tone 4

Illumined by the Spirit, thy pure heart was a vessel of illustrious prophecy. For thou seest the far-off things as though they were present, O Prophet Nahum. Wherefore we venerate thee.

Kontakion of St Philaret tone 3

Thou didst possess the spirit of Job in temptations, and compassionately distribute thy wealth to the poor. Thou wast a living fountain of almsgiving and by thy manner of life thou dost gladden those who cry: O Philaret servant of Christ, rejoice.

2 HOLY PROPHET HABBAKUK

Troparion tone 4

Of old thou didst describe the Virgin Mother of God as a mountain from which the God of all would shine forth in the flesh for our sake. Hence we honour thee as a God-proclaiming prophet and beseech thee to make us partakers of grace by thy intercessions, O glorious Habbakuk.

Kontakion tone 2

O God-proclaiming Habbakuk, thou didst discern the disciples as horses trampling the seas of ignorance and submerging error by their doctrine of piety. Wherefore we praise thee as a true prophet and beseech thee to intercede for our souls.

3 HOLY PROPHET ZEPHANIAH

ST SABBAS OF ZVENIGOROD, DISCIPLE OF ST SERGIUS

Troparion of the Prophet Zephaniah tone 7

Thou didst comprehend from of old the things that would come to pass, thou

didst clearly foretell our eternal redemption and proclaim Christ as the King of Sion. O Prophet Zephaniah, having been delivered from the curse by Him we cry out to thee: Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee grants forgiveness to all.

Troparion of St Sabbas of Zvenigorod tone 8

Righteous Father Sabbas, thou didst shine as a scion of the wilderness, and from thy youth thou didst desire a life of purity. Thou didst follow thy spiritual father and seek heaven through his teaching, and wast a most wise shepherd of thy flock. Wherefore Christ has glorified thee as a shining lamp. O our Father Sabbas, pray that our souls may be saved.

Kontakion of the Prophet Zephaniah tone 3

Vessel of prophetic wisdom, from of old thou didst proclaim God's self-emptying and didst cry: Be glad, O Sion blessed city as thou didst greet Christ as a King upon a colt. Beseech Him, O Zephaniah, for those who with faith call thee blessed.

Kontakion of St Sabbas of Zvenigorod tone 2

Thou didst subdue the flesh by abstinence in thy love for the Lord, Father Sabbas, and didst appear as an unwaning lamp of the divine Light. With rays of miracles thou dost enlighten all who venerate thy relics.

4 GREAT MARTYR BARBARA

ST JOHN OF DAMASCUS

Troparion of Great Martyr Barbara tone 4

Let us praise holy Barbara who has broken the snares of the enemy. By the help of the weapon of the Cross she has escaped as a bird and flown Godwards.

Troparion of St John of Damascus tone 3

Thou wast a holy instrument and a tuneful harp of godliness. Thy teachings shone forth to the ends of the world; O righteous John. We pray thee to entreat Christ our God to grant us His great mercy.

Kontakion of Great Martyr Barbara tone 4

Great Martyr Barbara, thou didst follow Him Who is praised in Trinity, having abandoned the idols' shrines. Thou didst strive in the midst of the arena not shrinking from the tyrants' threats. Thou didst cry out in a strong voice: I worship the Trinity, the One Divinity.

Kontakion of St John of Damascus tone 4

Let us praise the illustrious hymnographer John, teacher of the Church and champion against her enemies. For armed with the weapon of the Lord's Cross, he has banished the errors of heresy. He fervently intercedes with God Who grants forgiveness to all.

5 OUR HOLY AND GODBEARING FATHER SABBAS THE SANCTIFIED
ST CAWRDAF

Oil and wine permitted

Troparion of St Sabbas the Sanctified tone 1

Sanctified from youth, O righteous Sabbas, thou wast a summit of righteousness equal to the Angels. Thou didst lead a heavenly life, and guide thy flock to godliness by word and deed. And they cry to thee with faith: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Cawrdaf tone 8

O Father Cawrdaf, spurning the transitory glory of temporal power, thou didst flee from the world to serve God in monastic seclusion. Wherefore, O righteous one, pray that we, following thy example by serving God rather than self, may be found worthy of eternal salvation.

Kontakion of St Sabbas the Sanctified tone 8

Thou wast offered to God from childhood as a blameless sacrifice, as one dedicated to Him before birth, O blessed Sabbas, thou adornment of the righteous and blessed dweller in the desert. Wherefore I cry to thee: Rejoice.

6 OUR FATHER AMONG THE SAINTS NICHOLAS THE WONDERWORKER,
ARCHBISHOP OF MYRA IN LYCIA

Oil and wine permitted

Troparion tone 4

The truth of things revealed thee to thy flock as a rule of faith, a model of meekness, and a teacher of temperance. Therefore thou hast won the heights by humility, riches by poverty. Holy Father Nicholas, intercede with Christ our God that our souls may be saved.

Kontakion tone 3

Thou wast a faithful minister of God in Myra, O Saint Nicholas. For having fulfilled

the Gospel of Christ, thou didst die for the people and save the innocent.
Therefore thou wast sanctified as a great initiator of the grace of God.

7 OUR FATHER AMONG THE SAINTS AMBROSE, BISHOP OF MILAN

ST ANTHONY OF SIYA

ST NIL THE ANCHORITE OF STOLBEN ISLAND

ST BUITHE

Troparion of St Ambrose tone 1

O Ambrose, wonderworker and champion of the Church, Godbearing Hierarchy; thou didst work miracles by thy faith and love for God; therefore we the earthborn glorify thee and cry out: Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Anthony of Siya tone 1

O Anthony, thou didst renounce the world in fervour of spirit, and seek the one God with thy whole heart. Thou didst retreat to a far wilderness near waters, in tears and labours living the angelic life. Thou didst gather a multitude of monks in thy wisdom; visit them and cease not to entreat the Holy Trinity to deliver us from every evil and to save our souls.

Troparion of St Nil of Stolben tone 4

Thou didst appear as a bright light on the island of Lake Seliger. Thou didst take Christ's Cross on thy shoulder from thy youth and follow Him zealously, O Father Nil. By thy purity thou didst approach the divine likeness and wast enriched with the gift of miracles. We run to thy relics and cry with compunction: Entreat Christ our God that He may save our souls.

Troparion of St Buithe tone 8

Great wonderworker and ascetic, O Father Buithe, who by the power of thy prayers didst restore the slain to life, intercede with Christ our God that He will grant us life eternal in the realms of the blessed.

Kontakion of St Ambrose tone 3

Thou didst shine with divine doctrine and blacken the error of Arius; working miracles in the power of the Spirit thou didst heal various passions. O Ambrose, shepherd and teacher, pray to Christ our God to grant us His great mercy.

Kontakion of St Anthony of Siya tone 8

From thy youth thou didst exhaust thy flesh by fasting and prayers, and take up thy cross and follow Christ. Thou didst complete thy journey to heaven with joy, and dost stand with the Saints before the Trinity. Now visiting thy flock remember those who honour thee, that all may cry with thanksgiving: Rejoice, O wise and righteous Anthony, guide of desert-dwellers.

Kontakion of St Nil of Stolben tone 8

Thou didst leave thy fatherland and dwell in the wilderness upon the island of Lake Seliger. Thou didst live in hardship and amaze men by thy virtues, and receive Christ's gift of working miracles. Remember us who honour thy memory, that we may cry to thee: Rejoice, O Father Nil.

8 ST PATAPIUS THE RIGHTEOUS

Troparion tone 3

Thou didst follow the divine call from thy youth and illumine the world with the gifts of thy holy labours. Thou wast made glorious with the grace of dispassion and dost heal various passions. O Patapius, righteous Father, pray to Christ our God to grant us His great mercy.

Kontakion tone 3

The people find thy temple a place of healing and flock to it eagerly, O Patapius. They ask for the healing of their diseases and the forgiveness of their sins. For thou art a protector of all in need.

9 CONCEPTION OF ST ANNA, THE MOTHER OF THE MOTHER OF GOD
ST BUDOC

Oil and wine permitted

Troparion of St Anna tone 4

Today the bonds of barrenness are loosed; for God listened to Joachim and Anna. He promised them although it was beyond hope that they should bear a divine child. From this child was born incarnate the Infinite God, Who told the Angel to cry to her: Rejoice, full of grace; the Lord is with thee.

Troparion of St Budoc tone 4

Thou wast miraculously preserved from the ocean's fury and, being sustained by the hand of God, thou didst devote thyself to His service, O Hierarch Budoc. Being showered with both temporal and spiritual honours both in Armagh and in Dol, thou didst labour to win souls for Christ, therefore we implore thine aid, begging

Christ our God that He will save our souls.

Kontakion of St Anna tone 4

Today creation celebrates Anna's conception which was effected by God. For she conceived the Maiden who conceived the Word Who is beyond all words.

10 HOLY MARTYRS MENAS, HERMOGENES AND EUGRAPHUS

Troparion tone 8

Having conquered the ragings of the flesh through abstinence the Martyrs of Christ received grace to heal the weak; and while living after death they worked miracles. It is truly a strange wonder that bare bones pour forth healings: Glory to our God.

Kontakion tone 1

With sacred hymns let us honour wondrous Menas, divine Hermogenes and Eugraphus; for they honoured the Lord and suffered for Him. They attained to the bodiless choirs in heaven and shower miracles upon us.

11-17 SUNDAY OF THE HOLY FOREFATHERS

Troparion tone 2

Thou didst justify the Forefathers by faith, when of old through them Thou didst betroth Thyself to the Church of the nations. The Saints rejoice in the glorious fruit of their seed, even in her who bore Thee seedlessly. By their prayers, O Christ our God, save our souls.

Kontakion tone 2

An image made with hands you would not worship, O thrice- blessed three; but protected by the ineffable Essence you were glorified in your ordeal by fire. From the midst of the devouring flames you called upon God, crying: Hasten, O compassionate One, in Thy mercy come to our aid, for if Thou willest Thou canst.

11 OUR HOLY FATHER DANIEL THE STYLITE
ST CIAN

Troparion of St Daniel the Stylite tone 1

O Daniel, righteous Father, thou didst become a pillar of patience, and excel like the forefathers: Job in his sufferings, Joseph in temptation, and in the flesh wast like the bodiless ones. Intercede with Christ our God that He may save our souls.

Troparion of St Cian tone 8

Renouncing thy warlike ways, O Father Cian, thou didst engage in thy fiercest fight with the powers of darkness. Pray, we beseech thee, that our spiritual struggles may be pleasing to Christ our God, that He will show us great mercy.

Kontakion of St Daniel the Stylite tone 8

Thou didst ascend thy pillar and enlighten the world like a brilliantly shining star; and thou didst dispel the darkness of error, O blessed Father Daniel. Therefore we pray thee, illumine the hearts of thy servants with the true Eternal Light.

12 OUR HOLY FATHER SPYRIDON THE WONDERWORKER, BISHOP OF TRYMITHON
IN CYPRUS

ST HERMAN OF ALASKA

ST FINNIAN OF CLONARD

ST COLUMBA OF LEINSTER

ST COLMAN OF CLENDALOUGH

Oil and wine Permitted

Troparion of St Spyridon tone 1

Thou wast a champion of the First Council and a wonderworker, O Godbearing Father Spyridon. Thou didst speak to one dead in the grave, and change a serpent to gold; and while thou wast chanting the holy prayers the Angels were serving with thee. Glory to Him Who has glorified thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Troparion of St Herman of Alaska tone 4

Blessed ascetic of the northern wilds and intercessor for the whole world; teacher of Orthodoxy, instructor of piety, adornment of Alaska and gladness of America, holy Father Herman, pray to Christ our God that He may save our souls.

Troparion of St Finnian of Clonard tone 8

Truly thou art the 'Tutor of the Saints of Ireland', O Founder of Clonard, great Father Finnian. As thou didst tirelessly teach the faith in thy native land, so teach us to follow thy example that many may come to know Christ and be led into the Way of Salvation.

Troparion of St Columba of Leinster tone 8

O pious Columba, as a disciple of our Father Finnian and a renowned struggler, thou didst shine forth in the ascetic life. O Ireland's treasure, cease not to pray for those who labour, weeping and repenting, for the salvation of their souls.

Troparion of St Colman of Glendalough tone 8

Giving thy life to Christ in monastic poverty, thou didst teach us a God-pleasing set of values, O Father Colman. Wherefore intercede with Christ our God that He will instil in us constancy of faith, patience in trials and freedom from worldliness that we may be found worthy of His great mercy.

Kontakion of St Spyridon tone 2

Thou didst lend wings to thy mind with the fire of the spirit, wounded by love for Christ. Thy practical work was the practice of contemplation, O inspired Spyridon. Thou didst become a divine altar, imploring illumination for all.

Kontakion of St Herman of Alaska tone 8

Monk of Valaam and beloved of the Mother of God, new zealot of the old desert-dwellers in thy labours; armed with prayer as thy sword and shield, thou wast terrible to demons and pagan darkness. O St Herman, we cry to thee: pray to Christ our God that our souls may be saved.

13 HOLY MARTYRS EUSTRATIUS, EUGENE, AUXENTIUS, MARDARIUS AND ORESTES
IN ARMENIA

HOLY VIRGIN LUCY OF SICILY

Troparion of the Holy Martyrs of Armenia tone 4

Wise Eustratius, divine Auxentius, Eugene, Mardarius and Orestes, five members of the choir of Martyrs, enlighten the whole world with the torch of their contests. O faithful, in praising them let us cry out: Rejoice, you five holy Martyrs of Christ.

Troparion of St Lucy of Sicily tone 5

Adorned with the radiant robe of virginity, thou wast betrothed to Christ the Lifegiver and didst disdain all mortal love. Therefore thou didst bring to the Lord as a bridal gift the streams of thy martyr's blood. Intercede with Him for us all, O Virgin Martyr Lucy.

Kontakion of the Holy Martyrs of Armenia tone 2

Thou wast a shining light for those in the darkness of ignorance, O herald of Christ, and armed with the spear of faith, thou wast unmoved by the adversaries' audacity, Eustratius most eloquent of orators.

Kontakion of St Lucy of Sicily tone 3

We honour thee, pure Virgin and trophy-bearer, and praise thine illustrious

contest. for thou didst desire only the beauty of Christ and didst disdain all things corruptible. O Lucy, when thou wast beheaded thou didst receive incorruptible glory.

14 HOLY MARTYRS THYRSUS, LEUCIUS AND CALLINICUS OF ASIA MINOR,
APOLLONIUS, PHILEMON AND ARRIAN OF ALEXANDRIA
SS FINGAR AND PHIALA

Troparion of the Holy Martyrs tone 3

With garlands and chants let us adorn the six Martyrs, Thyrsus, Philemon, steadfast Apollonius, Arrian, Callinicus and glorious Leucius; for they destroyed the enemy and are pillars of godliness. And they shine on all the world with rays of heavenly grace.

Troparion of Ss Fingar and Phiala tone 4

Heeding Patrick's preaching you accepted Christ as God and Saviour, earning the wrath of your pagan father, O blessed Fingar and Phiala. Preferring the treasures of asceticism and rejecting a kingly heritage, together with seven bishops and a godly host, you were found worthy of the crown of martyrdom. Therefore we pray you to intercede with Christ our God for us that we may live only for Him and be found worthy of His great mercy.

Kontakion of the Holy Martyrs tone 4

Let us gather today and praise the Church's luminaries, acclaiming them as the trophy-bearers of Christ our God.

15 HIEROMARTYR ELEUTHERIUS, BISHOP OF ILLYRICUM, AND HIS MOTHER THE
HOLY MARTYR ANTHIA
ST STEPHEN THE CONFESSOR, ARCHBISHOP OF SOUROZH

Oil and wine permitted

Troparion of Hieromartyr Eleutherius tone 5

Adorned with the robe of priest and stained with streams of blood, O wise and blessed Eleutherius, thou didst hasten to Christ thy Master, O overthrower of Satan. Unceasingly pray for those who faithfully honour thy contest.

Troparion of St Stephen of Sourozh tone 4

Solitary dweller with the Bodiless Hosts, thou didst take the Cross as thy weapon and stand firm against the iconoclasts and Macedonians; they would not worship the icon of Christ our God, but thou didst cut out all wicked heresies. Then as one

who had received the martyr's crown thou didst deliver thy city, Sourozh, from all enemies. And now we implore you, O Stephen, that we may be delivered from temptations and eternal torments.

Kontakion of Hieromartyr Eleutherius tone 2

We all praise and entreat thee, Hieromartyr Eleutherius, adornment of priests, encouragement of martyrs: free from danger those who lovingly celebrate thy memory; and pray unceasingly for us all.

Kontakion of St Stephen of Sourozh tone 3

Strengthened by the power of the Most High God, thou didst overcome the iconoclasts of the royal house. Today the glory of the relics belong to Sourozh and to us faithful, and the Angelic Orders bear them triumphantly. With songs and hymns, they glorify thee, O great Saint Stephen.

16 HOLY PROPHET HAGGAI

ST MODESTUS THE SECOND, PATRIARCH OF JERUSALEM

Troparion of the Prophet Haggai tone 4

Being pure in heart, O Prophet Haggai, thou wast an inspired Prophet and servant of God. Therefore, as one that keepeth festival, thou wast taken up to those who keep festival in God. Intercede with Him, O herald of God, that we may all be saved.

Troparion of St Modestus the Second tone 3

Thou didst gladden Sion with thy divine works. Enriched with apostolic illumination, thou didst serve thy Saviour righteously. Holy Father Modestus, entreat Christ our God to grant us His great mercy.

Kontakion of the Prophet Haggai tone 2

Thou didst shine forth to the ends of the world, illumined by the light of the Spirit. Thou didst foretell in figures the things that were to come, and wast illustrious in thy life, O wise Prophet Haggai.

Kontakion of St Modestus the Second tone 4

Thou wast a righteous Hierarch, O Father, and didst serve Christ in Sion by thine angelic life. Therefore thou art glorified, O Modestus, adornment of Patriarchs.

17 HOLY PROPHET DANIEL

THE THREE CHILDREN IN BABYLON

ST DIONYSIUS OF ZANTE

ST TYDECHO
ST BRIACH

Oil and wine permitted

Troparion of the Holy Prophet Daniel and the Three Children tone 2

Great are the achievements of faith: In the fountain of flame, as in refreshing water, the Three Holy Children rejoiced. And the Prophet Daniel proved a shepherd of lions as of sheep. By their prayers, O Christ our God, save our souls.

Troparion of St Dionysius of Zante tone 1

Together let us honour Dionysius the scion of Zante, Bishop of Aegina and protector of the Monastery of Strophada. Let us cry to him sincerely: By thy prayers save those who celebrate thy memory and cry to thee: Glory to Christ Who has glorified thee; glory to Him Who has made thee wondrous; glory to Him Who has granted thee to us as an unsleeping intercessor.

Troparion of St Tydecho tone 8

By thy labours for Christ, O Father Tydecho, thou didst win the crown of eternal glory and didst light the way into the Ark of Salvation. Wherefore, O Saint, intercede for us that in following thee we may be found worthy of Christ's great mercy.

Troparion of St Briach tone 8

O holy Briach, thou dost teach us the value of renunciation, for thou didst renounce the world to seek salvation. Therefore we pray, that our lives may show forth the virtue of self denial and thereby attain the eternal salvation of our souls.

Kontakion of the Prophet Daniel tone 3

When thy pure heart was purged by the Spirit thou didst become a vessel of clear prophecy; for thou seest things afar off as though they were close at hand. Thou didst tame the lions when thou wast cast into their den. Therefore we honour thee, O blessed Prophet, glorious Daniel.

Kontakion of the Three Children in Babylon tone 2

An image made with hands you would not worship, O thrice blessed three; but protected by the ineffable Essence you were glorified in your ordeal by fire. From the midst of the devouring flames you called upon God, crying: Hasten, O compassionate One, in Thy mercy come to our aid, for if Thou willest Thou canst.

Kontakion of St Dionysius of Zante tone 3

Today the people of Zante keep festival with the Monastery of Strophada. They invite the Isle of Aegiha, that together they may praise their common boast of Dionysius.

18-24 SUNDAY BEFORE THE NATIVITY OF THE SAVIOUR

Troparion tone 2

Great are the achievements...

Kontakion tone 1

O Bethlehem, rejoice: Make ready, Ephrata: The ewe is hastening to give birth to the Great Shepherd Whom she carries in her womb. The Godbearing Fathers rejoice at seeing Him, and the Shepherds praise the Virgin who suckles Him.

18 HOLY MARTYR SEBASTIAN AND THOSE WITH HIM

Troparion tone 1

O Sebastian, thou didst spurn the gatherings of the wicked and bring together the illustrious martyrs who with thee cast down the enemy. Deemed worthy of the Divine Presence, thou dost gladden those who cry to thee: Glory to Him Who has strengthened thee; glory to Him Who has crowned thee; glory to Him Who through thee works healings for all.

Kontakion tone 4

Thou didst excel in godly zeal and gather a band of martyrs from which thou didst shine as a star. The arrows that wounded thy body, O Sebastian, pierced the hearts of the enemy. Hence Christ has glorified thee.

19 SS BONIFACE AND AGLAIS

Troparion tone 4

Thou didst fervently follow after the Martyrs and confess Christ before unbelievers, O Boniface. Thou didst give thy body to modest Aglais as imperishable treasure: healing and mercy flow from it for the world.

Kontakion tone 4

Thou didst offer thyself as a blameless sacrifice, O wise crown-bearer, to One Who is about to be born of a Virgin for thy sake, O Boniface.

20 FOREFEAST OF THE HOLY NATIVITY

HOLY HIEROMARTYR IGNATIUS THE GODBEARER, BISHOP OF ANTIOCH
ST JOHN OF KRONSTADT

ST URSICIAN

Oil and wine permitted

Troparion of the Forefeast tone 4

Make ready, Bethlehem, Eden has been opened to all. Prepare, Ephratha, for the Tree of Life has blossomed in the cave from the Virgin. Her womb was a spiritual paradise whence came the Divine Plant. If we eat it we shall live and not die like Adam. Christ is born to raise up the image that of old had fallen.

Troparion of St Ignatius the Godbearer tone 3

Soaring with love for Him Who holds thee in His hands, thou wast shown to be a Godbearer, O Ignatius. Thou didst finish thy course in the West and pitch thy dwelling in the unwaning day of the heavens. O righteous Father, entreat Christ our God to grant us His great mercy.

Troparion of St John of Kronstadt tone 4

O Wonderworker living in Christ for ever, with love have mercy on those in danger; hear thy children who call on thee with faith; be compassionate to those who hope for aid from thee, O Father John of Kronstadt, our beloved shepherd.

Troparion of St Ursician tone 8

Thy life is a hymn of triumph, O blessed one, who together with the great Columban didst travel throughout Europe preaching repentance, humility and our saving Faith in Christ. Wherefore, most righteous Ursician, intercede for us that we may show forth in our lives the truth of our faith, that many souls may be saved.

Kontakion of the Forefeast tone 3

Today the Virgin is coming to the cave to give birth to the eternal Word. Rejoice at the message, O earth; with the Angels and Shepherds give glory to Him Who was willing to be seen as a Child while remaining God throughout all ages.

Kontakion of St Ignatius the Godbearer tone 3

The day of thy glorious struggle heralds the One to be born of a Virgin; for, thirsting for His presence, thou didst hasten to be devoured by wild beasts. Therefore thou wast named Godbearer, O glorious Ignatius.

Kontakion of St John of Kronstadt tone 4

Thou wast chosen by God in infancy and in childhood received the gift of learning. Thou wast called to the priesthood in a vision during sleep and didst become a

wonderful shepherd of Christ's Church. Pray to Christ our God that we may all be with thee in the Kingdom of heaven, O Father John, namesake of grace.

21 HOLY VIRGIN MARTYR JULIANA ST PETER, METROPOLITAN OF MOSOW

Troparion of the Forefeast:
Make ready...

Troparion of St Juliana the Virgin Martyr tone 4
All-blameless bride and venerable trophy-bearer, thou art wedded to the Word of the Immortal Father, O glorious Juliana; for having wisely disdained thy mortal bridegroom thou didst strive beyond nature to destroy the serpent. And now thou dost delight in the joys of thy Bridegroom.

Troparion of St Peter, Metropolitan of Moscow tone 4
The formerly fruitless land rejoices: Christ has revealed a light who shines in the world and heals our infirmities. Therefore boldly rejoice: He is a Hierarch of the Most High Who was his fellow-worker in these things.

Kontakion of the Forefeast tone 2
He Who holds the earth in His hands is seen in Bethlehem wrapped in swaddling bands. We sing before the feast to her who bore Him. She rejoices as a Mother as she nurses the Son of God.

Kontakion of St Juliana the Virgin Martyr tone 1
Thou wast a comely virgin and a martyr wounded by divine love. Thou wast taken up to the heavenly bridal chamber where thou dost pray for those who honour thee.

Kontakion of St Peter Metropolitan of Moscow tone 8
We lovingly hasten to thee with praise, O champion and wonderworker of the land of Russia. As thou hast boldness towards the Lord, save us from affliction that we may cry to thee: Rejoice, support of our city.

22 GREAT MARTYR ANASTASIA OF ROME, THE FREER FROM BONDS

Troparion of the Forefeast:
Make ready...

Troparion of Great Martyr Anastasia tone 5
As a martyr thou didst emulate the deeds of the martyrs, to whom thou didst

minister, and striving didst overcome the enemy. Thou art an abundant, copious source of grace for all who fervently come to thee, O godly-minded Anastasia.

Kontakion of the Forefeast:

Today the Virgin...

Kontakion of Great Martyr Anastasia tone 2

Those in temptations and afflictions hasten to thy temple and are restored by the grace that dwells in thee, for thou dost ever pour forth healings for the world, O Great Martyr Anastasia.

23 THE HOLY TEN MARTYRS OF CRETE
ST NIPHON, BISHOP OF CONSTANTIANA

Troparion of the Forefeast:

Make ready...

Troparion of the Holy Ten Martyrs of Crete tone 3

Let us honour Crete who brought forth these flowers, boughs of martyrs, pearls of Christ. They shamed the thousandfold power of demons although only ten in number. They were crowned as Christ's valiant martyrs.

Troparion of St Niphon, Bishop of Constantiana tone 4

Thou wast chosen by God to be shepherd and herald of His Church, and to teach repentance to the fallen. By thy prayers thou didst reveal the demons' deceits and thy countenance shone like Moses'. O Father Niphon, pray to Christ our God for those who honour thee.

Kontakion of the Forefeast:

Today the Virgin...

Kontakion of the Holy Ten Martyrs of Crete tone 4

The holy struggle of the Martyrs shines as brightly as the morning star. It has shone on Him Who was born in a cave, Whom the Virgin seedlessly conceived.

Kontakion of St Niphon of Constantiana tone 2

Thou didst subdue the flesh by fear of God and didst soar to the heights of knowledge. Thou didst attain to thy desire, O blessed Niphon. Intercede to Christ our God for all who honour thee.

24 EVE OF THE HOLY NATIVITY (Strict fast)
ST EUGENIA THE RIGHTEOUS VIRGIN MARTYR

ST CARAN

Troparion for the Eve of the Nativity tone 4

When Mary conceived seedlessly she was registered in Bethlehem with the elder Joseph as being of the seed of David. The time for birth came and there was no room in the inn; the cave proved a fair palace for the Queen. Christ is born to raise up the image that of old had fallen.

Troparion of St Eugenia tone 3

In thy praise inspired by the Holy Spirit, thou didst receive the light of divine knowledge, O Eugenia, glorious Virgin of Christ. And radiant among the choir of the righteous, thou didst triumph over the enemy in thy contest. O glorious Martyr, entreat Christ our God to grant us His great mercy.

Troparion of St Caran tone 4

Jewel of the northern kingdom and most virtuous hierarch, O Father Caran, thou dost remind us that we are all missionaries and husbandmen in Christ's vineyard. Therefore, O Saint, pray for us all that we may shine as beacons of Orthodoxy guiding many souls to salvation.

Kontakion for the Eve:

Today the Virgin...

Kontakion of St Eugenia tone 4

Thou didst flee the passing glory of the world, drawn by longing for Christ, O holy Martyr. Thou didst preserve thy noble soul unblemished: we praise thee, righteous Eugenia.

25 THE NATIVITY OF OUR LORD AND GOD AND SAVIOUR JESUS CHRIST

Troparion tone 4

Thy birth, O Christ our God, rose upon the world as the light of knowledge; for through it those who worshipped the stars were taught by a star to adore Thee, the Sun of Righteousness, and to know Thee, the Sunrise from on high. O Lord, glory to Thee.

Kontakion tone 3

The Virgin today gives birth to the Transcendent One, and the earth offers a cave to the Unapproachable One, Angels and Shepherds glorify Him, and wise men journey with a star. For a young Child is born for us, Who is the eternal God.

26 SYNAXIS OF THE MOST HOLY MOTHER OF GOD
ST TATHAI

Troparion of the Feast:
Thy birth...

Troparion of St Tathai tone 8

Teacher of true piety and blessed adornment of Christ's Church, O Father Tathai: as thou didst serve Wales with thy tireless endeavours, teach us, O Saint, the virtues of unshakable stability and loyalty to the true Faith, that at the end Christ our God will grant great mercy to our souls.

Kontakion of the Synaxis tone 6

He that was born before the morning star of Father without mother is today incarnate on earth of thee without father. A star tells the glad tidings to the Magi; while Angels and shepherds praise thy seedless childbirth, O thou who art full of grace.

27 ST STEPHEN THE FIRST MARTYR AND PROTODEACON
ST THEODORE THE BRANDED

Troparion of the Feast:
Thy birth...

Troparion of St Stephen tone 4

Thou art crowned with a royal diadem for contests endured in Christ's name, O First and holy Martyr; thou didst put to shame thy persecutors and see thy Saviour at the right hand of the Father. Ever pray to Him for our souls.

Troparion of St Theodore the Branded tone 3

Signed with holy wounds, thou wast offered as a living gift to the Giver of life. For adorned with the gifts of thy holy struggle, thou didst shine as a noble confessor. Holy Father Theodore, intercede with Christ our God to grant us His great mercy.

Kontakion of the Feast:
The Virgin today...

Kontakion of St Stephen tone 3

Yesterday the Master came to us in the flesh, today His servant departs in the flesh; yesterday the King was born in the flesh; today His servant is stoned to death for His sake. Hence the divine and first Martyr Stephen is made perfect.

Kontakion of St Theodore the Branded tone 3

Father Theodore, thou didst venerate the icon of Christ and undergo persecutions, hardships and afflictions. Thou hast become a strong pillar of Orthodoxy; initiator in things sacred, we honour thee.

28 THE 20,000 HOLY MARTYRS BURNED AT NICOMEDIA
SS ROMULUS AND CONINDRUS

Troparion of the Feast:

Thy birth...

Troparion of the 20,000 holy Martyrs tone 3

As a divine array, a holy city, a chosen people of the Lord, refreshed by His love you endured contest by fire, O Twenty-thousand Martyrs. We beseech you, entreat the Compassionate God to grant us His great mercy.

Troparion of Ss Romulus and Conindrus tone 4

By your holy preaching, Romulus and Conindrus, the Holy Name of Jesus was first heard in the Isle of Man. As Heaven rejoices at the extension of the Orthodox Faith, pray, most holy fathers, that we may use our lives in Christ's service for the salvation of our souls.

Kontakion of the Feast:

The Virgin today...

Kontakion of the 20,000 holy Martyrs tone 2

Strong in the Faith, the Twenty-thousand holy Martyrs accepted suffering by fire. They cried to Him Who was born of the Virgin: Accept our offerings like the gifts of the Magi gold and myrrh and frankincense.

29 THE HOLY INFANTS KILLED FOR CHRIST'S SAKE IN BETHLEHEM

Troparion of the Feast:

Thy birth...

Troparion or the Holy Innocents tone 1

As acceptable victims and freshly plucked flowers, as divine firstfruits and newborn lambs, you were offered to Christ who was born as a Child, O most pure children. You mocked Herod's wickedness: now we beseech you, unceasingly pray for our souls.

Kontakion of the Feast:

The Virgin today...

Kontakion of the Holy Innocents tone 6

The King was born in Bethlehem. The Magi came from the East with gifts. They had been guided by a star. But angry Herod mowed the children like wheat, lamenting that his power was destroyed.

Another Kontakion of the Holy Innocents tone 4

A star sent the Magi to the newly born Child, and Herod sent his army in vain. He was wanting to murder Him Who lay in the manger as an infant.

30 HOLY MARTYRS ANYSIA AND MELANIA

Troparion of the Feast:

Thy birth...

Troparion of Ss Anysia and Melania tone 4

Thou didst tread to the end the path of virtue and wast betrothed to God the Word, and didst rejoice in the contest, O Anysia. Thou didst shine with the light of dispassion, Melania, and shed rays of virtue on the world. And now we ask you both to beseech Christ the Lord that He will be gracious to us.

Kontakion of the Feast:

The Virgin today...

Kontakion of Ss Anysia and Melania tone 3

Like a lamp of two lights you illumine Christ's Church with mystical radiance. Thou didst bring forth fruit an hundredfold in thy martyr's contest, O Anysia; and thou didst shine on asceticism, O Melania. You were found worthy of the incorruptible life of the Blessed.

31 LEAVETAKING OF THE NATIVITY OF OUR LORD

(Holy Martyr Anysia anticipated on the 30th)

Troparion of the Feast:

Thy birth...

Kontakion of the Feast:

The Virgin today...